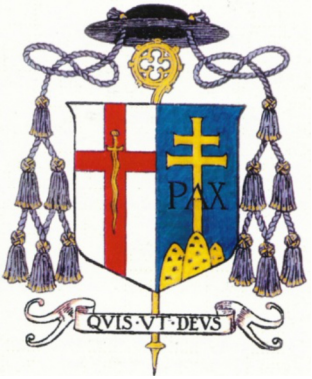
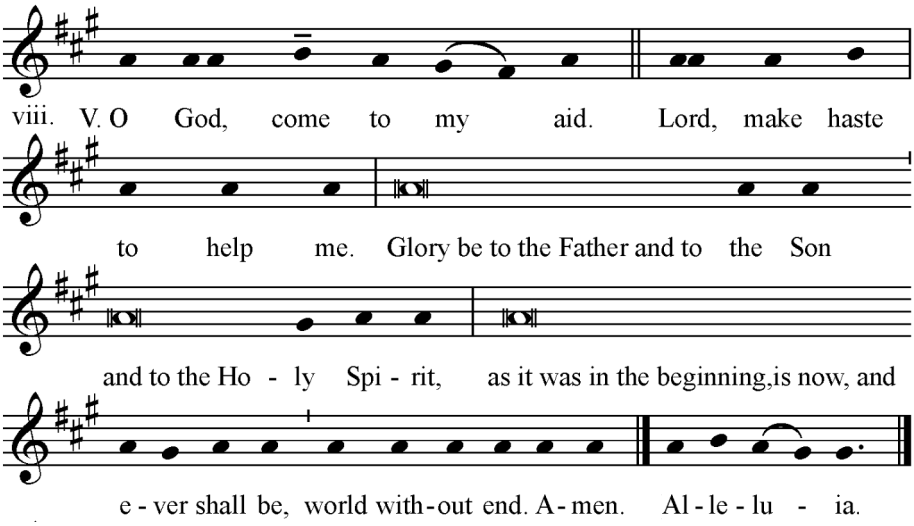
# BELMONT ABBEY




# OFFICE OF VESPERS
# THURSDAY WEEK 2
# ONE PASTOR

# ORDER FOR THE OFFICE OF VESPERS

## 1. Introduction

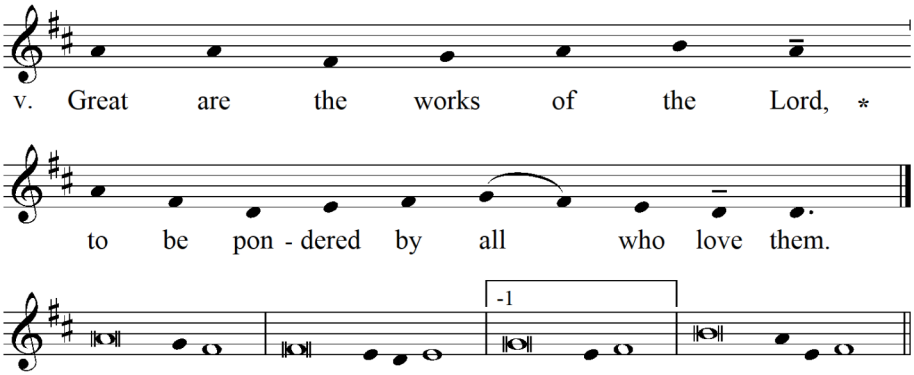



## 2. **Psalmody** - three Psalms and a NT Canticle with Antiphons

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

*Repeated after each Psalm and Canticle*

## THURSDAY WEEK 2




*Psalm 110*

I will thank the Lord with all my heart
in the meeting of the just and their assembly.
Great are the works of the Lord;
to be pondered by all who love them.

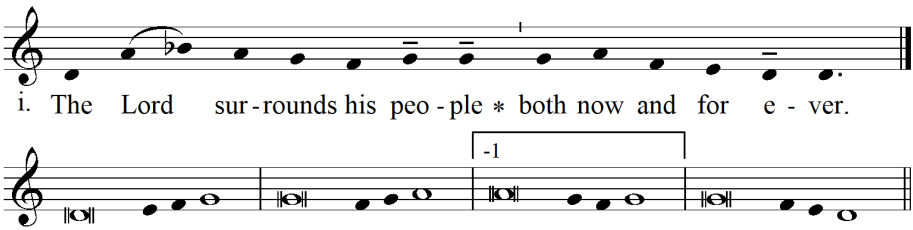
Majestic and glorious his work,
his justice stands firm for ever.
He makes us remember his wonders.
The Lord is compassion and love.

He gives food to those who fear him;
keeps his covenant ever in mind.
He has shown his might to his people
by giving them the lands of the nations.

His works are justice and truth:
his precepts are all of them sure,
standing firm for ever and ever:
they are made in uprightness and truth.

He has sent deliverance to his people
and established his covenant for ever.
Holy his name, to be feared.

To fear the Lord is the first stage of wisdom;
all who do so prove themselves wise.
His praise shall last for ever!



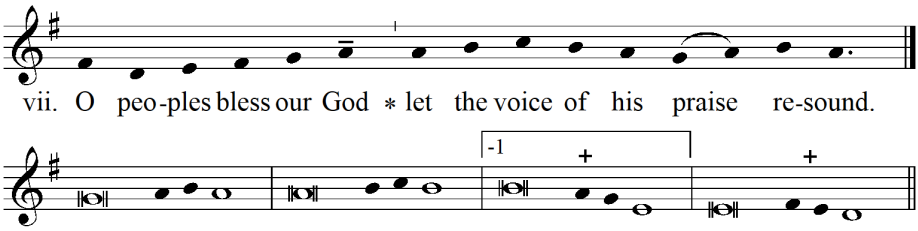

*Psalm 124*

Those who put their trust in the Lord
are like Mount Zion, that cannot be shaken,
that stands for ever.

Jerusalem! The mountains surround her,
so the Lord surrounds his people
both now and for ever.

For the sceptre of the wicked shall not rest
over the land of the just
for fear that the hands of the just
should turn to evil.

Do good, Lord, to those who are good,
to the upright of heart:
but the crooked and those who do evil, †
drive them away!
On Israel, peace!




*Psalm 65*

Cry out with joy to God all the earth,
O sing to the glory of his name.
O render him glorious praise.
Say to God: "How tremendous your deeds!

Because of the greatness of your strength
your enemies cringe before you.
Before you all the earth shall bow;
shall sing to you, sing to your name!"

Come and see the works of God,
tremendous his deeds among men.
He turned the sea into dry land,
they passed through the river dry-shod.

Let our joy then be in him;
he rules for ever by his might.
His eyes keep watch over the nations:
let rebels not rise against him.

O peoples, bless our God,
let the voice of his praise resound,
of the God who gave life to our souls
and kept our feet from stumbling.

For you, O God, have tested us,
you have tried us as silver is tried:
you led us, God, into the snare;
you laid a heavy burden on our backs.

You let men ride over our heads;
we went through fire and through water
but then you brought us relief.

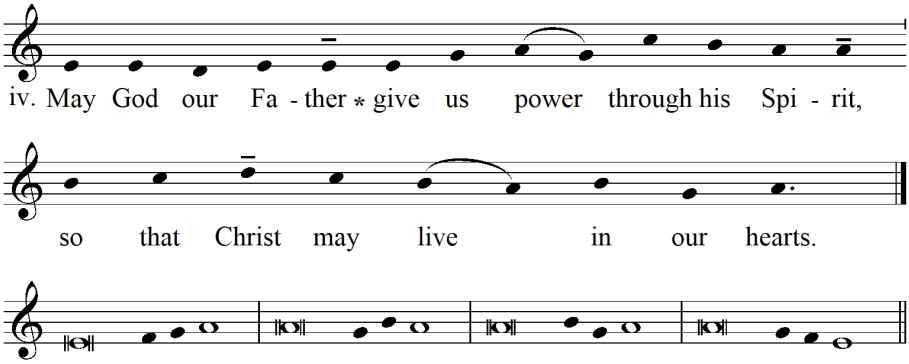
Burnt offering I bring to your house;
to you I will pay my vows,
the vows which my lips have uttered,
which my mouth spoke in my distress.

I will offer burnt offering of fatlings
with the smoke of burning rams.
I will offer bullocks and goats.

Come and hear, all who fear God.
I will tell what he did for my soul:
to him I cried aloud,
with high praise ready on my tongue.

If there had been evil in my heart,
the Lord would not have listened;
But truly God has listened;
he has heeded the voice of my prayer.

Blessed be God who did not reject my prayer
nor withhold his love from me.




*Canticle: Eph1:3-14 – God's plan of Salvation*

Blessed be the God and Father of Our Lord Jesus Christ,
who has blessed us with all the spiritual blessings of heaven in Christ
Before the world was made, he chose us, chose us in Christ,
to be holy and spotless and to live through love in his presence,

determining that we should become his adopted sons,
through Jesus Christ for his own kind purposes,
to make us praise the glory of his grace,
his free gift to us in the Beloved,

in whom, through his blood, we gain our freedom,
the forgiveness of our sins.
Such is the richness of the grace which he has showered on us
in all wisdom and insight.

He has let us know the mystery of his purpose, †
the hidden plan he so kindly made in Christ from the beginning
to act upon when the times had run their course to the end:
that he would bring everything together under Christ, as head,
everything in the heavens and everything on earth.

And it is in him that we were claimed as God's own,
chosen from the beginning,
under the predetermined plan of the one who guides all things
as he decides by his own will;

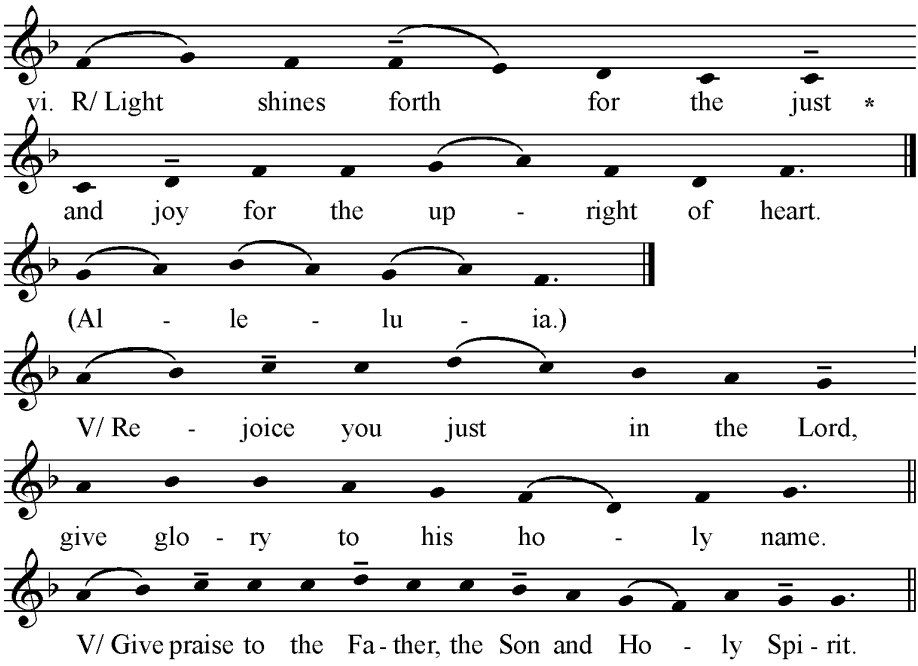
chosen to be for his greater glory,
the people who would put their hopes in Christ before he came.
Now you too, in him, have heard the message of the truth †
and the good news of your salvation,
and have believed it;

and you too have been stamped with the seal of the Holy Spirit of the Promise,
the pledge of our inheritance
which brings freedom for those whom God has taken for his own,
to make his glory praised.

## 3. Short Scripture Reading

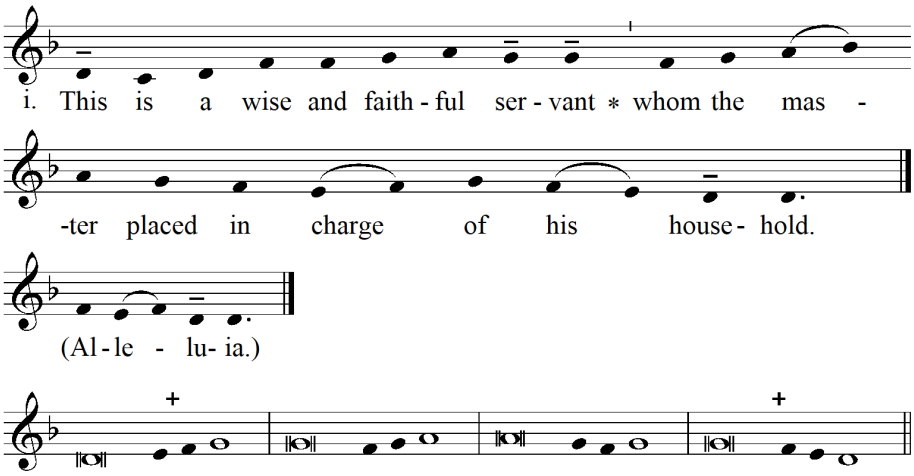
followed by a short silence and the Brief Respond

**BRIEF RESPOND**




## 4. HYMN as appointed

**5. Magnificat** with Proper Antiphon




*Luke 1:46-55*

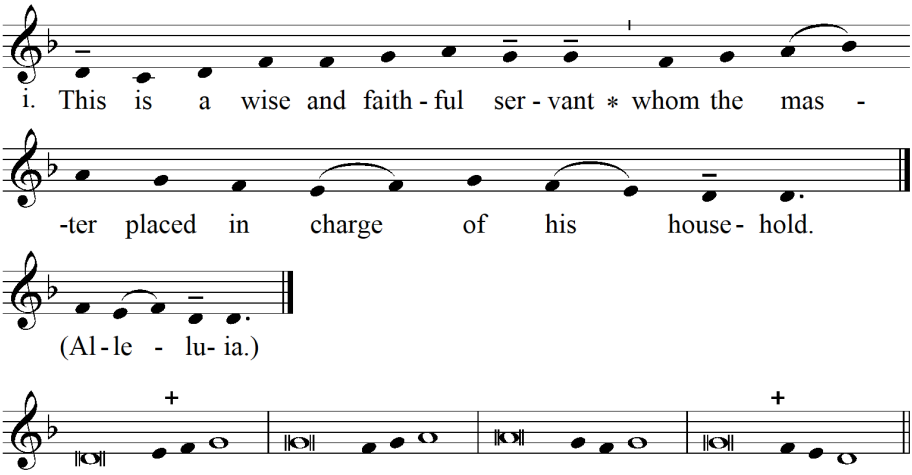
My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

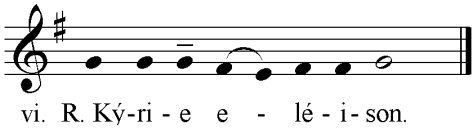
He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.
He fills the hungry with good things
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons forever.

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

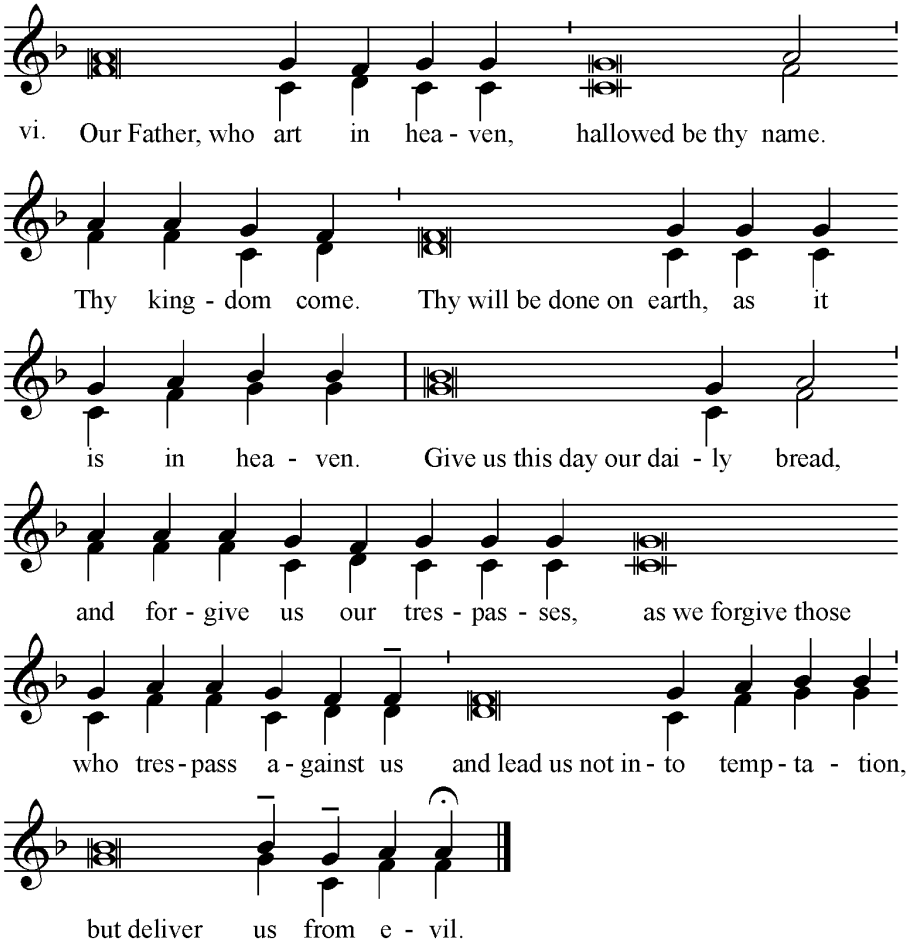



**6. Intercessions** with Kyrie Eleison



## 7. Silent Prayer

## 8. The Lord's Prayer

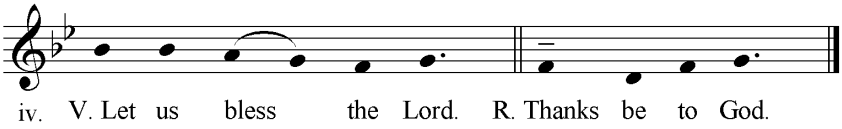



## 9. Collect

## 10. Blessing and Conclusion

The Lord be with you.
**And with your spirit.**

May almighty God bless you,
the Father, and the Son and the Holy Spirit.
**Amen.**




## 11. Antiphon of Our Lady (in Latin or English)

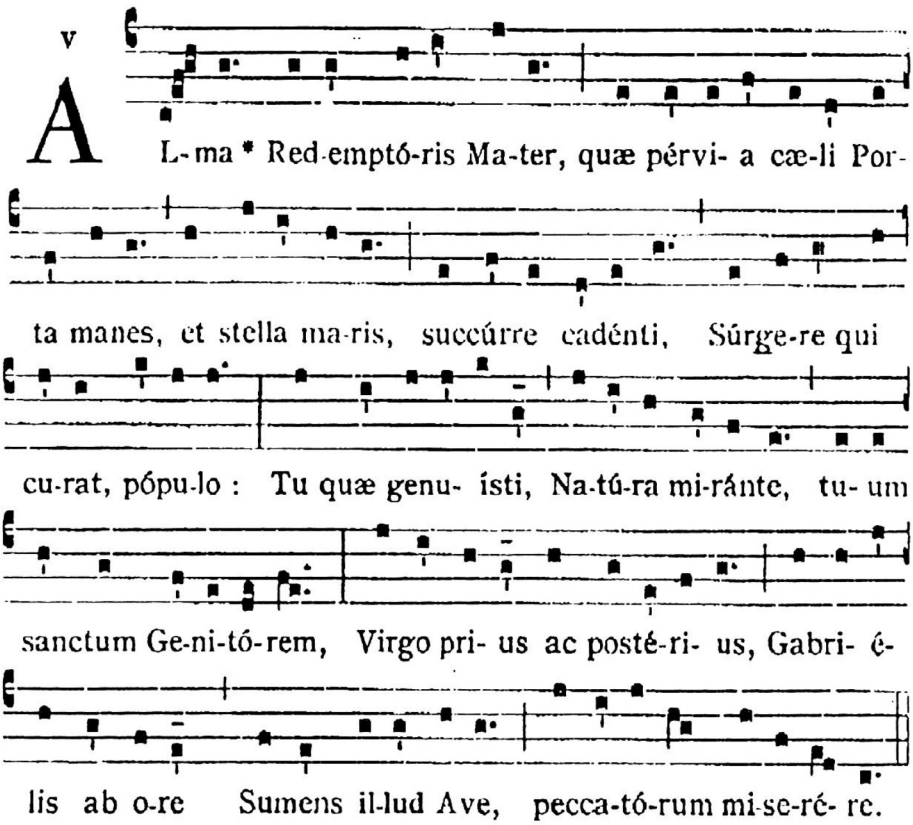
following Procession to the Lady Chapel

| Season | Latin | Page |
|---|---|---|
| Advent to Presentation | Alma Redemptoris Mater | P.13 |
| February 3rd to Maundy Thursday | Ave Regina Caelorum | P.14 |
| Pentecost to Advent | Salve Regina | P.15 |

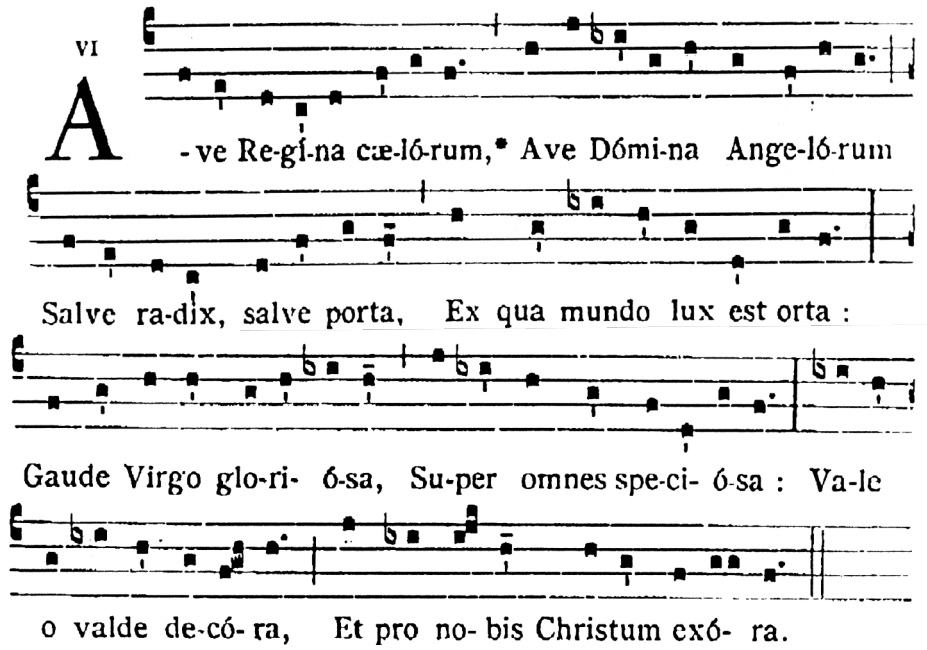
| Season | English | Page |
|---|---|---|
| Advent to Presentation | Mother of Christ | P.16 |
| February 3rd to Maundy Thursday | Hail Queen of Heaven | P.17 |
| Pentecost to Advent | Hail Holy Queen | P.18 |

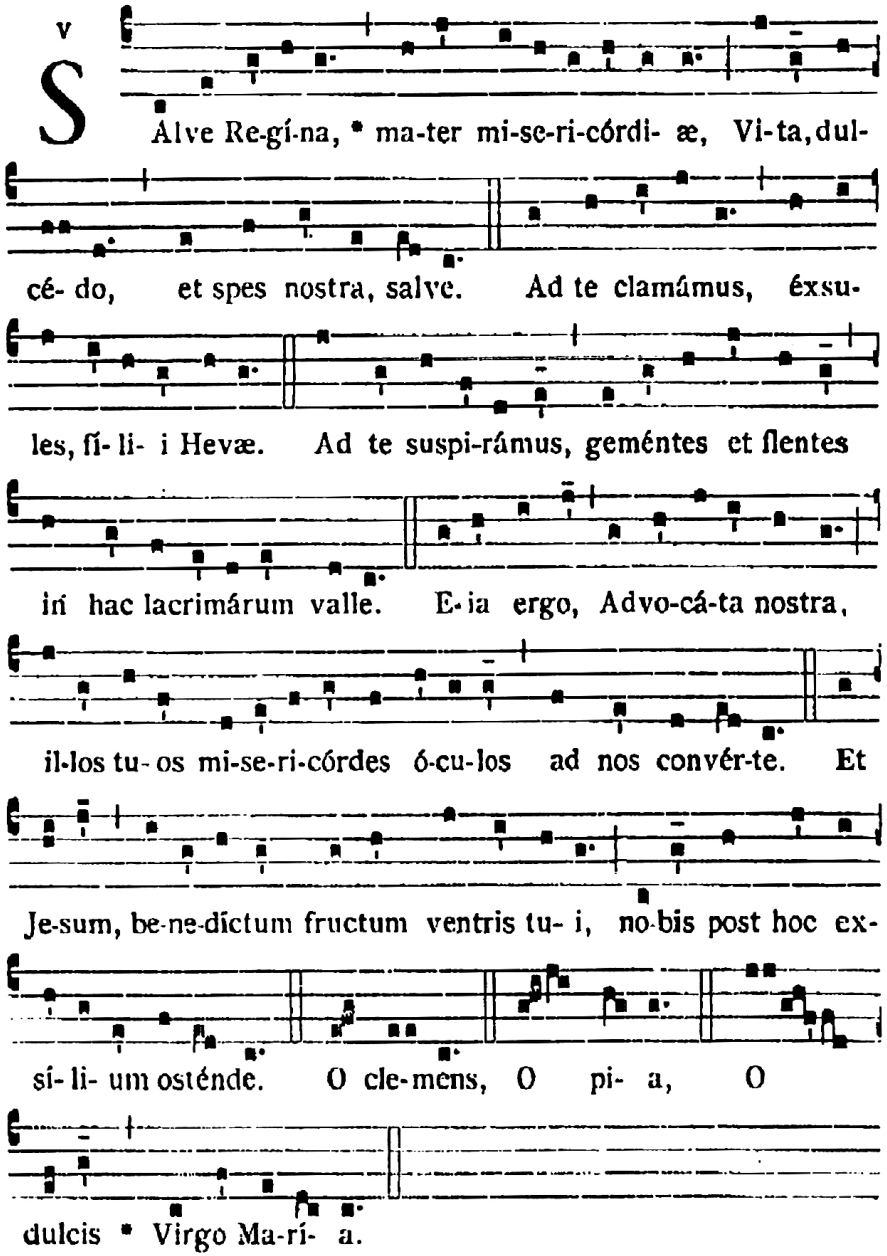
# SIMPLE ANTIPHONS TO OUR LADY

*Advent to Presentation*



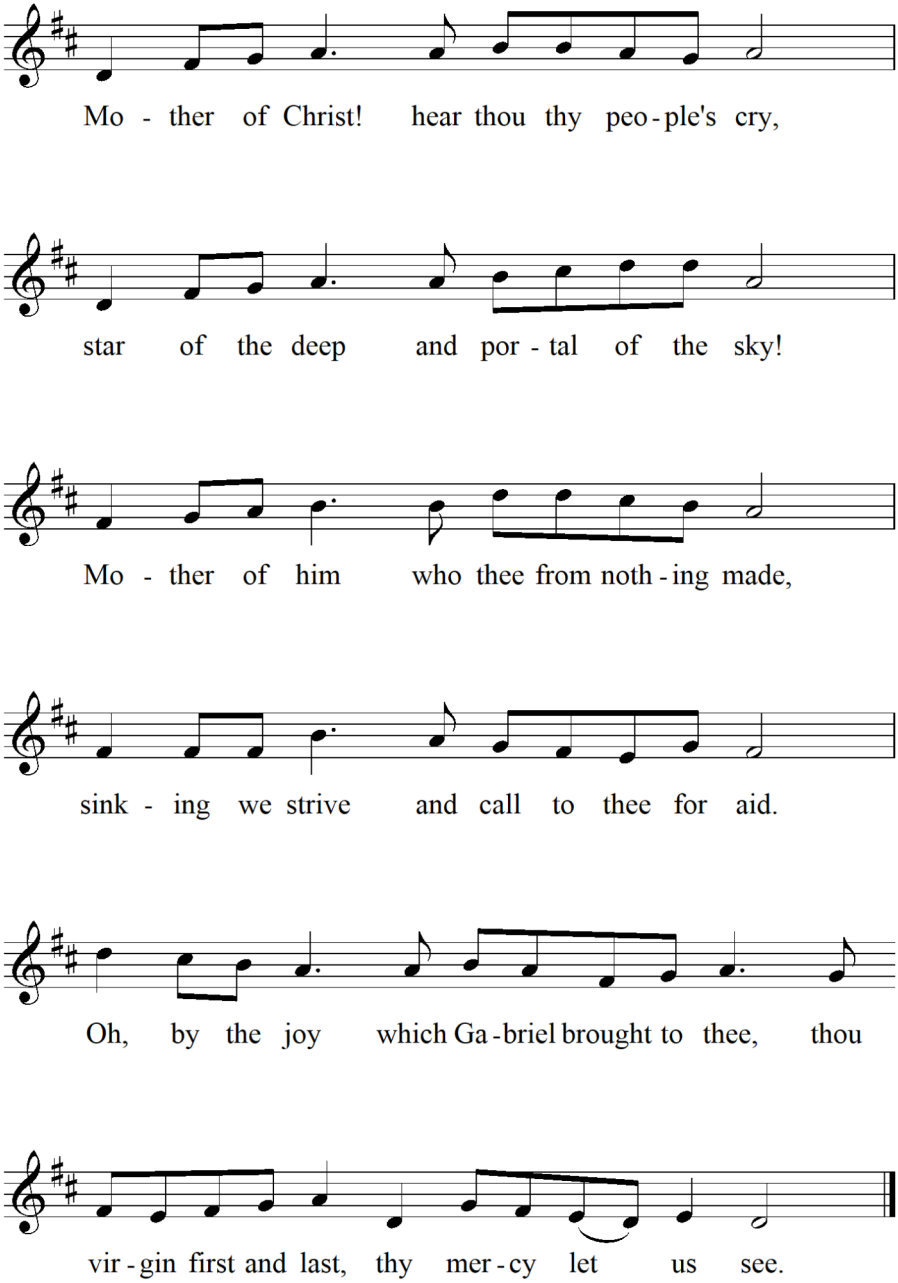
*February 3rd to Maundy Thursday*



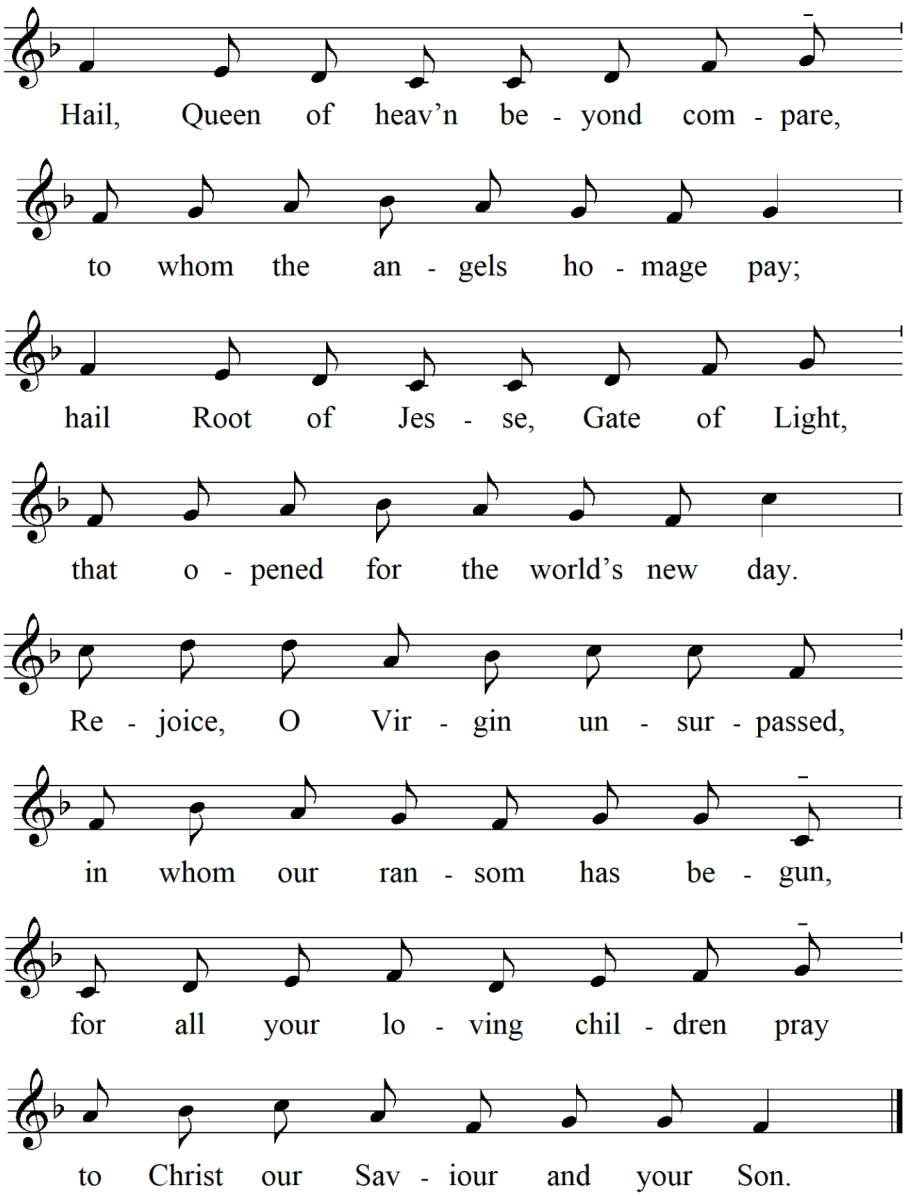

v
Álve Re-gí-na, * ma-ter mi-se-ri-córdi- æ, Vi-ta, dul-
cé- do, et spes nostra, salve. Ad te clamámus, éxsu-
les, fí- li- i Hevæ. Ad te suspi-rámus, geméntes et flentes
in hac lacrimárum valle. E-ia ergo, Advo-cá-ta nostra,
il-los tu-os mi-se-ri-córdes ó-cu-los ad nos convér-te. Et
Je-sum, be-ne-dictum fructum ventris tu- i, no-bis post hoc ex-
sí- li- um osténde. O cle-mens, O pi- a, O
dulcis * Virgo Ma-rí- a.

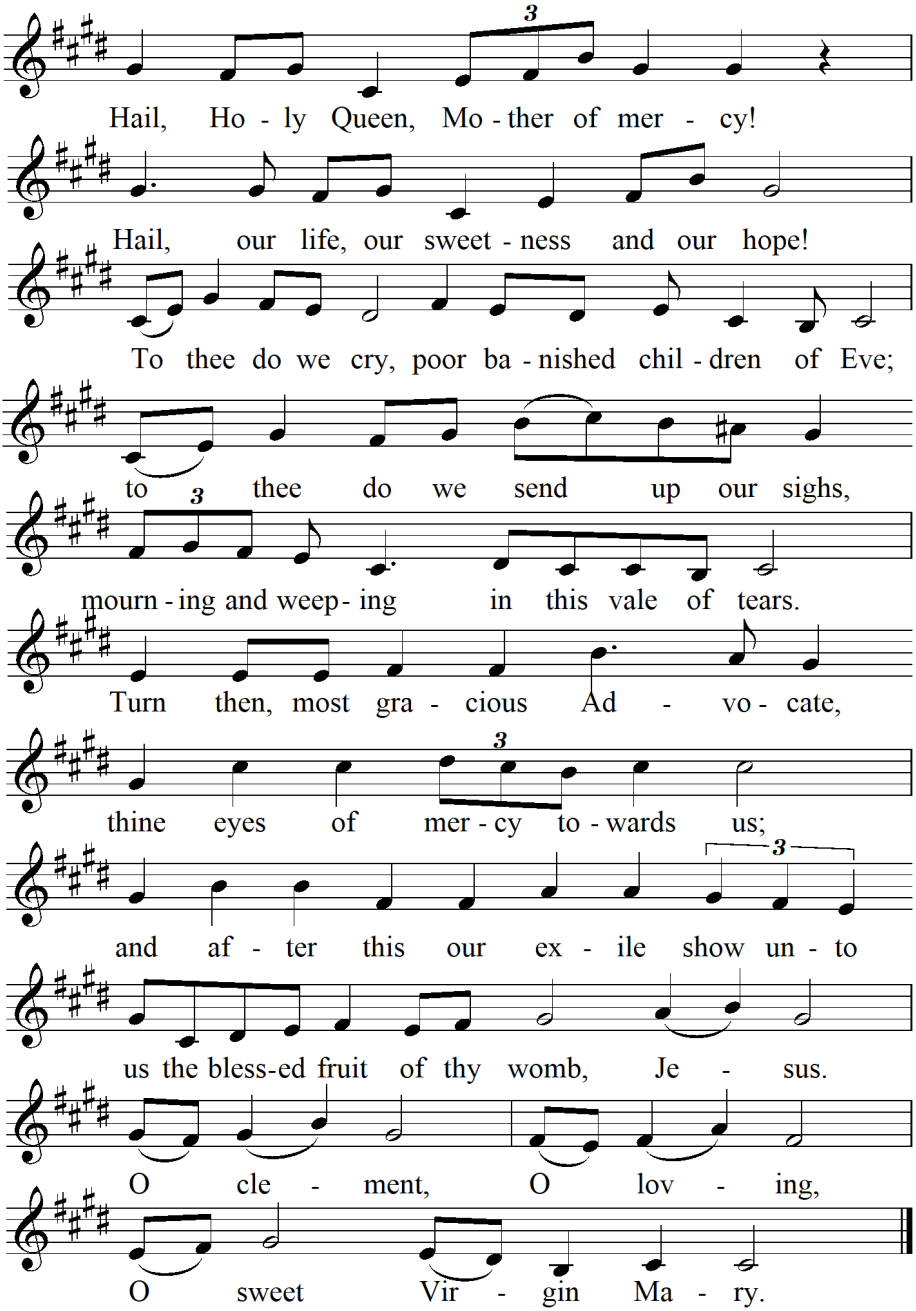
## English Antiphons to Our Lady

*Advent to Presentation*



*February 3rd to Maundy Thursday*




Hail, Ho - ly Queen, Mo - ther of mer - cy!
Hail, our life, our sweet - ness and our hope!
To thee do we cry, poor ba - nished chil - dren of Eve;
to thee do we send up our sighs,
mourn - ing and weep - ing in this vale of tears.
Turn then, most gra - cious Ad - vo - cate,
thine eyes of mer - cy to - wards us;
and af - ter this our ex - ile show un - to
us the bless-ed fruit of thy womb, Je - sus.
O cle - ment, O lov - ing,
O sweet Vir - gin Ma - ry.