November 2026

Dear Friend,

Aging is something we all have in common.

We may experience it differently, but most of us hope for many of the same things as we grow older: to remain independent, stay connected to the people and communities we love, have somewhere to turn when we need help, and continue to live a life with purpose.

At Aging Together, we believe those things shouldn't be left to chance. That's why our work isn't only about responding to the needs of older adults today. It's also about helping build communities where all of us can age well tomorrow.

This year, we saw that work come to life in exciting ways.

We held our inaugural **Aging in Community Conference**, including an Aging Simulation Workshop that offered participants a powerful glimpse into some of the challenges that can come with growing older.

We celebrated the **15th year of our Art of Aging Lifestyle & Wellness Expos**, welcoming more than 600 people at two locations to connect with resources, information and opportunities for living well.

And we published the **fourth edition of our Regional Resource Guide for Older Adults**—the only comprehensive guide of its kind in our region. It puts critical information about programs, services and resources in one place, giving older adults, families and caregivers something invaluable: **a place to start when they don't know where to turn.**

We're also looking ahead - helping advance conversations about the **Village Model of neighbors helping neighbors**, so more people can remain in the communities they know and love. And we continue to expand **dementia education,** including the upcoming Dementia Education Conference on April 8, so that more of us understand dementia and know how to help.

None of us should have to figure out aging alone. Sometimes what makes the greatest difference is knowing where to turn. It's having a neighbor willing to help. It's understanding what someone else may be experiencing. It's finding the right resource at the right time. And it's living in a community that recognizes the value of its older residents.

Aging Together works every day to create those connections across Culpeper, Fauquier, Madison, Orange and Rappahannock counties. But we can't do it alone. **We need you to be part of it.**

Your gift helps us bring people together, share trusted information, create educational opportunities, strengthen partnerships and find new ways to make our communities better places to grow older.

This year, we're asking you to invest not simply in Aging Together, but in the kind of community you want for your parents, your neighbors, your friends - and yourself.

Please consider making a tax-deductible gift to Aging Together today. Because we age together.

Aging Together is a 501(c)(3) nonprofit organization. Contributions are tax-deductible to the extent permitted by law.

With gratitude,

Jeff Say, Board Chair

Ellen Phipps, Executive Director