

Abide in Tough Seasons

In what specific ways did Coach Koons encourage you today?

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How did her story of brokenness resonate with or connect to your own experiences?

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In what ways have you tried to earn the approval of others in your role as a coach?

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Coach Koons said, “We can’t get to one day without day one.” What is one intentional step you need to take to begin, or return to, day one and reconnect with Jesus, the true Vine?