



Healing Hearts

Grief Support Group

2025-2026 Calendar

“A WIFE WHO LOSES A HUSBAND
IS CALLED A WIDOW.

A HUSBAND WHO LOSES A WIFE
IS CALLED A WIDOWER.

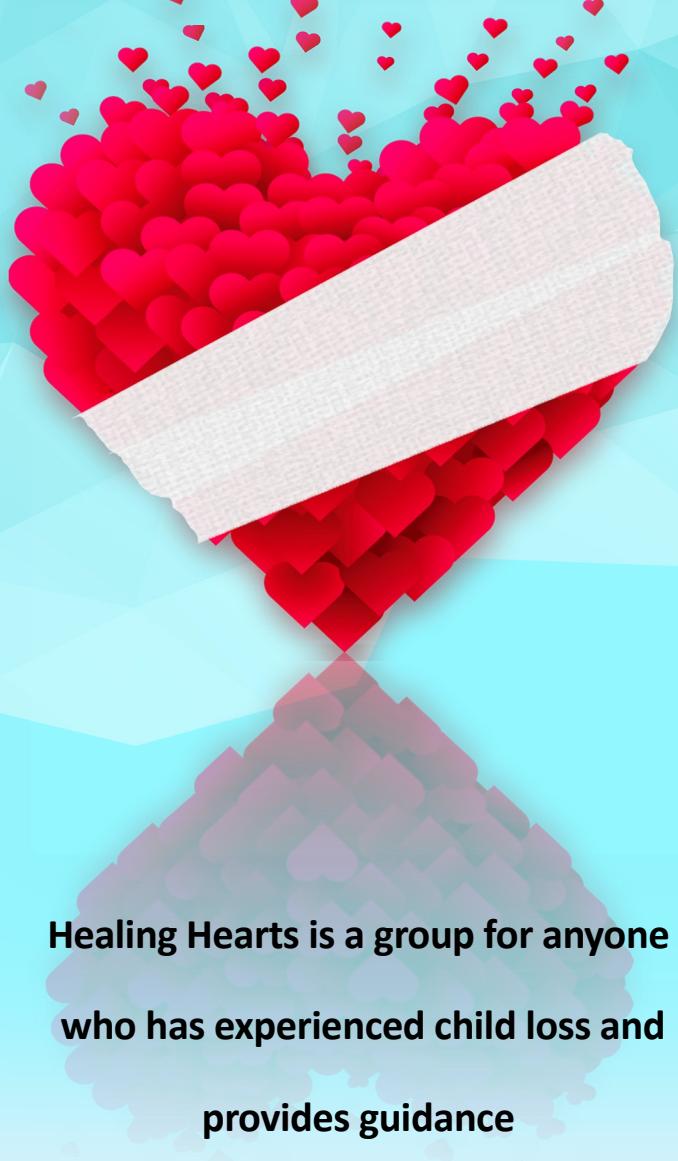
A CHILD WHO LOSES PARENTS
IS CALLED AN ORPHAN.

THERE IS NO WORD
FOR A PARENT
WHO LOSES A CHILD.

THAT'S HOW AWFUL THE LOSS IS.”

Open Session: Group begins by honoring those who have died within that month.

September 9	Grief's Impact
September 23	Dealing with Anger
October 14	Dealing with Guilts & Regrets
October 28	Dealing with Fear
November 11	“Holidays Schmolidays”
November 25	Remembering Our Loved Ones
December 9	Dealing with Loneliness & Emptiness
January 13	Functioning (Overwhelmed/Paralyzed)
January 27	The Physical Impact
February 10	Our Broken Hearts
February 24	The Spiritual Impact
March 10	Dealing with Family & Friendship Changes
March 24	Does it Ever Get Better? Video—Living with Loss...Healing with Hope...
April 14	Panel: Allowing for a New Relationship—Hazards & Triumphs
April 28	Grief vs. Depression
May 12	Built in Coping Mechanisms/Resiliency
May 26	Brown Bag Lunch
June 16	Open Session
July 21	Open Session
August 18	Open Session



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Grief Support Group

When and Where

5:30 - 6:30 p.m.

Parkway Funeral Service

2330 Tyler Parkway

Bismarck, North Dakota

This group is made for miscarriages,
Infant, toddler, youth teen
and adult loss.

... we are here to help.

This event is open to the public,
including those who did not
have services directly though
Eastgate & Parkway Funeral Service.