

Rooted Feat Mental Health Resources



At Rooted Feat, we hold that asking for assistance is essential for restoring your well-being and achieving balance. Mental health challenges are inherently human, and reaching out is a brave move toward healing, resilience, and reconnection with oneself and the community.

If you or someone you know is facing a mental health crisis in Las Vegas, explore these resource options for immediate assistance.

Taking that initial step marks the start of hope and healing.

Crisis Hotlines (Available 24/7)

- Suicide Prevention Center of Clark County: (702) 731-2990
- Suicide Prevention Hotline of Nevada: 1-877-885-4673
- National Suicide Prevention Lifeline: 1-800-273-8255
- Crisis Text Line: Text HOME to 741741 for trained crisis counselors
- Nevada Mental Health Hotline: 866-903-3787

24/7 Support Services Available

Crisis Hotline Availability

When facing a mental health breakdown, reaching out for help is a courageous feat—rooted in the strength to heal and grow. You do not have to face this journey alone. Connecting with the right resources can provide immediate support, guidance, and hope.

Emergency and Support Services

- SafeVoice (Anonymous Reporting & Support): 1-833-216-SAFE (7233)
- Mobile Crisis Response Team (MCRT): 702-486-7865.
(Provides crisis intervention and support, including in-person or telehealth services.)
- TIP of Southern Nevada (Trauma Intervention Program): 702-229-0426
(Supports families and victims following traumatic events.)

Specialized Support:

- LGBTQ+ Youth Support - The Trevor Project: 1-866-488-7386 or Text Trevor to 1-202-304-1200
- Domestic Violence Crisis Shelter: (702) 646-4981
- Child Abuse Hotline: (702) 399-0081