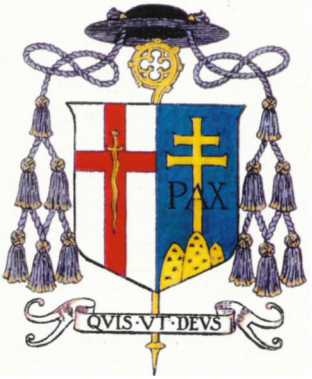
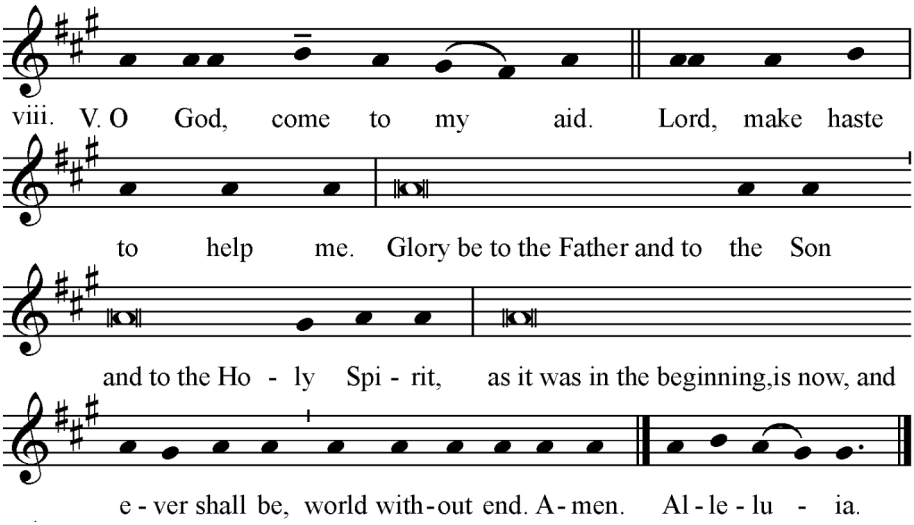
# BELMONT ABBEY




# OFFICE OF VESPERS
# TUESDAY WEEK 1
# DOCTOR

# ORDER FOR THE OFFICE OF VESPERS

## 1. Introduction

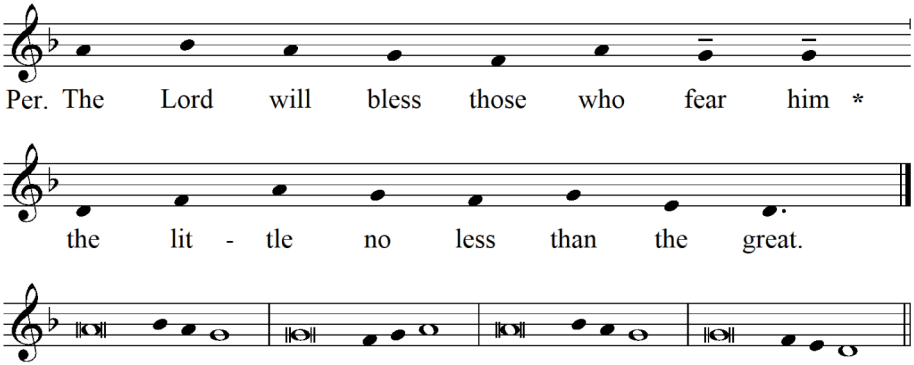



## 2. **Psalmody** - three Psalms and a NT Canticle with Antiphons

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

*Repeated after each Psalm and Canticle*

# TUESDAY WEEK 1




*Psalm 113b*

Not to us, Lord, not to us,
but to your name give the glory
for the sake of your love and your truth,
lest the heathen say: "Where is their God?"

But our God is in the heavens;
he does whatever he wills.
Their idols are silver and gold,
the work of human hands.

They have mouths but they cannot speak;
they have eyes but they cannot see;
they have ears but they cannot hear;
they have nostrils but they cannot smell.

With their hands they cannot feel; †
with their feet they cannot walk.
[No sound comes from their throats.]
Their makers will come to be like them
and so will all who trust in them.

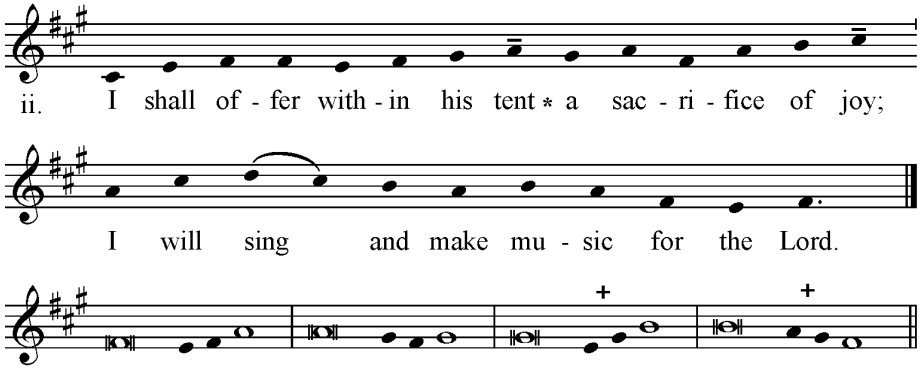
Sons of Israel, trust in the Lord;
he is their help and their shield.
Sons of Aaron, trust in the Lord;
he is their help and their shield.

You who fear him, trust in the Lord;
he is their help and their shield.
He remembers us, and he will bless us; †
he will bless the sons of Israel.
[He will bless the sons of Aaron.]

The Lord will bless those who fear him,
the little no less than the great:
to you may the Lord grant increase,
to you and all your children.

May you be blessed by the Lord,
the maker of heaven and earth.
The heavens belong to the Lord
but the earth he has given to men.

The dead shall not praise the Lord,
nor those who go down into the silence.
But we who live bless the Lord
now and for ever.  Amen.



*Psalm 26*

The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life;
before whom shall I shrink?

When evil-doers draw near
to devour my flesh,
it is they, my enemies and foes,
who stumble and fall.

Though an army encamp against me
my heart would not fear.
Though war break out against me
even then would I trust.

There is one thing I ask of the Lord,
for this I long,
to live in the house of the Lord,
all the days of my life,
to savour the sweetness of the Lord,
to behold his temple.

For there he keeps me safe in his tent
in the day of evil.
He hides me in the shelter of his tent,
on a rock he sets me safe.

And now my head shall be raised
above my foes who surround me
and I shall offer within his tent †
a sacrifice of joy.
I will sing and make music for the Lord.

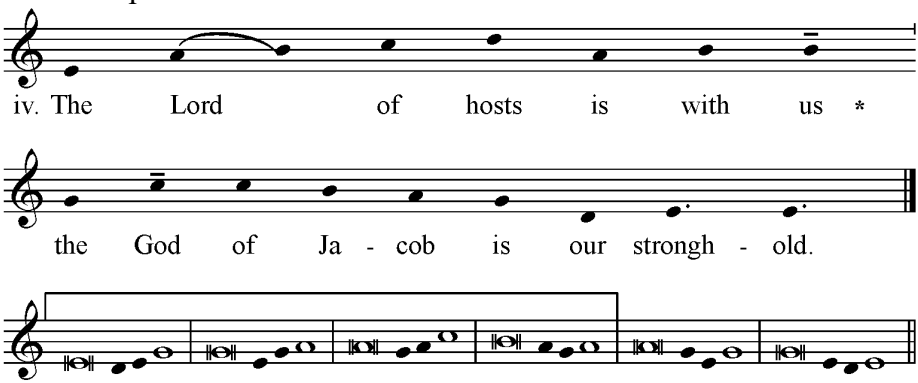
O Lord, hear my voice when I call;
have mercy and answer.
Of you my heart has spoken:
"Seek his face".

It is your face, O Lord, that I seek;
hide not your face.
Dismiss not your servant in anger;
you have been my help.

Do not abandon or forsake me,
O God my help!
Though father and mother forsake me,
the Lord will receive me.

Instruct me, Lord, in your way;
on an even path lead me.
When they lie in ambush protect me
from my enemy's greed.
False witnesses rise against me,
breathing out fury.

I am sure I shall see the Lord's goodness
in the land of the living.
Hope in him, hold firm and take heart.
Hope in the Lord!



*Psalm 45*

God is for us a refuge and strength,
a helper close at hand, in time of distress,
so we shall not fear though the earth should rock,
though the mountains fall into the depths of the sea;
even though its waters rage and foam,
even though the mountains be shaken by its waves.

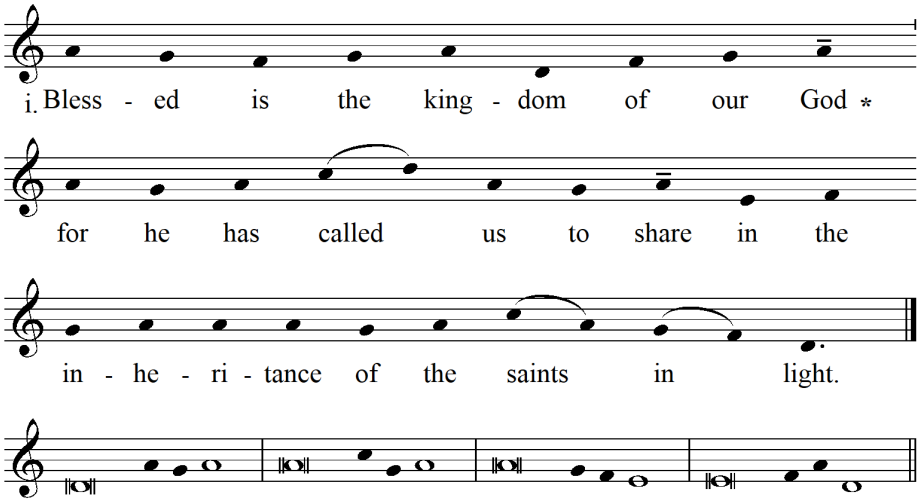
The Lord of hosts is with us:
the God of Jacob is our stronghold.

The waters of a river give joy to God's city,
the holy place where the Most High dwells.
God is within, it cannot be shaken;
God will help it at the dawning of the day.
Nations are in tumult, kingdoms are shaken:
he lifts his voice, the earth shrinks away.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Come, consider the works of the Lord,
the redoubtable deeds he has done on the earth.
He puts an end to wars over all the earth; †
the bow he breaks, the spear he snaps.
[He burns the shields with fire.]
"Be still and know that I am God,
supreme among the nations, supreme on the earth!"

The Lord of hosts is with us:
the God of Jacob is our stronghold.




*Canticle: Matthew 5:3-12*

Blessed are the poor in spirit,
for theirs is the kingdom of heaven;
and blessed are the gentle,
for they shall inherit the earth.

Blessed are those who mourn,
for they shall be comforted;
and blessed are the merciful,
for they shall have mercy shown them.

Blessed are the pure in heart,
for they shall see God;
and blessed are the peacemakers,
for they shall be called the sons of God.

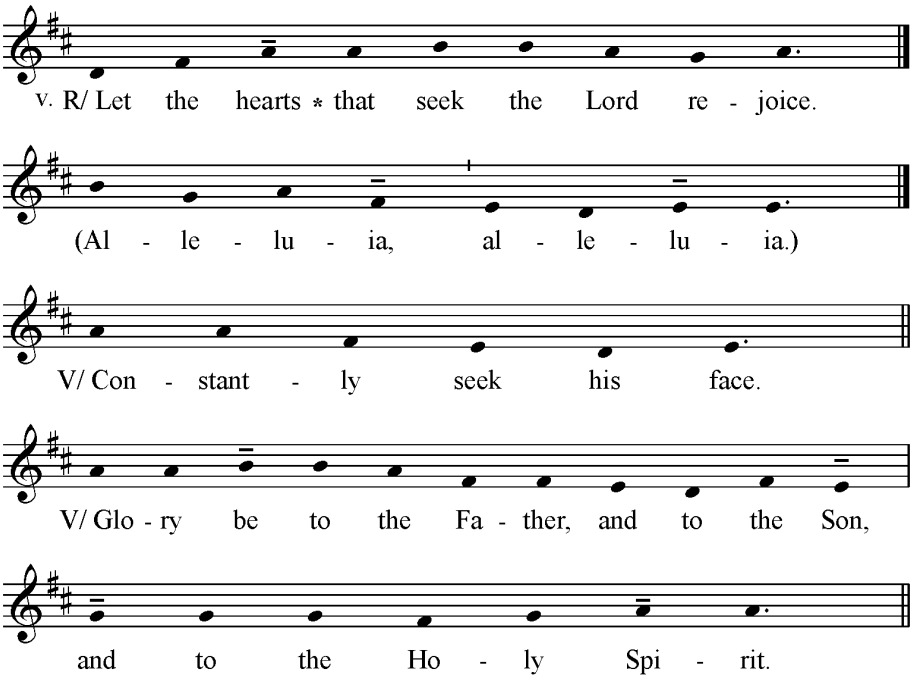
Blessed are those who hunger and thirst for what is right,
for they shall have their fill;
and blessed are those who are persecuted for the cause of right,
for theirs is the kingdom of heaven.

Blessed are you when people accuse you and persecute you,
and speak all kinds of evil against you falsely for my sake.
Rejoice and be glad,
for great is your reward in heaven.

### 3. Short Scripture Reading

followed by a short silence and the Brief Respond

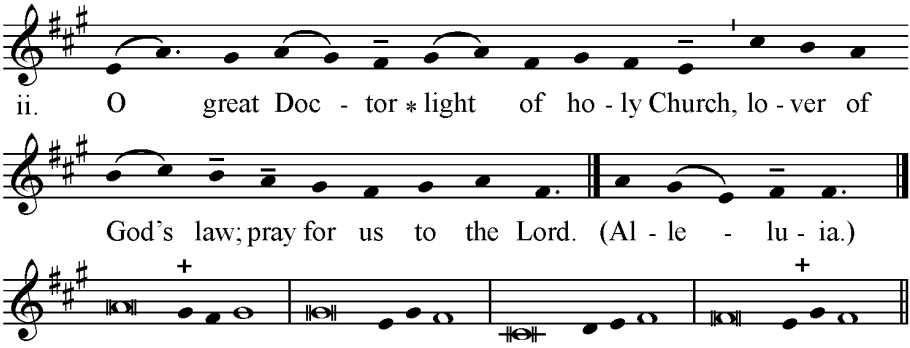
**BRIEF RESPOND**




### 4. HYMN as appointed

### 5. Magnificat with Proper Antiphon

**MAGNIFICAT**




*Luke 1:46-55*

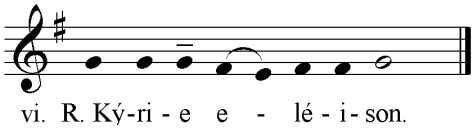
My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.
He fills the hungry with good things
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons forever.

**6. Intercessions** with Kyrie Eleison




**7. Silent Prayer**

**8. The Lord's Prayer**

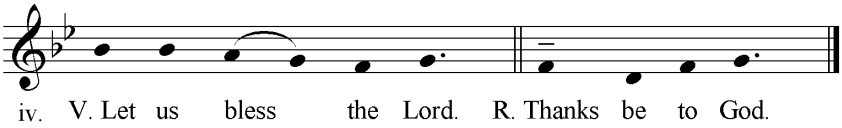



**9. Collect**

## 10. Blessing and Conclusion

The Lord be with you.
**And with your spirit.**

May almighty God bless you,
the Father, and the Son and the Holy Spirit.
**Amen.**




## 11. Antiphon of Our Lady (in Latin or English)

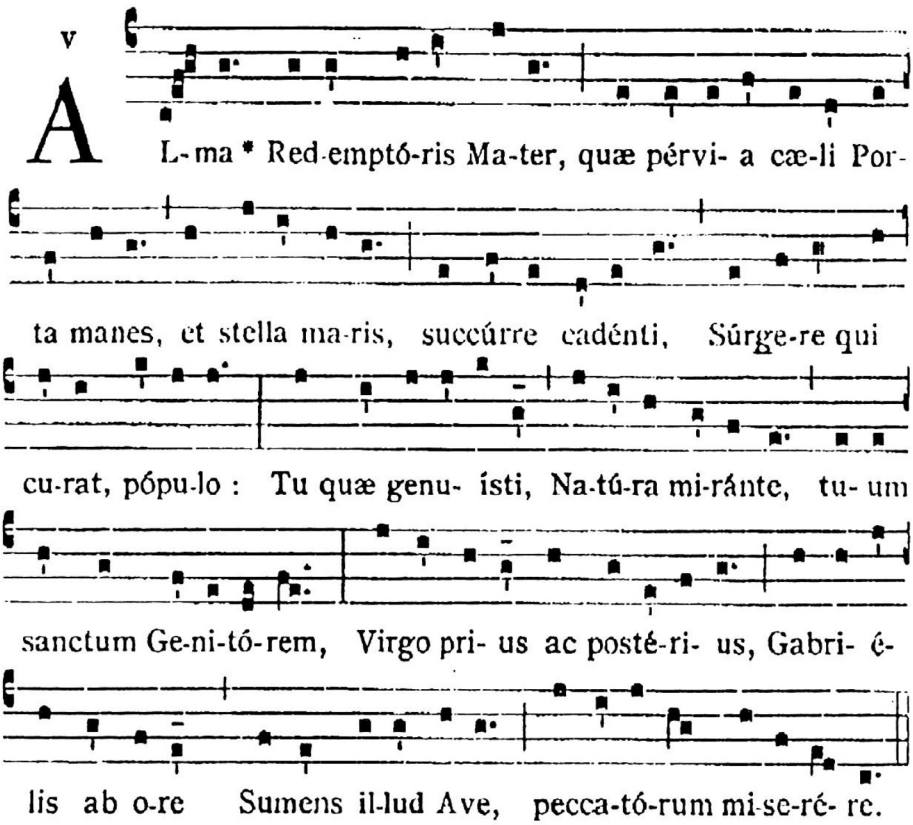
following Procession to the Lady Chapel

| Season | Latin | Page |
|---|---|---|
| Advent to Presentation | Alma Redemptoris Mater | P.13 |
| February 3rd to Maundy Thursday | Ave Regina Caelorum | P.14 |
| Pentecost to Advent | Salve Regina | P.15 |

| Season | English | Page |
|---|---|---|
| Advent to Presentation | Mother of Christ | P.16 |
| February 3rd to Maundy Thursday | Hail Queen of Heaven | P.17 |
| Pentecost to Advent | Hail Holy Queen | P.18 |

## SIMPLE ANTIPHONS TO OUR LADY

*Advent to Presentation*



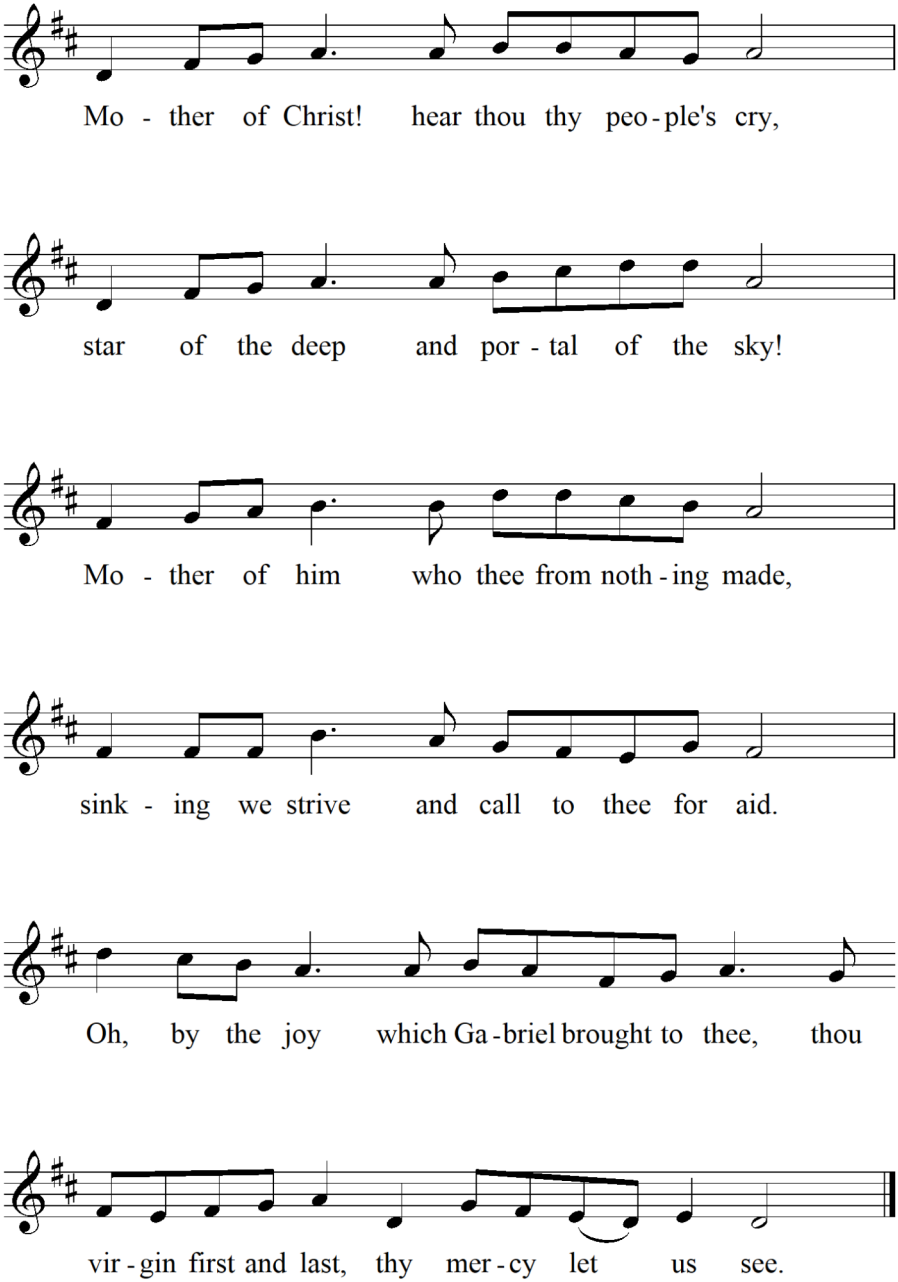
*February 3rd to Maundy Thursday*



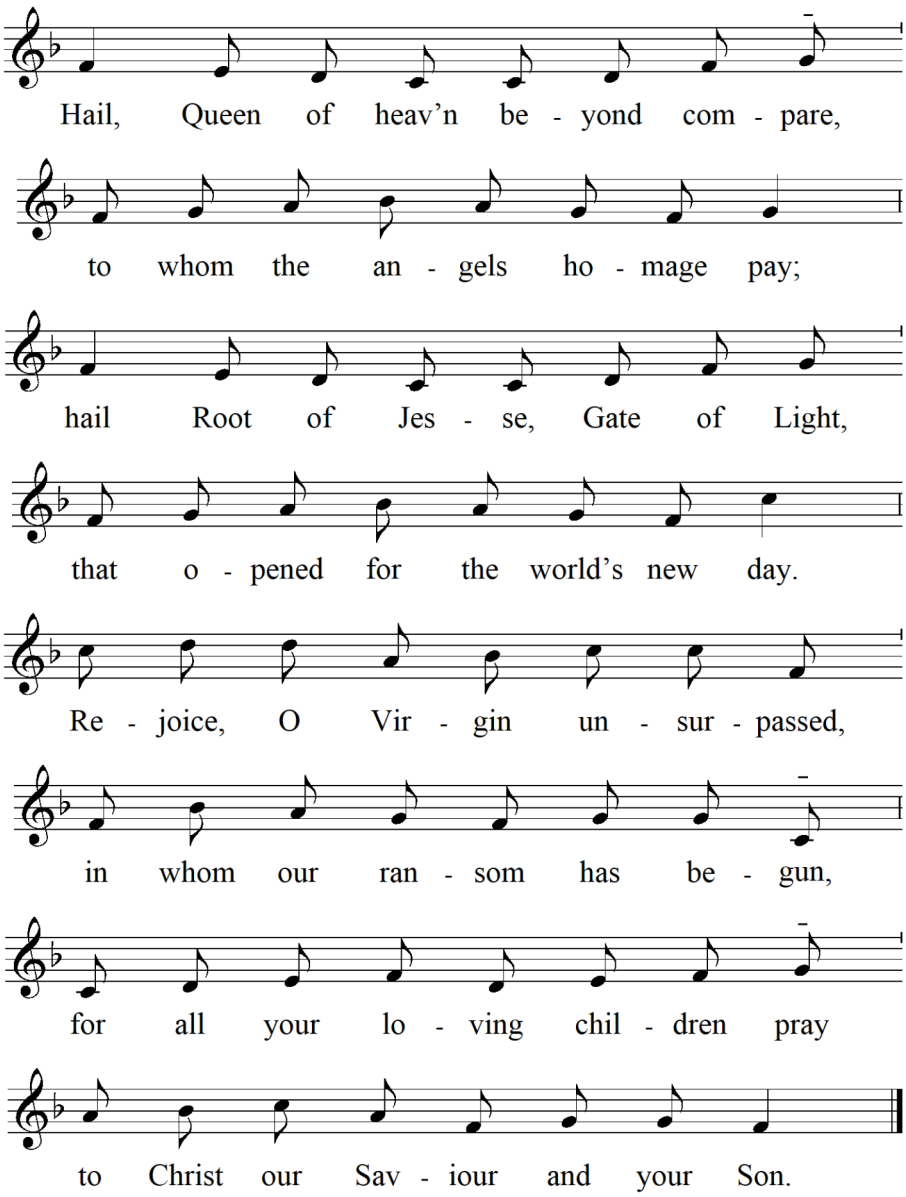

v
Álve Re-gí-na, * ma-ter mi-se-ri-córdi- æ, Vi-ta, dul-
cé- do, et spes nostra, salve. Ad te clamámus, éxsu-
les, fí- li- i Hevæ. Ad te suspi-rámus, geméntes et flentes
in hac lacrimárum valle. E-ia ergo, Advo-cá-ta nostra,
il-los tu-os mi-se-ri-córdes ó-cu-los ad nos convér-te. Et
Je-sum, be-ne-dictum fructum ventris tu- i, no-bis post hoc ex-
sí- li- um osténde. O cle-mens, O pi- a, O
dulcis * Virgo Ma-rí- a.

## ENGLISH ANTIPHONS TO OUR LADY

*Advent to Presentation*



*February 3rd to Maundy Thursday*




Hail, Ho - ly Queen, Mo - ther of mer - cy!
Hail, our life, our sweet - ness and our hope!
To thee do we cry, poor ba - nished chil - dren of Eve;
to thee do we send up our sighs,
mourn - ing and weep - ing in this vale of tears.
Turn then, most gra - cious Ad - vo - cate,
thine eyes of mer - cy to - wards us;
and af - ter this our ex - ile show un - to
us the bless-ed fruit of thy womb, Je - sus.
O cle - ment, O lov - ing,
O sweet Vir - gin Ma - ry.