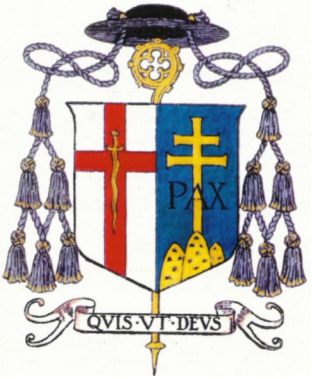
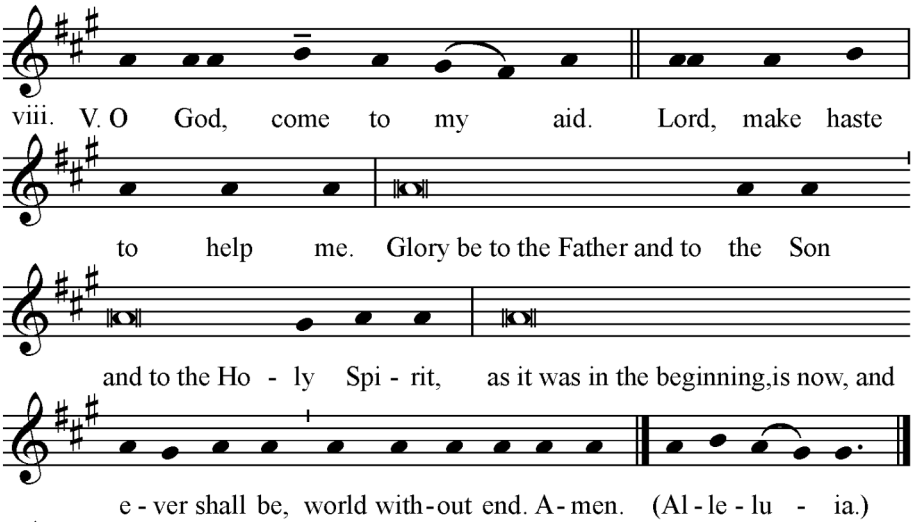
BELMONT ABBEY



OFFICE OF VESPERS
FESTAL PSALMS
MONKS & NUNS

ORDER FOR THE OFFICE OF VESPERS

1. Introduction



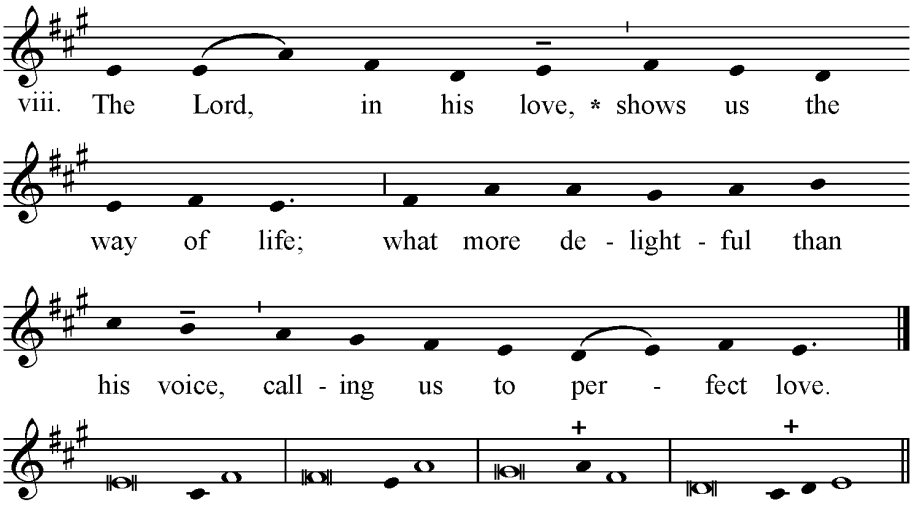
2. **Psalmody** - three Psalms and a NT Canticle with Antiphons

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Repeated after each Psalm and Canticle

MONKS AND NUNS

including Abbots and Abbesses
with Festal Psalms



Psalm 110

Alleluia!
I will thank the Lord with all my heart
in the meeting of the just and their assembly.
Great are the works of the Lord;
to be pondered by all who love them.

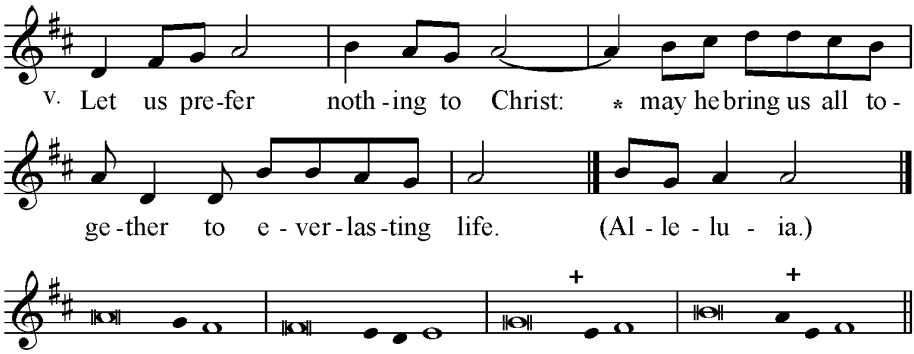
Majestic and glorious his work,
his justice stands firm for ever.
He makes us remember his wonders.
The Lord is compassion and love.

He gives food to those who fear him;
keeps his covenant ever in mind.
He has shown his might to his people
by giving them the lands of the nations.

His works are justice and truth:
his precepts are all of them sure,
standing firm for ever and ever:
they are made in uprightness and truth.

He has sent deliverance to his people
and established his covenant for ever.
Holy his name, to be feared.

To fear the Lord is the first stage of wisdom;
all who do so prove themselves wise.
His praise shall last for ever!



Psalm 33

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.
Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children and hear me
that I may teach you the fear of the Lord.
Who is he who longs for life
and many days, to enjoy his prosperity?

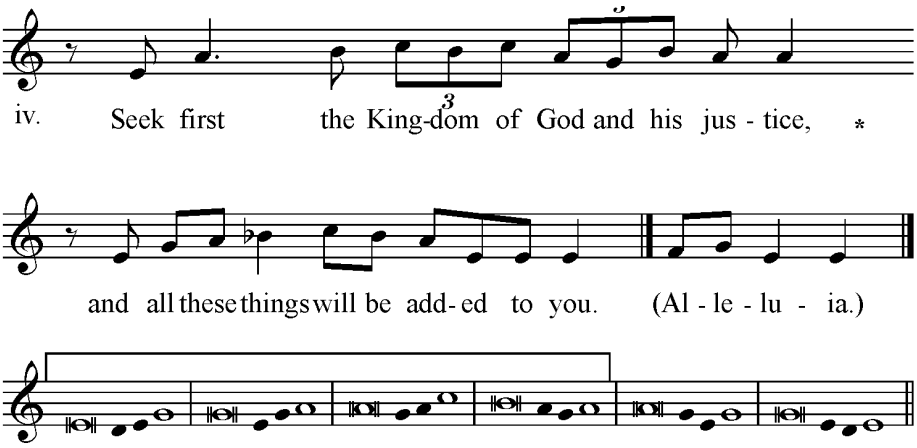
Then keep your tongue from evil
and your lips from speaking deceit.
Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.
The Lord turns his eyes to the just
and his ears to their appeal.

They call and the Lord hears
and rescues them in all their distress.
The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just man
but from them all the Lord will rescue him.
He will keep guard over all his bones,
not one of his bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.
The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

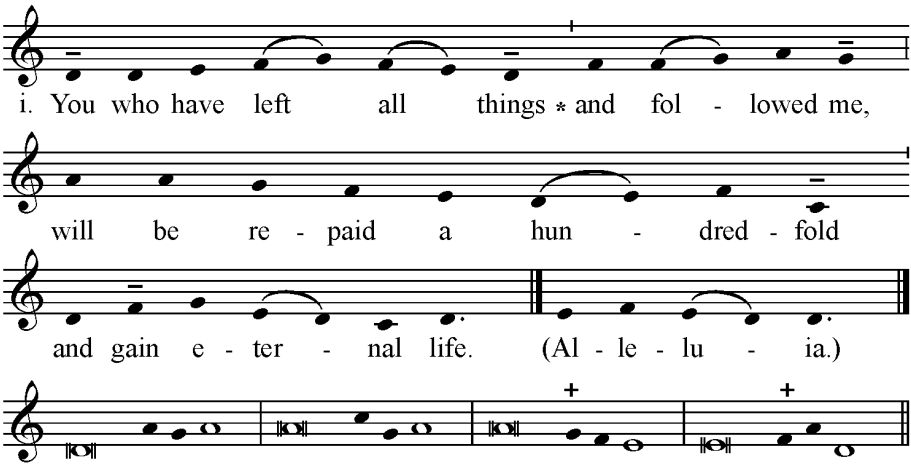


Psalm 112

Alleluia!
Praise, O servants of the Lord,
praise the name of the Lord!
May the name of the Lord be blessed
both now and for evermore!
From the rising of the sun to its setting
praised be the name of the Lord!

High above all nations is the Lord,
above the heavens his glory.
Who is like the Lord, our God,
who has risen on high to his throne
yet stoops from the heights to look down,
to look down upon heaven and earth?

From the dust he lifts up the lowly,
from the dungheap he raises the poor
to set him in the company of princes,
yes, with the princes of his people.
To the childless wife he gives a home
and gladdens her heart with children.



Canticle: 1 Corinthians 13: 1-7

If I speak in the tongues of men and of angels, but have not love,
I am a noisy gong or a clanging cymbal.
And if I have prophetic powers,
and understand all mysteries and all knowledge,

and if I have all faith, so as to move mountains,
but have not love, I am nothing.
If I give away all I have, and if I deliver my body to be burned[2]
but have not love, I gain nothing.

Love is patient and kind; love is not jealous or boastful;
it is not arrogant or rude.
Love does not insist on its own way; †
it is not irritable or resentful;
it does not rejoice at wrong, but rejoices in the right.

Love bears all things, believes all things,
hopes all things, endures all things.
Love never ends; †
as for prophecies, they will pass away;
as for tongues, they will cease; †
as for knowledge, it will pass away.

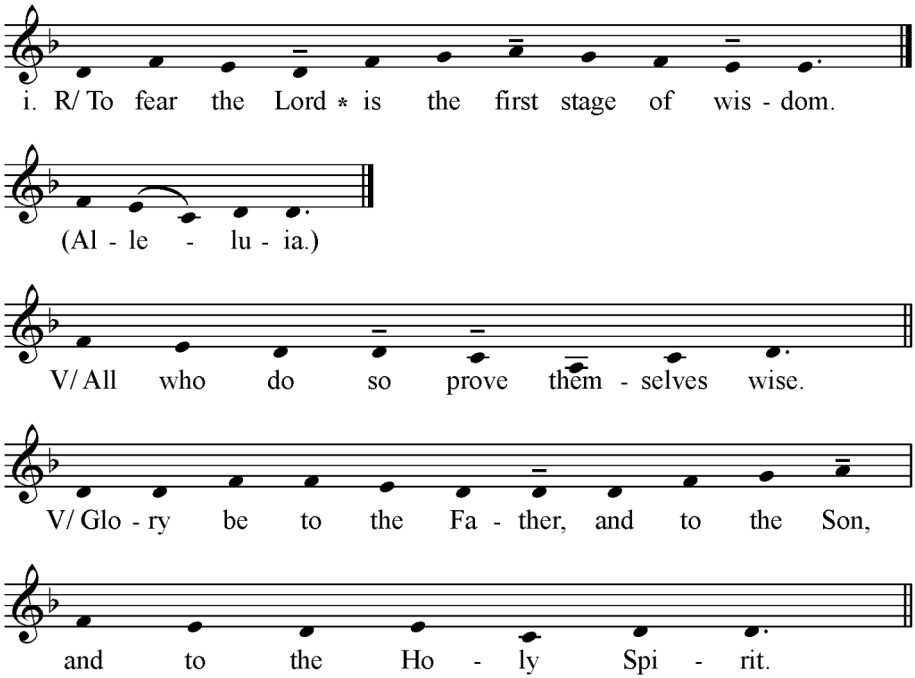
For our knowledge is imperfect and our prophecy is imperfect;
but when the perfect comes, the imperfect will pass away.
When I was a child, I spoke like a child, †
I thought like a child, I reasoned like a child;
when I became a man, I gave up childish ways.

For now we see in a mirror dimly, but then face to face.
Now I know in part; then I shall understand fully, †
even as I have been fully understood.
So faith, hope, love abide, these three;
but the greatest of these is love.

3. Short Scripture Reading

followed by a short silence and the Brief Respond

BRIEF RESPOND

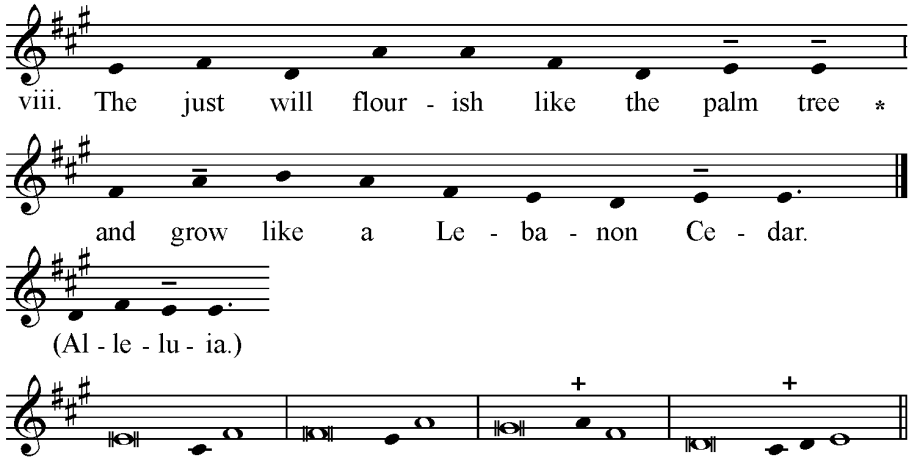


4. HYMN as appointed

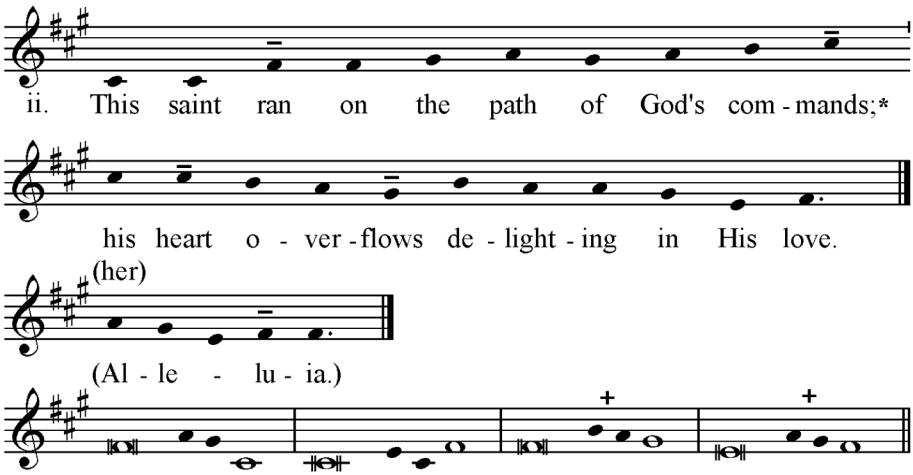
5. Magnificat with Proper Antiphon

MAGNIFICAT

One Monk or Nun 1



One Monk or Nun 2



Luke 1:46-55

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.
He fills the hungry with good things
sends the rich away empty.
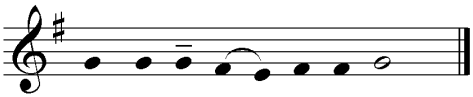
He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons forever.

Antiphon
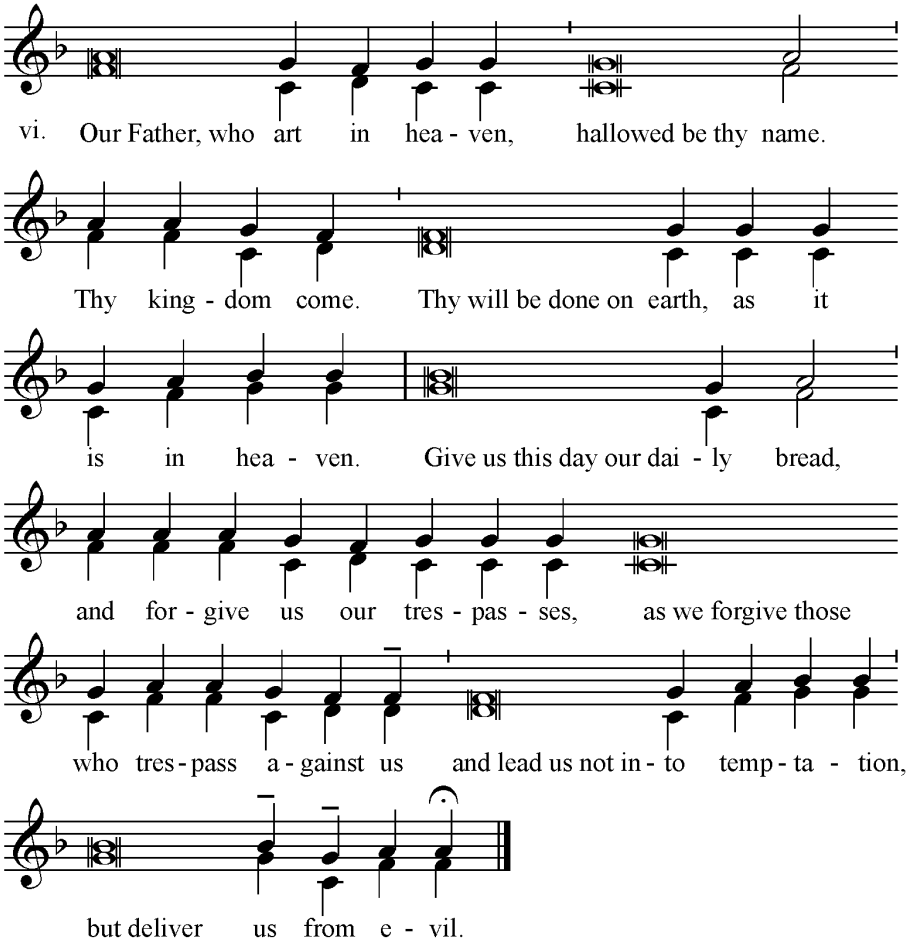
Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon

6. **Intercessions** with Kyrie Eleison



7. The Lord's Prayer

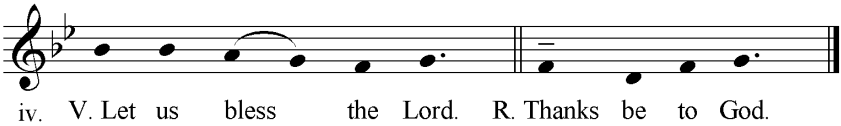


8. Collect

9. Blessing and Conclusion

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son and the Holy Spirit.
Amen.



11. Antiphon of Our Lady (in Latin or English)

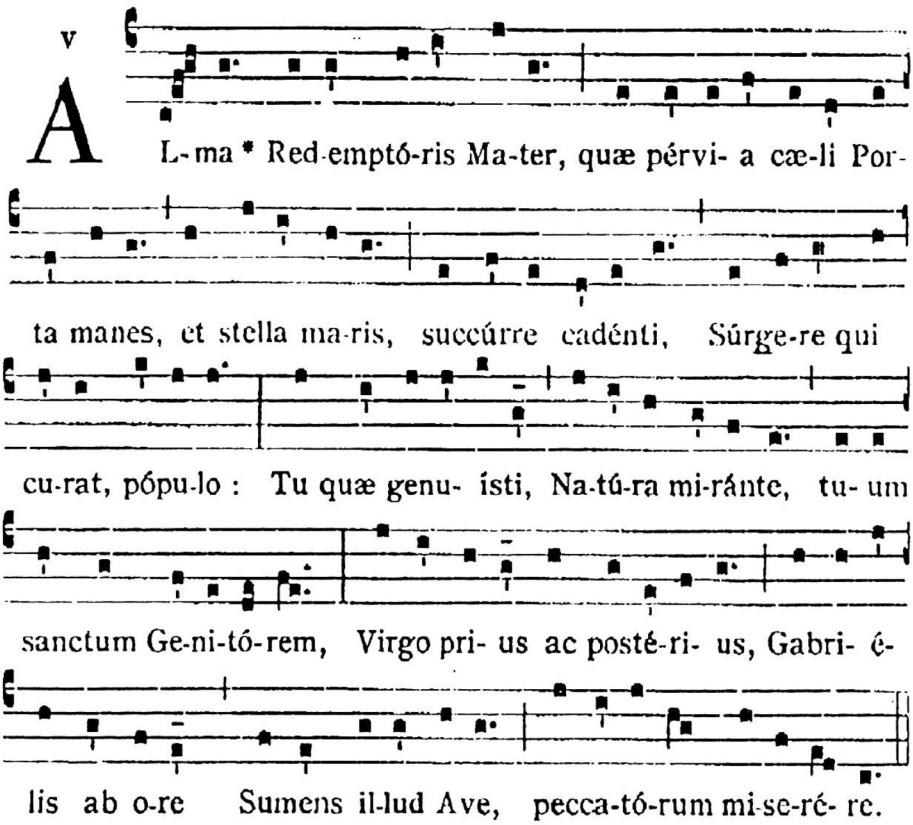
following Procession to the Lady Chapel

Season	Latin	Page
Advent to Presentation	Alma Redemptoris Mater	P.14
February 3rd to Maundy Thursday	Ave Regina Caelorum	P.15
Easter to Pentecost	Regina Caeli	P.15
Pentecost to Advent	Salve Regina	P.16
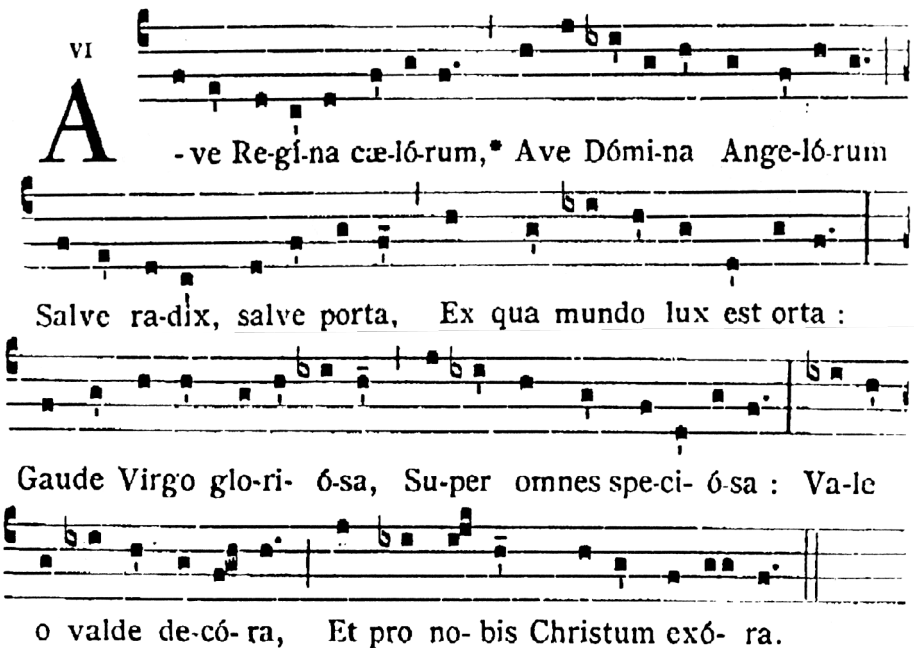
Season	English	Page
Advent to Presentation	Mother of Christ	P.17
February 3rd to Maundy Thursday	Hail Queen of Heaven	P.18
Easter to Pentecost	All Joy is Yours	P.19
Pentecost to Advent	Hail Holy Queen	P.20

SIMPLE ANTIPHONS TO OUR LADY
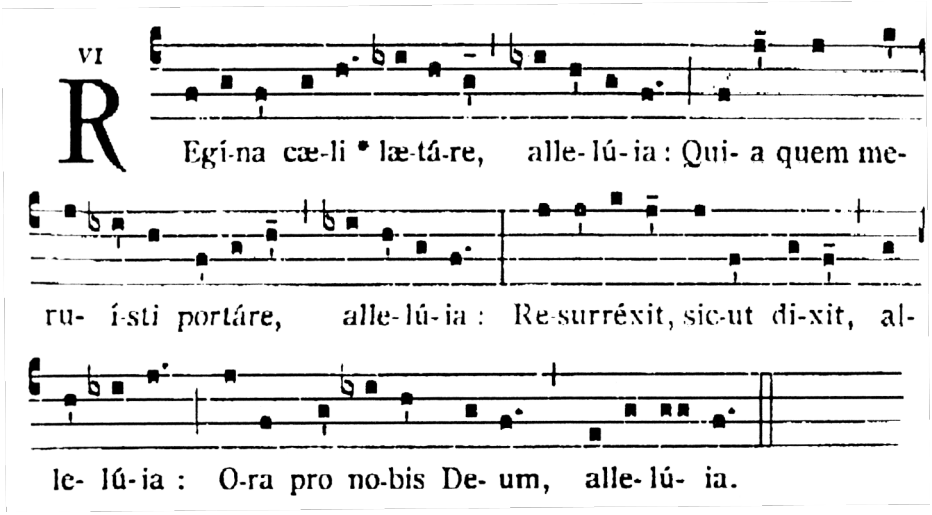
Advent to Presentation
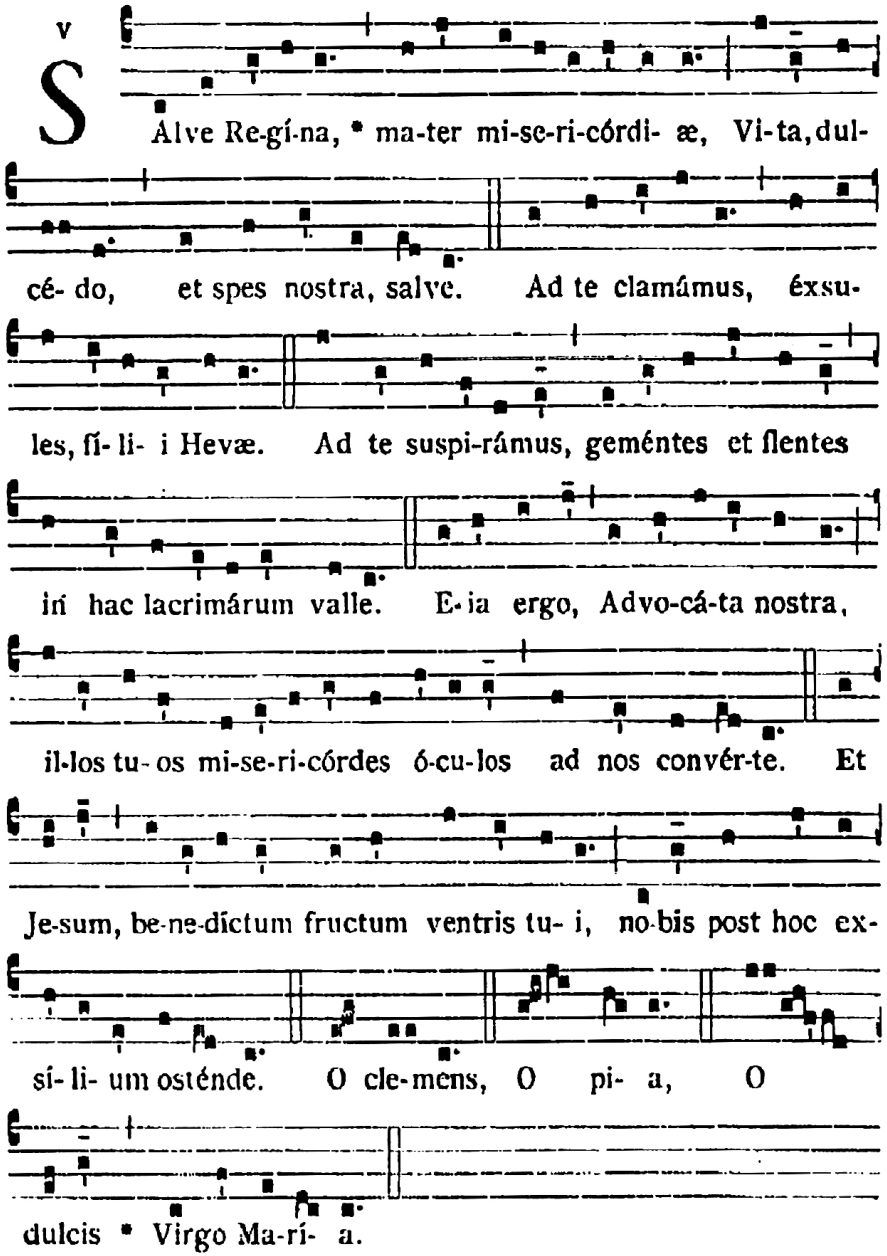


February 3rd to Maundy Thursday



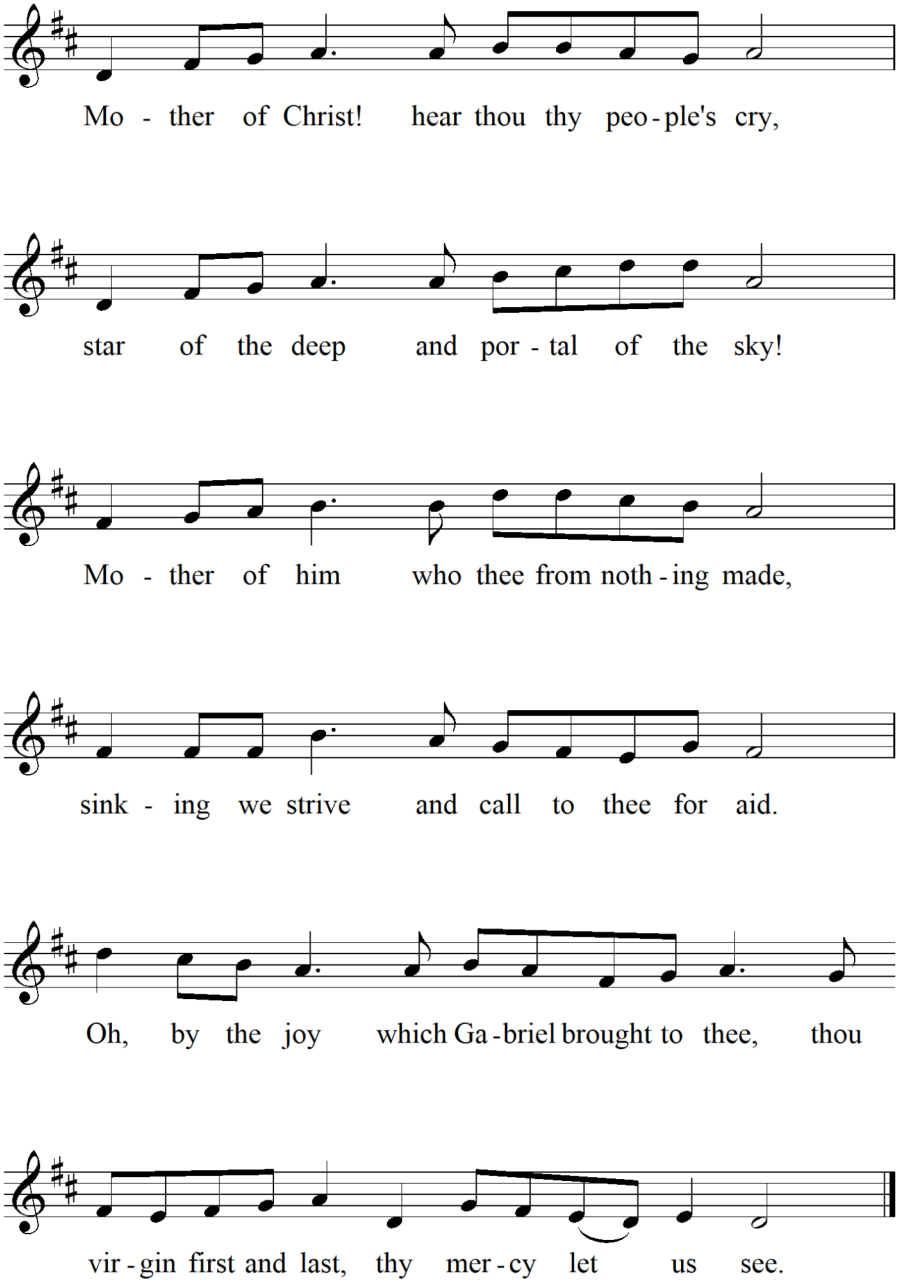
Easter to Pentecost



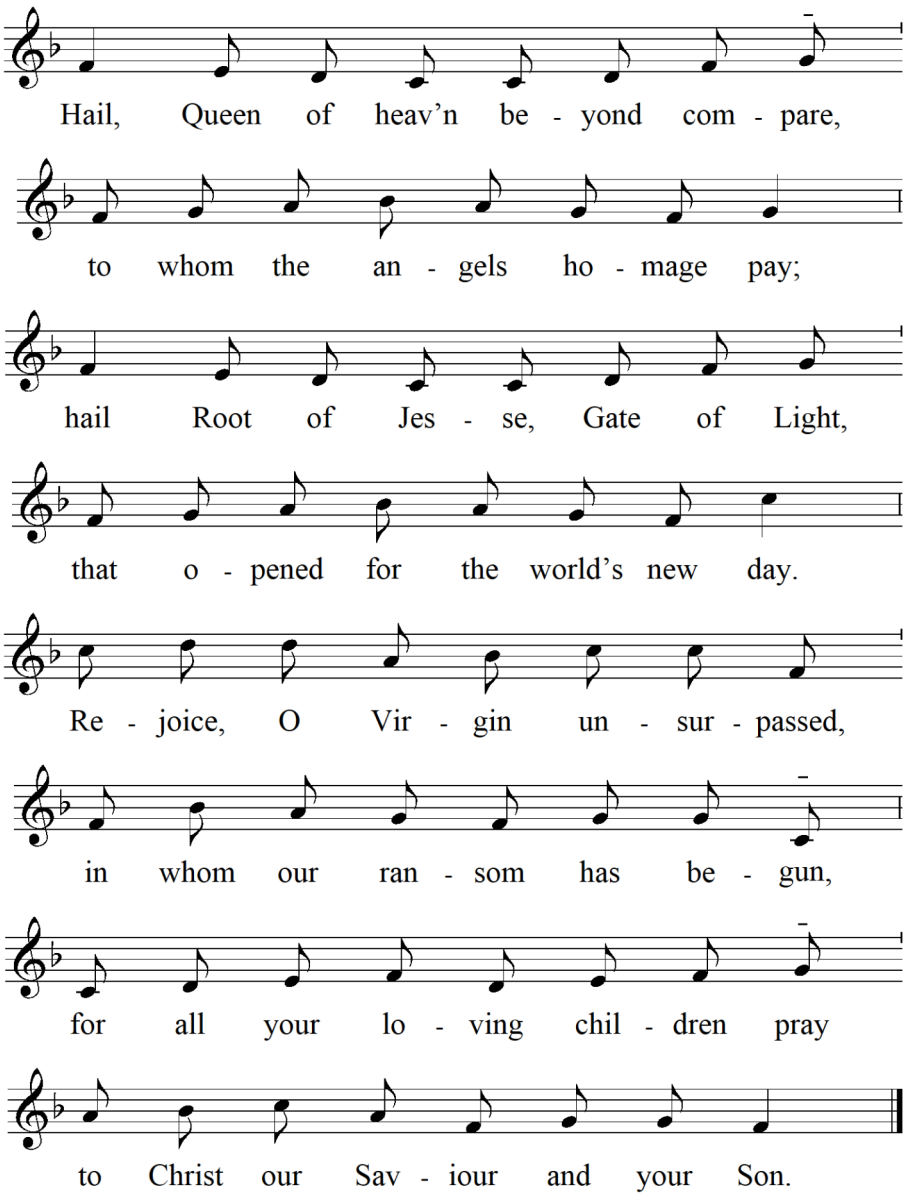

v
S
Álve Re-gí-na, * ma-ter mi-se-ri-córdi- æ, Vi-ta, dul-
cé- do, et spes nostra, salve. Ad te clamámus, éxsu-
les, fí- li- i Hevæ. Ad te suspi-rámus, geméntes et flentes
in hac lacrimárum valle. E-ia ergo, Advo-cá-ta nostra,
il-los tu-os mi-se-ri-córdes ó-cu-los ad nos convér-te. Et
Je-sum, be-ne-dictum fructum ventris tu- i, no-bis post hoc ex-
sí- li- um osténde. O cle-mens, O pi- a, O
dulcis * Virgo Ma-rí- a.
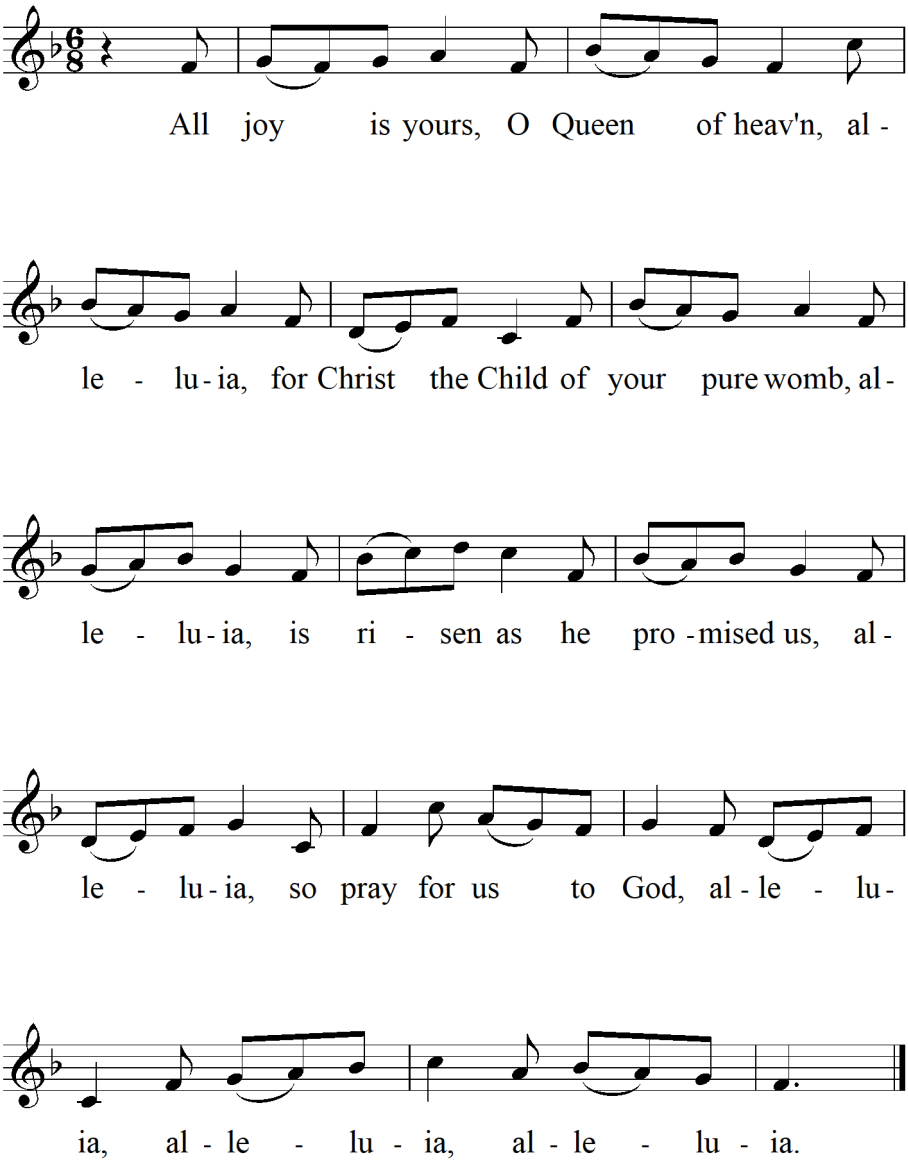
ENGLISH ANTIPHONS TO OUR LADY
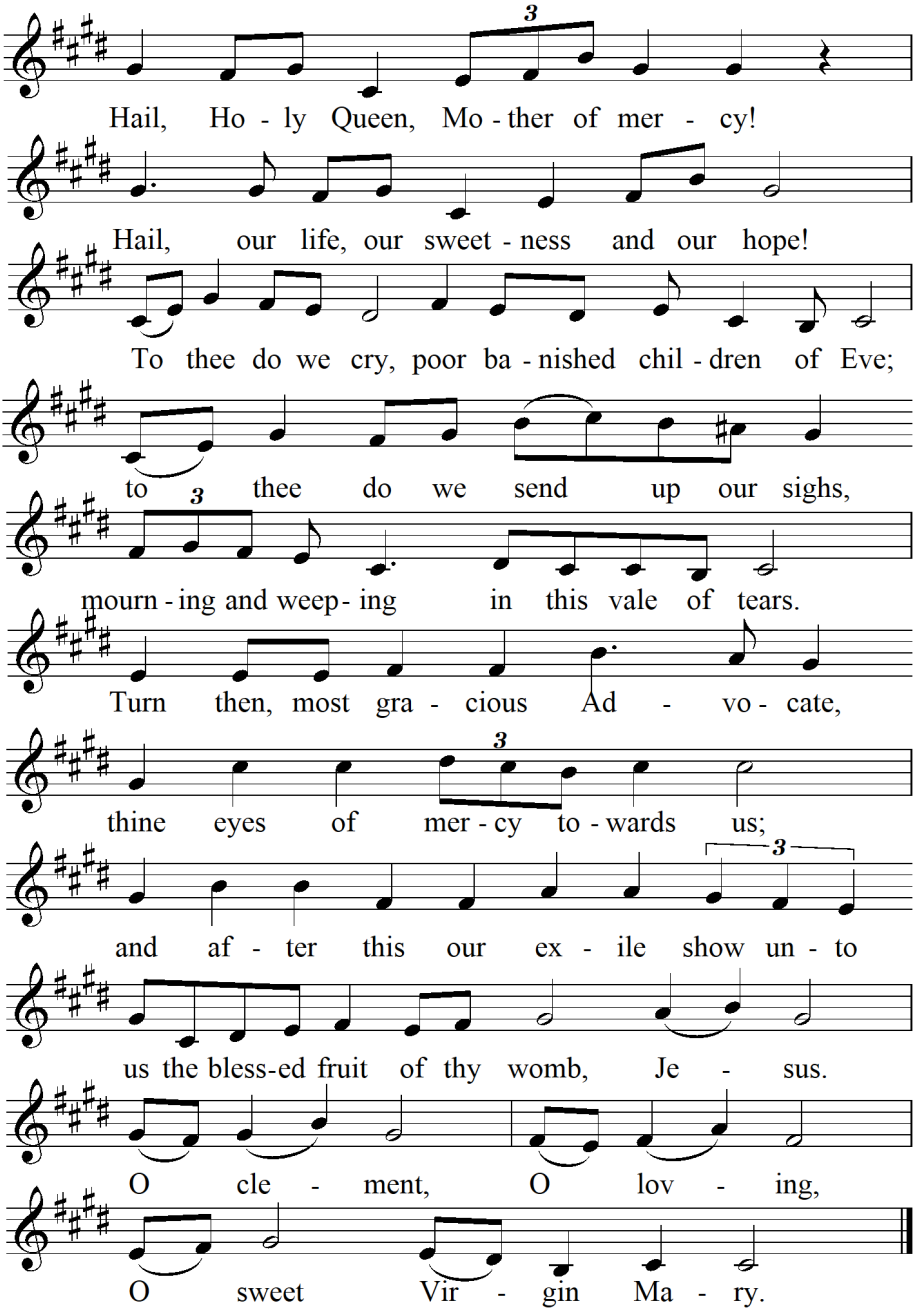
Advent to Presentation



February 3rd to Maundy Thursday




All joy is yours, O Queen of heav'n, al -
le - lu - ia, for Christ the Child of your pure womb, al -
le - lu - ia, is ri - sen as he pro - mised us, al -
le - lu - ia, so pray for us to God, al - le - lu -
ia, al - le - lu - ia, al - le - lu - ia.


Hail, Ho - ly Queen, Mo - ther of mer - cy!
Hail, our life, our sweet - ness and our hope!
To thee do we cry, poor ba - nished chil - dren of Eve;
to thee do we send up our sighs,
mourn - ing and weep - ing in this vale of tears.
Turn then, most gra - cious Ad - vo - cate,
thine eyes of mer - cy to - wards us;
and af - ter this our ex - ile show un - to
us the bless-ed fruit of thy womb, Je - sus.
O cle - ment, O lov - ing,
O sweet Vir - gin Ma - ry.