

BELMONT ABBEY



THE DIVINE OFFICE FOR THE TRIDUUM

HOLY SATURDAY
VESPERS

HOLY SATURDAY ~ VESPERS

INTRODUCTION



viii. V. O God, come to my aid. R. Lord, make haste

PSALMODY

Psalm 101



i. I am sure * I shall see the Lord's good - ness



in the land of the li - ving.



O LORD, listen to my prayer
and let my cry for help reach you.
Do not hide your face from me
in the day of my distress.

Turn your ear towards me
and answer me quickly when I call.
For my days are vanishing like smoke,
my bones burn away like a fire.

My heart is withered like the grass.
I forget to eat my bread.
I cry with all my strength
and my skin clings to my bones.

I have become like a pelican in the wilderness,
like an owl in desolate places.
I lie awake and I moan
like some lonely bird on a roof.

All day long my foes revile me;
those who hate me use my name as a curse.
The bread I eat is ashes;
my drink is mingled with tears.

In your anger, Lord, and your fury
you have lifted me up and thrown me down.
My days are like a passing shadow
and I wither away like the grass.
But you, O Lord, will endure for ever
and your name from age to age.

You will arise and have mercy on Zion:†
for this is the time to have mercy,
(yes, the time appointed has come)
for your servants love her very stones,
are moved with pity even for her dust.

The nations shall fear the name of the Lord
and all the earth's kings your glory,
when the Lord shall build up Zion again
and appear in all his glory.

Then he will turn to the prayers of the helpless;
he will not despise their prayers.
Let this be written for ages to come
that a people yet unborn may praise the Lord.

For the Lord leaned down from his sanctuary on high,
he looked down from heaven to the earth
that he might hear the groans of the prisoners
and free those condemned to die.

The sons of your servants shall dwell untroubled
and their race shall endure before you
that the name of the Lord may be proclaimed in Zion
and his praise in the heart of Jerusalem,
when peoples and kingdoms are gathered together
to pay their homage to the Lord.

He has broken my strength in mid-course;
he has shortened the days of my life.
I say to God: "Do not take me away†
before my days are complete,
you, whose days last from age to age.

Long ago you founded the earth
and the heavens are the work of your hands.
They will perish but you will remain.
They will all wear out like a garment.
You will change them like clothes that are changed.
But you neither change, nor have an end."

Psalm 16

ii. I was dead * and now I am to live for - e - ver
and I hold the keys of death and hell.

LORD, hear a cause that is just,
pay heed to my cry.
Turn your ear to my prayer:
no deceit is on my lips.
From you may my judgment come forth.
Your eyes discern the truth.

You search my heart, you visit me by night.
You test me and you find in me no wrong.
My words are not sinful as are men's words

I kept from violence because of your word,
I kept my feet firmly in your paths;
there was no faltering in my steps.

I am here and I call, you will hear me, O God.
Turn your ear to me: hear my words.
Display your great love, you whose right hand saves
your friends from those who rebel against them.

Guard me as the apple of your eye.
Hide me in the shadow of your wings
from the violent attack of the wicked.

My foes encircle me with deadly intent.
Their hearts tight shut, their mouths speak proudly.
They advance against me, and now they surround me.

Their eyes are watching to strike me to the ground
as though they were lions ready to claw
or like some young lion crouched in hiding.

Lord, arise, confront them, strike them down!
Let your sword rescue my soul from the wicked;
let your hand, O Lord, rescue me from men,
from men whose reward is in this present life.

You give them their fill of your treasures;
they rejoice in abundance of offspring
and leave their wealth to their children.

As for me, in my justice I shall see your face
and be filled, when I awake, with the sight of your glory.

Psalms 114 & 115

i. O death * I will be your death:

She - ol I will be your des - truction.

+ She - ol I will be your des - truction. +

Psalm 114

I LOVE the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him.

They surrounded me, the snares of death, †
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.
O Lord my God, deliver me!

How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me.

Turn back, my soul, to your rest
for the Lord has been good;
he has kept my soul from death, †
(my eyes from tears)
and my feet from stumbling.

I will walk in the presence of the Lord
in the land of the living.
(*No Doxology*)

Psalm 115

I TRUSTED even when I said:
"I am sorely afflicted,"
and when I said in my alarm:
"No man can be trusted."

How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name.

My vows to the Lord I will fulfil
before all his people.
O precious in the eyes of the Lord
is the death of his faithful.

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord's name.

My vows to the Lord I will fulfil
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

Canticle

ii. By his wounds * you have been healed.

Phil 2:6-11 - Humility and Glory in Christ

His state was divine,
yet he did not cling
to his equality with God,

but emptied himself,
to assume the condition of a slave
and became as men are;

and being as all men are, he was humbler yet,
even to accepting death,
death on a cross;

but God raised him high
and gave him the name,
which is above all other names,

so that all beings,
in the heavens, on earth and in the underworld,
should bend the knee at the name of Jesus,

and that every tongue should acclaim
Jesus Christ as Lord
to the glory of God the Father.

SCRIPTURE READING

1 Peter 1:18-21

Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason - so that you would have faith and hope in God.

SHORT RESPONSORY



viii. R. In - to your hands, Lord, * I com-mend my spi - rit.



V. It is you who will re - deem me, Lord.



V. Glo - ry be to the Fa - ther and to the Son



and to the Ho - ly Spi - rit.

OFFICE HYMN

The Cross still stands on Cal - v'ry hill Tree
of a new and bles - sed life; And
in the gar - den close at hand The
Lord of Life and death lies still.

The peace of death enfolds him now,
Anguish and pain can do no more.
The Victor-Victim for our sins
He sleeps awhile to rise again.

To Christ who died for love of us,
Bearing our sins before the throne,
To Father and to Paraclete
Be glory till the end of time.

MAGNIFICAT: *Luke 1:46-55*

viii. Je - sus Christ * is the be - gin - ning:
the first to be born from the dead.

MY soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.
He fills the hungry with good things
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons forever.

INTERCESSIONS



vi. R. Ký-ri - e e - lé - i - son.

PAUSE FOR SILENT PRAYER

OUR FATHER



vi. Our Father, who art in hea - ven, hallowed be thy name;



Thy king - dom come; thy will be done on earth as it



is in hea - ven. Give us this day our dai - ly bread;



and for - give us our tres - pas - ses as we for give those



who tres - pass a - gainst us; and lead us not in to temp ta tion,



but deliver us from e - vil.

COLLECT

Almighty and eternal God, whose Only-begotten Son descended to the realm of the dead, and rose from there to glory, grant that your faithful people, who were buried with him in baptism, may, by his resurrection, obtain eternal life. Through Our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit, One God, for ever and ever.

Amen.

BLESSING

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son and the Holy Spirit.

Amen.



iv. V. Let us bless the Lord. R. Thanks be to God.

The antiphon of Our Lady is not sung today.