

October 2026

Newsletter



UNITARIAN
UNIVERSALIST
CHURCH OF AUGUSTA

www.uuaugusta.org



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LIVING THE QUESTIONS

Dragonflies and "living the questions" fit together well. The phrase comes from Rilke's Letters to a Young Poet (1903), where he advises patience with what is unresolved in your heart: love the questions themselves, and you may gradually live your way into the answers. The dragonfly's life cycle is close to a living version of that advice.

From Your Minister, October 2026

It's so nice to be moving into slightly cooler weather and our autumn here in the CSRA. Fall is easily my favorite time of the year. Among other reasons, it reminds me of all the new school years I experienced growing up in the Midwest. I'm especially reminded of that time of my life because I have the privilege of working with Dr. Katrina Cooks as my very first ministerial intern and student minister. Dr. Cooks is also the first intern here since Rev. Dr. Jane Page learned with and from Rev. Dan King in the late 90's early 2000's. With her new school year, she's starting a new journey in seminary; and, we get to travel alongside her for a while (even if I don't get to go to class with her at Emory).

Reflecting on my own past as a student and the past of UUCA as a teaching congregation makes me... forces me to... think about all the questions which initially pointed me toward ministry: "What is spirituality?" "What is reality?" "What is God?" "Is there a God?!" "Does it matter?" "Does anything matter at all... and why?" "What is truth?" Returning to these core theological questions, I quickly realize how grateful I am that I get to ask them in a religious context. In our religious context.

The fact that we get to be curious and ask these questions at all is a testament to our living traditions' historically rooted heretical nature. Heresy has been an important element of our Unitarian and Universalist ancestral identity long before the two denominations merged into one tradition in 1961. Heresy basically means we *choose* what to believe. To be heretical, our choices may or not deviate from the dominant answer. And yet, they likely do. Heresy necessarily requires curiosity. Like last month, you'll see some threads that connect "Living the Questions" with the present and history of our living tradition on the next page.

By "living the questions" instead of abiding by the answers – or worse yet, abiding by *the answer* (which leads toward fascism and authoritarianism) - I'm reminded that each question may produce a plurality of truth. And each answer, to be true, must lead toward more embodied Love for more and more people. The word for a variety of beliefs all leading toward love is *pluralism*, which happens to be one of our core UU values. Through literal centuries of living the questions, pluralism was stitched right into our DNA. We are indeed a woven faith.

I look forward to continuing to weave from theme to theme, from past to present, from roots to wings with you all year. May we ask some good questions along the way. And may we live those questions...
in good faith and good trouble.

Rev. Nic

As we explore Living the Questions this month, we are weaving with at least three threads from our living Unitarian Universalist tradition.

Thread One: Heretics and a Living Tradition

The first thread of theology that we weave into our work this month is our heritage of heretics and heresies, and how they have fueled a living tradition that believes that revelation is not sealed. Our classroom lessons feature many heretics from our history, and also invite children into pedagogical practices of discussion and experimental makerspace activities that can support them in finding their own heretical ideas and practices. Maybe our living faith will be changed by these young people and their explorations. Whenever we listen to the people lifting up new ideas or questioning old ones we are re-weaving this thread into our tradition.

Thread Two: An Ethic of Risk

Unitarian Universalist seminary teacher and author Dr. Sharon Welch has developed a feminist ethic of risk that asks how we can evaluate the risks of moving forward when the outcomes are uncertain — while taking into account our relative privilege, and the risks of doing nothing. In the one-room schoolhouse lessons for this month, children explore the ethic of risk and construct "rocket catchers" as a concrete exercise in risks and uncertain outcomes. This is an important thread to keep hold of as we navigate uncertain futures.

Thread Three: The Curiosity of Science and Invention

The third thread from our history, theology, and pedagogy that we weave into our lessons this month is the practice of curiosity done by our scientists and inventors (of which there are many in UU history). Our UU theology makes room for science as another source of wisdom and inspiration, so it is not just a mere historical curiosity to examine the work of these historical UU's who explored the universe through the disciplines of science or invention. The discoveries these UUs made have also shaped our theological understanding of both the nature of the universe and the nature of human understanding. This thread is re-woven into our tradition whenever we engage with the process of experimentation and testing or with new discoveries and new technologies.

Faith Formation News & Updates

Theme of the Month: Living the Questions

This month, our Faith Formation theme is **Living the Questions**; a call to stay curious, embrace uncertainty, and remain open to mystery. Building on our exploration of interdependence last month, we recognize our shared responsibility to wonder and listen deeply before rushing to independent certainty.

One of the *Five Smooth Stones of Liberal Religion* states that “**revelation is continuous.**” Ours is a living tradition because we are always open to discovering new truths together. We invite you to join us in asking big questions and exploring the unknown this month!

Upcoming Faith Formation Events & Opportunities

All-Ages Faith Formation Kickoff | Sunday, October 4

This month, everyone—old and young alike—will have the opportunity to participate in a short Faith Formation class! We are launching a new first-Sunday routine:

Service Ends: 11:30 AM

Children & Youth: Parents, please walk your children to the FF Wing immediately following the service.

Adults: Stay seated in the Sanctuary for a brief intermission before an interactive short class on this month's theme, led by Rev. Nic.

October Children's Faith Formation Schedule

October 4: Stay in the Sanctuary for the full service, then transition to the FF Wing with parents at 11:30 AM for a short class.

October 11: Children sung out at the halfway mark (following meditation).

October 18: Go straight to classrooms for a full Faith Formation session before the service.

October 25: Elementary children sung out at the halfway mark; Middle and High School youth remain in class for their full monthly FF session.

High School Our Whole Lives (OWL) – Registration is LIVE on Realm!

Grades: 10th–11th

Dates: Sundays, January 3 – May 16, 2027 (*See full calendar for skip weeks*)

Time: 3:00 PM – 5:00 PM

Location: UU Church of Augusta

Registration Deadline: December 15, 2026

Honest, accurate sexual health education saves lives and builds healthy relationships. *Our Whole Lives* (OWL) is a comprehensive, values-based sexuality education program designed specifically for high school youth. Register early to save your spot!

Ministry Updates & Looking Ahead

Coming of Age (COA) Underway!

Our UU Coming of Age program officially kicked off last month! Seven of our 9th and 10th graders have begun their individual faith journeys. We look forward to supporting them through an enlightening and fulfilling exploration of their beliefs, values, and spiritual homes.

Civil Rights Pilgrimage | Spring Break 2027

We're going to Selma, y'all! Keep an eye out for flyers, fundraisers, and upcoming announcements regarding a High School Civil Rights Pilgrimage planned for Spring Break 2027. An informational meeting for interested youth and families will be announced soon

Youth News from Mx. Vic

The UU Augusta Youth Group is forging ahead with our goals of justice and interdependence. We are learning about our social identities, intersectionality and White supremacy culture in Faith Formation MOSAIC lessons and enjoying intergenerational time with UU adults in our D&D Club and Takeovers! This month, the amazing Cozy Crafters crew came and showed youth how to knit and crochet washcloths! Our D&D adult DM volunteers also assisted with a "DM 101" training for our aspiring youth leaders!

I encourage all adults in the church to join us in our anti-racism learning.

[Here is an excellent short illustrated video](#) on the Anti-Racist Walkway by Dr Beverly Daniel-Tatum. I also encourage folks to explore the [UU MOSAIC Anti-Racist Resource Library](#)!

-Vic Pierce, Youth Advisor



Your UUCA Board of Trustees

October 2026

Hello Beloved Community,

Maybe, the change in weather feels like time to join a Meditation session or Cosy Craft Night or a Turnout Tuesday--there's lots more to explore, please check Realm events; scroll all the way through weekly email announcements; or keep an ear out for announcements before Sunday service.

Thank you all who were able to join the Water Communion beginning September. Diane Pond is quite an opportunity to be closer to nature, and the Board recognizes we are exploring how we can care for nature and Beloved Community to be accessible and inclusive. The Board is planning a townhall and once we have a date, we look forward to hearing from you about your experience at Diane Pond but also understand how we can make all our spaces more inclusive and accessible.

At September Board meeting, the Committees shared updates about their work, and we will highlight their work throughout the year--Endowment, Memorial Gardens, Nominating and Leadership Development, Finance, Stewardship, and COSM. Right now, Stewardship is working hard with contributions from Beloved Community and beyond, and we look forward to the Silent Auction Gala, Masked for a Mission Saturday Oct 24.

We also look forward to first Sunday with lifespan faith formation where the shorter service will make space for us to engage more deeply, directly, and personally. It will be different, but we invite you to join this conversation, to do this work together, to live our values.

Lots of love,

Your UUCA Board of Trustees

Unitarian Universalist Church of Augusta

EXPLORING GOD

a sermon-in-dialogue series

Curated by Rev. Nic Filzen and Cantor Dan Geigerman

Over the next several months, join us as we discuss that which is most ultimate and intimate in the universe with various folks from UUCA and the CSRA.

Join us as we ask big questions.

Join us in curiosity about the Mystery of Being.

STARTING IN MAY,
WATCH THE NEWSLETTER, REALM, AND ANNOUNCEMENTS FOR MORE INFO!

UPCOMING EVENTS

October 3rd @ 12:45 - 2:30pm - (Renewed) Network of Care Kickoff and Training

October 3rd @ 5:00pm - Adult Roleplaying Games

October 5th @ 6:00pm - Building & Grounds Team Meeting

October 7th @ 6:30pm - Interfaith Mental Health Service

October 8th @ 6:30 - Earth Traditions Collective (ETC)

October 9th @ 6:00pm - Adult RPG/Tabletop Game

October 9th @ 7:00pm - Healing Circle

October 11th @ 8:30am - BIPOC Breakfast & Fellowship

October 11th @ 5:00pm - Humanist/Freethought Meeting

October 12th @ 5:30pm - Community Sing with Bill Webster

October 13th @ 6:00pm - Adult ADHD Peer Support Group

October 13th @ 11:30am - Women's Lunch Group at Frog and The Hen

October 15th @ 11:45pm - ROMEO Lunch Group at Oliviana Ristorante & Bar Italiano

October 17th @ 9:00am - UUCA Fall Work Day (both inside and out)

October 17th @ 5:00pm - Adult RPG

October 18th @ 12:30pm - Parents Group Potluck

October 20th @ 6:00pm - Sierra Club

October 21st @ 6:30pm - Cozy Craft Night

October 22nd @ 6:00pm - Monthly Board Meeting

October 24th @ 5:30pm - Banned Books Club

October 24th @ 4:00 - 7:00pm - Masked for a Mission Service & Experience Auction along with a night of Jazz w/ The Travis Shaw Trio performing

October 25th @ 12:05pm - Good Trouble Team Meeting

October 25th @ 4:00pm - Death Cafe

October 29th @ 6:00pm - Banned Book Club

October Worship Calendar - Living the Questions



October 4- Living the Questions - “Seeking the Truth is our Raison d’etre” with Rev. Nic Filzen

Are we alone in the universe (and other fun questions)?



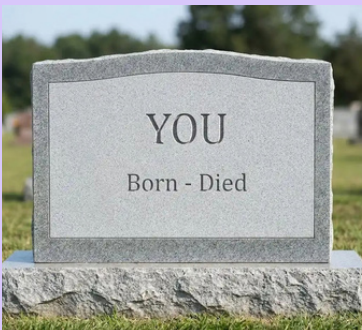
October 11th - Living the Questions - Colonizing: Spirit Animals with Rev. Nic Filzen

What form(s) does white settler colonialism take today? Hint: Check the service title. Also, please feel free to bring in your well behaved pet, picture, or stuffed animal with you for our annual Blessing of the Animals.



October 18th - Exploring Kali: (a) God(des) in Hinduism with Anuj Saha

We continue our Exploring God sermon series with Anuj Saha, who will talk about the importance of the Goddess Kali in Hinduism.



October 25th - The Dash: What will your life say? With Dr. Cooks

Group and Committee Events

Parents' Group

Next Meeting:

October 18th

Potluck Luncheon

Contact: Desria Seay ffm@uuugusta.org



Recovery International



Mental Health Support Group (**online**)
Virtual **Wednesday weekly** meeting at **6:30pm**
Open to newcomers

Pre-register: [Here](#)

You will receive a confirmation email containing information
about joining the meeting.

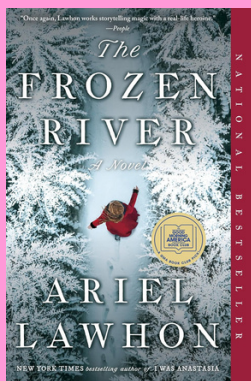
Contact: Maryka Bhattacharyya [630-605-6913](tel:630-605-6913)

UU Meditation

Monday at the church gathering:

7:00PM

Contact: Chris Garcia garceus@yahoo.com



UUCA Book Group

Next Discussions - **October 24 at 1pm**

Usually the Fourth Saturdays at 1pm
Room 1-2

Contact: Beth Ann Chesnut Fillingim: bethanncf@outlook.com

Group and Committee Events

Good Trouble Team

Next meetings: **October 25**

The Good Trouble Team meets on the
4th Sunday at 12:05pm

[ZOOM Link](#)

Passcode: 324295



Board Meeting

Next meeting: **Thursday, October 22nd**
6:00pm

Monthly Board Meeting will be held the in the
Common Room

Contact: Co-presidents, Linh Thi Do or Annie Cook
board.president@uuugusta.org

UU Humanist Freethought Group

Next Meetings: **October 11th**

Usually meeting the
second Sunday at 5pm in the Common Room

[Zoom link](#)

Contact: Frank Carl frankcarl2040@gmail.com



Community Sing with Bill Webster

Next Gathering: Monday, October 12th

Usually meets on the 2nd Monday of each month

Contact: Bill Webster

Group and Committee Events

UUCA Women's Luncheon Group

Next Gathering: **October 13th @ 11:30**

Location: Frog and the Hen
466 Flowing Wells Road, Suite 4

Please send your reservation by the Sunday prior to
Pat Lynch-Hayes: 706-733-8303,
plynchhayes@gmail.com

Usually meets the **second Tuesday at 11:30am** at
area restaurants

Girlfriends always welcome.



Earth Traditions Collective, E.T.C. (formerly known as Pagan Potluck Group)

Next gathering: October 8th

Earth Traditions Collective (E.T.C.) is an inclusive UUCA community group dedicated to fostering understanding, respect, and appreciation for nature-focused traditions.

E.T.C welcomes individuals of all ages, gender identities, and backgrounds who wish to explore seasonal observances, cultural folklore, and personal reflection in a supportive environment.

Our activities include educational discussions, potlucks, outdoor gatherings, and community stewardship projects designed to promote our connection to the natural world.

Through shared learning and service, E.T.C. strives to build a diverse, respectful community rooted in curiosity, mindfulness, and care for the earth.

R.O.M.E.O. Lunch Group (Retired Old Men Eating Out)

Next Gathering: October 15th @ 11:45
Location: Oliviana Bar Italiano & Pizza
399 Highland Avenue, Surrey Center

Confirm & RSVP by Tuesday's on Realm to Frank
Dennison

Text: 706-267-9298 or
frankdennison@outlook.com



Group and Committee Events

Cozy Craft Night

Next Gathering: October 21st @ 6:30pm

Location: UU Church Common Area

Knit, crochet, needlework, painting, coloring, drawing, wire work - all crafters are welcome! We will have light refreshments, but feel free to bring a snack to share as well.



Adult ADHD Peer Support Group

Next Meeting: October 13th

A monthly gathering for adults with ADHD to discuss and learn about topics relevant to those with Adult ADHD (treatment, relationships, life hacks, resources) as well as connect with others who share similar life challenges.

Meets the SECOND Tuesday at 6pm in Room 1-2 for discussion.

Contact: Dave Mackey dave@davemackey.net

Yoga Mornings with Echoes of Life, Doula Sarah

Tuesdays @ 8:00AM - Meditative Yin

Tuesdays @ 9:00 AM - Greet the Sun

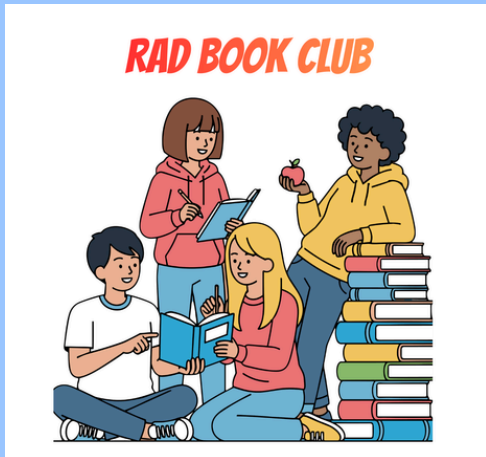
Tuesdays @ 10:00 AM - Somatic Vinyasa

Classes are donation based with the suggested donation of \$10.

Contact: Sarah at
Doula@echoesoflife.pro
for questions or to reserve a spot.



Group and Committee Events



RAD Book Club

(Youth Group)

Next Gathering: TBD

Location: UUCA, Classrooms 1-2

Come Join the Read And Discuss youth Book Club and talk about this month's book.

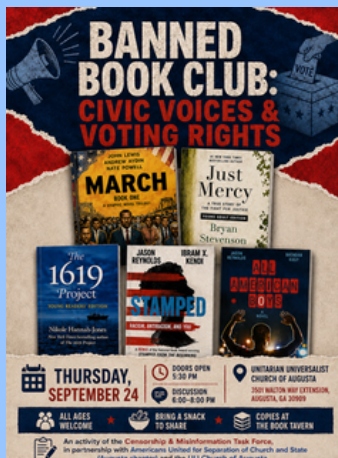
Healing Circle

Next Gathering: October 9th at 6:30pm
Second Friday of every month

Come join us for an evening of sharing space and laying the weight of the world down for a while. Whether you are struggling with things in your personal life, or the macro scale of the world, this is a safe space to come share what's on your heart and mind, without any judgment. We share in a calming and centering grounding practice, followed by everyone getting a chance to share (if they choose), and close with a practice of releasing and finding peace in the moments we can.

Hope to see you there!

Contact: Beth Ann Chesnut Fillingim or Bill Webster



BANNED Books Club

Next Gathering: October 22, 2026

Location: UUCA, Sanctuary

Group and Committee Events



BIPOC

Next Gathering: October 11th

Location: UUCA

We meet on the second Sunday at 9:30am.

Blurb: Join The Second Sunday Table, a new UU BIPOC breakfast caucus for fellowship and connection at the UU Church of Augusta. We meet in the common room on the second Sunday of each month at 9:30 AM to share a meal and plan cultural events for the congregation. Come ready to eat, connect, and help shape our multicultural community.

Rush Hour Meditation

with Doula Sarah

Location: Sanctuary

Every Wednesday from 5:30pm-6:30pm

Start Time for practice: 6:00pm

Meditation Practices: Grounding & Centering, Art, sound, & breath, and Mindful gratitude

Contact: Sarah at Doula@echoesoflife.pro for questions or to reserve a spot.



UUCA Garden Club

Next Gatering: TBD

Got a green thumb — or just curious about growing one?

Join the UUCA Garden Club! We're a friendly bunch who gather to talk all things plants: swapping tips on our home gardens, dreaming up ways to beautify our church campus, and lending a hand to fellow growers around our community, from backyard hobbyists to local commercial growers.

Throughout the year we will tour each other's gardens, visit botanical gardens and local nurseries, host guest speakers, and just generally learn from each other's successes.

Whether you have a windowsill herb garden or an acre to tend, there's a place for you here.

Interested? Come join us — bring your questions, your stories, or just your curiosity.

Contact: Brandy at Brandy@uuaugusta.org

October Birthdays



Paula Goldman
Katie Davis
Holly Chapman
Fox Drescher
Catherine Prysiazny
Max Fox
Kayla Sweeney
Lian Hahn
Gemma Carter
Elliot Baldree
Gwendolyn Hobbs
Vic Pierce
Joshua Foltz
Dale Butler
Sarah Ann Linder
Kailyn Rath
Brandon Zeitner
Kate Williams
Caleb Tokarska
Tate Kitch





An Interfaith Service
for Healing of the
Mind and Spirit

National Day of Prayer for Mental Illness Recovery and Understanding

Please join members of our community on
Wednesday, October 7, 2026 at 6:30pm

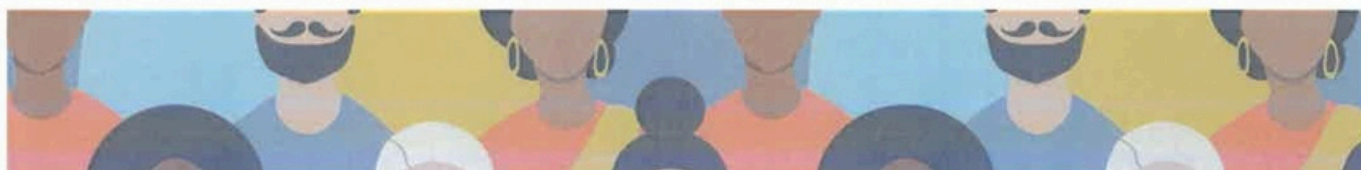
Unitarian Universalist Church of Augusta
3501 Walton Way Extension, Augusta, GA

The service is a community-wide event for all those whose lives have been touched by mental health concerns as well as for health care providers, family members and care givers.

Participants from Christian, Jewish, Muslim, Unitarian Universalist, Buddhist, and Hindu traditions will be represented in the service. All are welcome. Sponsored by the Coalition for Mental and Spiritual Health Ministries and the National Alliance on Mental Illness-Augusta.

Service features a performance by renowned Broadway performer
Russell Joel Brown
with Tres Taylor, Evan Larsen, Noe Hinton,
Audrey Robertson, Josef Patchen, & the UUCA Choir

A reception will follow with education about mental health resources in the community





Join us on October 8, 2026, for a **GA-12 TOWNHALL**

presented in collaboration with Commissioner Lonnie Wimberly



Democratic nominee **Ceretta Smith** and Republican incumbent **Rick Allen** have been invited to answer in-person questions from their constituents about why they believe they are the best choice to represent GA Congressional District 12 and how they will fight for you in DC.

6:00 - 8:00 PM

Julian Smith Casino

2200 Broad St • Augusta, GA 30904

No entry fee. Doors open 5:30 PM. Questions can be submitted online or asked in person.



RSVP to the event!

Submit questions!



Verify voter status!

See the candidates!



★ TURNOUT ★ TUESDAYS

A WEEKLY NONPARTISAN VOTER ENGAGEMENT CAMPAIGN

EVERY TUESDAY THROUGH ELECTION DAY



WEEKLY
GRAPHICS +
MESSAGING
PROVIDED



SHARE BY
SOCIAL MEDIA,
TEXT, OR EMAIL



IN-PERSON ACTION:
POSTCARDS, OUTREACH,
TEXTING, PHONE BANKING
& BALLOT REVIEW



Most Tuesdays: Unitarian Universalist Church of Augusta

Doors 5:30 PM | Action 6:00–8:00 PM

Sept. 15 & Oct. 20: Allen Homes | 5:00–7:30 PM

League of Women Voters of the CSRA

★ **TURNOUT** ★ ★ **TUESDAYS** ★

IN PERSON • EVERY TUESDAY THROUGH ELECTION DAY
LWVCSRA'S WEEKLY NONPARTISAN GET-OUT-THE-VOTE GATHERING

★ **SEPT. 29 – OCT. 27** ★



MOST TUESDAYS: UNITARIAN UNIVERSALIST CHURCH OF AUGUSTA
DOORS 5:30 PM • ACTION 6:00–8:00 PM



SPECIAL ALLEN HOMES DATE: OCT. 20
ALLEN HOMES COMMUNITY CENTER • 526 HINES ST. • 5:00–7:30 PM



EARLY VOTE SIGN WAVING: OCT. 13 • 4:00–6:00 PM
PLUS REGULAR ACTION 6:00–8:00 PM

SEPT. 29

POSTCARDS + SIGN MAKING



OCT. 6

GET TO KNOW YOUR BALLOT

Candidates • Offices • Constitutional Amendments



OCT. 13

EARLY VOTING STARTS

Sign Waving 4:00–6:00 PM • Regular Action 6:00–8:00 PM



OCT. 20

GET TO KNOW YOUR BALLOT – ALLEN HOMES EDITION



OCT. 27

DON'T BOO, VOTE



SNACKS PROVIDED • ALL ARE INVITED



★ **LEAGUE OF WOMEN VOTERS OF THE CSRA** ★



**WANT TO PUSH
BACK ON FLOCK
SURVEILLANCE?**

**JOIN US ON MOBILIZE
TO LEARN MORE.**

<https://www.mobilize.us/indivisiblecsra/event/1051727/>

Masked FOR A *Mission* SERVICE AUCTION GALA

10.24.26 *Unitarian Universalist*
Church of Augusta 4 TO 7PM

WEAR YOUR FAVORITE DRESS ATTIRE & JOIN IN THE MASQUERADE!*

AN EVENING OF JAZZ WITH THE TRAVIS SHAW TRIO

SERVICE AUCTION
& BASKET RAFFLE

CHILI COOKOFF
COMPETITION

MASK DECORATING
STATION FOR ALL AGES

DOOR PRIZES
& CAKE WALK

GENERAL ADMISSION • \$30

AGES 11-18 • \$20

KIDS 10 & UNDER • FREE

SCAN THE QR CODE TO BUY
YOUR TICKETS OR VISIT
TINYURL.COM/UUCAAUCTION



We wear our masks this evening so we might remove them in every other part of our lives. Join us as we create a moment of Beloved Community at the end of the evening and unmask ourselves in solidarity with those who aren't yet able to.

**Masking or Dressing up is optional*



CSRA Death Cafe

This is not a bereavement or support group.
We offer an open and respectful space to
discuss death and dying while enjoying
coffee and cake.

— — — — —

Coffee. Cake. Listen. Share.
— — — — —

Sunday, October 25
4:00 – 5:30 PM

UUCA
3501 Walton Way Ext
Augusta, GA 30909

For more info & to RSVP, contact Jen at
deathdoulajen@gmail.com

— — — — —

INELDA & SAGECare informed approach

YOGA IS BACK!!

COME MEET DOULA SARAH

Yoga Morning

@ the Unitarian Universalist Church of Augusta
with Echoes of Life (Sarah)

\$Donation



TUESDAYS

8a // meditative yin

9a // greet the sun

10a // somatic vinyasa

Echoes of Life
DOULA SARAH



UNITARIAN
UNIVERSALIST
CHURCH OF AUGUSTA, GA



Rush Hour Meditation Wednesdays

UNITARIAN
UNIVERSALIST
CHURCH OF AUGUSTA, GA

Meditation Practices:

•grounding + centering

•art, sound, or breath

•mindful gratitude

Arrive:
5:30-5:45P

Start Time for
Practice is @ 6p

with Echoes of Life
Doula
(Sarah)

Enter/Exit quietly as you feel ready
to.

\$by donation

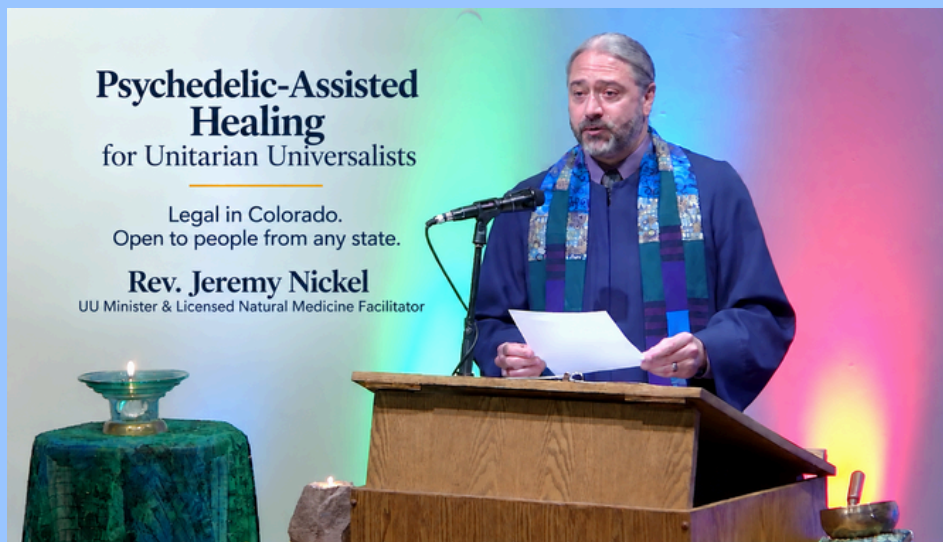
Consider the Following:

- bringing a journal, pillow, blanket, + water
- arriving 5-10m early
- what are this week's intentions?



Echoes of Life
DOULA SARAH





As psychedelic-assisted healing becomes increasingly visible in medicine, psychology and spiritual life, many Unitarian Universalists are becoming curious about what these experiences might offer and how they can be approached safely, legally and responsibly.

Rev. Jeremy Nickel is an ordained Unitarian Universalist minister and Colorado Licensed Natural Medicine Facilitator who works with people seeking legal, supported psilocybin experiences through Colorado's regulated natural medicine program. This opportunity is not limited to Colorado residents. Adults from anywhere in the United States can travel to Colorado and, if they are an appropriate candidate after screening, participate legally in a facilitated psilocybin experience.

Jeremy brings more than a decade in congregational ministry and decades of experience with psychedelics, meditation, altered states and spiritual practice to this work. His process includes careful screening and preparation, accompaniment throughout the medicine experience, and integration afterward.

His approach is also deeply informed by UU pluralism. Spiritual and mystical experiences can be taken seriously without requiring everyone to understand them in the same way, leaving room for religious, spiritual, psychological, secular and other ways of making meaning from what arises.

Learn more about the process and working with Jeremy:

<https://frpt.org/unitarian-universalist>

GENERAL INFORMATION

- **Joys and Sorrows** can be sent ahead to the **Pastoral Care Team**: pastoralcare@uuuugusta.org
- Our **UUCA Choir** welcomes new voices. We hope you'll join us at **9:30am Sunday** mornings and help us add to the worship experience.
- All ages **Faith Formation Classes** are held after Worship on the **first Sunday** of each month. The classes will be from **12:15-1:15pm** following a short fellowship time.
- The **Committee on Shared Ministry (CoSM)** is concerned with the spiritual health of the entire ministry of the congregation, as a reflection of mission fulfillment. For more information about COSM and all UUCA teams and committees, please visit: <https://www.uuugusta.org/committeesandteams>
- **Josef Patchen** is offering Piano Lessons: Any age, Any level, Any style. For information, write: jcpatchen61@gmail.com or text: 706-399-5852
- Contact the **Church Administrator** for group meeting and event scheduling and for addition to the **UUCA Public Calendar**. churchadmin@uuuugusta.org
- The **first Sunday** of each month is **Youth Greeter Week**. This is an opportunity for our young members to play a special role in our congregation. Inquire with **Faith Formation Manager**: Desria Seay (Ms. D) - ffm@uuuugusta.org
- The **Midday (AA) Group** meets **Monday - Saturday at Noon** in the **Common Room**.



*May we create beloved community
In good faith and good trouble*

<u><i>UU Augusta Office Email</i></u> <u><i>Minister's Email</i></u>	<i>706-733-7939</i>
<u><i>UU Augusta Website</i></u>	<i>3501 Walton Way Extension Augusta, GA 30909</i>
<i>Office Hours: Monday-Friday -9:30-2:30</i>	<i>Rev. Nic's Office Hours: Wednesday: 4pm-6pm</i>