


BELMONT ABBEY



OFFICE OF VESPERS MONDAY WEEK 1 VIRGIN MARTYR

ORDER FOR THE OFFICE OF VESPERS

1. Introduction



viii. V. O God, come to my aid. Lord, make haste
to help me. Glory be to the Father and to the Son
and to the Ho - ly Spi - rit, as it was in the beginning, is now, and
e - ver shall be, world with-out end. A - men. Al - le - lu - ia.

2. Psalmody - three Psalms and a NT Canticle with Antiphons

Glory be to the Father, and to the Son,
and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Repeated after each Psalm and Canticle

MONDAY WEEK 1

viii. His sons will be po - wer - ful on earth *

the chil - dren of the up - right are bless - ed.

-1

Psalm 111

Happy the man who fears the Lord,
who takes delight in all his commands.
His sons will be powerful on earth;
the children of the upright are blessed.

Riches and wealth are in his house;
his justice stands firm for ever.
He is a light in the darkness for the upright:
he is generous, merciful and just.

The good man takes pity and lends,
he conducts his affairs with honour.
The just man will never waver:
he will be remembered for ever.

He has no fear of evil news;
with a firm heart he trusts in the Lord.
With a steadfast heart he will not fear;
he will see the downfall of his foes.

Open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory.

The wicked man sees and is angry,
grinds his teeth and fades away;
the desire of the wicked leads to doom.

v. How great is your name, O
Lord our God, * through all the earth.

Psalm 8

Your majesty is praised above the heavens;
on the lips of children and of babes
you have found praise to foil your enemy,
to silence the foe and the rebel.

When I see the heavens, the work of your hands,
the moon and the stars which you arranged,
what is man that you should keep him in mind,
mortal man that you care for him?

Yet you have made him little less than a god;
with glory and honour you crowned him,
gave him power over the works of your hand,
put all things under his feet.

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters.

The image shows three staves of musical notation in G major (one sharp). The first staff contains the lyrics "vii. Yours is an everlasting kingdom *". The second staff contains "your rule lasts from age to age.". The third staff contains musical notation with a box over the first two measures containing "-1" and a "+" sign, and another "+" sign over the third measure.

Psalm 144

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever.
The Lord is great, highly to be praised,
his greatness cannot be measured.

Age to age shall proclaim your works,
shall declare your mighty deeds,
shall speak of your splendour and glory,
tell the tale of your wonderful works.

They will speak of your terrible deeds,
recount your greatness and might.
They will recall your abundant goodness;
age to age shall ring out your justice.

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures.

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God,

to make known to men your mighty deeds
and the glorious splendour of your reign.
Yours is an everlasting kingdom;
your rule lasts from age to age.

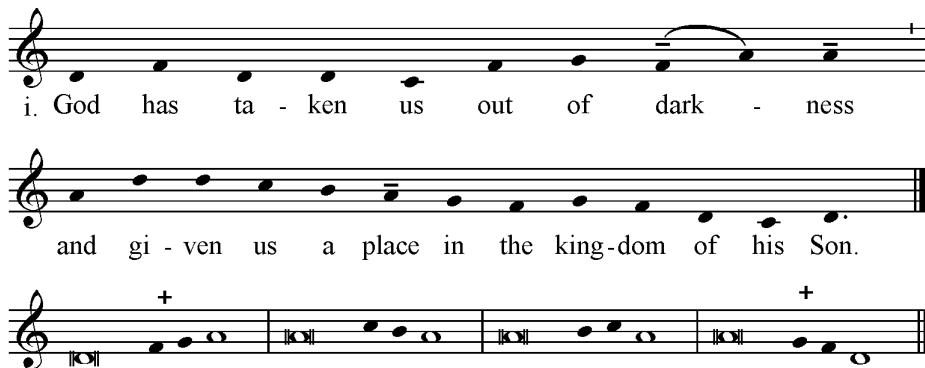
The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down.

The eyes of all creatures look to you
and you give them their food in due time.
You open wide your hand,
grant the desires of all who live.

The Lord is just in all his ways
and loving in all his deeds.
He is close to all who call him,
who call on him from their hearts.

He grants the desires of those who fear him,
he hears their cry and he saves them.
The Lord protects all who love him;
but the wicked he will utterly destroy

Let me speak the praise of the Lord,
let all mankind bless his holy name
for ever, for ages unending.



Canticle: Col 1:15-20 - Christ, the First Born

He is the image of the unseen God
and the first-born of all creation;
for in him were created
all things in heaven and on earth:

everything visible and everything invisible,
Thrones, Dominations, Sovereignties, Powers;
all things were created
through him and for him.

Before anything was created he existed,
and he holds all things in unity.
Now the Church is his body,
he is its head.

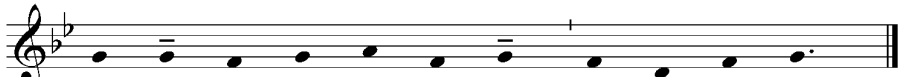
As he is the beginning, †
he was first to be born from the dead,
so that he should be first in every way;
because God wanted all perfection
to be found in him,

and all things to be reconciled through him and for him,
everything in heaven and everything on earth,
when he made peace
by his death on the cross.

3. Short Scripture Reading

followed by a short silence and the Brief Respond

BRIEF RESPOND



iv. R/ Re-joyce, re - joice in the Lord * ex - ult you just.



(Al - le - lu - ia.)



V/ O come, ring out your joy all you up - right of heart.



V/ Glo - ry be to the Fa - ther and to



the Son and to the Ho - ly Spi - rit.

4. HYMN as appointed

5. Magnificat with Proper Antiphon

Virgin Martyrs

viii. The sufferings of this present time *
are not worth comparing with the glory
that is to be revealed in us. (Alleluia.)

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Luke 1:46-55

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.
He fills the hungry with good things
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons forever.

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and
ever shall be,
world without end. Amen.

6. Intercessions with Kyrie Eleison



vi. R. Ký-ri - e e - lé - i - son.

7. Silent Prayer

8. The Lord's Prayer

vi. Our Father, who art in hea - ven, hal - lowed be thy name.

Thy king - dom come. Thy will be done on earth, as it

is in hea - ven. Give us this day our dai - ly bread,

and for - give us our tres - pas - ses, as we for - give those

who tres - pass a - gainst us and lead us not in - to temp - ta - tion,

but deliver us from e - vil.

9. Collect

10. Blessing and Conclusion

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son and the Holy Spirit.
Amen.



iv. V. Let us bless the Lord. R. Thanks be to God.

11. Antiphon of Our Lady (in Latin or English)

following Procession to the Lady Chapel

Season	Latin	Page
Advent to Presentation	Alma Redemptoris Mater	P.13
February 3rd to Maundy Thursday	Ave Regina Caelorum	P.14
Pentecost to Advent	Salve Regina	P.15
Season	English	Page
Advent to Presentation	Mother of Christ	P.16
February 3rd to Maundy Thursday	Hail Queen of Heaven	P.17
Pentecost to Advent	Hail Holy Queen	P.18

SIMPLE ANTIPHONS TO OUR LADY

Advent to Presentation

v

A L-ma * Red-emptó-ris Ma-ter, quæ pérvia cæ-li Por-
ta manes, et stella ma-ris, succúrre cadé-nti, Súrge-re qui
cu-rat, pópu-lo : Tu quæ genu-ísti, Na-tú-ra mi-ránte, tu-um
sanctum Ge-ni-tó-rem, Virgo pri-us ac posté-ri-us, Gabri-é-
lis ab o-re Sumens il-lud Ave, pecca-tó-rum mi-se-ré-re.

February 3rd to Maundy Thursday

VI

A

-ve Re-gí-na cæ-ló-rum,* Ave Dómi-na Ange-ló-rum

Salve ra-dix, salve porta, Ex qua mundo lux est orta :

Gaude Virgo glo-ri- ó-sa, Su-per omnes spe-ci- ó-sa : Va-le

o valde de-có-ra, Et pro no-bis Christum exó-ra.

Pentecost to Advent

v
S Alve Re-gí-na, * ma-ter mi-se-ri-córdi-æ, Vi-ta, dul-
cé-do, et spes nostra, salve. Ad te clamá-mus, éxsu-
les, fí-li-i Hevæ. Ad te suspi-rá-mus, geméntes et flentes
in hac lacrimárum valle. E-ia ergo, Advo-cá-ta nostra,
il-los tu-os mi-se-ri-córdes ó-cu-los ad nos convér-te. Et
Je-sum, be-ne-díctum fructum ventris tu-i, no-bis post hoc ex-
sí-li-um osténde. O cle-mens, O pi-a, O
dulcis * Virgo Ma-rí-a.

ENGLISH ANTIPHONS TO OUR LADY

Advent to Presentation



Mo - ther of Christ! hear thou thy peo-ple's cry,



star of the deep and por - tal of the sky!



Mo - ther of him who thee from noth - ing made,



sink - ing we strive and call to thee for aid.

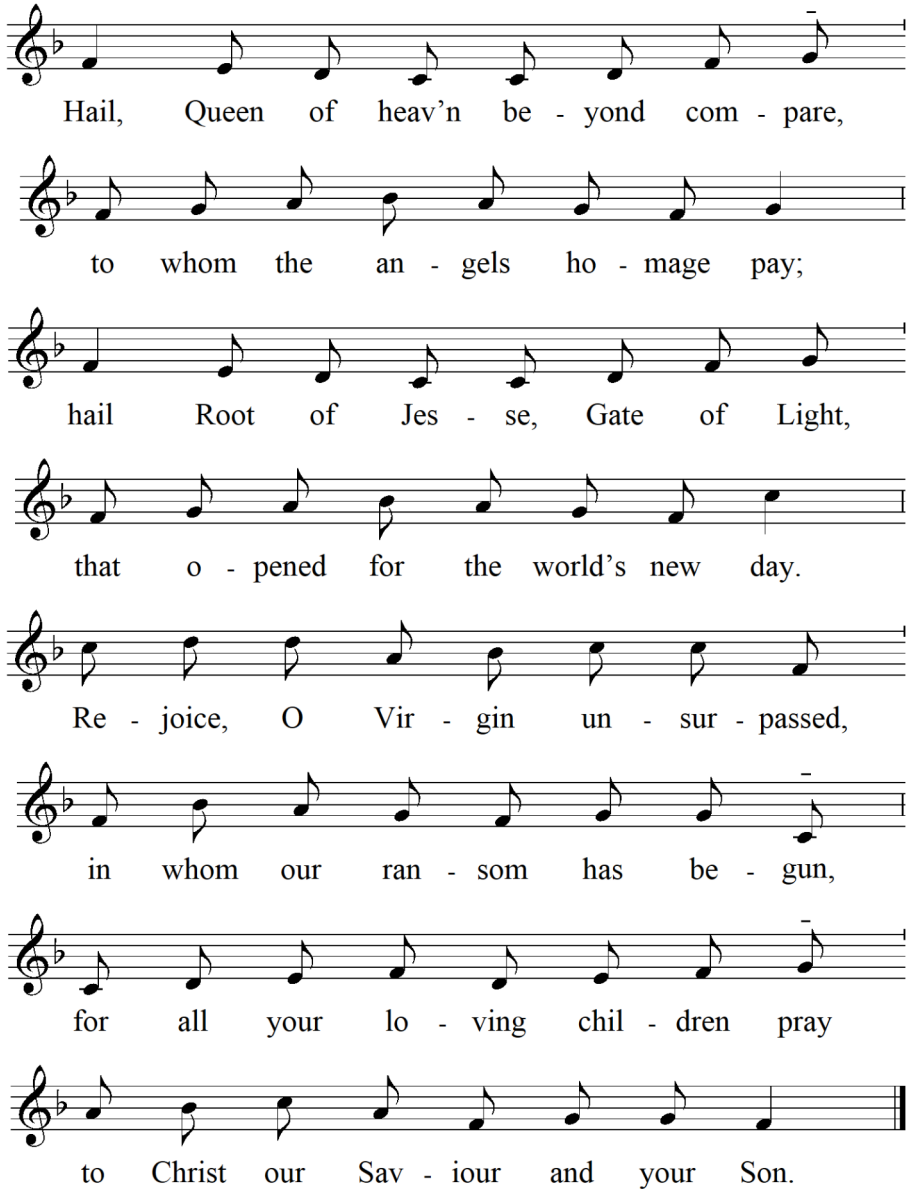


Oh, by the joy which Ga-briel brought to thee, thou



vir - gin first and last, thy mer - cy let us see.

February 3rd to Maundy Thursday



Hail, Queen of heav'n be - yond com - pare,
to whom the an - gels ho - mage pay;
hail Root of Jes - se, Gate of Light,
that o - pened for the world's new day.
Re - joice, O Vir - gin un - sur - passed,
in whom our ran - som has be - gun,
for all your lo - ving chil - dren pray
to Christ our Sav - iour and your Son.

Pentecost to Advent

Hail, Ho - ly Queen, Mo - ther of mer - cy!

Hail, our life, our sweet - ness and our hope!

To thee do we cry, poor ba - nished chil - dren of Eve;

to thee do we send up our sighs,
mourn - ing and weep - ing in this vale of tears.

Turn then, most gra - cious Ad - vo - cate,
thine eyes of mer - cy to - wards us;

and af - ter this our ex - ile show un - to
us the bless - ed fruit of thy womb, Je - sus.

O cle - ment, O lov - ing,
O sweet Vir - gin Ma - ry.