



What to Wear Before Entering a Home or Building with Mold Damage



For Everyone

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KEY POINTS

- Cleaning up mold, whether from a small leak or a major flood, can present health and injury risks.
- Learn what you need to wear to protect yourself in a mold-damaged building.

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- Goggles or eye protection
- N-95 respirator or one that provides even more protection (check packaging for "N-95")
- Long-sleeved shirt
- Protective gloves
- Long pants
- Waterproof boots

CAUTION!

If you have a breathing problem like asthma, do not enter a building with mold damage. Mold can make asthma symptoms worse.

If you have a weakened immune system (such as from cancer treatment or medicines that suppress the immune system), do not enter a building with mold damage. People with a weakened immune system are more likely to get a serious illness from mold.

Children should also not enter buildings with mold damage.

SOURCES

CONTENT SOURCE:

National Center for Environmental Health