



# ACULASER

## **Benefits of Laser Body Sculpting**

While laser body sculpting in Virginia Beach, VA cannot remove large amounts of body fat in one appointment, people will begin to see results as quickly as the first appointment. The effectiveness of one appointment or several appointments will vary per person. Benefits of this procedure include:

- Short appointment sessions
- Noticeable change in appearance after first appointment
- Non-invasive procedure
- Ability to continue with daily activities after the procedure
- Change the overall shape of the body to one's desired look
- Ability to continue eating what the patient wants

While the patient can continue to eat their desired diet during this treatment, a healthier diet will help the patient maintain the changes. Since each appointment will take around 30 minutes per session, the patient will be able to return to their daily routine after without issue.

### **The Process**

To begin the laser body sculpting in Virginia Beach, VA, we will need patients to fill out a "New Patient Information Form." This form covers their medical history, current condition, allergies, insurance, and any other pertinent information we need to know about. By gathering this information, we will be able to customize the treatment and ensure the patient is a candidate for this procedure.

We will then go over the possibilities with this procedure and determine how it can change the patient's body to their desire. It is important to note that this procedure is not a substitute for losing a large amount of weight. The idea behind laser body sculpting is to:

- Help remove excess fat without an incision
- Target the fat cells under the skin through a medical laser
- Help patients achieve the desired shape in certain areas of the body
- Provide patients with a less invasive and faster procedure than traditional liposuction
- Helps tighten skin

During the procedure, we will have the patient lie down in a medical chair or on a table. We will then apply a cooling gel to the skin before moving a device, known as an applicator, over the skin of a specific area. The larger the area we are treating, the longer the procedure can take.

This device will target the fat cells under the skin without causing damage to the skin. While there is a small chance of burns on the surface, we can take the necessary precaution to avoid that possibility.

### **Follow-up Care**

Since this type of procedure is less invasive than traditional liposuction, the patient will typically only need around one or two days to recover. The patient can begin to get back into their daily routine fairly quickly after this procedure. Along with that, people wanting to treat a larger area of the body may need multiple appointments over the span of several weeks.

Since laser body sculpting is a non-invasive procedure, the patient may not see effects immediately after. Some patients may see change a week after the first session, others may notice changes after a few weeks. While the changes may take longer to notice, the decrease in risk for this procedure is a major benefit for patients. The longevity of the results will depend on the patient's lifestyle and dietary habits, following the procedure.