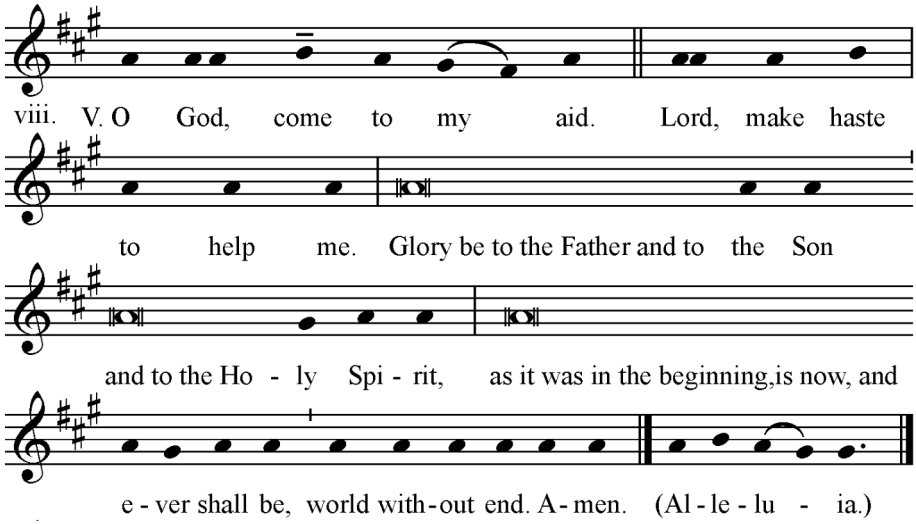
BELMONT ABBEY

OFFICE OF VESPERS
MONDAY WEEK 2
RELIGIOUS

ORDER FOR THE OFFICE OF VESPERS

1. Introduction

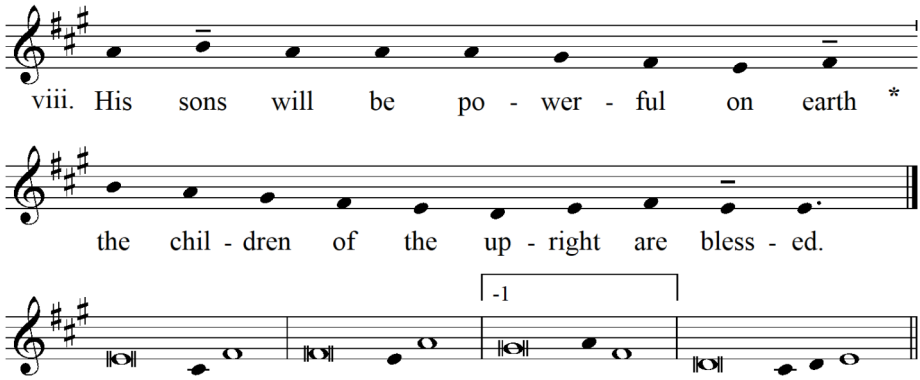


2. **Psalmody** - three Psalms and a NT Canticle with Antiphons

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Repeated after each Psalm and Canticle

MONDAY WEEK 2



Psalm 111

Happy the man who fears the Lord,
who takes delight in all his commands.
His sons will be powerful on earth;
the children of the upright are blessed.

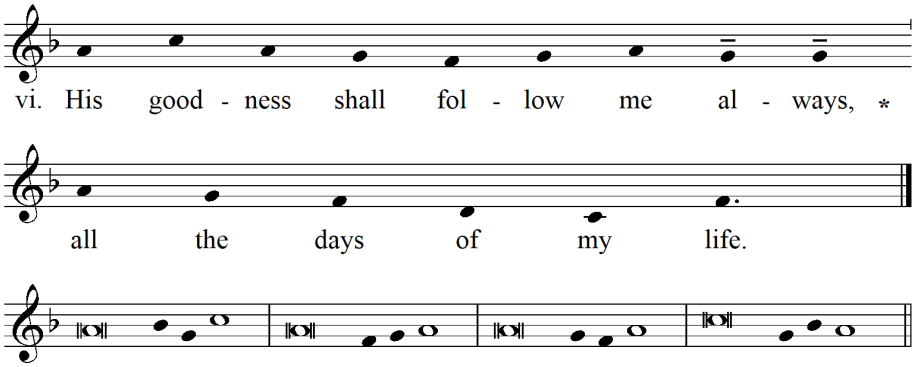
Riches and wealth are in his house;
his justice stands firm for ever.
He is a light in the darkness for the upright:
he is generous, merciful and just.

The good man takes pity and lends,
he conducts his affairs with honour.
The just man will never waver:
he will be remembered for ever.

He has no fear of evil news;
with a firm heart he trusts in the Lord.
With a steadfast heart he will not fear;
he will see the downfall of his foes.

Open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory.

The wicked man sees and is angry,
grinds his teeth and fades away;
the desire of the wicked leads to doom.



Psalm 22

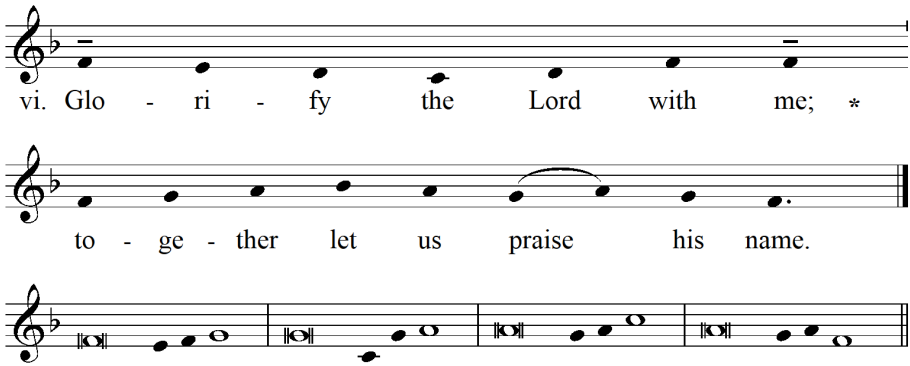
The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.

Near restful waters he leads me,
to revive my drooping spirit.
He guides me along the right path;
he is true to his name.

If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.



Psalm 33

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.
Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children and hear me
that I may teach you the fear of the Lord.
Who is he who longs for life
and many days, to enjoy his prosperity?

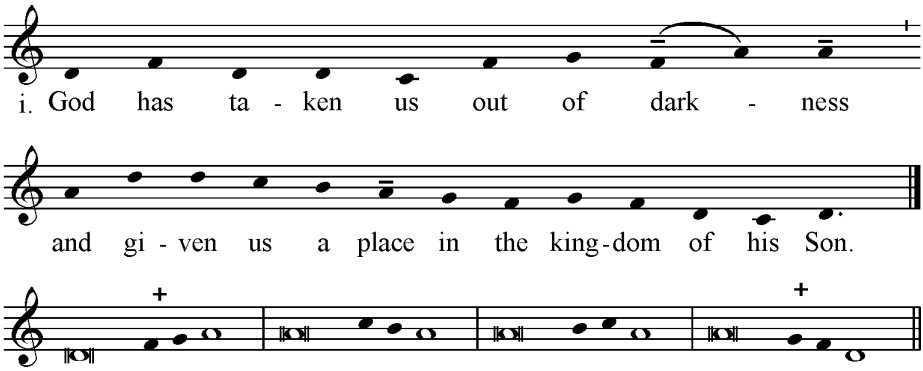
Then keep your tongue from evil
and your lips from speaking deceit.
Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.
The Lord turns his eyes to the just
and his ears to their appeal.

They call and the Lord hears
and rescues them in all their distress.
The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just man
but from them all the Lord will rescue him.
He will keep guard over all his bones,
not one of his bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.
The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.



Canticle: Col 1:15-20 - Christ, the First Born

He is the image of the unseen God
and the first-born of all creation;
for in him were created
all things in heaven and on earth:

everything visible and everything invisible,
Thrones, Dominations, Sovereignties, Powers;
all things were created
through him and for him.

Before anything was created he existed,
and he holds all things in unity.
Now the Church is his body,
he is its head.

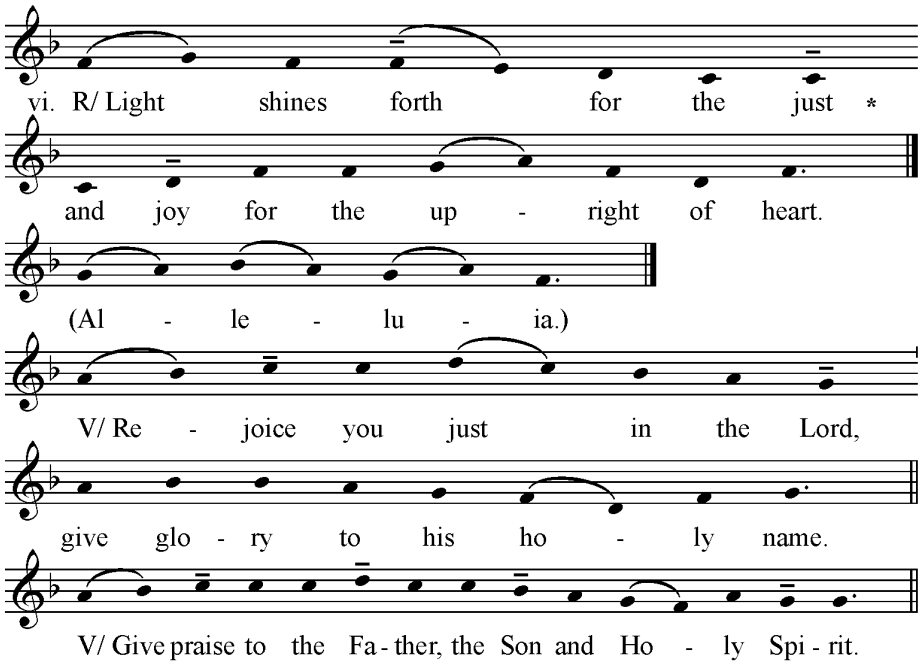
As he is the beginning, †
he was first to be born from the dead,
so that he should be first in every way;
because God wanted all perfection
to be found in him,

and all things to be reconciled through him and for him,
everything in heaven and everything on earth,
when he made peace
by his death on the cross.

3. Short Scripture Reading

followed by a short silence and the Brief Respond

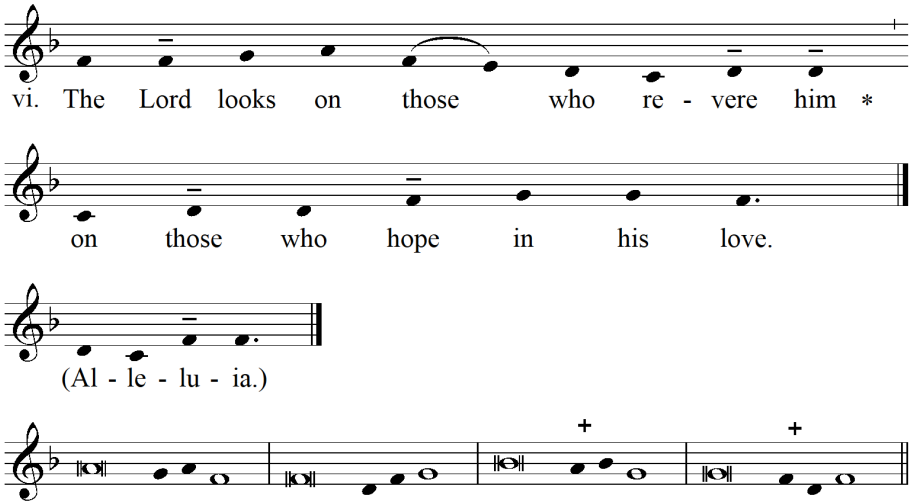
BRIEF RESPOND



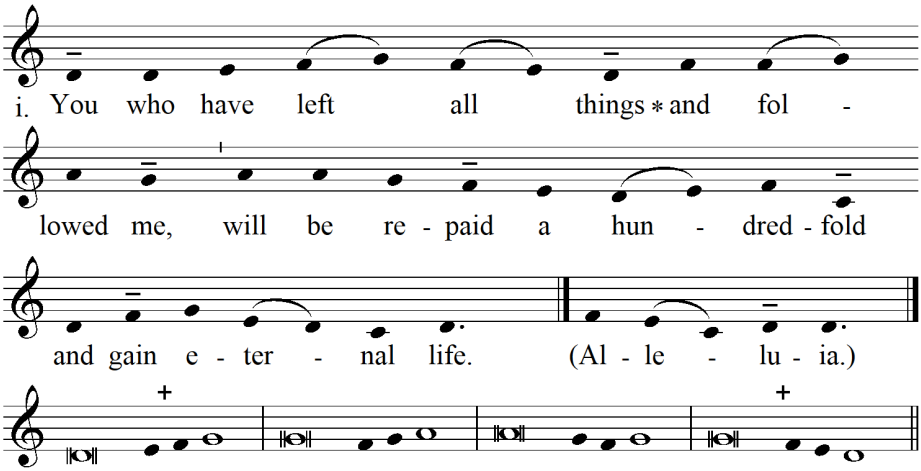
4. HYMN as appointed

5. **Magnificat** with Proper Antiphon

Religious 1



Religious 2



Luke 1:46-55

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

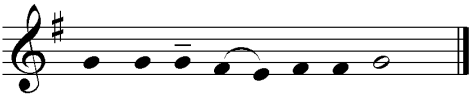
The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.
He fills the hungry with good things
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons forever.

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

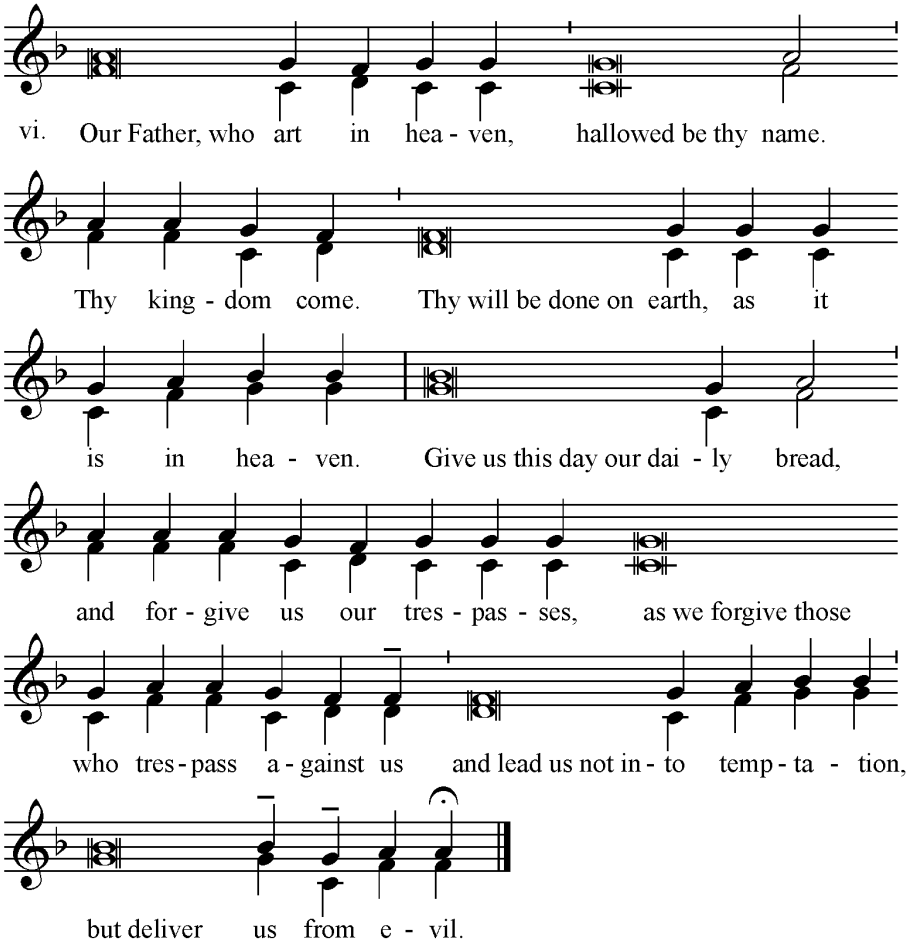
6. Intercessions with Kyrie Eleison



vi. R. Ký-ri - e e - lé - i - son.

7. Silent Prayer

8. The Lord's Prayer

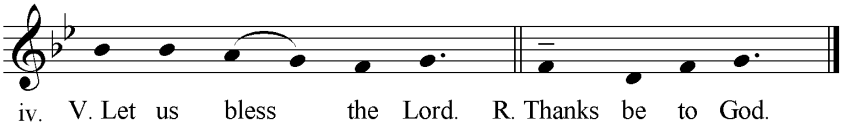


9. Collect

10. Blessing and Conclusion

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son and the Holy Spirit.
Amen.



11. Antiphon of Our Lady (in Latin or English)

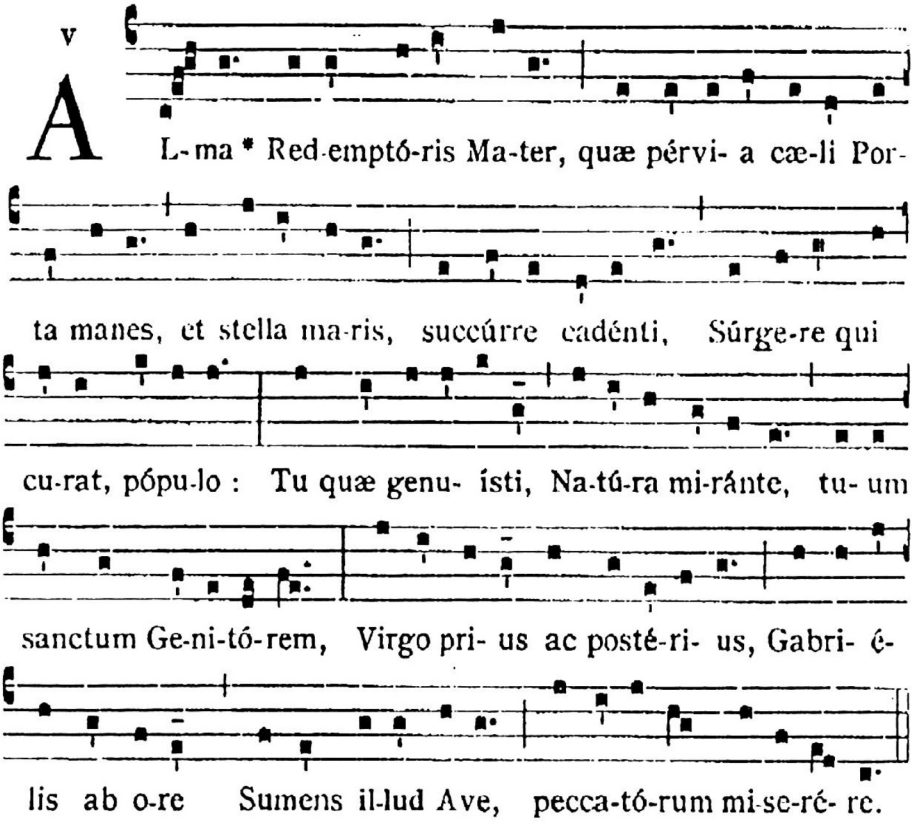
following Procession to the Lady Chapel

Season	Latin	Page
Advent to Presentation	Alma Redemptoris Mater	P.13
February 3rd to Maundy Thursday	Ave Regina Caelorum	P.14
Pentecost to Advent	Salve Regina	P.15

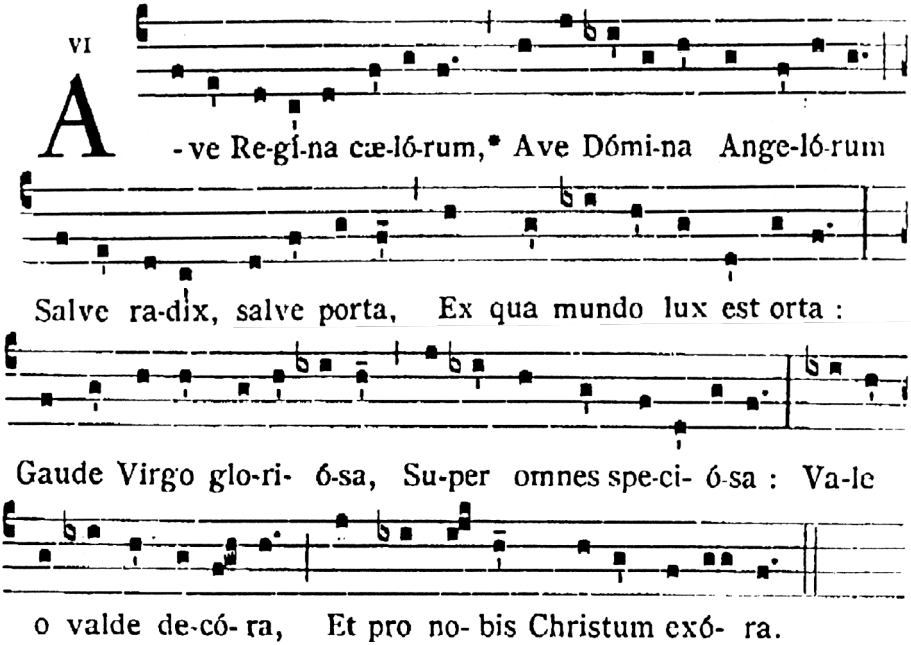
Season	English	Page
Advent to Presentation	Mother of Christ	P.16
February 3rd to Maundy Thursday	Hail Queen of Heaven	P.17
Pentecost to Advent	Hail Holy Queen	P.18

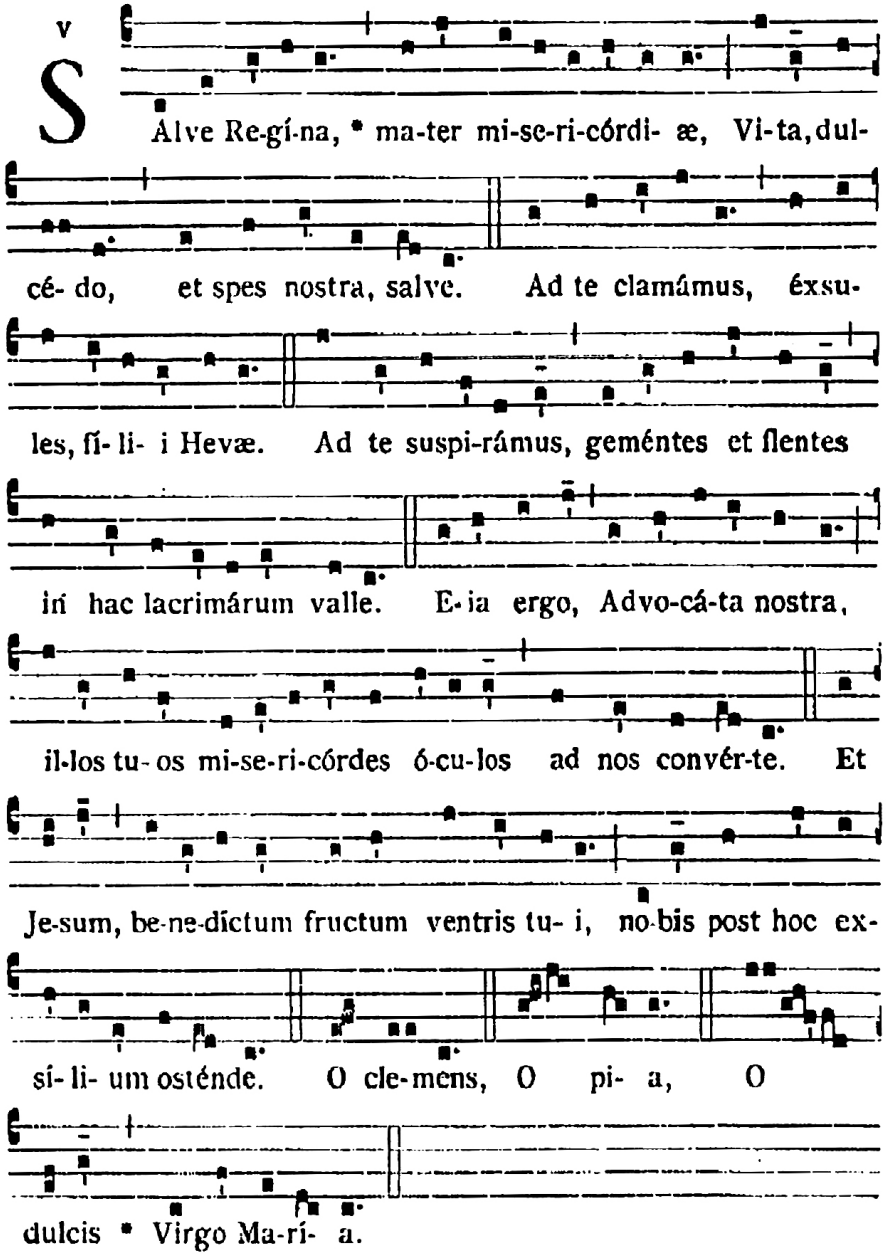
SIMPLE ANTIPHONS TO OUR LADY

Advent to Presentation



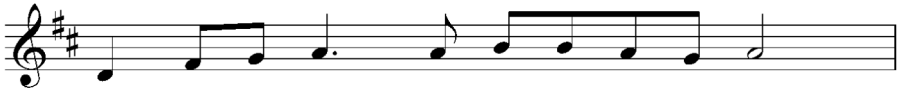
February 3rd to Maundy Thursday



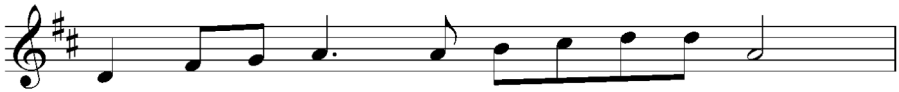

V
S
Álve Re-gí-na, * ma-ter mi-se-ri-córdi- æ, Vi-ta, dul-
cé- do, et spes nostra, salve. Ad te clamámus, éxsu-
les, fí- li- i Hevæ. Ad te suspi-rámus, geméntes et flentes
in hac lacrimárum valle. E-ia ergo, Advo-cá-ta nostra,
il-los tu- os mi-se-ri-córdes ó-cu-los ad nos convér-te. Et
Je-sum, be-ne-díctum fructum ventris tu- i, no-bis post hoc ex-
sí- li- um osténde. O cle-mens, O pi- a, O
dulcis * Virgo Ma-rí- a.

English Antiphons to Our Lady

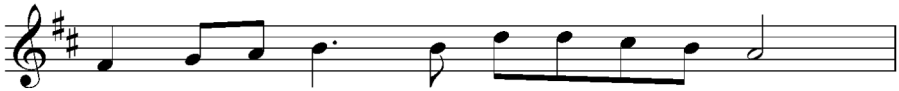
Advent to Presentation



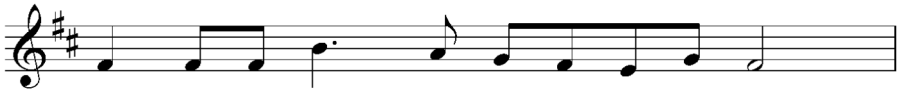
Mo - ther of Christ! hear thou thy peo - ple's cry,



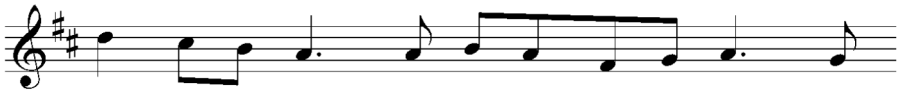
star of the deep and por - tal of the sky!



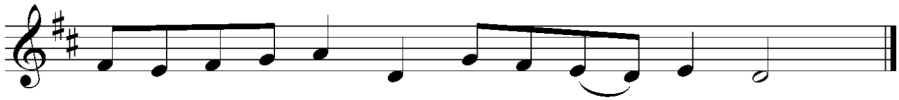
Mo - ther of him who thee from noth - ing made,



sink - ing we strive and call to thee for aid.

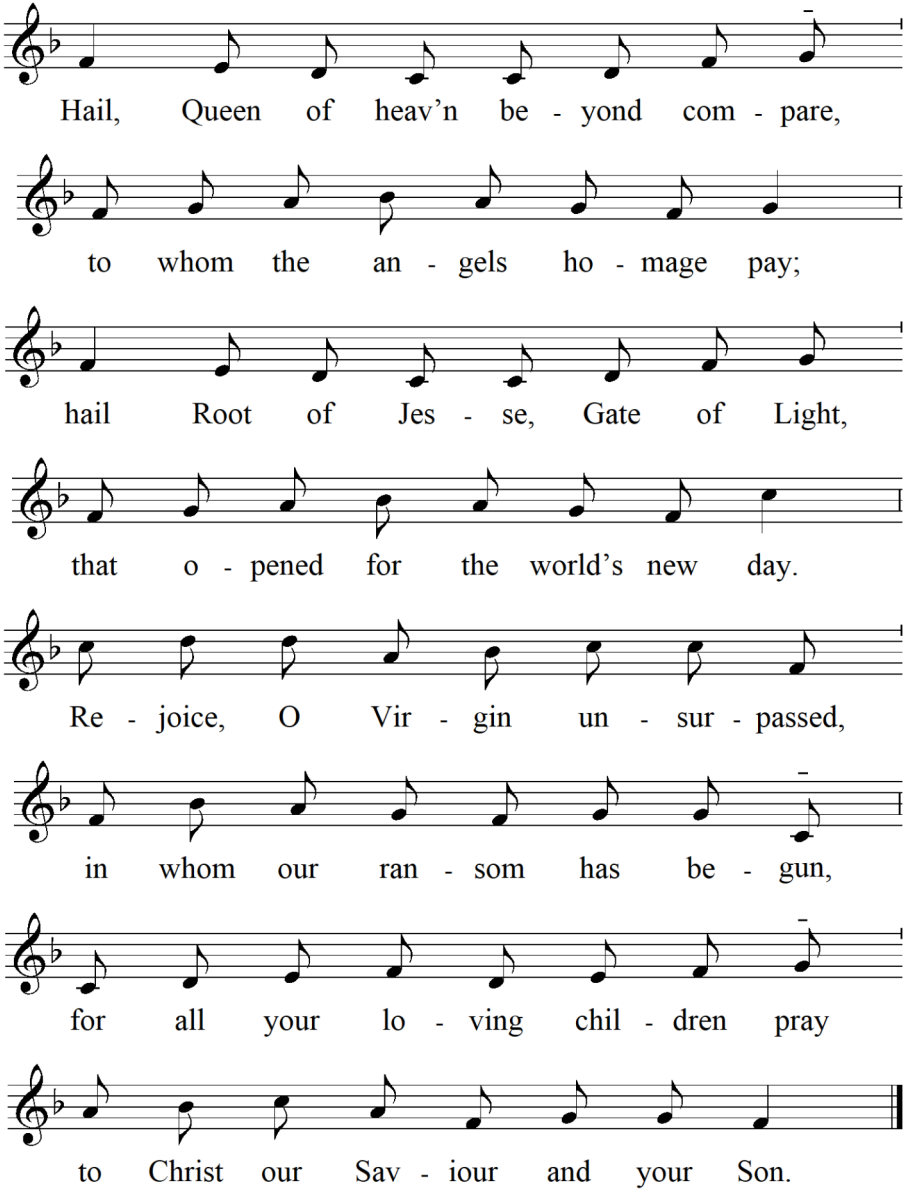
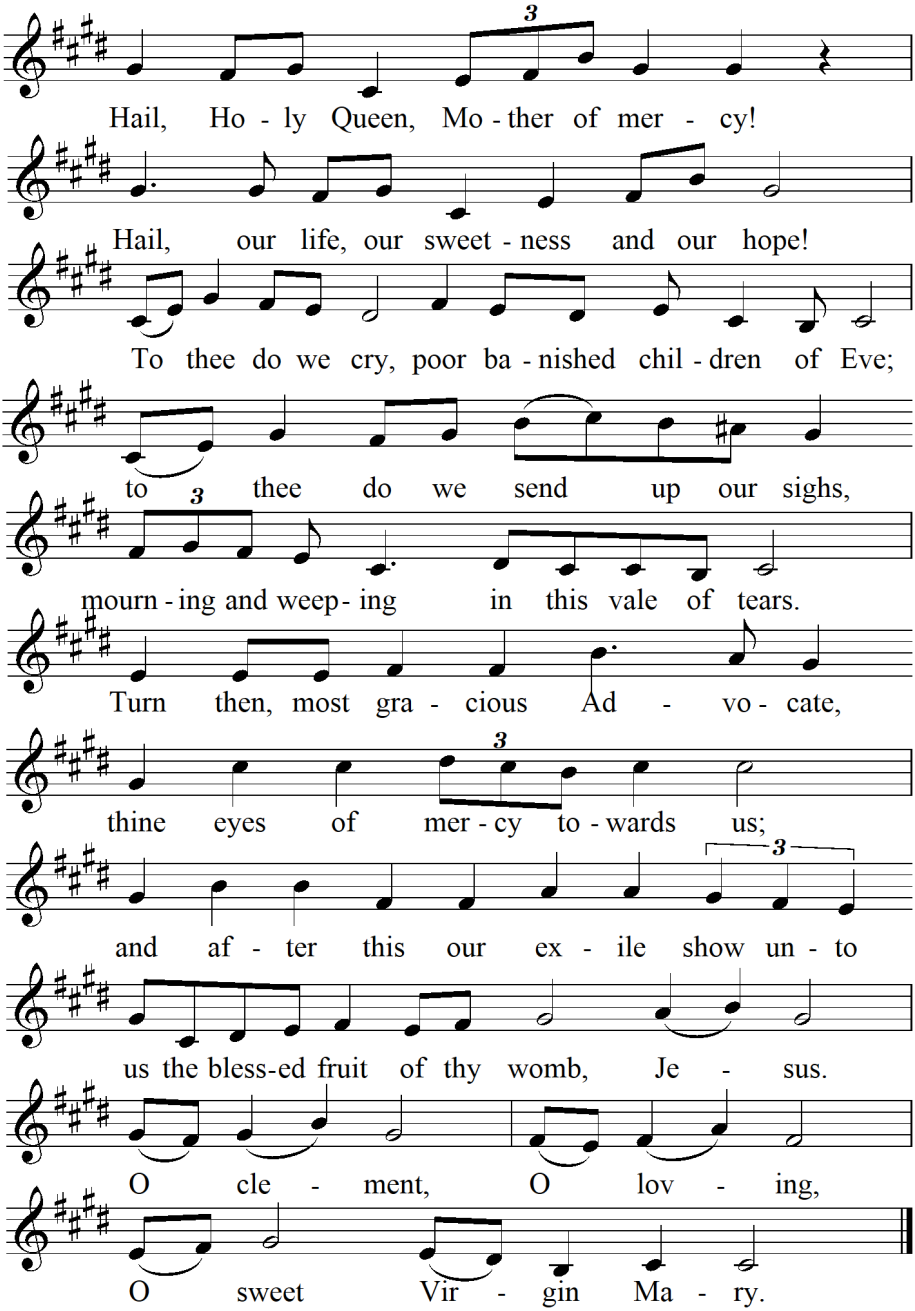


Oh, by the joy which Ga - briel brought to thee, thou



vir - gin first and last, thy mer - cy let us see.

February 3rd to Maundy Thursday



Pentecost to Advent