

# Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

|                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                      |                                                                               |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| District Name<br><input style="width: 90%;" type="text" value="Snake River"/>                                                                                                                                                                                                                                                                                                                                                                           | District Number<br><input style="width: 40%;" type="text" value="52"/>               | Date of Evaluation<br><input style="width: 40%;" type="text" value="6/4/26"/> |
| School Name<br><input style="width: 90%;" type="text" value="Moreland Elementary School"/>                                                                                                                                                                                                                                                                                                                                                              | Most recent review by Wellness Committee<br><input style="width: 90%;" type="text"/> |                                                                               |
| Click All Grades         PK <input checked="" type="checkbox"/> K <input checked="" type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |                                                                                      |                                                                               |

## Yes No I. Public Involvement

|                                                          |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
|----------------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|---------------------------------------------------------------|----------------------------------------|----------------------------------|----------------------------------------------------------|------------------------------------------------------|-----------------------------------|---------------------------------|
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>We invite the following to participate in the development, implementation, &amp; evaluation of our wellness policy:</b> <table style="width: 100%; margin-top: 5px;"> <tr> <td><input checked="" type="checkbox"/> Administrators</td> <td><input checked="" type="checkbox"/> School Food Service Staff</td> <td><input type="checkbox"/> P.E. Teachers</td> <td><input type="checkbox"/> Parents</td> </tr> <tr> <td><input checked="" type="checkbox"/> School Board Members</td> <td><input type="checkbox"/> School Health Professionals</td> <td><input type="checkbox"/> Students</td> <td><input type="checkbox"/> Public</td> </tr> </table> | <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input type="checkbox"/> P.E. Teachers | <input type="checkbox"/> Parents | <input checked="" type="checkbox"/> School Board Members | <input type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input type="checkbox"/> Public |
| <input checked="" type="checkbox"/> Administrators       | <input checked="" type="checkbox"/> School Food Service Staff | <input type="checkbox"/> P.E. Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <input type="checkbox"/> Parents                   |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/> School Board Members | <input type="checkbox"/> School Health Professionals          | <input type="checkbox"/> Students                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <input type="checkbox"/> Public                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.</b><br>Name <input style="width: 300px;" type="text" value="Mark Kress"/> Title <input style="width: 200px;" type="text" value="Superintendent"/>                                                                                                                                                                                                                                                                                                                                                                                       |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>We make our wellness policy and updates available to the public annually.</b><br>Please describe: <input style="width: 600px; height: 30px;" type="text" value="We post on the web page and the board reviews all policies annually"/>                                                                                                                                                                                                                                                                                                                                                                                                                |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>We share the results of wellness policy implementation and progress toward our policy goals with the public.</b><br>Please describe: <input http:="" snakeriver.org"="" style="width: 600px; height: 30px;" type="text" value="We post to the website &lt;a href="/> snakeriver.org"/>                                                                                                                                                                                                                                                                                                                                                                |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |

## Yes No II. Nutrition Education

|                                     |                          |                                                                                                                                                                                                      |
|-------------------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.</b>                                                                             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer nutrition education to students in: <input checked="" type="checkbox"/> Elementary School <input checked="" type="checkbox"/> Middle School <input checked="" type="checkbox"/> High School |

## Yes No III. Nutrition Promotion

|                                     |                                     |                                                                                                                                                                                               |
|-------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <b>The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.</b>                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.                                                                         |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.                                                                                      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).                                                                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We ensure students have access to hand-washing facilities prior to meals.                                                                                                                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We annually evaluate how to market and promote our school meal program(s).                                                                                                                    |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We offer taste testing or menu planning opportunities to our students.                                                                                                                        |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We participate in Farm to School activities and/or have a school garden.                                                                                                                      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We price nutritious foods and beverages lower than less nutritious foods and beverages.                                                                                                       |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We offer fruit and/or vegetables in: <input type="checkbox"/> Vending Machines <input type="checkbox"/> School Stores <input type="checkbox"/> Snack Bars <input type="checkbox"/> À La Carte |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We utilize student feedback to improve the quality of the school meal programs.                                                                                                               |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We provide teachers with samples of non-food reward options.                                                                                                                                  |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We prohibit the use of food and beverages as a reward.                                                                                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We do not sell less healthy foods and beverages.                                                                                                                                              |



# Idaho Wellness Policy Progress Report

|   |  |  |
|---|--|--|
| x |  |  |
|---|--|--|

We provide training to staff on the importance of modeling healthy eating behaviors.



## IV. Nutrition Guidelines

|   |  |  |
|---|--|--|
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |

**The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.**

**We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.**

**We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.**

We run the School Breakfast program: ☒ Before School ☐ In the Classroom ☐ Grab & Go ☐ Second Chance

Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

☒ as À La Carte Offerings ☐ in School Stores ☐ in Vending Machines ☐ as Fundraisers (not exemptions)

## V. Policy for Food and Beverage Marketing

|   |  |  |
|---|--|--|
| x |  |  |
| x |  |  |

**The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.**

Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:

☐ Signage ☐ Scoreboards ☐ School Stores ☐ Cups ☐ Vending Machines ☐ Food Service Equip.

## VI. Physical Activity

|   |  |  |
|---|--|--|
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |

**The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.**

We provide physical education for elementary students on a weekly basis. # of Min/Wk. **30**

We provide physical education for middle school students during a term or semester. # of Min/Wk. **--**

We require physical education classes for graduation (high schools only). # Credits to graduate **--**

We provide recess for elementary students on a daily basis. # of Min/day **55**

We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP).

We prohibit staff and teachers from keeping kids in from recess for punitive reasons.

Teachers are allowed to offer physical activity as a reward for students.

We offer physical activity before/after school. ☒ Competitive sports ☒ Non-competitive sports ☒ Other clubs

## VII. Other School Based Wellness Activity

|   |  |  |
|---|--|--|
|   |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |

**The wellness policy includes specific/ measurable goals for other school-based wellness activities.**

We provide annual training to all staff on: ☒ Nutrition ☒ Physical Activity

We have a staff wellness program.

We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).

We have a recycling / environmental stewardship program.

We have a recognition / reward program for students who exhibit healthy behaviors.

We provide case management for students with chronic health conditions.

We have community partnerships which support programs, projects, events, or activities.

## VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

This year our PTA and school provided a Wellness Fair for the families in our community. The fair included representatives from local healthcare providers and other organizations who support family and individual wellness.

## IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

|       |                         |                |              |
|-------|-------------------------|----------------|--------------|
| Name  | David Sotutu            | Position/Title | Principal    |
| Email | sotudave@snakeriver.org | Phone number   | 208-684-5115 |

# Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

|                  |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                          |    |                    |           |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|----|--------------------|-----------|
| District Name    | Snake River                                                                                                                                                                                                                                                                                                                                                                                                         | District Number                          | 52 | Date of Evaluation | 5/12/2026 |
| School Name      | Riverside Elementary                                                                                                                                                                                                                                                                                                                                                                                                | Most recent review by Wellness Committee |    |                    |           |
| Click All Grades | PK <input type="checkbox"/> K <input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input checked="" type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |                                          |    |                    |           |

## Yes No I. Public Involvement

|                                                          |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
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| <input checked="" type="checkbox"/> Administrators       | <input checked="" type="checkbox"/> School Food Service Staff | <input type="checkbox"/> P.E. Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <input type="checkbox"/> Parents                   |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/> School Board Members | <input type="checkbox"/> School Health Professionals          | <input type="checkbox"/> Students                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <input type="checkbox"/> Public                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.</b><br>Name: <input type="text" value="Mark Kress"/> Title: <input type="text" value="Superintendent"/>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>We make our wellness policy and updates available to the public annually.</b><br>Please describe: <input style="width: 100%;" type="text" value="We post on the web page and the board reviews all policies annually"/>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>We share the results of wellness policy implementation and progress toward our policy goals with the public.</b><br>Please describe: <input http:="" snakeriver.org"="" style="width: 100%;" type="text" value="We post to the website &lt;a href="/> snakeriver.org"/>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/>                      | <input type="checkbox"/>                                      | <b>Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |

## Yes No II. Nutrition Education

|                                     |                          |                                                                                                                                                                                                      |
|-------------------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.</b>                                                                             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer nutrition education to students in: <input checked="" type="checkbox"/> Elementary School <input checked="" type="checkbox"/> Middle School <input checked="" type="checkbox"/> High School |

## Yes No III. Nutrition Promotion

|                                     |                                     |                                                                                                                                                                                               |
|-------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <b>The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.</b>                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.                                                                         |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.                                                                                      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).                                                                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We ensure students have access to hand-washing facilities prior to meals.                                                                                                                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We annually evaluate how to market and promote our school meal program(s).                                                                                                                    |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We offer taste testing or menu planning opportunities to our students.                                                                                                                        |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We participate in Farm to School activities and/or have a school garden.                                                                                                                      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We price nutritious foods and beverages lower than less nutritious foods and beverages.                                                                                                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We offer fruit and/or vegetables in: <input type="checkbox"/> Vending Machines <input type="checkbox"/> School Stores <input type="checkbox"/> Snack Bars <input type="checkbox"/> À La Carte |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We utilize student feedback to improve the quality of the school meal programs.                                                                                                               |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We provide teachers with samples of non-food reward options.                                                                                                                                  |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We prohibit the use of food and beverages as a reward.                                                                                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We do not sell less healthy foods and beverages.                                                                                                                                              |



# Idaho Wellness Policy Progress Report

|   |  |  |
|---|--|--|
| x |  |  |
|---|--|--|

We provide training to staff on the importance of modeling healthy eating behaviors.



## IV. Nutrition Guidelines

|   |  |  |
|---|--|--|
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |

**The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.**

**We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.**

**We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.**

We run the School Breakfast program: ☒ Before School ☐ In the Classroom ☐ Grab & Go ☐ Second Chance

Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

☒ as À La Carte Offerings ☐ in School Stores ☐ in Vending Machines ☐ as Fundraisers (not exemptions)

## V. Policy for Food and Beverage Marketing

|   |  |  |
|---|--|--|
| x |  |  |
| x |  |  |

**The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.**

Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:

☐ Signage ☐ Scoreboards ☐ School Stores ☐ Cups ☐ Vending Machines ☐ Food Service Equip.

## VI. Physical Activity

|   |  |  |
|---|--|--|
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |

**The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.**

We provide physical education for elementary students on a weekly basis.

# of Min/Wk.

30

We provide physical education for middle school students during a term or semester.

# of Min/Wk.

We require physical education classes for graduation (high schools only).

# Credits to graduate

We provide recess for elementary students on a daily basis.

# of Min/day

65

We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP).

We prohibit staff and teachers from keeping kids in from recess for punitive reasons.

Teachers are allowed to offer physical activity as a reward for students.

We offer physical activity before/after school. ☒ Competitive sports ☒ Non-competitive sports ☒ Other clubs

## VII. Other School Based Wellness Activity

|   |   |  |
|---|---|--|
| x |   |  |
| x |   |  |
|   | x |  |
| x |   |  |
|   | x |  |
|   | x |  |
|   | x |  |
|   | x |  |
| x |   |  |

**The wellness policy includes specific/ measurable goals for other school-based wellness activities.**

We provide annual training to all staff on:

☒ Nutrition

☐ Physical Activity

We have a staff wellness program.

We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).

We have a recycling / environmental stewardship program.

We have a recognition / reward program for students who exhibit healthy behaviors.

We provide case management for students with chronic health conditions.

We have community partnerships which support programs, projects, events, or activities.

## VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

## IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name **Janae Petersen**

Position/Title **Principal**

## Idaho Wellness Policy Progress Report

Email petejana@snakeriver.org

Phone number 2086845102

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name  District Number  Date of Evaluation

School Name  Most recent review by Wellness Committee

Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐

### Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

☒ Administrators ☒ School Food Service Staff ☐ P.E. Teachers ☐ Parents  
☒ School Board Members ☐ School Health Professionals ☐ Students ☐ Public

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name  Title

☒ ☐ We make our wellness policy and updates available to the public annually.

Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

Please describe: snakeriver.org"/>

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

### Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

We offer nutrition education to students in: ☒ Elementary School ☒ Middle School ☒ High School

### Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

We ensure students have access to hand-washing facilities prior to meals.

We annually evaluate how to market and promote our school meal program(s).

We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

We price nutritious foods and beverages lower than less nutritious foods and beverages.

We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☐ À La Carte

We utilize student feedback to improve the quality of the school meal programs.

We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☐ ☒ We do not sell less healthy foods and beverages.



|  |  |                                     |
|--|--|-------------------------------------|
|  |  | <input checked="" type="checkbox"/> |
|--|--|-------------------------------------|

We provide training to staff on the importance of modeling healthy eating behaviors.



|     |    |
|-----|----|
| Yes | No |
|-----|----|

#### IV. Nutrition Guidelines

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

**The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.**

|  |                                     |
|--|-------------------------------------|
|  | <input checked="" type="checkbox"/> |
|--|-------------------------------------|

**We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.**

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

**We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.**

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We run the School Breakfast program: ☒ Before School ☐ In the Classroom ☐ Grab & Go ☐ Second Chance

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

☒ as À La Carte Offerings ☐ in School Stores ☐ in Vending Machines ☐ as Fundraisers (not exemptions)

|     |    |
|-----|----|
| Yes | No |
|-----|----|

#### V. Policy for Food and Beverage Marketing

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

**The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.**

|  |                                     |
|--|-------------------------------------|
|  | <input checked="" type="checkbox"/> |
|--|-------------------------------------|

Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:

☐ Signage ☐ Scoreboards ☐ School Stores ☐ Cups ☐ Vending Machines ☐ Food Service Equip.

|     |    |
|-----|----|
| Yes | No |
|-----|----|

#### VI. Physical Activity

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

**The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.**

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We provide physical education for elementary students on a weekly basis.

# of Min/Wk.

50

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We provide physical education for middle school students during a term or semester.

# of Min/Wk.

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We require physical education classes for graduation (high schools only).

# Credits to graduate

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We provide recess for elementary students on a daily basis.

# of Min/day

60

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP).

|  |                                     |
|--|-------------------------------------|
|  | <input checked="" type="checkbox"/> |
|--|-------------------------------------|

We prohibit staff and teachers from keeping kids in from recess for punitive reasons.

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

Teachers are allowed to offer physical activity as a reward for students.

|                                     |  |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> |  |
|-------------------------------------|--|

We offer physical activity before/after school. ☒ Competitive sports ☒ Non-competitive sports ☒ Other clubs

|     |    |
|-----|----|
| Yes | No |
|-----|----|

#### VII. Other School Based Wellness Activity

|  |     |
|--|-----|
|  | N/A |
|--|-----|

**The wellness policy includes specific/ measurable goals for other school-based wellness activities.**

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We provide annual training to all staff on: ☐ Nutrition ☐ Physical Activity

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We have a staff wellness program.

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We have a recycling / environmental stewardship program.

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We have a recognition / reward program for students who exhibit healthy behaviors.

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We provide case management for students with chronic health conditions.

|  |     |
|--|-----|
|  | N/A |
|--|-----|

We have community partnerships which support programs, projects, events, or activities.

#### VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

☐ Allow all students to access free water during lunch

☐ No outside food fundraising.

#### IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name  David Dougal

Position/Title  Rockford Principal

Email [dougdavi@snakeriver.org](mailto:dougdavi@snakeriver.org)

Phone number 208-684-4451

# Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

|                                          |                                                        |                            |                                 |                            |                                        |                            |                            |                                       |                                       |                            |                            |                             |                             |                             |
|------------------------------------------|--------------------------------------------------------|----------------------------|---------------------------------|----------------------------|----------------------------------------|----------------------------|----------------------------|---------------------------------------|---------------------------------------|----------------------------|----------------------------|-----------------------------|-----------------------------|-----------------------------|
| District Name                            | <input type="text" value="Snake River"/>               | District Number            | <input type="text" value="52"/> | Date of Evaluation         | <input type="text" value="5/29/2026"/> |                            |                            |                                       |                                       |                            |                            |                             |                             |                             |
| School Name                              | <input type="text" value="Snake River Middle School"/> |                            |                                 |                            |                                        |                            |                            |                                       |                                       |                            |                            |                             |                             |                             |
| Most recent review by Wellness Committee | <input type="text"/>                                   |                            |                                 |                            |                                        |                            |                            |                                       |                                       |                            |                            |                             |                             |                             |
| Click All Grades                         | PK <input type="checkbox"/>                            | K <input type="checkbox"/> | 1 <input type="checkbox"/>      | 2 <input type="checkbox"/> | 3 <input type="checkbox"/>             | 4 <input type="checkbox"/> | 5 <input type="checkbox"/> | 6 <input checked="" type="checkbox"/> | 7 <input checked="" type="checkbox"/> | 8 <input type="checkbox"/> | 9 <input type="checkbox"/> | 10 <input type="checkbox"/> | 11 <input type="checkbox"/> | 12 <input type="checkbox"/> |

## Yes No I. Public Involvement

|                                     |                          |                                                                                                                                |
|-------------------------------------|--------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>We invite the following to participate in the development, implementation, &amp; evaluation of our wellness policy:</b>     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Administrators                                                                                                                 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School Food Service Staff                                                                                                      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | P.E. Teachers                                                                                                                  |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Parents                                                                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School Board Members                                                                                                           |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School Health Professionals                                                                                                    |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Students                                                                                                                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Public                                                                                                                         |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.</b>           |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Name <input type="text" value="Mark Kress"/> Title <input type="text" value="Superintendent"/>                                 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>We make our wellness policy and updates available to the public annually.</b>                                               |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Please describe: <input type="text" value="We post on the web page and the board reviews all policies annually"/>              |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>We share the results of wellness policy implementation and progress toward our policy goals with the public.</b>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Please describe: <input http:="" snakeriver.org"="" type="text" value="We post to the website &lt;a href="/> snakeriver.org"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.</b>        |

## Yes No II. Nutrition Education

|                                     |                          |                                                                                                                                                                                                      |
|-------------------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.</b>                                                                             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer nutrition education to students in: <input checked="" type="checkbox"/> Elementary School <input checked="" type="checkbox"/> Middle School <input checked="" type="checkbox"/> High School |

## Yes No III. Nutrition Promotion

|                                     |                                     |                                                                                                                                                                                                          |
|-------------------------------------|-------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <b>The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.</b>                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.                                                                                    |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.                                                                                                 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).                                                                                |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We ensure students have access to hand-washing facilities prior to meals.                                                                                                                                |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We annually evaluate how to market and promote our school meal program(s).                                                                                                                               |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We offer taste testing or menu planning opportunities to our students.                                                                                                                                   |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We participate in Farm to School activities and/or have a school garden.                                                                                                                                 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We price nutritious foods and beverages lower than less nutritious foods and beverages.                                                                                                                  |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We offer fruit and/or vegetables in: <input type="checkbox"/> Vending Machines <input type="checkbox"/> School Stores <input type="checkbox"/> Snack Bars <input checked="" type="checkbox"/> À La Carte |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We utilize student feedback to improve the quality of the school meal programs.                                                                                                                          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We provide teachers with samples of non-food reward options.                                                                                                                                             |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We prohibit the use of food and beverages as a reward.                                                                                                                                                   |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We do not sell less healthy foods and beverages.                                                                                                                                                         |



# Idaho Wellness Policy Progress Report

|   |  |  |
|---|--|--|
| X |  |  |
|---|--|--|

We provide training to staff on the importance of modeling healthy eating behaviors.



## IV. Nutrition Guidelines

|   |  |  |
|---|--|--|
| x |  |  |
| X |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| X |  |  |

**The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.**

**We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.**

**We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.**

We run the School Breakfast program: ☒ Before School ☐ In the Classroom ☐ Grab & Go ☐ Second Chance

Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

☒ as À La Carte Offerings ☐ in School Stores ☐ in Vending Machines ☐ as Fundraisers (not exemptions)

## V. Policy for Food and Beverage Marketing

|   |  |  |
|---|--|--|
| x |  |  |
|   |  |  |

**The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.**

Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:

☐ Signage ☐ Scoreboards ☐ School Stores ☐ Cups ☐ Vending Machines ☐ Food Service Equip.

## VI. Physical Activity

|   |  |  |
|---|--|--|
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| x |  |  |
| X |  |  |
| X |  |  |
| X |  |  |
| x |  |  |

**The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.**

We provide physical education for elementary students on a weekly basis. # of Min/Wk. 35/wk

We provide physical education for middle school students during a term or semester. # of Min/Wk. n/a

We require physical education classes for graduation (high schools only). # Credits to graduate n/a

We provide recess for elementary students on a daily basis. # of Min/day 50 / day

We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP).

We prohibit staff and teachers from keeping kids in from recess for punitive reasons.

Teachers are allowed to offer physical activity as a reward for students.

We offer physical activity before/after school. ☒ Competitive sports ☒ Non-competitive sports ☒ Other clubs

## VII. Other School Based Wellness Activity

|   |   |  |
|---|---|--|
| X |   |  |
| X |   |  |
| X |   |  |
| X |   |  |
| X |   |  |
|   | X |  |
|   | X |  |
| X |   |  |
| X |   |  |

**The wellness policy includes specific/ measurable goals for other school-based wellness activities.**

We provide annual training to all staff on: ☒ Nutrition ☒ Physical Activity

We have a staff wellness program.

We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).

We have a recycling / environmental stewardship program.

We have a recognition / reward program for students who exhibit healthy behaviors.

We provide case management for students with chronic health conditions.

We have community partnerships which support programs, projects, events, or activities.

## VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

|  |
|--|
|  |
|  |
|  |
|  |

## IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name  Position/Title

## Idaho Wellness Policy Progress Report

Email

halesydn@snakeriver.org

Phone number

208-684-5171

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

|                  |                         |                                          |    |                    |         |   |   |   |   |   |   |   |   |    |    |    |
|------------------|-------------------------|------------------------------------------|----|--------------------|---------|---|---|---|---|---|---|---|---|----|----|----|
| District Name    | Snake River             | District Number                          | 52 | Date of Evaluation | 6/05/26 |   |   |   |   |   |   |   |   |    |    |    |
| School Name      | Snake River Junior High | Most recent review by Wellness Committee |    |                    |         |   |   |   |   |   |   |   |   |    |    |    |
| Click All Grades | PK                      | K                                        | 1  | 2                  | 3       | 4 | 5 | 6 | x | 7 | x | 8 | 9 | 10 | 11 | 12 |

## Yes No I. Public Involvement

|                                                          |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
|----------------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|---------------------------------------------------------------|----------------------------------------|----------------------------------|----------------------------------------------------------|------------------------------------------------------|-----------------------------------|---------------------------------|
| x                                                        |                                                               | <b>We invite the following to participate in the development, implementation, &amp; evaluation of our wellness policy:</b>                                                                                                                                                                                                                                                                                                                                                                         |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
|                                                          |                                                               | <table border="0"> <tr> <td><input checked="" type="checkbox"/> Administrators</td> <td><input checked="" type="checkbox"/> School Food Service Staff</td> <td><input type="checkbox"/> P.E. Teachers</td> <td><input type="checkbox"/> Parents</td> </tr> <tr> <td><input checked="" type="checkbox"/> School Board Members</td> <td><input type="checkbox"/> School Health Professionals</td> <td><input type="checkbox"/> Students</td> <td><input type="checkbox"/> Public</td> </tr> </table> | <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input type="checkbox"/> P.E. Teachers | <input type="checkbox"/> Parents | <input checked="" type="checkbox"/> School Board Members | <input type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input type="checkbox"/> Public |
| <input checked="" type="checkbox"/> Administrators       | <input checked="" type="checkbox"/> School Food Service Staff | <input type="checkbox"/> P.E. Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <input type="checkbox"/> Parents                   |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| <input checked="" type="checkbox"/> School Board Members | <input type="checkbox"/> School Health Professionals          | <input type="checkbox"/> Students                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <input type="checkbox"/> Public                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| x                                                        |                                                               | <b>We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.</b>                                                                                                                                                                                                                                                                                                                                                                               |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
|                                                          |                                                               | <table border="0"> <tr> <td>Name</td> <td>Mark Kress</td> <td>Title</td> <td>Superintendent</td> </tr> </table>                                                                                                                                                                                                                                                                                                                                                                                    | Name                                               | Mark Kress                                                    | Title                                  | Superintendent                   |                                                          |                                                      |                                   |                                 |
| Name                                                     | Mark Kress                                                    | Title                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Superintendent                                     |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| x                                                        |                                                               | <b>We make our wellness policy and updates available to the public annually.</b>                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
|                                                          |                                                               | Please describe: We post on the web page and the board reviews all policies annually                                                                                                                                                                                                                                                                                                                                                                                                               |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| x                                                        |                                                               | <b>We share the results of wellness policy implementation and progress toward our policy goals with the public.</b>                                                                                                                                                                                                                                                                                                                                                                                |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
|                                                          |                                                               | Please describe: We post to the website <a href="http://snakeriver.org">snakeriver.org</a>                                                                                                                                                                                                                                                                                                                                                                                                         |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |
| x                                                        |                                                               | <b>Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.</b>                                                                                                                                                                                                                                                                                                                                                                            |                                                    |                                                               |                                        |                                  |                                                          |                                                      |                                   |                                 |

## Yes No II. Nutrition Education

|   |  |                                                                                                                                                                                                      |
|---|--|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| x |  | <b>The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.</b>                                                                             |
| x |  | We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).                                                                                   |
| x |  | We offer nutrition education to students in: <input checked="" type="checkbox"/> Elementary School <input checked="" type="checkbox"/> Middle School <input checked="" type="checkbox"/> High School |

## Yes No III. Nutrition Promotion

|   |   |                                                                                                                                                                                               |
|---|---|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| x |   | <b>The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.</b>                                                                        |
| x |   | We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.                                                                         |
| x |   | We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.                                                                                      |
| x |   | We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).                                                                     |
| x |   | We ensure students have access to hand-washing facilities prior to meals.                                                                                                                     |
| x |   | We annually evaluate how to market and promote our school meal program(s).                                                                                                                    |
| x |   | We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.                                                                        |
| x |   | We offer taste testing or menu planning opportunities to our students.                                                                                                                        |
|   | x | We participate in Farm to School activities and/or have a school garden.                                                                                                                      |
| x |   | We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).                                                                        |
| x |   | We price nutritious foods and beverages lower than less nutritious foods and beverages.                                                                                                       |
|   | x | We offer fruit and/or vegetables in: <input type="checkbox"/> Vending Machines <input type="checkbox"/> School Stores <input type="checkbox"/> Snack Bars <input type="checkbox"/> À La Carte |
| x |   | We utilize student feedback to improve the quality of the school meal programs.                                                                                                               |
|   | x | We provide teachers with samples of non-food reward options.                                                                                                                                  |
| x |   | We prohibit the use of food and beverages as a reward.                                                                                                                                        |
|   | x | We do not sell less healthy foods and beverages.                                                                                                                                              |
|   | x | We provide training to staff on the importance of modeling healthy eating behaviors.                                                                                                          |



| Yes                                 | No                       | IV. Nutrition Guidelines                                                                                                                                                                                    |
|-------------------------------------|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.</b>                                                                                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.</b>                                                                                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.</b>                                                                                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance  |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).                                                                                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:                                                                                         |
|                                     |                          | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes                                 | No                       | V. Policy for Food and Beverage Marketing                                                                                                                                                                                                    |
|-------------------------------------|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.</b>                                                                                                                      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:                                                                                                                                        |
|                                     |                          | <input checked="" type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes                                 | No                       | VI. Physical Activity                                                                                                                                                                                  |
|-------------------------------------|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.</b>                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text" value="200"/>                                                                                 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text" value="200"/>                                                                      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text" value="60"/>                                                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text" value="60"/>                                                                                               |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP).                                                                                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons.                                                                                                                  |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students.                                                                                                                              |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input checked="" type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs |

| Yes                                 | No                                  | VII. Other School Based Wellness Activity                                                                                 |
|-------------------------------------|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <b>The wellness policy includes specific/ measurable goals for other school-based wellness activities.</b>                |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We have a staff wellness program.                                                                                         |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).      |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We have a recycling / environmental stewardship program.                                                                  |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors.                                        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | We provide case management for students with chronic health conditions.                                                   |
| <input type="checkbox"/>            | <input type="checkbox"/>            | We have community partnerships which support programs, projects, events, or activities.                                   |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.                           |
|------------------------------------------------------------------------------------------------------------------------------------------|
| The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed. |
|                                                                                                                                          |

| IX. Contact Information                                                                                                                 |                         |
|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: |                         |
| Name                                                                                                                                    | Rich Dunn               |
| Position/Title                                                                                                                          | Principal               |
| Email                                                                                                                                   | dunnrich@snakeriver.org |
| Phone number                                                                                                                            | 208 684-3018            |

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

|                  |                  |                                          |         |                    |          |   |   |   |   |   |   |    |    |    |
|------------------|------------------|------------------------------------------|---------|--------------------|----------|---|---|---|---|---|---|----|----|----|
| District Name    | Snake River      | District Number                          | 52      | Date of Evaluation | 9-5-2023 |   |   |   |   |   |   |    |    |    |
| School Name      | Snake River H.S. | Most recent review by Wellness Committee | 1-20-21 |                    |          |   |   |   |   |   |   |    |    |    |
| Click All Grades | PK               | K                                        | 1       | 2                  | 3        | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |

### Yes No I. Public Involvement

|                                     |                          |                                                                                                                 |
|-------------------------------------|--------------------------|-----------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We invite the following to participate in the development, implementation, & evaluation of our wellness policy: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Administrators                                                                                                  |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School Food Service Staff                                                                                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School Board Members                                                                                            |
| <input type="checkbox"/>            | <input type="checkbox"/> | School Health Professionals                                                                                     |
| <input type="checkbox"/>            | <input type="checkbox"/> | P.E. Teachers                                                                                                   |
| <input type="checkbox"/>            | <input type="checkbox"/> | Parents                                                                                                         |
| <input type="checkbox"/>            | <input type="checkbox"/> | Students                                                                                                        |
| <input type="checkbox"/>            | <input type="checkbox"/> | Public                                                                                                          |

|                                     |                          |                                                                                                               |
|-------------------------------------|--------------------------|---------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a designee with the authority/responsibility to ensure each school complies with the wellness policy. |
|                                     |                          | Name: Mark Kress Title: Superintendent                                                                        |

|                                     |                          |                                                                                      |
|-------------------------------------|--------------------------|--------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We make our wellness policy and updates available to the public annually.            |
|                                     |                          | Please describe: We post on the web page and the board reviews all policies annually |

|                          |                                     |                                                                                                                                                                                         |
|--------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We share the results of wellness policy implementation and progress toward our policy goals with the public.                                                                            |
|                          |                                     | Please describe: We have spent the last three years following ESSER plan. The district has involved the community and staff in the return to school which includes health and wellness. |

|                                     |                          |                                                                                                                  |
|-------------------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years. |
|-------------------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------|

### Yes No II. Nutrition Education

|                                     |                          |                                                                                                                                                                                                      |
|-------------------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.                                                                                    |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).                                                                                   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer nutrition education to students in: <input checked="" type="checkbox"/> Elementary School <input checked="" type="checkbox"/> Middle School <input checked="" type="checkbox"/> High School |

### Yes No III. Nutrition Promotion

|                                     |                          |                                                                                                                       |
|-------------------------------------|--------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc. |

|                                     |                                     |                                                                                                                                                                                                                     |
|-------------------------------------|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> |                                     | We offer taste testing or menu planning opportunities to our students.                                                                                                                                              |
|                                     | <input checked="" type="checkbox"/> | We participate in Farm to School activities and/or have a school garden.                                                                                                                                            |
| <input checked="" type="checkbox"/> |                                     | We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).                                                                                              |
| <input checked="" type="checkbox"/> |                                     | We price nutritious foods and beverages lower than less nutritious foods and beverages.                                                                                                                             |
|                                     |                                     | We offer fruit and/or vegetables in: <input type="checkbox"/> Vending Machines <input type="checkbox"/> School Stores <input checked="" type="checkbox"/> Snack Bars <input checked="" type="checkbox"/> À La Carte |
| <input checked="" type="checkbox"/> |                                     | We utilize student feedback to improve the quality of the school meal programs.                                                                                                                                     |
|                                     | <input checked="" type="checkbox"/> | We provide teachers with samples of non-food reward options.                                                                                                                                                        |
|                                     | <input checked="" type="checkbox"/> | We prohibit the use of food and beverages as a reward.                                                                                                                                                              |
| <input checked="" type="checkbox"/> |                                     | We do not sell less healthy foods and beverages.                                                                                                                                                                    |
| <input checked="" type="checkbox"/> |                                     | We provide training to staff on the importance of modeling healthy eating behaviors.                                                                                                                                |



| Yes                                 | No | IV. Nutrition Guidelines                                                                                                                                                                                                   |
|-------------------------------------|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> |    | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.                                                                                                             |
| <input checked="" type="checkbox"/> |    | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.                                                                                                             |
| <input checked="" type="checkbox"/> |    | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.                                                                                                           |
| <input checked="" type="checkbox"/> |    | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance                 |
| <input checked="" type="checkbox"/> |    | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).                                                                                                    |
|                                     |    | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:                                                                                                        |
|                                     |    | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> N/A in School Stores <input type="checkbox"/> in Vending Machines <input checked="" type="checkbox"/> as Fundraisers (not exemptions) |

| Yes                                 | No | V. Policy for Food and Beverage Marketing                                                                                                                                                                                                                                  |
|-------------------------------------|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> |    | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.                                                                                                                                                           |
|                                     |    | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:                                                                                                                                                                      |
|                                     |    | <input checked="" type="checkbox"/> Signage <input checked="" type="checkbox"/> Scoreboards <input type="checkbox"/> N/A School Stores <input type="checkbox"/> N/A Cups <input type="checkbox"/> Vending Machines <input checked="" type="checkbox"/> Food Service Equip. |

| Yes                                 | No | VI. Physical Activity                                                                                         |
|-------------------------------------|----|---------------------------------------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> |    | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> |    | We provide physical education for elementary students on a weekly basis. # of Min/Wk. 65 min/DAY              |
| <input checked="" type="checkbox"/> |    | We provide physical education for middle school students during a term or semester. # of Min/Wk. 1            |
| <input checked="" type="checkbox"/> |    | We require physical education classes for graduation (high schools only). # Credits to graduate               |
| <input checked="" type="checkbox"/> |    | We provide recess for elementary students on a daily basis. # of Min/day                                      |

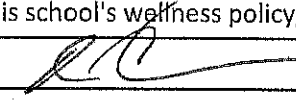
|   |  |                                                                                                                             |
|---|--|-----------------------------------------------------------------------------------------------------------------------------|
| x |  | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity / |
| x |  | We have a staff wellness program.                                                                                           |
| x |  | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).               |
| x |  | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).        |
| x |  | We have a recycling / environmental stewardship program.                                                                    |
| X |  | We have a recognition / reward program for students who exhibit healthy behaviors.                                          |
| x |  | We provide case management for students with chronic health conditions.                                                     |
| x |  | We have community partnerships which support programs, projects, events, or activities.                                     |

**VIII. Progress Report:** Describe the progress of wellness policy goals and track additional wellness practices.

The wellness policy goals are tracked by measurable benchmarks every year. A wellness team meet to evaluate and updated goals as needed.

**IX. Contact Information**

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

|       |                                                                                                |                |              |
|-------|------------------------------------------------------------------------------------------------|----------------|--------------|
| Name  | RAY CARTER  | Position/Title | Principal    |
| Email | ray@Snakeriver.org                                                                             | Phone number   | 208-684-3061 |