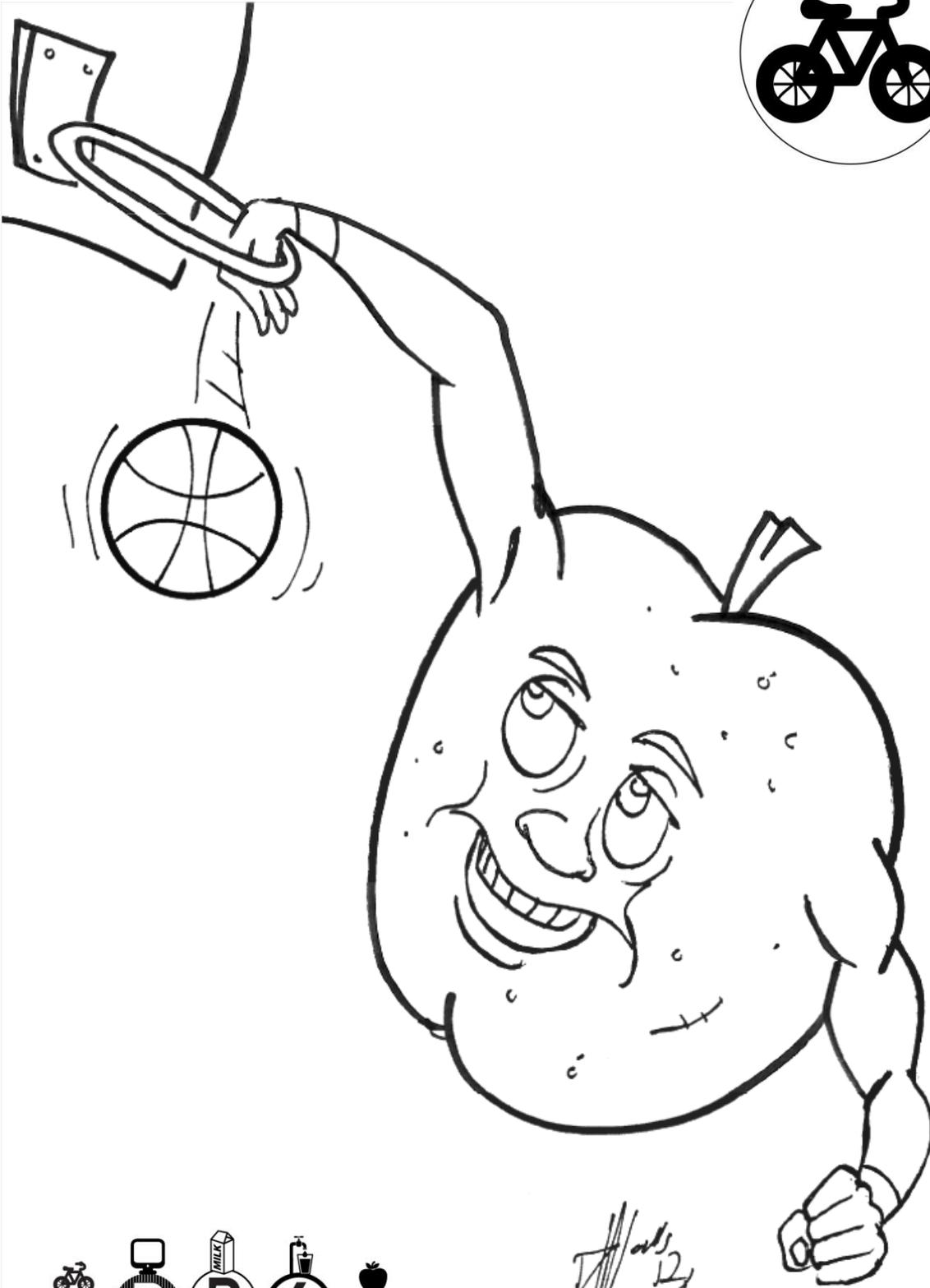




1 HOUR
OR MORE OF
PHYSICAL
ACTIVITY



Hand 12/10



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