

# FALL 2025

To see continuous improvement, every player should participate in weekly instruction, practice and match play when available. Written session evaluations offer recommendations for next steps.

Consult Coach Matt Fraenza to create the BEST PLAN for your junior!

FALL Junior Tennis programs are offered for 12-13 weeks: September 2nd - November 26th and are available to members (m) and non-members (nm).

Contact [matt@guilfordracquet.com](mailto:matt@guilfordracquet.com) for program registration!

Red Ball, Ages 4-7	Day & Time	M/NM
Red Ball I 4-5 yrs old	Tues. 5:15-6pm, 9/2-11/25 Sat. 10:15-11am, 9/6-11/22	Tues. 13 wks ~ \$273m/\$325nm Sat. 12 wks ~ \$252m/\$300nm
Red Ball II 6-7 yrs old	Mon. 4:15-5pm, 9/8-11/24 Thurs. 4:15-5pm, 9/4-11/20	Mon. & Thurs. 12 wks ~ \$252m/\$300nm

Orange Ball, Ages 7-10	Day & Time	M/NM
Orange Ball	Tues. 5-6:30pm, 9/2-11/25 Thurs. 4-5:30pm, 9/4-11/20 Fri. 5:30-7pm, 9/5-11/21 Sat. 11-12:30pm, 9/6-11/22	Tues. 13 wks ~ \$481m/ \$572nm Thurs. Fri. & Sat. 12 wks ~ \$444m/\$528nm

**TENNIS MATCH PLAY:** Watch your email inbox and our App (Court Reserve) Announcements for info on Play Days, UTR Events and USTA Tournaments.

# School of Tennis

Green Ball, Ages 10-13	Day & Time	M/NM
Junior Varsity	Thurs. 4-5:30pm, 9/4-11/20 Sat. 12:30-2pm, 9/6-11/22	Thurs. & Sat., 12 wks ~ \$444m/ \$528nm
Varsity	Mon. 4-5:30pm, 9/8-11/24 Tues. 5-6:30pm, 9/2-11/25 Fri. 5:30-7pm, 9/5-11/21	Mon & Fri. 12 wks ~ \$552m/ \$660nm Tues. 13 wks ~ \$598m/\$715nm

Yellow Ball, Ages 12-18	Day & Time	M/NM
Junior Varsity	Tues. 3:30-5pm, 9/2-11/25 Wed. 5-6:30pm, 9/3-11/26 Fri. 4-5:30pm, 9/5-11/21	Tues & Wed. 13 wks ~ \$481m/\$572nm Fri. 12 wks ~ \$444m/\$528nm
Varsity	Mon. 3:30-5:30pm, 9/8-11/24 Tues. 3-5pm, 9/2-11/25 Wed. 4:30-6:30pm, 9/3-11/26 Fri. 3:30-5:30pm, 9/5-11/21	Mon & Fri. 12 wks ~ \$720m/ \$864nm Tues & Wed. 13 wks ~ \$780m/\$936nm

**JUNIOR PICKLEBALL, Weekly Registration \$14/\$20:**  
 Tues 5-6pm ~ Ages 5-9  
 Wed 3:30-4:30pm ~ Ages 10-16  
 Sign up with Wendy at [jrpickleball@guilfordracquet.com](mailto:jrpickleball@guilfordracquet.com)

**JUNIOR MEMBER BENEFITS:** Enjoy free court time year round, as well as discounted prices on junior programs and private lessons! Email [Beth@guilfordracquet.com](mailto:Beth@guilfordracquet.com) for Junior Privilege court booking protocol & info.