



# What to Wear Before Entering a Home or Building with Mold Damage

 For Everyone  
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KEY POINTS

- Cleaning up mold, whether from a small leak or a major flood, can present health and injury risks.
- Learn what you need to wear to protect yourself in a mold-damaged building.

**Format:** PDF  
**Language:** English (US)

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## Additional languages

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## Text equivalent

### What to Wear before entering a Home or Building with Mold Damage

- Goggles or eye protection
- N-95 respirator or one that provides even more protection(check packaging for "N-95")
- Long-sleeved shirt
- Protective gloves
- Long pants
- Waterproof boots

### CAUTION!

If you have a breathing problem like asthma, do not enter a building with mold damage. Mold can make asthma symptoms worse.

If you have a weakened immune system (such as from cancer treatment or medicines that suppress the immune system), do not enter a building with mold damage. People with a weakened immune system are more likely to get a serious illness from mold.

Children should also not enter buildings with mold damage.

SOURCES

**CONTENT SOURCE:**  
[National Center for Environmental Health](#)