



AGING TOGETHER'S

ANNUAL REPORT



↑ Lego® Serious Play at the 2025 Dementia Education Conference

FY2025-26

JULY 1, 2025 - JUNE 30, 2026



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PATH FOUNDATION

VISION: Age friendly communities that actively engage, value and support older adults

MISSION: Aging Together through partnerships connects people to communities and resources to improve quality of life as we age.

IMPACT

Virginia is expected to have more than 1.8 million residents age 65 and older by 2030 (Virginia Department for Aging & Rehabilitative Services). In Virginia's Planning District 09, served by Aging Together, an estimated 36,233 residents are age 65 and older. The predominantly rural region represents a significantly larger share of the over 65 population than in many Virginia localities. Additionally, a recent U.S. Census Bureau survey found that Virginia ranks third in the nation for isolation and loneliness among older adults. Together, these trends underscore the growing need for coordinated services, community support, and opportunities for connection.

During the past year Aging Together, a private nonprofit organization, moved forward the work of more than two decades by continuing to address these needs through promoting healthy aging, independent living, caregiver support, and social connection. This work helps ensure that resources and community supports evolve alongside the region's growing older adult population, improving quality of life for older adults and their families.

One message was heard consistently from older adults across the region this past year: people want to remain independent and continue living in their own homes and communities for as long as possible. Aging Together's work is grounded in the belief that growing older should never mean growing isolated. Every older adult deserves the opportunity to age with dignity, purpose, and meaningful connections - surrounded by the people, places, and support that make a community feel like home.

ADDRESSING THE NEED, RAISING AWARENESS, AND FILLING GAPS:

- **INFORMATION & REFERRALS** - Aging Together responded to **281** calls, emails, and one-on-one meetings to provide information, support and referrals.
- **5 OVER 65** – Over **200** people attended the celebration at Fauquier Springs Country Club honoring the positive impact of older adults and highlighting the significant contributions they make in each of our 5 counties.



Virginia ranks third in the country for isolation and loneliness amongst older adults. One quarter of those age 60 and older live alone.



Madison County Team meeting facilitated by Aging Together, promoting answers to challenges and gaps in services specific to older adults.

CULPEPER, FAUQUIER, ORANGE, MADISON, RAPPAHANNOCK COUNTIES, VA

- **ART OF AGING LIFESTYLE AND WELLNESS EXPOS – 706** people attended 2 Expos – Rappahannock County in partnership with Rappahannock Department of Social Services; and Culpeper County in partnership with Culpeper County Parks and Rec. This annual event offers information, vaccines and healthcare screenings with over 100 exhibitors.
- **AGING IN COMMUNITY SIMULATION WORKSHOP AND CONFERENCE – 150** people attended the inaugural simulation workshop and conference presented in partnership with Virginia Cooperative Extension designed to raise awareness, build empathy, challenge assumptions about aging, encourage solutions-focused discussion, and highlight both the barriers and strengths associated with aging in community.
- **ANNUAL DEMENTIA EDUCATION CONFERENCE – 140** people attended the Annual Dementia Education conference despite the inclement weather! In partnership with the Piedmont Dementia Education Committee, featuring renowned subject experts on Alzheimer's research, caregiving strategies, and more. This event supports family and professional caregivers.
- **DEMENTIA FRIENDLY INFORMATIONAL SESSIONS - 1056** individuals and businesses have completed Dementia Friendly Sessions since 2023 to create a welcoming and supportive environment for people living with dementia and their care partners.
- **EDUCATIONAL PROGRAMS – 859** people attended educational programs and community events hosted by Aging Together including Forums on Aging; Webinars; and two conferences.
- **REGIONAL RESOURCE GUIDE FOR OLDER ADULTS – 22,800** Regional Resource Guides for Older Adults have been distributed since 2022 including 3 editions.
- **AGEWISE - 34,236** people were reached through the Award Winning *AgeWise* monthly news bulletin highlighting timely topics, emerging issues and resources for older adults, caregivers and healthcare professionals.
- **3076** individuals engaged through **Aging Together's partnerships** including the Regional Coalition networking group; Senior Services Collaborative; and County Team meetings.

Join the Mission! Everyone has a role to play in creating an age-friendly community. Whether you're an older adult, caregiver, professional, volunteer, business, or nonprofit organization, there are many ways to make a difference:

- Serve on a committee for one of Aging Together's signature expos or conferences.
- Join a County Team and help shape local aging initiatives.
- Volunteer your administrative skills to support programs and events.
- Become a Dementia Friends Champion/Trainer and help build a more dementia-friendly community.
- Bring a Dementia-Friendly Workplace training to your organization.
- Make a financial contribution to help expand programs and initiatives that support older adults throughout the region.

Contact us for more information!



Hundreds attend the highly anticipated Expos!



The 4th Edition of the *Regional Resource Guide for Older Adults* is due out Fall, 2026



Monthly educational programs provide timely information on topics that matter most to older adults.



The inaugural conference featured a simulation highlighting the daily challenges and opportunities of Aging in Community.

LEADERSHIP

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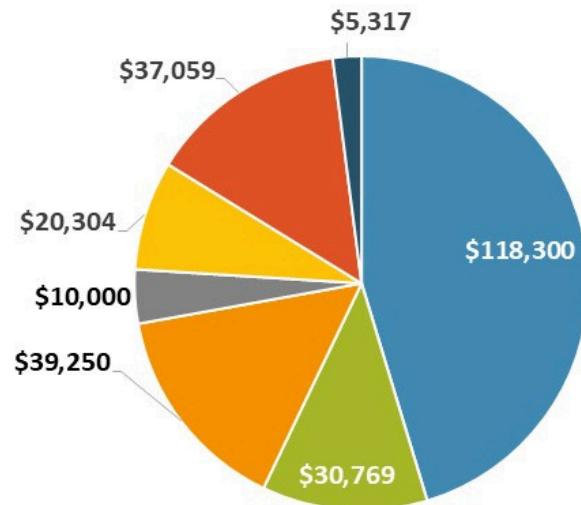
Valerie Ward

Director, Madison County
Department of Social Services

Cathy Zielinski

Advisor to the Board of Directors

Aging Together Revenue FY2025-2026



Total = \$260,999

- PATH Foundation
- Rappahannock Rapidan Regional Commission
- Local County Contributions
- Non Government Grants
- Individual & Corporate Donations
- Special Events
- Give Local Piedmont

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