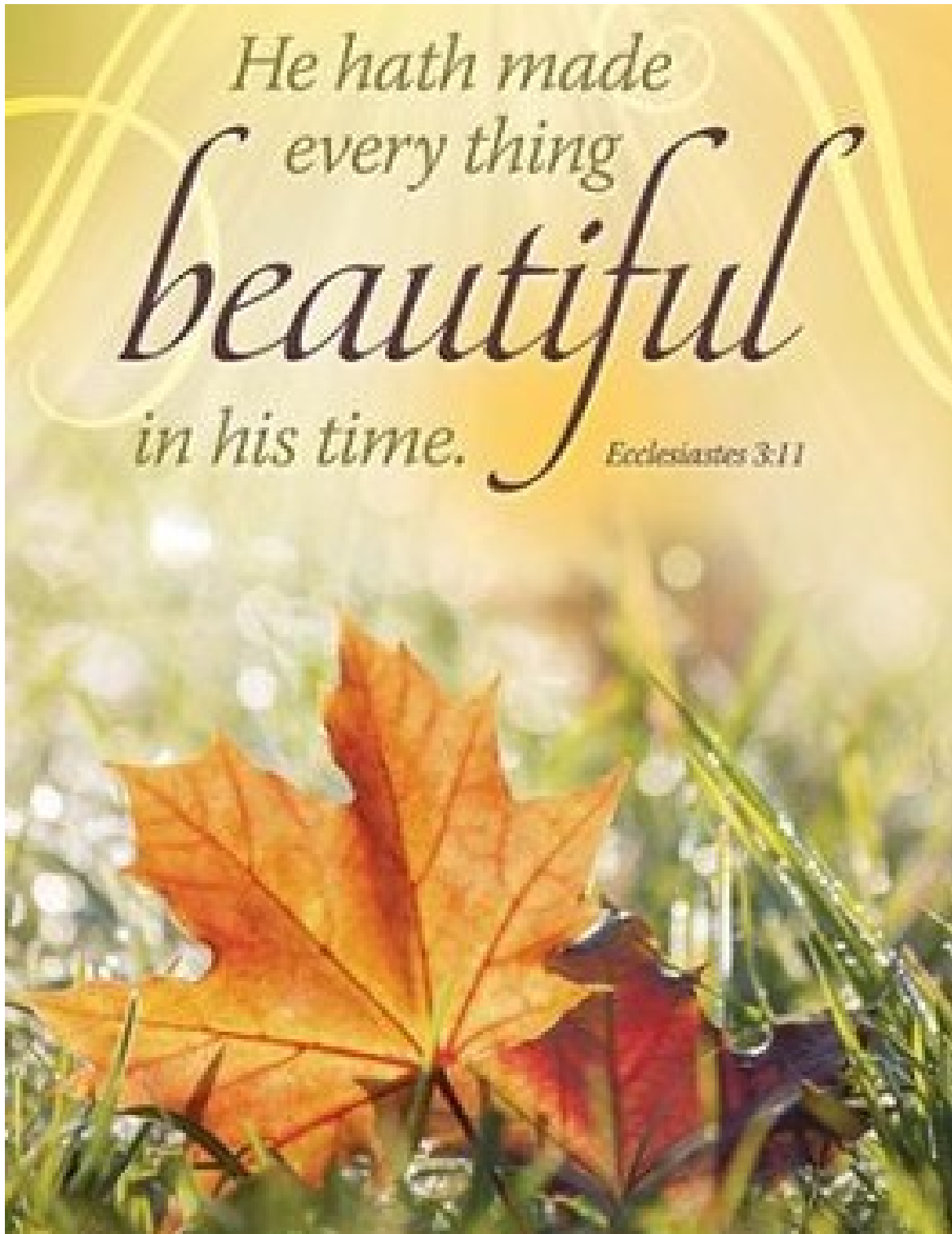


FIRST THINGS FIRST

NEWS FOR THE CHURCH FAMILY AT FIRST PRESBYTERIAN CHURCH STERLING, COLORADO

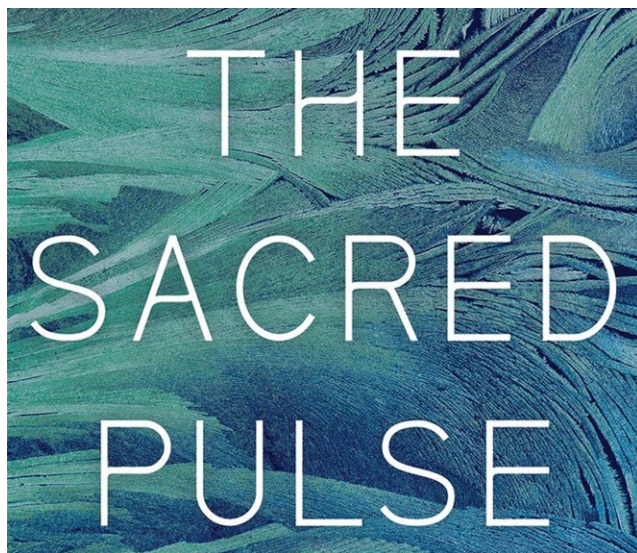
AUGUST 2022



A MESSAGE FROM MICHELLE. . .

Finding a Rhythm for Life

Have you ever felt like you're just "off"? Maybe you can't pin-point exactly what's wrong, but you just feel off kilter or out of step? In her book, *The Sacred Pulse*, Rev. April Fiet describes holy rhythms that are built into creation and even built right into each of us. Fiet discusses some of the ways we might fall out of step with these holy rhythms. When we are out of sync with "the sacred pulse," we end up feeling worn out and frustrated. It's like we're swimming against a current.



This September we'll turn to Fiet's book for our worship series to explore ways that we can discover and settle into these holy, life-giving rhythms. We have copies of the book available if you'd like to read it. We'll have a two-part discussion for anyone interested in digging in a little deeper to the book (on Mondays, September 12 & 19, at 5:15pm). And, I'm so excited to tell you that on Sunday, September 25, Rev. Fiet will be our guest preacher in worship, and she'll join us for the Fellowship Coffee after the service to answer your questions about the book.

*The world has a rhythm that pulses and moves.
It ebbs and flows; it nudges us to keeping moving.
We were created to step in time with this rhythm.[†]*

Join me in this series of worship, study, and reflection as we:

*breathe deeply, step purposefully, and move intentionally
in ways that bring life and restoration.[†]*

Rev. Michelle

[†]April Fiet, *The Sacred Pulse*

PRAY FOR OUR CHURCH FAMILY

Military Personnel

Luke Brigham (Randy & Terry's son)
 Thomas Gage Snyder (Kim Schlup's son)
 Cameron Venn (Doris Ramsel's grandson)

For those with special needs or concerns....

Florence Annan	(Ellen Bernhard's daughter)
Grace Ann (Family of Connie Clark)	Delinda Korrey McDowell
Family of Carol Barrett	Aline Marquez
Norm Blackburn	(Becky Cranwell's friend)
Brenda Boeff	Rev Betsey & Eric Moe & the people of Guatemala
Luke Brigham (Kay Rich's Nephew)	Jeni Porter
Randy & Terry Brigham	(In-law of Blackburns)
Paul Budin	Frances Rhodes
Gabe Chapin	(Dave's mother)
Cooperating Ministry	Agnes Rundus
Jeanne Crouch & Family	Steve Shinn
Cierra Davis	(friend of Jim Leh)
(friend of Becky Cranwell)	Darrell Smith
Andrew DeSouza	AJ, Sara, Baby Leo Sonnenberg
(Michelle Hawkins' son)	(friends of Weingardts)
Gary Espinoza	Becky Stieb, Justin & Torin
(Arden Fennell's family)	(Friends of Michelle Hawkins)
Family Resource Center	Charlie & Roseanne Thompson
Norman Foos	(friends of Nebletts)
Meredith Goodwin	Peggy Thompson
(friend of Propsts)	(Carol Arnold's daughter)
David Hashman, SCF Inmate	Mike Tyson
Sonja Holden	Amy & Byron Uhrich
(friend of Arden Fennell)	(Jill Vollmer's parents)
Hollis Jackson	Under the Umbrella
Chris Jutz	Robert Vance (Michelle White's dad)
Josh Jutz & Kaylee	Norma Wagner
Janae (Klindt) Kerr	(Jana Lock's mom)
Robert Koehler	Declan Nash Warner
(friend of Laura Guenzi)	(Jason Rose's grandson)
Debby Korrey	Derek Weingardt (nephew of Rhode's and Weingardt's)
(Darla's and Delinda's sister)	Masi Wells
Patty Moriarity Korrey	(friend of Taylor Cranwell)
(Delinda's and Darla's sister-in-law)	Jeff Weskamp
Dona Lightsey	Deb White (Ellen Miles' Daughter)
Haley Mead, Braxton, and Kaisen	Joan Whitney
Jimmie McCaffree	Jim & Jean Williamson
Emerson McClanahan	



1	Bruce Kelley
3	Florence O'Neal
10	Bailey Jackson
12	Naioma Benson
13	Sandra Ils
14	Jean Williamson
15	Kimberly Weingardt
16	Alie Sheldon
17	Jamie Spicer
20	Terri Rhodes
20	Grace Reeves
23	NaDean Meier
24	Curtis Clark
27	Ellis Jackson
28	Jace Rhodes
30	Connie Ham



Do you have an update on anyone listed on our church prayer list? We'd love to hear the good news of recovery, healing and answered prayer. If you have a joy to report, let us know!

Condolences to the family of Carol Barrett who died on August 13, 2022.

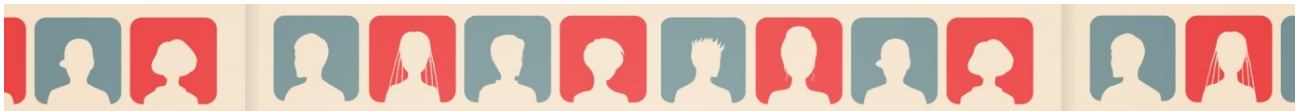
UPCOMING EVENTS. . .

COMMUNION

SEPTEMBER 4



Beginning August 7, we began offering communion elements from the communion table again. Elements will be prepared by the worship & sacraments committee and served from communion trays. Pre-packaged elements will also continue to be offered, or you are welcome to bring your own elements if you prefer.



CHURCH DIRECTORY

We're updating the church directory!

Let us know if you'd like to update your photo or contact information.

Please submit by September 30.

LETTERS. . .



July 24, 2022

First Presbyterian Church
130 South 4th St
Sterling, CO 80751

Dear Friends,

It's another beautiful day here at Highlands! It's beautiful because we are hosting a family reunion of nearly 200 people! They're having a blast!! It's beautiful not because Summer Camp 2022 has just come to an end, but because Summer Camp 2022 was filled with lots and lots of happy campers (approximately 170 participants). Our summer counselors did an amazing job of connecting with the campers and providing camps filled with meaningful experiences. It's beautiful because there are still many more groups coming to camp this summer. Of course, I could mention the other spectacular views from this summer -- Mt. Meeker and bear and moose and wild flowers and deer and elk and ... you get the idea. Mostly, it's beautiful because the long history of Highlands continues -- a history of helping people of all ages experience the presence of God.

You play a significant role in keeping the beauty of Highlands alive. Thank you so much for your gift to Highlands! Your generosity, along with the generosity of others, enables Highlands to address its financial needs. Please know that your generosity helps make possible the ministry of Highlands!

Perhaps you are interested in knowing about some of our current dreams:

-We are looking to greatly expand our programming so that we are offering programs for churches, community groups, and individuals all year long. The dream of having a year-round, full-time Program Director will greatly enable us to make a difference in the lives of children, teens, adults, and families.

-We are currently making progress in getting greatly expanded internet capabilities at Highlands. We have already expanded our bandwidth tenfold. More improvements are on the way, which will greatly improve the Highlands experience for both our staff and the majority of our guests. Of course, those who want to "escape the internet" will still be able to do so by not utilizing the password.

-We are currently studying bids to upgrade our kitchen. As you may be aware, most of the current equipment was installed twenty years ago when the "new" Retreat Center opened. Some of the equipment is actually much older, having served Highlands for many years in the old kitchen. The current equipment has served us well, but has outlived its life expectancy and is temperamental in performance. Our four most recent Food Services Managers all concur that upgrades are needed.

-I am developing a task team to explore our staff housing needs. We have two modern houses. Much of our other staff housing was on site when Highlands began in 1945. Providing adequate staff housing is obviously one of the essential ingredients to Highlands maintaining a content year-round and summer staff. Many previous employees have identified staff housing as one of the reasons they left Highlands.

Ways to Support Highlands

The mission of Highlands is to provide gracious hospitality & quality Christian programs in a majestic mountain setting & to nurture spiritual renewal & transformation in a safe & inclusive environment.

Post Office Box 66 . Allenspark . Colorado . 80510 . tel 303.747.2888 . fax 303.747.2889
info@highlandscamp.org . www.highlandscamp.org

- Keep the leadership of Highlands in your prayers asking that God will guide the decisions that will take Highlands into a future that is as faithful or even moreso than its past.
- Volunteer your time for service days helping to prepare or close summer camp for the season.
- Volunteer as a nurse or front desk greeter or kitchen helper or lifeguard or ... let us know what works for you.
- Encourage others and your church to support Highlands with their participation and their financial gifts.

YOUR FINANCIAL SUPPORT IS KEY

Yes, Highlands is a beautiful place. We can be thankful that God has worked through generous donors to pay off the mortgage for the Retreat Center. We now focus our attention on a revised set of needs -- expanding our programming, maintaining a now 20 year old Retreat Center and cabins that are much older, ways to improve the Highlands experience for both guests and staff. I pray that God will continue to work through you and other generous supporters to help Highlands flourish into the future.

Once again, I thank you for your generosity. We could not make camp affordable for all campers and address our capital improvement needs without such gifts. Your gifts of today will continue to give well into the future!

Peace be with you,



Terry Buchanan

Interim Executive Director

terry@highlandscamp.org

303-747-2888 camp, 720-284-1702 cell

Tax Information

We acknowledge that no gifts or services are rendered in exchange for this gift.

Date Received: 6/14/2022 Check #: 14849 Amount: \$250



**American Legion Auxiliary Unit 20
512 Pantall Street
Sterling, CO 80751**

RECEIVED
6-3-22

May 23, 2022

To Churches in Logan County:

We are a small local group that has had a long standing in our community, yet not well known or utilized. We are the American Legion Auxiliary Unit 20 of Sterling, Colorado.

Our goal or mission is to serve veterans in our community. We would like to know how we can reach and better serve our veterans.

If you have any ideas how we could benefit veterans in your church, we would appreciate hearing from you.

Please send your kind suggestions to our Service to Veterans Chairman:

Marie Dillinger

P O Box 869

Sterling, CO 80751

MISSION. . .

July, 29, 2022

Dear Folks;

I am writting to you on behalf of all the men hear that are involved in the gardening. We would like to say Thank You for your help and the kindness that you have shown us.

We just recently recieved the Bird Baths that you dropped off this past April. They were held up for some reason. We are not all that sure why, but when we got them I delivered them to their places. One to the Vet's unit, one to the flower garden in the main yard on the East side and one the Honor House Vegie Garden. They were set up right away and of course, the birds took advantage of them as soon as we put water in them. It was truely a happy day. The bird baths were something that we had never seen inside the walls and fences and when combined with the gardens they created beautiful vistas of peace. A place that one could go and sit for a time, free from the chaos that surrounds us all.

I go and sit now, early in the morning, just ^{as} I did before the bird bath was set up in the Vegie garden behind the unit and I watch the birds and the insects and other little critters as they go about their business of the day. The difference now, is that we have a beautifull bird bath for the birds and the bees to gather at & not the old trash can lid that we had been useing. We still have a bowl on the ground for the lizzards and other little critters to drink from and they come often.


These gardens have become places of peace and contentment. Sources of pride and that give some meaning and purpose where once there was little or none. They are places that give something to look forward to. They have given some a reason to hope again and beleive that there can be a better future for them. To help to restore someones self respect and self worth is an incredible blessing. To mend a broken soul and spirit the way these gardens do for some. Words can not discribe the feeling one gets when you see that transformation. To see a once broken and defeated person, become whole again, even if just for a short time. How do you put that into words!

Our little garden behind the Honor House has so far, produced more than 200 pound of produce that has been donated to the food bank hear in Sterling. The men have been able to eat from their gardens and have shared the bouty with the other men in the program. The other gardens on the east side, now total 7 in all, with an estimated 100 ± involved. Our little garden alone has 18 of us involved. There are also flower gardens in front of some of the units and the men who take care of them are truely greatfull for the chance to do so. Weather a flower or squash, the benefit to the spirit and soul are the same.

For all that you have done for us, we want you to know that we are greatfull. That we appreciate your kindness and blessings.

Sincerely

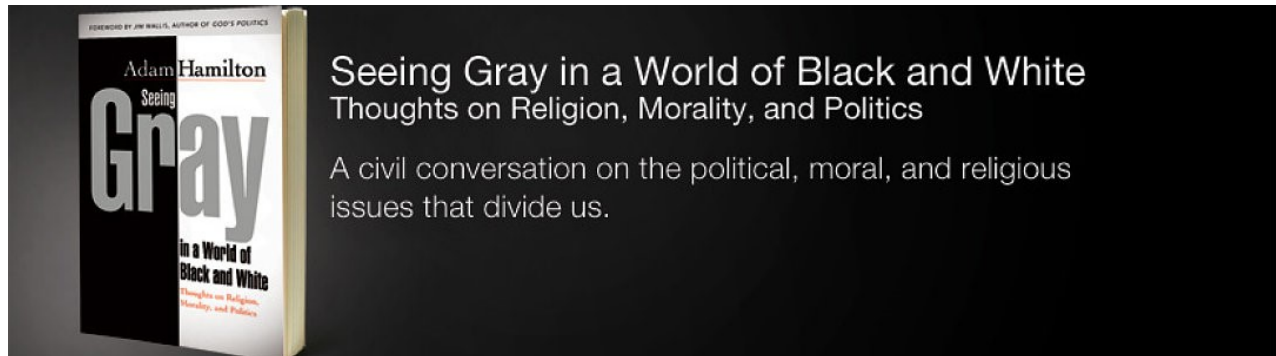
The Gardening Men Of Sterling



(David Hashman sent this to me to deliver to the church - Jim)

UPCOMING EVENTS. . .

2022-2023 Women's Book Study:



Women's Bible/Book Discussion begins Thursday, September 15 at 1:30 pm in the church basement. Adam Hamilton's book *Seeing Gray in a World of Black and White* will provide a variety of topics such as "the logic of hell," "where is God when bad things happen," and "will there be Hindus in heaven" that will definitely inspire discussion. Mr. Hamilton gently encourages Christians to "stop straining at gnats" and "find the sweet spot."

Now, just what could that mean? Come and See!

Books and a sign-up sheet are available on the table outside the church office.

Ann Blackburn is the facilitator.

Third Thursdays ~ 1:30pm
Study begins September 15
\$13/book

Upcoming Worship Series ... begins Sept 4

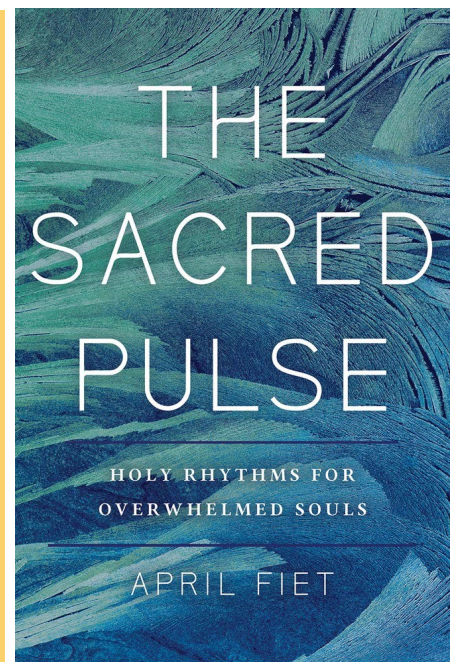
Book Discussion

Mondays, September 12 & 19
5:15pm

Meet the Author

Sunday, September 25

Suggested Donation: \$12/book



UPCOMING EVENTS. . .



FPC Deacons & Heart Strings Work Day October 1

Need help in the yard or around the house before winter arrives?

Be thinking what we can do to help you out!

(Painting, handyman work, window cleaning, etc.)

Forms are on the table outside the church office. Fill out a form and put it in the offering plate or turn it in to the office. Someone will be in touch.

Also, if there is anyone who would like to help the deacons on the work day we would appreciate it!!! Please contact Sue Weingardt (970) 520-3972.

SESSION HIGHLIGHTS. . .

MINUTES OF THE SESSION MEETING

June 28, 2022

The Session of First Presbyterian Church (U.S.A.), Sterling, Colorado, held a regular meeting on Tuesday, June 28, 2022, at 5:15 p.m. in the conference room.

PASTOR'S REPORT

- A written report was received
- A written report was received from Kay Rich, Coordinator of Children, Youth, and Family Ministries.
- Jackson Brooks Guenzi, born March 16, 2022; son of Logan and Mikayla (Christenson) Guenzi, was baptized June 5, 2022, during worship.
- David Lewis Chrisp and Alfonso Jacob Paiz were married on June 11, 2022.

IT WAS VOTED

- To receive David Chrisp as an active member by reaffirmation of faith.

- To approve the KCI Contract and Easement for the fiber optic internet cabling.
- To repurpose the warming center task force as the Manse Task Force, to look into possibilities for utilizing the Manse.
- To transfer \$9,289.00 from the Building Fund to cover the cost of the new copier and to assist with cash flow and to authorize the finance committee to transfer up to \$10,000 from the DD&E Fund to cover mission expenses, as needed to assist with cash flow.
- To approve a fundraiser ("Garden of God's Abundance") in which people may donate produce from their gardens to be sold to raise funds for our budgeted mission giving.
- To leave the **"Every One Is Welcome Here"** signs up until we have new signs to put in the frames.
- To approve holding the Fall Rummage Sale on November 6-11, 2022.
- To have a special offering for music, during the Music Service on Sunday July 24, 2022.

	<u>July, 2022</u>	<u>YTD 2022</u>
Income/Offerings	20,611.71	170,866.25
Expenses	<u>26,724.97</u>	<u>197,324.69</u>
Income / (Loss)	(6,113.26)	(26,458.44)
Quarterly Investment Transfers	<u>8,273.07</u>	<u>15,036.85</u>



NEW MEMBER DINNER

Take the next step,
and connect...

Saturday,
September 24th

First Friday @ First Presbyterian
Sarah Davis Eaton & Friends
~ Gospel ~



September 2, 2022
12:05

130 South 4th Street

In Person & on **Facebook**
facebook.com/FPC.Sterling

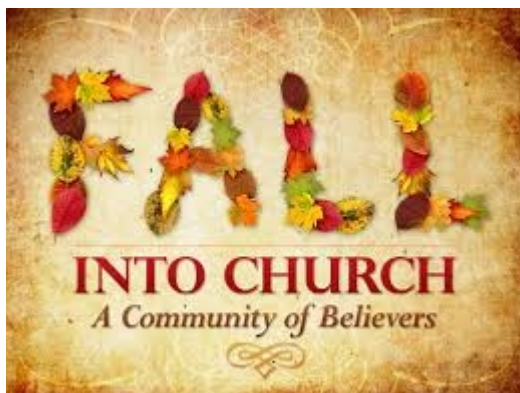


Garden of God's Abundance

Have a bumper crop from your garden?

Want to share with your church family?

Membership & Stewardship Committee
will have a table in the fellowship hall for
garden produce beginning in June. People
will have the opportunity to purchase
items on the table with the proceeds
going to support FPC Missions.



Food Pantry Needs


You may bring your donations
to the church, put them under
the table outside the church
office, or in the box in the
elevator vestibule.

Cooperating Ministry: Chunky Soup Progresso Soup

NJC Food Pantry needs:
Nuts, Dried Fruit, Trail
Mix; Jerky; Tuna or
Salmon (cans/packets);
Protein Bars; Peanut
Butter; Nut Butter;
Crackers; Granola; Fruit/
Nut Bars; Instant
Oatmeal; Popcorn;
Microwavable meals.



SEPTEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				7:00 Choir 7:00 Rundus Foundation	12:05 First Friday— Sarah Davis Eaton & Friends~ Gospel	
4	5	6	7	8	9	10
10:30 Worship Communion 11:30 Coffee 11:30 Nominating Committee	Labor Day Church Office Closed	2:00 Worship & Sacraments Committee 5:15 Fellowship Committee	10:00 Membership Stewardship Committee	5:30 Bell Choir 7:00 Choir		
11	12	13	14	15	16	17
10:30 Worship 11:30 Coffee	12:00 Personnel Committee 5:15 The Sacred Pulse book discussion	5:15 Finance Committee		Newsletter Deadline 1:30 Women's Book Study 5:30 Bell Choir 7:00 Choir		9-1:00 Highlands Workday
18	19	20	21	22	23	24
10:30 Worship 11:30 Coffee	5:15 The Sacred Pulse book discussion	5:15 Session		5:30 Bell Choir 6:00 Deacons 7:00 Choir		6:00 New Member Dinner
25	26	27	28	29	30	
10:30 Worship Guest Preacher Rev. April Fiet, Author 11:30 Coffee & Meet the Author				5:30 Bell Choir 7:00 Choir		
						

SERVING IN CHURCH

USHERS

Sept. 4 Traci Reeves

Ava Reeves

Audrey Reeves

Sept. 11 Dean Boeff

Tammie Malone

Sept. 18 Mike Werner

Jeff Christenson

Sept. 25 Justin Cranwell

Terri Rhodes

FELLOWSHIP COFFEE

Sept. 4 Finance Committee

Sept. 11 Women's Bible Study

Sept. 18 Fellowship Committee

Sept. 25 Property Committee

COUNT OFFERING

Sept. 4 Connie Ham

Sept. 11 Linda Meisner

Sept. 18 Bev Cumming

Sept. 25 Bob Smith

SOUND ROOM

Sept. 4 Justin Cranwell

Sept. 11 Steve Burnham

Sept. 18 Dean Boeff

Sept. 25 Jeff Christenson

FIRST RESPONSE

September Dean Boeff

October Jeff Christenson

November Mike Werner

LAY READERS

Sept. 4 Jim Neblett

Sept. 11 Jeff Rice

Sept. 18 Steve & Marcia Burnham

Sept. 25 Dean Boeff

BULLETIN DELIVERY

September Dean Boeff

October Justin Cranwell

November Audrey Reeves

COMMUNION

SEPTEMBER 4, 2022

Traditional elements will be served from trays. Pre-packaged elements will also be offered, or you are welcome to bring your own.

Preparing Communion

September 4 Nancy Mann

October 2 Jomari Lechtman

Darla Korrey Gertner

November 6 Mike Tyson

Remember to let the church office know if you trade serving dates with someone (522-2708).

FIRST PRESBYTERIAN
CHURCH
130 SOUTH 4TH STREET
STERLING, COLORADO
80751



FIRST THINGS FIRST

If you wish to be taken off this Newsletter mailing list, please call the church office at 522-2708.

Newsletter Deadline is the 15th day of the month prior to publication. Items may be submitted on flash drive, on CD or in text format to Tammie Malone or Jackie Reynolds c/o the church office, by e-mail (newsletter@firstpressterling.org) or phone (522-2708).

FIRST PRESBYTERIAN CHURCH

WORSHIP

Sunday, 10:30 a.m.

Morning Worship in person or
on Facebook:

www.facebook.com/fpc.sterling

RADIO MINISTRY

Sunday, 10:30 a.m. On KSTC (AM 1230)

Staff:

PASTOR

MICHELLE WITHERSPOON

E-mail michelle@firstpressterling.org

Cell Phone 970.580.4358

OFFICE ADMINISTRATOR

BEVERLY CUMMING

E-mail bevc@firstpressterling.org

Cell Phone 970.466.0262

BOOKKEEPER

KARLEE MANUELLO

E-mail karlee@firstpressterling.org

MUSIC COORDINATOR/ORGANIST

ELSIE FETZER

ASSISTANT ORGANIST

MARSHA DAVIS

CHOIR DIRECTOR

DARLA KORREY GERTNER

BELL CHOIR DIRECTOR

LINDSEY JACKSON

PROPERTY MANAGER

JANET KLOBERDANZ

COORDINATOR OF CHILDREN, YOUTH, AND FAMILY MINISTRIES

KAY BRIGHAM RICH

NEWSLETTER EDITORS

TAMMIE MALONE
AND JACKIE REYNOLDS

E-mail newsletter@firstpressterling.org