

WINTER 2025-2026

To see continuous improvement, every player should participate in weekly instruction, practice and match play when available. Written session evaluations offer recommendations for next steps.

Consult Coach Matt Fraenza to create the BEST PLAN for your junior!

WINTER Junior Tennis programs are offered for 14-15 weeks: December 1st- March 21st and are available to members (m) and non-members (nm).

Contact matt@guilfordracquet.com for program registration!

Red Ball, Ages 4-7	Day & Time	M/NM
Red Ball I 4-5 yrs old	Tues. 5:15-6pm, 12/2-3/17, exc 12/30 Sat. 10:15-11am, 12/6-3/21, exc 12/27	Tues.& Sat. 15 wks ~ \$315m/\$375nm
Red Ball II 6-7 yrs old	Mon. 4:15-5pm, 12/1-3/16, exc 12/29 Thurs. 4:15-5pm, 12/4-3/19, exc 12/25 & 1/1 Sat. 10:15-11am 12/6-3/21, exc 12/27	Mon. & Sat. 15 wks ~ \$315m/\$375nm Thurs. 14 wks ~ \$294m/\$350nm

Orange Ball, Ages 7-10	Day & Time	M/NM
Orange Ball	Tues. 5-6:30pm, 12/2-3/17, exc 12/30 Thurs. 4-5:30pm, 12/4-3/19, exc 12/25 & 1/1 Fri. 5:30-7pm, 12/5-3/20, exc 12/26 Sat. 11-12:30pm, 12/6-3/21, exc 12/27	Tues. Fri. & Sat. 15 wks ~ \$555m/\$660nm Thurs. 14 wks ~ \$518m/\$616nm
Intro Orange Ball	Sat. 12:30-1:30pm, 1/3-3/7	Sat. 10 wks ~ \$185m/\$220nm

TENNIS MATCH PLAY: Watch your email inbox and our App (Court Reserve) Announcements for info on Play Days, UTR Events and USTA Tournaments.

School of Tennis

Green Ball, Ages 10-13	Day & Time	M/NM
Junior Varsity	Thurs. 4-5:30pm, 12/4-3/19, exc 12/25 & 1/1 Sat. 12:30-2pm, 12/6- 3/21, exc 12/27	Thurs. 14 wks ~ \$518m/\$616nm Sat. 15 wks ~ \$555m/\$660nm
Varsity	Mon. 4-5:30pm, 12/1-3/16, exc 12/29 Tues. 5-6:30pm, 12/2-3/17, exc 12/30 Fri. 5:30-7pm, 12/5-3/20, exc 12/26	Mon., Tues. & Fri. 15 wks ~ \$690m/\$825nm
Intro Green Ball	Sat. 12:30-1:30pm, 1/3-3/7	Sat. 10 wks ~ \$185m/\$220nm

Yellow Ball, Ages 12-18	Day & Time	M/NM
Junior Varsity	Tues. 3:30-5pm, 12/2-3/17, exc 12/30 Wed. 5-6:30pm, 12/3-3/18, exc 12/24 & 12/31 Fri. 4-5:30pm, 12/5-3/20, exc 12/26	Tues. & Fri. 15 wks ~ \$555m/\$660nm Wed. 14 wks ~ \$518m/\$616nm
Varsity	Mon. 3:30-5:30pm, 12/1-3/16, exc 12/29 Tues. 3-5pm, 12/2-3/17, exc 12/30 Wed. 4:30-6:30pm, 12/3-3/18, exc 12/24 & 12/31 Fri. 3:30-5:30, pm 12/5-3/20, exc 12/26	Mon., Tues. & Fri. 15 wks ~ \$900m/\$1080nm Wed. 14 wks ~ \$840m/\$1008nm

JUNIOR PICKLEBALL, Weekly Registration \$14/\$20:

Tues 5-6pm ~ Ages 5-9

Wed 3:30-4:30pm ~ Ages 10-16

Sign up with Wendy at jrpickleball@guilfordracquet.com

JUNIOR MEMBER BENEFITS: Enjoy free court time year round, as well as discounted prices on junior programs and private lessons! Email Beth@guilfordracquet.com for Junior Privilege court booking protocol & info.