

Proven: Connect & Cultivate

How has Jesus made His relationship with you personal?

Proven: Connect & Cultivate

When did you first connect with Christ in a meaningful way?

Proven: Connect & Cultivate

What practices help you remain, abide, or dwell with Christ on a daily basis?

Proven: Connect & Cultivate

Can you share a season when God pruned you, shook you, or pressed you? What did He produce through it?

Proven: Choose & Commit

In what way did the Lord get personal with you from Sarah's message?

Proven: Choose & Commit

In what ways have you felt seen and served by Jesus?

Proven: Choose & Commit

How did Tabitha's story encourage and challenge you?

Proven: Choose & Commit

In what ways are you going to choose and commit to live like Jesus and Tabitha?

Proven: For the Athlete

Think of a significant sports memory in your life. How does it compare to a meaningful experience you've had with Jesus? What stands out when you place them side by side?

Proven: For the Athlete

Can you share a time when a teammate, coach, or your team was personally blessed because you lived out your faith and proved to be a disciple of Jesus Christ?

Proven: For the Athlete

Who in your life has clearly modeled discipleship to Jesus for you? How did their example impact or bless you?

Proven: For the Athlete

Which fruit of the Spirit do you currently live out well in your sport or daily life? Which fruit represents an area where God may be inviting you to grow?

Proven: For the Athlete

What is one intentional next step you can take to more fully prove you are a disciple of Jesus and glorify God? (For example: leading or joining a Bible study, committing to a local church, spending more consistent time with Jesus, or practicing greater self-control in emotionally charged moments.)

Beauty in Broken Pieces

What challenged you with Alyssa's
Testimony?

Beauty in Broken Pieces

Is there an area in your life where your
past finds its way into the present?

Beauty in Broken Pieces

How did the example of the broken
Kintsugi pottery encourage you?

Connected to the Vine

What are some ways you've felt pressure to "prove yourself"?

Connected to the Vine

What does it look like to "abide" in Jesus in your daily routine?

Connected to the Vine

How do you know when you're spiritually "disconnected" — and what helps you reconnect?

Connected to the Vine

How does knowing you're chosen change the way you approach your sport or relationships?

Proof in the Comeback

How did the Lord get personal with you through Fleceia's testimony?

Proof in the Comeback

Have you or someone you know had an injury sideline them from competition?
How did you (them) handle it?

Proof in the Comeback

How has God proven himself to be faithful when you have not been able to play your sport?

Proven in the Pandemic

How did the Lord get personal with you through Bubba's testimony?

Proven in the Pandemic

We saw how the Lord used Bubba's teammates. Who has the Lord used in your life to encourage your faith?

Proven in the Pandemic

God revealed Himself when Bubba read His Word. What are ways the Lord has revealed Himself to you in His Word?

Proven in the Pandemic

How are you challenged to read God's word daily?

Proven Sacrifice

What are some lies you've believed about where your worth comes from (performance, stats, approval, comparison)?

Proven Sacrifice

What Scripture can you meditate on that reminds you of who God says you are in Him?

Proven Sacrifice

What does it look like for you to offer yourself as a "living sacrifice" to God each day—on and off the field or court?

Proven Sacrifice

What is one practical way you can shift your mindset from proving yourself to giving God the glory?

How can you remind yourself of this during practices or games?

Proof in the Practice

In what way did Chloe's message become personal for you?

Proof in the Practice

What do you do when you find yourself not where you want to be?

Proof in the Practice

Which character trait of God do you need to focus on when you feel the pressure to prove yourself?

Strength Beyond the Game

In what areas of your life are you trying to stay in control instead of trusting God with the outcome?

Strength Beyond the Game

What daily practices help you stay connected to the Vine and dependent on God?

Strength Beyond the Game

Can you share a time when you were most aware of your dependence on God? What was happening in that season?

Strength Beyond the Game

What encouragement or advice would you offer someone who is struggling to trust God right now?

Fined Up

What areas could you be conforming to the world, or be living in a lukewarm faith?

Fined Up

What is the root of this issue? (Past, present, future events, Fear of opinions/rejection, desensitization, secular music, etc...)

Fined Up

What are some practical ways to overcome this issue?

Fined Up

What positive impact do you think could come as a result of your obedience?

Fined Up

Are you choosing to say “yes” to the Lord’s call today no matter what?

Living Proof

In what way did the Lord get personal with you from Aubree's message?

Living Proof

Who is someone in your life who is so confident in their faith that it has stirred curiosity in you?

Living Proof

In what ways do you live differently from the world in your walk with Christ that people might be curious and want to start a conversation?

Proven: For the Coach

How did Kelly's message get personal with you today?

Proven: For the Coach

What encourages you about knowing we are Proven in Christ?

Proven: For the Coach

What challenges you about knowing the fruit we bear is proof of our relationship with Christ?

Abide in Tough Seasons

In what specific ways did Coach Koons encourage you today?

Abide in Tough Seasons

How did her story of brokenness resonate with or connect to your own experiences?

Abide in Tough Seasons

In what ways have you tried to earn the approval of others in your role as a coach?

Abide in Tough Seasons

Coach Koons said, “We can’t get to one day without day one.” What is one intentional step you need to take to begin, or return to, day one and reconnect with Jesus, the true Vine?

All the Proof We Need

What practical steps can you take to release doubts, fears, or the need for approval from others?

All the Proof We Need

How can you grow in confidence rooted in Christ instead of constantly trying to prove yourself?

All the Proof We Need

Dig deep: What specific Scripture can you hold onto to combat lies from the enemy when doubt creeps in?

Christ-Centered Coach

Share about a time that you found your identity in your win/loss record rather than in Christ?

Christ-Centered Coach

How does finding your identity in the results on the scoreboard negatively affect your coaching?

Christ-Centered Coach

How have you used your words to affirm and/or tear down your athletes?

Christ-Centered Coach

How can you abide more fully in Christ and how can abiding transform my coaching?

Proven: For the Coach's Wife

What aspect of the coaching life do you find most challenging, in this season, to live out a fruitful life in Christ as a coach's wife? How can you get help to overcome it?

Proven: For the Coach's Wife

How have you seen God equip you to be spiritually fruitful in a hard season?

Proven: For the Coach's Wife

What does abiding in Jesus look like for you right now?

Proven: For the Coach's Wife

How can you overcome the need to prove yourself in a new environment and trust you are already proven by your Heavenly Father?

Proven: For the Coach's Wife

When have you tried to be fruitful for God through human effort? What were the results?

Creating a Christ-Centered Home

What do you desire the atmosphere of your home to feel like?

Creating a Christ-Centered Home

Who is setting the thermostat that creates the atmosphere of your home?

Creating a Christ-Centered Home

What changes do you need to make if any, to allow God to create that desired atmosphere?

Creating a Christ-Centered Home

What does “abiding in Jesus” look like to you?

Creating a Christ-Centered Home

How did God get personal with you in today's message?

Managing Expectations

How did Jocelyn's testimony get personal with you?

Managing Expectations

What unmet expectations do you have as a coach's wife?

Managing Expectations

How can you repurpose the alone time during your husband's season to spend it with the Lord?

Weathering The Storm

Have you been through a storm in your marriage where you have seen God working for your good, even though it was hard?

Weathering The Storm

When you hear that we need to be pruned to produce fruit, how does that make you feel?

Weathering The Storm

Has there ever been a time you have needed to get Godly council?

Weathering The Storm

Have you ever been to CTO? If yes, did you feel like it strengthened your marriage?

Are you OK, Really?

What got personal with you from Sarah's message?

Are you OK, Really?

When do you tell people you're "OK," but you're really not?

Are you OK, Really?

What about the coaching profession isolates you?

Are you OK, Really?

What are some practical ways you will fight for connection today?

Proven: For Moms

What are some things you are doing or have done to prove you are a good mom?

Proven: For Moms

When you do things that prove to the world you are a "good mom," how do you feel? (Accomplished? Burdened? Overwhelmed?)

Proven: For Moms

What is the world saying right now about you as a mom? Why do you think that? On the contrary, what do you think Jesus is saying about you as a mom?

Proven: For Moms

How can we as moms encourage one another as we step away from pleasing the world and start abiding in Him?

Proven: For Moms

What areas of your life is the Lord calling you to surrender?

Hanging by a Thread

Where in your life right now do you feel like you're 'hanging on by a thread,' and what would it look like to reach for Jesus instead of trying to hold it together alone?

Hanging by a Thread

What "cords" or threads of this world (pressure, expectations, performance, fear, comparison, exhaustion) tend to entangle you, and what helps you refocus your eyes on Jesus?

Hanging by a Thread

Where can you intentionally create margin this week, space for God to meet you, refill you, and remind you of His promises?

Helping our Children Connect to Jesus

How did God get personal with you in the message?

Helping our Children Connect to Jesus

How do you connect with Jesus? How do you remain connected to Jesus?

Helping our Children Connect to Jesus

What does it look like for you to be intentional about reminding your children what God says about them in their daily lives and in their sport?

Helping our Children Connect to Jesus

Why is it important for mothers to understand their first ministry begins at home?

Helping our Children Connect to Jesus

What are three ways you intend to respond to the message?

Proven Priorities

What are some of the things the world tells us should be our primary focus when raising children?

Proven Priorities

How do these things differ from what God's Word says should be our priority?

Proven Priorities

Do you struggle to share God's Word with your children or others you spend significant time with? Why or why not?

Proven Priorities

How does your personal time in God's Word affect your parenting?

Proven Priorities

What are some effective or creative ways to share God's Word with children?
Teens? Young adults?

PROVEN

How did the message from Amy get personal with you today?

PROVEN

How did you try to prove yourself to the world? Sports? Academics? Social?

PROVEN

What challenges and encourages you knowing you don't have to prove yourself, you just have to be living proof of Jesus?