

CSS Shared Resources, Ontario East. Privacy & Cybersecurity Fundamentals

Advanced Privacy Training

Oct 2025







Land Acknowledgment





Disclaimer



The content of this presentation should not be considered a legal opinion. It is based on extensive research of publically available materials. If you need legal advice, please refer to your counsel.

This is a presentation on industry's best practices which may differ from the ones of your own organization. If that is the case, please consult your employer before changing your existing practices.



- PHIPA Basics (a very quick review)
- Where's the privacy issue?
- Privacy in the News
- IPC Updates
- Case Studies
- Al in healthcare

Key Points





What is your current level of confidence for privacy? (where '1' is a newbie and '5' is an expert)













Privacy and its Importance



Key Definitions



Aspect	Privacy	Confidentiality
Definition	A situation when a person is free from public interference.	A situation when information is kept secret from the reach of any other person.
Focus	Centers around a person.	It is concerned with information.
Protection	Restricts the public from accessing personal details about a person.	Protects the information from unauthorized persons.
Allowed Access	Everyone is generally disallowed from intruding into the personal affairs of an individual.	Only specific and trustworthy individuals are permitted to access the information.
Obligation	Voluntary and based on personal choice.	Often compulsory, especially in fiduciary relationships.
Nature	Considered a fundamental human right.	Typically, an agreement or understanding between parties to keep specific information secret.

Personal Health Information Protection Act, 2004

Sets out rules to protect a client's personal health information (PHI)/record across the health system. "Health information custodians" (healthcare providers and organizations) must follow these rules when collecting, using or sharing a client's PHI.



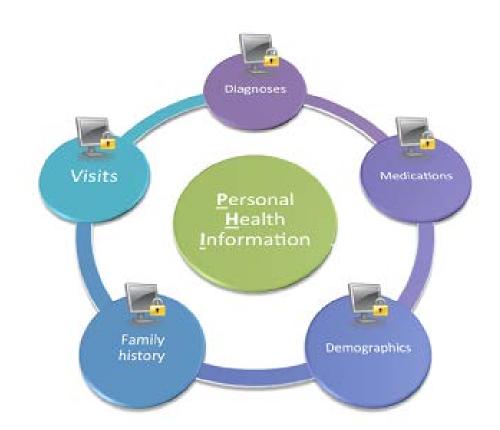
Personal Health Information



Verbal or recorded format

Any information related to one's health:

- Physical
- Mental
- Spiritual
- Emotional





HICs, Agents and the IPC



Health Information Custodian (HIC)

"...persons or organizations who have custody or control of **personal health information** as a result of or in connection with performing the person's or organization's powers or duties..."

Agent

means a person that acts for or on behalf of the custodian in respect to PHI regardless of whether:

- the agent has the authority to bind the custodian
- the agent is employed by the custodian or not
- the agent is being remunerated or not.

Information and Privacy Commissioner (IPC)

An officer of the Legislature, appointed to oversee PHIPA, as well as the Freedom of Information and Protection of Privacy Act (FIPPA) and the Municipal Freedom of Information and Protection of Privacy Act (MFIPPA).



Accessing PI & PHI





Need-to-know ≠ Nice-to-know



Consent (PHIPA)

A client needs to consent to the collection, use & disclosure of their PHI to receive services.



Express consent involves asking the client for his or her consent. Express consent can be obtained verbally, which should be documented. If obtained in writing, there is an actual proof that consent was given.

Implied consent involves a client expressing his or her consent through actions. It is premised on the client having received a notice outlining the purposes for information collection. Notice must be provided at or before the time the information is collected.

Consent to collect, use and disclose PHI PHIPA (2004)

Consent to treat HCCA (1996)

Consent - Few Considerations



- Consent must be informed
- Do the clients understand what they are asked to consent to?
- Is the information provided easy to understand or full of legalese?
- Do clients know they have a choice (to withhold and withdraw consent)?
- Are clients notified using suitable channels?









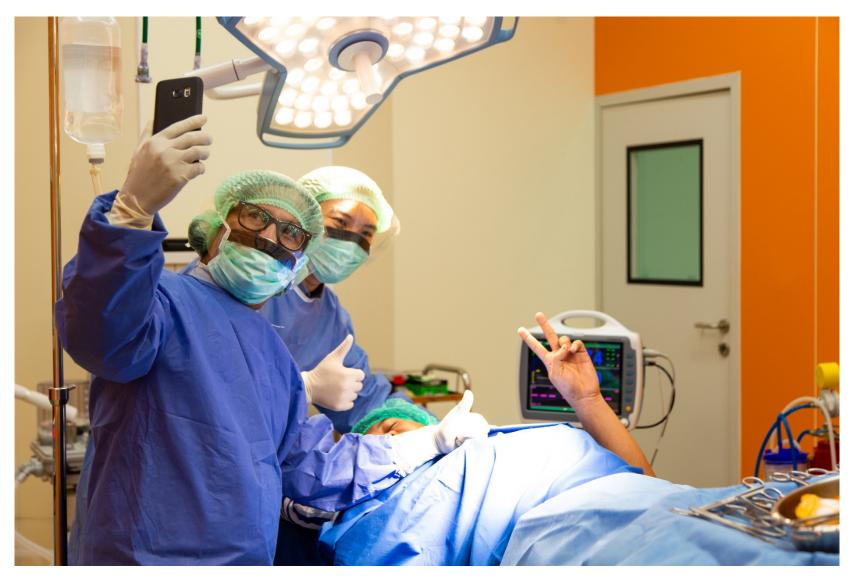
Lock Box (consent directive)

- An express instruction to a HIC to restrict access to the individual's PHI.
- It can be inclusionary and exclusionary
 - Restrict access to all but selected individuals within the organization;
 - Restrict access to selected individuals only within the organization.
- A HIC may also be asked to not disclose PHI to an external healthcare provider (some or all)
- Section 38(3) exception in PHIPA for releasing certain PHI to anyone

Educate clients who wish to apply "lockbox" on their record!









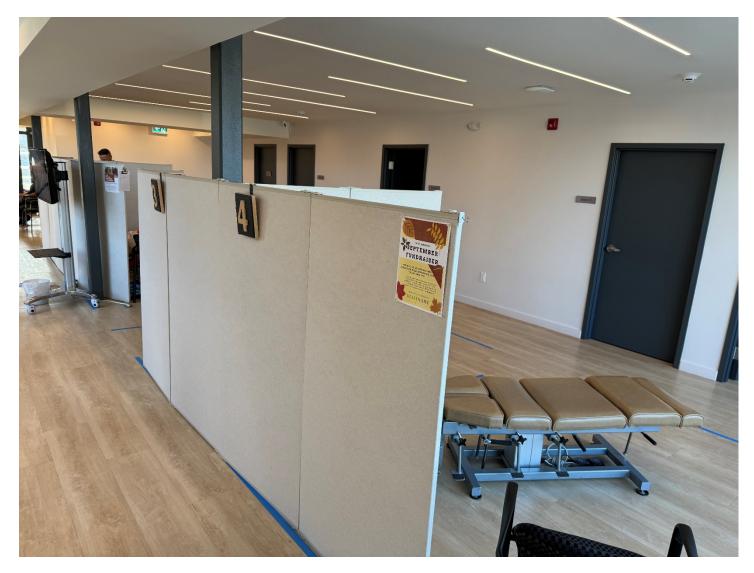
Leadership: Do you have a policy addressing photography?













Headlines

LifeLabs customers can now apply for up to \$150 in windso compensation for data breach

Hundred notice to Applications for compensation from the \$9.8 million settlement are open until April 6, in O DET 2024

Update

Publish O

News

Opposition questions handling of P.E.I. health documents blown away in wind

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out

Pa

Employee knocked over by gust, some documents recovered from pond, says Health P.E.I.

Una offic

Lee Gr

Tony Davis · CBC News · Posted: Nov 14, 2024 6:10 PM EST | Last Updated: November 14

Published Aug 01, 2024 • 6 minute read



Privacy in the News

- controversy traces back to July 2 frequently activated unintentional
- recordings were subsequently rev
- whistleblower noted that accident a zipper being misinterpreted as
- the settlement, which, pending juproduct owners up to \$20 per dev

 the \$95 million payout equates to for the last year.



Updated Jan 3, 2025, 05:24pm EST

technology and Web3

Moin is a tech innovator covering digital fashion,



income

Follow

Jan 3, 2025, 02:09pm EST

Privacy News

In other news ...

Questions: What information is being generated? What can organizations do with it? Is this too much fear mongering?

Business

1st human has received Elon Musk's Neuralink brain implant, billionaire says

Patient 'recovering well,' Musk said, but no details have been shared by company

The Associated Press · Posted: Jan 30, 2024 1:21 PM EST | Last Updated: January 30



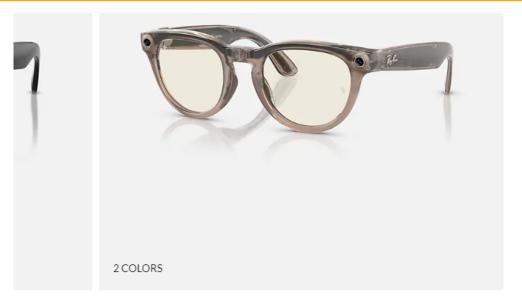
Billionaire Elon Musk, who co-founded the computer-brain interface company Neuralink, says the first human patient has received one of the company's brain implants. (Patrick Pleul/The Associated Press)



Privacy News (Cont'd)

In other developments ...

Questions: How do I know if the person in front of me wears those "smart glasses"? Can I ask them to take the glasses off? What if they are prescription glasses? If they tell me the cameras are off, shall I believe that? Is there a consent issue here?



RAY-BAN | META LOW BRIDGE FIT HEADLINER

\$459.00

Ready for the next generation of smart glasses? The Ray-Ban Meta collection combines the latest in wearable tech with authentic Ray-Ban design, to keep you connected wherever you go. With the latest Ray-Ban smart glasses and smart sunglasses, you can take photos and videos, listen to music, make calls and even livestream direct to Facebook and Instagram – all without taking your phone out of your pocket.

Choose your favourite tech glasses from a selection of iconic styles.



Privacy News (Cont'd)

In other developments ...

Healthcare Technology

Jane Meadus, a lawyer at the Advocacy Centre for the Elderly in Toronto, said she regularly fields calls from residents and their relatives about the use of video cameras. The advice she typically gives is that there are no laws prohibiting them in resident rooms, so long as they are placed with the consent of the occupant (or by someone with the authority to consent on their behalf). In instances of shared rooms, she said, the cameras must be focused on the device's owner only and maintain the privacy of others.



TORONTO – Employees at the Chester Village Long-Term Care Centre, Scarborough, Ont., had been finding an increasing number of surveillance devices installed without their knowledge. Sometimes a person on the other end would even surprise an employee by talking to them using two-way audio.

Travelling to the US

According to Electronic Frontier Foundation (EFF):

- Basic search scrolls through photos, emails, social media, apps (no suspicion needed)
- Advanced search contents could be downloaded for analysis ... reasonable suspicion needed
- Can I refuse search? Yes ... but you risk entry to the US

HOME > SCIENCE NEWS

One Tech Tip: Locking down your device when crossing borders

LONDON (AP) — Planning an international trip? Travelers should prepare for the possibility of extra scrutiny of their phones when crossing borders, especially when entering the United States.

Kelvin Chan, The Associated Press Apr 10, 2025 6:53 AM









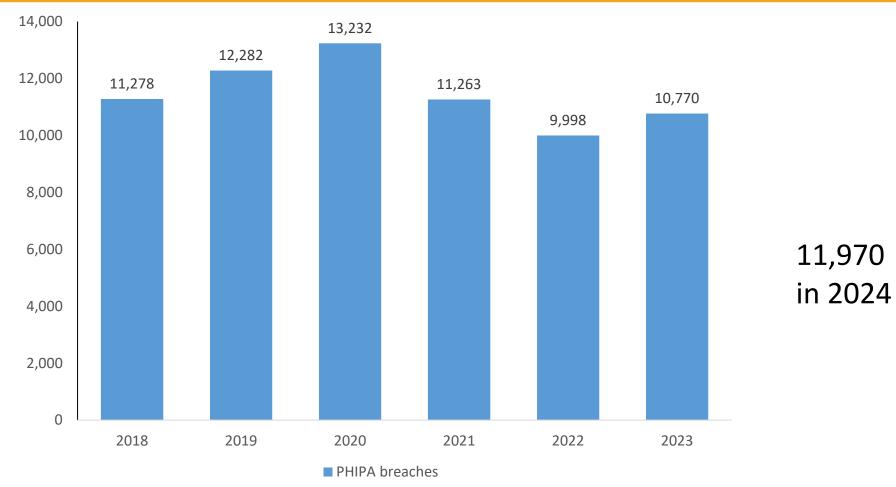


FILE - Vehicles wait in line to cross the border into the United States at the San Ysidro Port of Entry, Tuesday, March 18, 2025, in Tijuana, Mexico. (AP Photo/Gregory Bull, File)



IPC Statistics for PHIPA Breaches







Hot Off the Press: IPC 2024 Annual Privacy Breaches Report



UNAUTHORIZED USE

	Number of breaches	%
Unauthorized use was through electronic systems	943	75.2
Unauthorized use was through paper records	189	15.07
Unauthorized use through other means	122	9.73
TOTAL	1,254	100

UNAUTHORIZED DISCLOSURE

	Number of breaches	%
Unauthorized disclosure was through misdirected faxes	5,055	49.81
Unauthorized disclosure was through misdirected emails	979	9.66
Unauthorized disclosure was through other means	4,107	40.53
TOTAL	10,141	100

Source: IPC's 2024 Annual Statistical Report



You Still With Me?



Administrative Monetary Penalties (AMPs)



Up to \$50,000 for individuals
Up to \$500,000 for organizations







IPC Issues First AMPs (Decision #298)

What happened?

Physician with hospital privileges used the hospital's EMR to conduct targeted searches (sounds familiar?) for newborn males and then contacted the parents to offer them circumcision services through his private clinic

- \$5000 AMP against the physician (out of the max \$50,000)
- \$7500 AMP against WE Kidz (out of the max \$500,000)
- Securely dispose of all records inappropriately obtained
- WE Kidz to undergo privacy training and improve policies



Case Studies - Group Work



Breakout rooms will divide you in different groups for each of the 3 cases;

Take your time to think of the issues at stake and take notes;

Participation is key for this activity to be meaningful;

No wrong answers.



Case Study #1

Adult Day Program van driver arrives at a client's home for a pickup service to the adult day program facility. While on route, the client takes a call on their phone from a case manager and puts it on speaker to hear better. The van driver, unable to isolate from the phone call on speaker, hears the whole discussion which includes lots of details about the client's living conditions and health. At one point, the driver recognizes the name of a person as a very close friend of his spouse. Additional sensitive details are stated including a chronic condition. The van driver is seriously contemplating sharing these details afterwards with his spouse.

What questions are you thinking of at this time?



Case Study #2

Meals on Wheels has been contracted to deliver meals to a new client. During the first delivery, the volunteer driver goes into the home as asked by the client due to mobility issues rather than the standard drop off at the front door. While inside the home, the volunteer sees medical equipment that suggests a specific health condition. Because it looks "cool", the volunteer snaps a quick picture of it with his phone with the idea of putting the picture on social media. In addition to that, volunteer observes client being verbally abusive to their elderly and fragile parent who also lives at the address.

What privacy considerations are there? What questions are you thinking of at this time?



Case Study #3

A Personal Support Worker (PSW) is hired to attend to a senior client who has several comorbidities and can be a rather challenging client to deal with. During a service, the client becomes violent and hits the PSW in an effort to get out of the bath. The hit causes skin to break and draws blood from PSW who now becomes concerned about a potential exposure to conditions the client might have. After completion of the service, still shaken up from the experience, the PSW files a report and using their access to the electronic documentation system, combs through the client's chart to find any medical condition that might require specific action.

Is this access to the record be justified? What potential issues could there be for this PSW?



Case Studies - Debrief



Al in Health Care

What is AI?

Artificial Intelligence System" means a technological system that, autonomously or partly autonomously, processes data related to human activities through the use of a genetic algorithm, a neural network, machine learning, or another technique in order to generate content, make decisions, recommendations or predictions"

- All has the potential to make care delivery way more efficient
- Almost every provider utilizes some form of Al
- Do you utilize AI in your organization?
- Do you have policy/policies related to AI use?





Al in Health Care – Some Challenges

Ensuring accuracy and completeness of AI-supported records

Asking consent from clients to use Al

Evaluation of solutions in relation to privacy and security





Disclosure of PHI with(out) consent



- a) Lawyer representing the client
- b) Children Aid Society (CAS)
- c) Police
- d) Power of Attorney for the client
- e) WSIB
- f) Requester on behalf of a deceased client
- g) Coroner
- h) Insurance companies
- i) Accreditation Surveyors
- j) Public Guardian and Trustee (PGT)



Safeguards

Physical Safeguards

 locked filing cabinets, shredders/ shredding boxes, private/scheduled printing, disposal of printed PI/PHI when not needed, key access to restricted areas, cable locks, etc.





Technological Safeguards

 login names and (hard-to-guess) passwords; encrypted mobile devices; update anti-virus and other computer software/hardware protection, etc.





Administrative Safeguards

 privacy/confidentiality policies, procedures and protocols; training sessions, establishing a designated staff (Privacy Officer), etc.







Confidentiality/Privacy Agreement

All staff sign a confidentiality agreement at the start of their employment.

Important Note: employees MUST maintain confidentiality...

- During employment
 - ✓ Disclosing confidential information
 - ✓ Use of inside information for own benefit
 - ✓ Staff disclosing personal matters
- Post employment
 - ✓ No sharing or publishing confidential information after leaving

All staff will be asked to sign a new confidentiality agreement sometime after this training. You can find it on Sharepoint, in the Mandatory Training folder



Summary / Takeaways

REMEMBER TO

- Privacy is on everyone's mind these days;
- Education and awareness are key;
- All staff have an obligation to keep information confidential, during and post employment.
- If in doubt, ask.



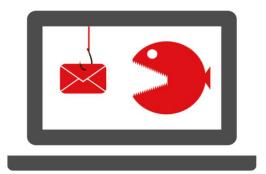


Advanced Cyber Security Awareness Training













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This is a presentation on industry's best practices which may differ from the ones of your own organization. If that is the case, please consult your employer before changing your existing practices.



How confident do you feel right now in regards to your cyber security awareness (where 1 is "Not at all" and 5 is "I do hacking in my spare time")?

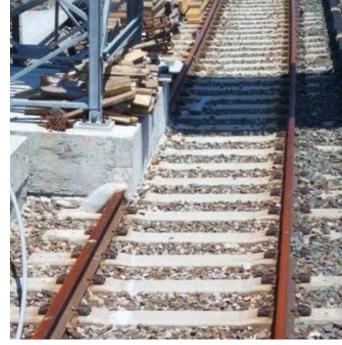
- 1
- 2
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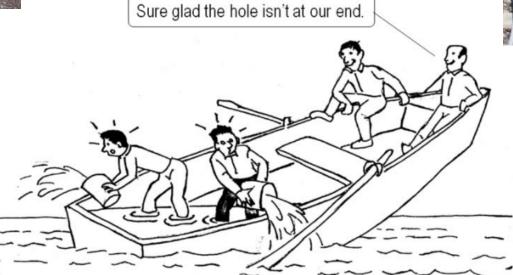


We all have a stake in our organization's security!









Forget the "Not My Job" statement



Social Engineering



Consumer Alert | News



82-year-old investment had to work

Ontario mother loses \$5,700 to scammers impersonating her son

By Pat Foran

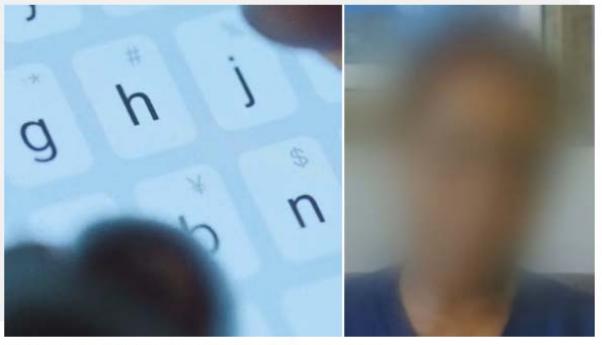
Published: March 18, 2025 at 6:25AM EDT

iidd to w

By Pat Foran

Published: February 25, 2025 at 6:12/







tario woman says she was scammed out of \$5,700 from a text claiming to be her son. (CTV News Toronto

What you need to know

- Be familiar with your organization's IT policies and procedures to stay compliant;
- You are personally accountable for any activity done under your User ID;
- If your User ID/password is lost or compromised, contact IT immediately;
- If you identify a security concern/issue, address it ASAP. Better safe than sorry.

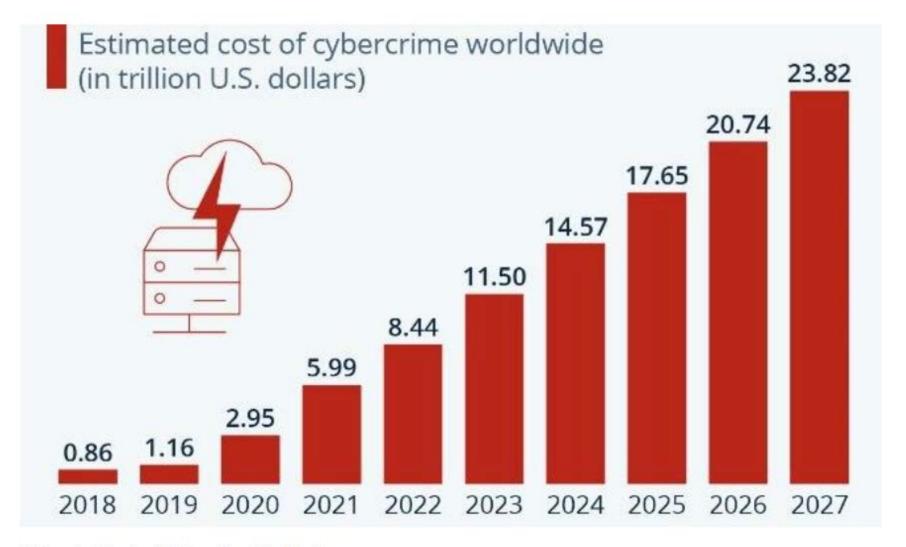
Security is everyone's responsibility!





rise of 93% of data breaches globally

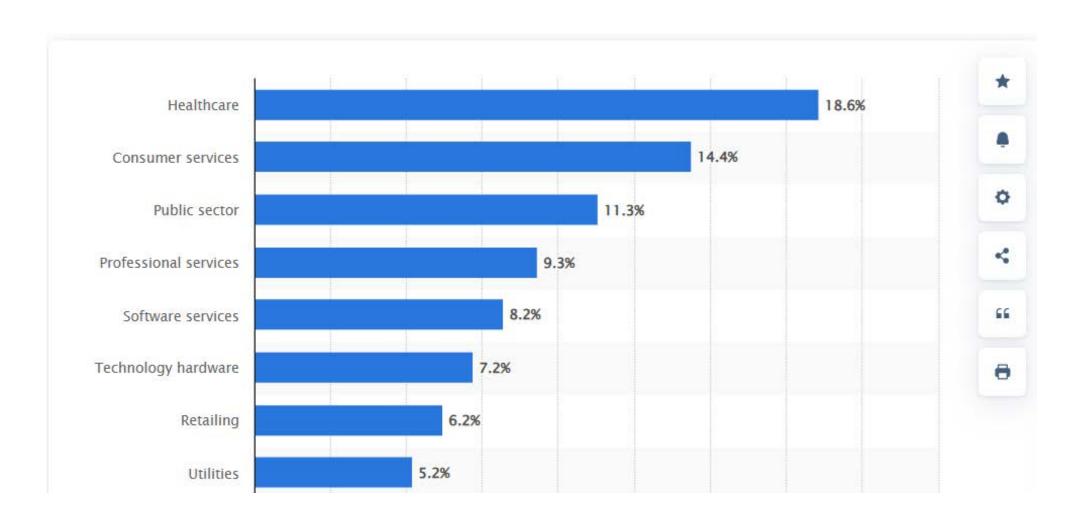
Stats



Estimated Cost of Cybercrime Worldwide

We don't spend nearly enough to better protect our organizations (and ourselves) from cyber crime!!!

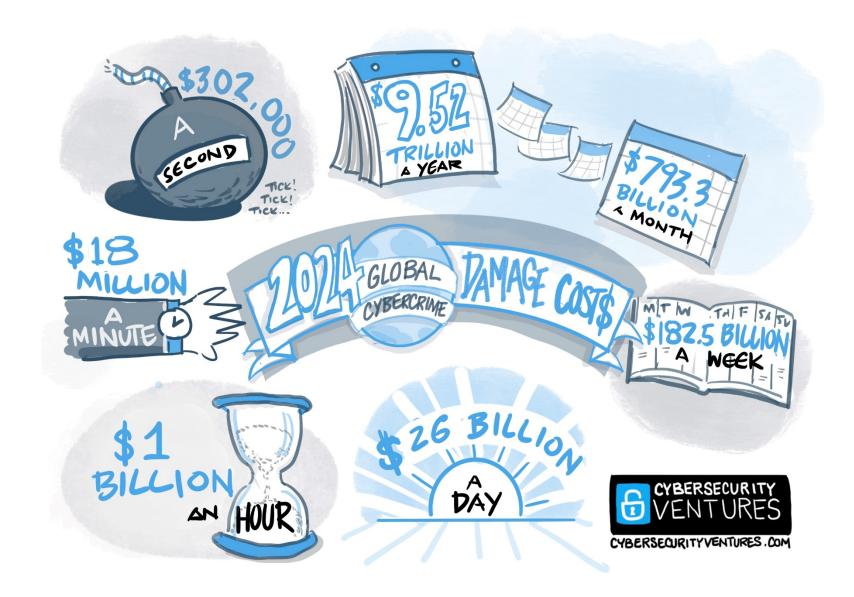
Industries most frequently impacted by ransomware 2024



Stats

Identity fraud losses tallied a total of \$52 billion (Javelin Strategy & Research)

We don't spend nearly enough to better protect our organizations (and ourselves) from cyber crime!!!



Human Firewall

 No matter how great your policies and technical defenses are, some phishing will go through them

 Need to train staff on how to spot phishing emails and what to do (reminder: acceptable use policy, are staff familiar with it and have they signed it?)

Human firewall is critical





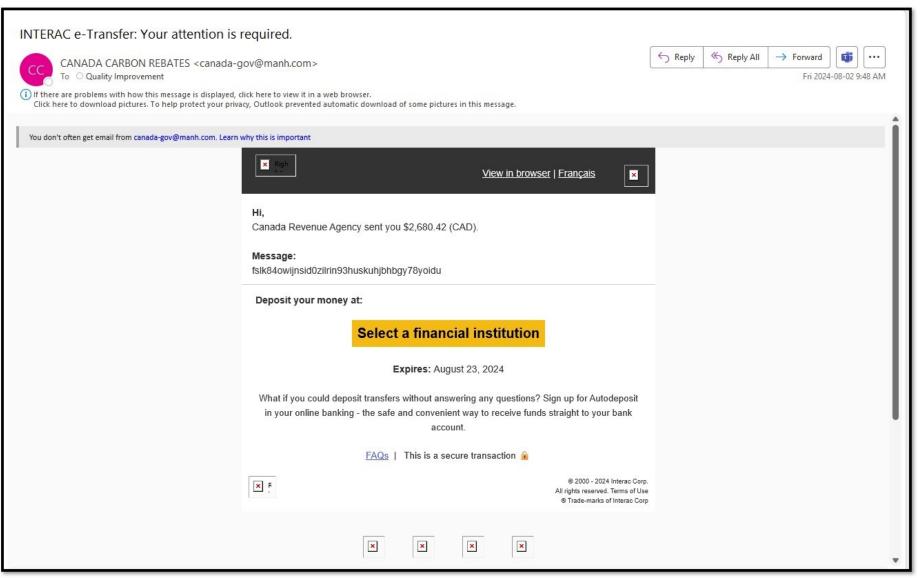






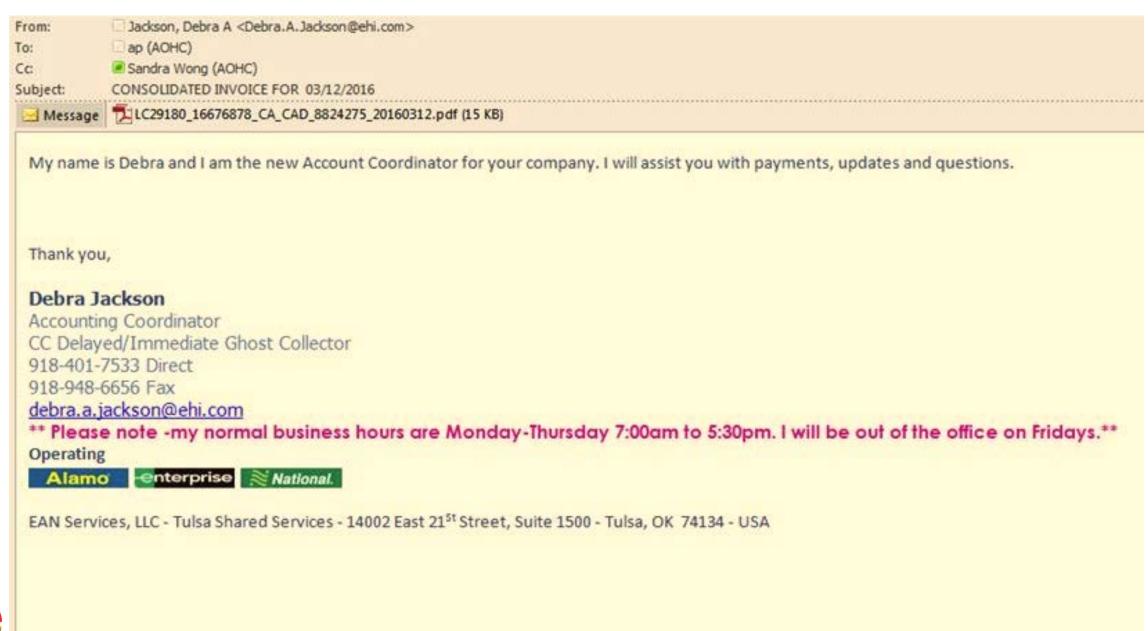








Phish or not?



, Your name is on the list





i If there are problems with how this message is displayed, click here to view it in a web browser.

Click here to download pictures. To help protect your privacy, Outlook prevented automatic download of some pictures in this message.

CAUTION: This email originated from outside your organization. Exercise caution when opening attachments or on clicking links from unknown senders.

THE HOME DEPORT

Congratulations to the 3 winners of our weekly contest (October 2023)

Amanda Arcuri (Québec City) | Gift sent on 11th October.

Dini Petty (Winnipeg) | Gift sent on 12th October.

Last Winner (Canada) | This person has not replied yet.

"https://sign-trk.r1lo.in/ga/click/2-15290959-1030-5503-10896-5765-d57ac0fc5c-8823e2eeeb"

Please answer a few questions truthfully and receive your Gift within 72 hours.





----Original Message----

From: communications@allianceon.org

Sent: May 2, 2024 10:25 PM

To: communications (Alliance) < communications@aohc.org>

Subject: Your password must be changed

Hello

As you may have noticed, I sent you an email from your email account <u>communications@allianceon.org</u> This means I have watching you for a few months The thing is, you got infected with a nirat through an adult site you visited If you don't known irat-pro gives me full access and control over your device.

This means I can see everything on your screen, turn on the camera and microphone, but you don't know it I also have acc correspondence.

On the left half of the screen, I made a video showing how you satisfied yourself, on the right half you see the video you w With a click of a mouse I can send this video to all your emails and contacts on social networks I can also see access to all y programs that you use.

If you want to avoid this,

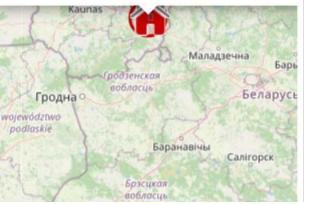
Transfer the amount of 1300 USD to my bitcoin address ("write buy bitcoin or find P2P exchange if you don't know")

My Bitcoin address (BTC wallet): 1CG2vFJTaifawGPsik6jkQPCDJLJ2StGpR

After payment is received, I will delete the video and you will not hear from me again I'm giving you 48 hours to pay Do not forget that I will see you when you open the message, the counter will start If I see you've shared this message with someone else, the video will be posted immediately









and Payroll Update for 2025

To:				
Date:	Monday January 2025			
From:				
Remarks:	We value your contribution to the team, and in recognition of your hard work, dedication, and outstanding performance, we are pleased to inform you that you will receive a raise starting on your next paycheck.			

Please scan the barcode and sign where necessary:



Please review the attached document, sign where needed (pages 4-5), and initial all pages before the next payment run. We appreciate your support and look forward to continuing this journey together. Kindly scan the QR code and follow the instructions.



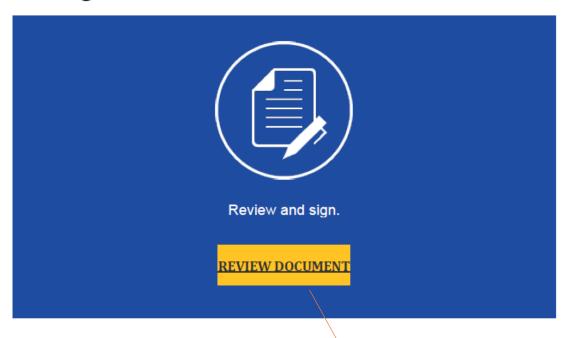
From: dse@camail.docusign.net

Го:

Wed 2023-03-08 12:20 PM

CAUTION: This email originated from outside of Street Haven. Do not click links or open attachments unless you recognize the sender and know the content is safe.

DocuSign



Please DocuSign Street Haven At The Crossroads Settlement Agreement - 9 Mar 2023.docx



Original URL: https://bs.serving-sys.com/Serving/adServer.bs? cn=brd&PluID=0&Pos=1891345787571&EyeblasterID=1086486580&clk=1&ctick=57318&rtu=https%3A%2F%2Fcamail.web.app/ssai2Pfanx0qsk17rFe5Fe5k17havFe5ndy9s3RWO3BM2. Click or tap if you trust this link.

From: eProcess < dcastro@publitechgt.com>

Sent: March 26, 2025 3:11 PM

To: Sarah Hobbs (Alliance) < sarah.hobbs@allianceon.org>

Subject: VTE.REFID96813

Importance: High

You don't often get email from dcastro@publitechgt.com. Learn why this is important

PAYCHEX

Allianceon Onboarding Announcement!

We want to notify you of an important update regarding the management of your salary and benefits for 2025. To enhance efficiency and ensure accuracy, Paychex will now handle payroll, benefits and related HR services.

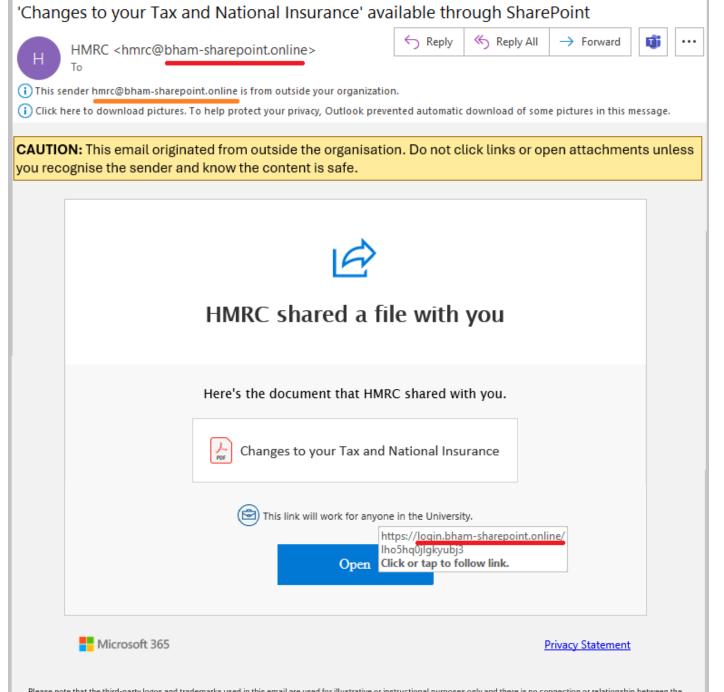
In your portal, you will be able to manage your account, view important documents, track progress, and access the full range of services we provide. To get started, simply follow the instructions below

How to Access Your Portal:

- 1. Copy and paste the link below to your browser to navigate to the login page.
- 2. Enter your registered email address: sarah.hobbs@allianceon.org
- 3. Once logged in, you can personalize your password and explore your dashboard.

http://///shared.paychex.margorental.com?email=sarah.hobbs@allianceon.org







Phishing Proofpoint Encryption https://nyc3.digitaloceanspaces.com/view-document/Payment.html Sign in to your account https://login.1magefirst.com/common/oauth2/v2.0/authorize?client_id=4 Please review and sign your document message the button yields no action, From: onfidential and intended solely for the er if you have received this email in © 2009-2024 Proofpoint, Inc. All rights **View Documents** rôlé par Hôpital Montfort. Alternately, you can access these documents by visiting docusign.com, clicking the 'View Document" link, and using this security code: zz quement et pourrait contenir ^{9P} it de lire, d'utiliser, de 87A67E2EEB9C4B75B8ADF3732C8ED2B01 courriel par erreur, veuillez on.ca), puis effacez le courriel s of this e-mail, including its nformation. If you are not the DocuSign. The fastest way to get a signature.® This message was sent to you by Jennifer Rayner who is using the DocuSign Electronic Signature Service. If you

would rather not receive email from this sender you may contact the sender with your request.



From: Invoices <acct@cybergal.com>

Sent: Wednesday, January 22, 2025 11:41 AM
To: Sarah Hobbs < Sarah. Hobbs@allianceon.org >

Subject: CEO/Executive Advisory Membership Service INV - Climb to a better Team

Dear Sarah Hobbs,

We're thrilled to extend a warm welcome to you as a member of the JJ PAUL LLC Advisory VIP Club. A distinguished community comprising executives of your Caliber.

As a participant in the JJ PAUL LLC Advisory VIP Club, here's what's in store for you:

Personal VIP Relationship Manager, First Glimpse at New Products, Invitations to Exclusive Events, Surprises & Rewards, Priority Live Chat Support.

Please find attached your invoice for payment and see invoice summary below:

Invoice Summary:

Invoice Number: INV1108360
Date Issued: 01-22-2025
Due Date: Upon Receipt
Amount: 57,500.00 USD

Further Action Required:

To avoid any disruption in our services, we urge you to settle your payment by the due date. Doing so will ensure your continued access to our comprehensive services aimed at propelling your business forward:

We value your participation in our entrepreneurial community and are committed to supporting your business endeavors. Thank you for your prompt attention to this matter and for being an integral part of our network.

Please Note: This message is automatically generated and sent for notification purposes only. Replies to this email cannot be monitored or answered. For all inquiries or support needs, please contact Collins James directly.

Confidentiality Notice: This communication, including any attachments, contains confidential information intended only for the recipient(s). Unauthorized use, disclosure, or copying of this information is strictly prohibited.



Slide on MFA spoofing

- Microsoft Authenticator

- Text message

- Phone call

- Email

How a SIM Swap Scam Works:



Attacker collects data on victim (through social media, phishing, etc.)





Now, thief gets incoming calls and texts meant for the victim — including account access codes.



Thief calls phone service provider, impersonates victim.





Thief tricks carrier into switching victim's mobile number to SIM card on thief's phone.



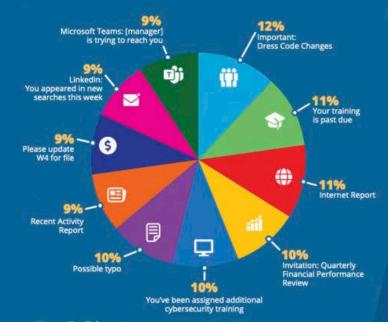




Most Common Scams 2024



TOP PHISHING EMAIL SUBJECTS GLOBALLY



A

Key Takeaway

HR continues to take the top spot with 42% of the business-related subjects. Another major theme is IT related subjects at 30%. These attacks continue to be effective as they can affect a user's work, evoke an immediate response and can cause a person to react before thinking about the validity of the email.

TOP OR CODES SCANNED

- Mazon: Protect yourself from scammers/Your Amazon order has been delayed
- Microsoft: Password Expiration: Scan barcode to keep old password
- Passkey MFA migration announcement
- Office 365 Account Migration
- Reminder: Review Updated Drug and Alcohol Policy

RECENT "IN THE WILD" ATTACKS

- Urgent: Tax Notification (HTML Attachment)
- Urgent Business Review (Link)
- WHR: New Rewards Program (Link) (Spoofs Domain)
- AWS: AWS Account on Hold: Response Required (Link)
- Additional entries have been made on your report (Link)
- Apple: Apple Pay was suspended on your Device!! (Link)
- Annual Survey (Link) (Spoofs Domain)
- Microsoft: SECURITY ALERT! Cleansing Needed! (Link)
- Install VPN (Link)



Key Takeaway

This quarter we see IT and more personal notifications (tax, healthcare, Apple Pay) that could potentially affect users' general outlook. These types of attacks are effective because they cause a person to react to a potentially alarming topic before thinking logically about the legitimacy of the email.

TOP 5 ATTACK VECTOR TYPES



PDF Attachment

Email Contains a PDF Attachment



HTML Attachment

Email Contains an HTML Attachment



Word

Email contains a Word or .docx attachment



Excel

Email contains an Excel attachment



PPT

Email contains a PowerPoint attachment



Key Takeaway

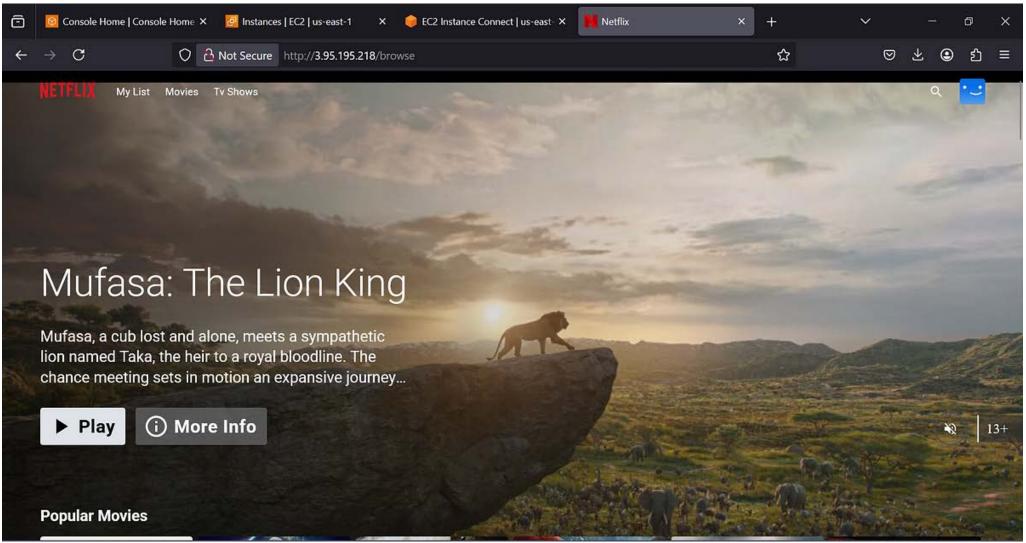
This is a ranking of top attack vector types used in KnowBe4 Phishing Security Tests. The #1 vector for the past quarter from our phishing tests and those seen in the wild are phishing links in the email body. When these links are clicked they often lead to disastrous cyberattacks such as ransomware and business email compromise.



Key Takeaway

IT related messages around migrations and passwords likely piqued interest from employees to determine what new procedures may be happening. Amazon shipments also get users to engage.

Clones





Password Security



Passwords are like ... underwear:

- Don't share them;
- The longer, the better;
- Don't leave them hanging around (e.g. windless around your workstation);
- Change them often;
- Be mysterious, be unpredictable (choose complex passwords, use a passphrase).





Passwords

- Use passphrases

Top 10 most common passwords globally

According to NordPass' Most Common Passwords report, 2021

Rank	Password	
1	123456	
2	123456789	
3	12345	
4	qwerty	
5	password	
6	12345678	
7	111111	
8	123123	
9	1234567890	
10	1234567	

TIME IT TAKES A HACKER TO BRUTE FORCE YOUR PASSWORD IN 2024

How did we make this? Learn at hivesystems.com/password

Number of Characters	Numbers Only	Lowercase Letters	Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters, Symbols	
4	Instantly	Instantly	3 secs	6 secs	9 secs	Ľ
5	Instantly	4 secs	2 mins	6 mins	10 mins	6
6	Instantly	2 mins	2 hours	6 hours	12 hours	
7	4 secs	50 mins	4 days	2 weeks	1 month	R
8	37 secs	22 hours	8 months	3 years	7 years	
9	6 mins	3 weeks	33 years	161 years	479 years	
10	1 hour	2 years	1k years	9k years	33k years	
11	10 hours	44 years	89k years	618k years	2m years	H
12	4 days	1k years	4m years	38m years	164m years	4
13	1 month	29k years	241m years	2bn years	11bn years	
14	1 year	766k years	12bn years	147bn years	805bn years	H
15	12 years	19m years	652bn years	9tn years	56tn years	
16	119 years	517m years	33tn years	566tn years	3qd years	
17	1k years	13bn years	1qd years	35qd years	276qd years	
18	11k years	350bn years	91qd years	2qn years	19qn years	

mmon ds 2023

56

-

4. 1234567

1,213,047



7. password



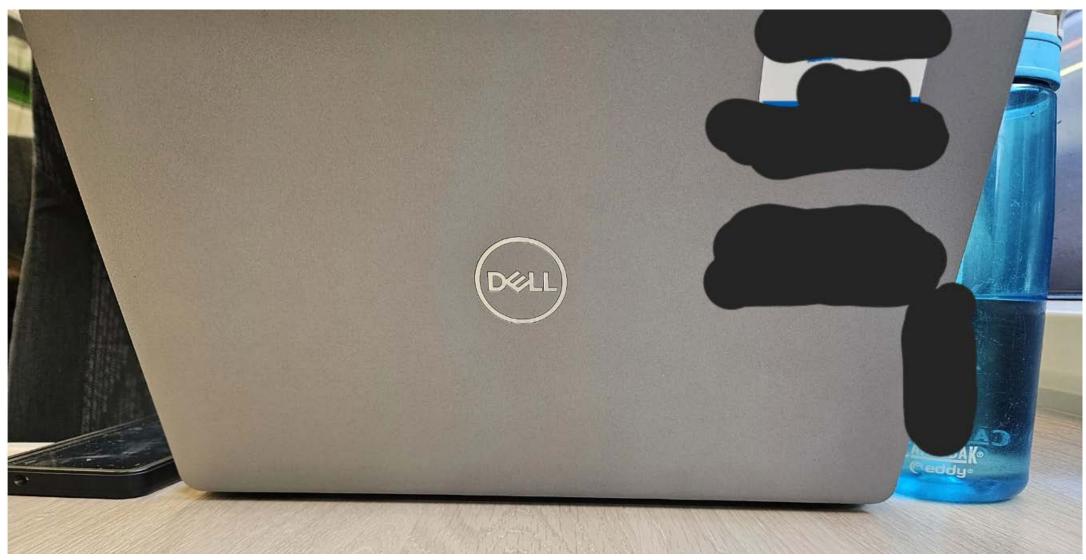
0. 12345678

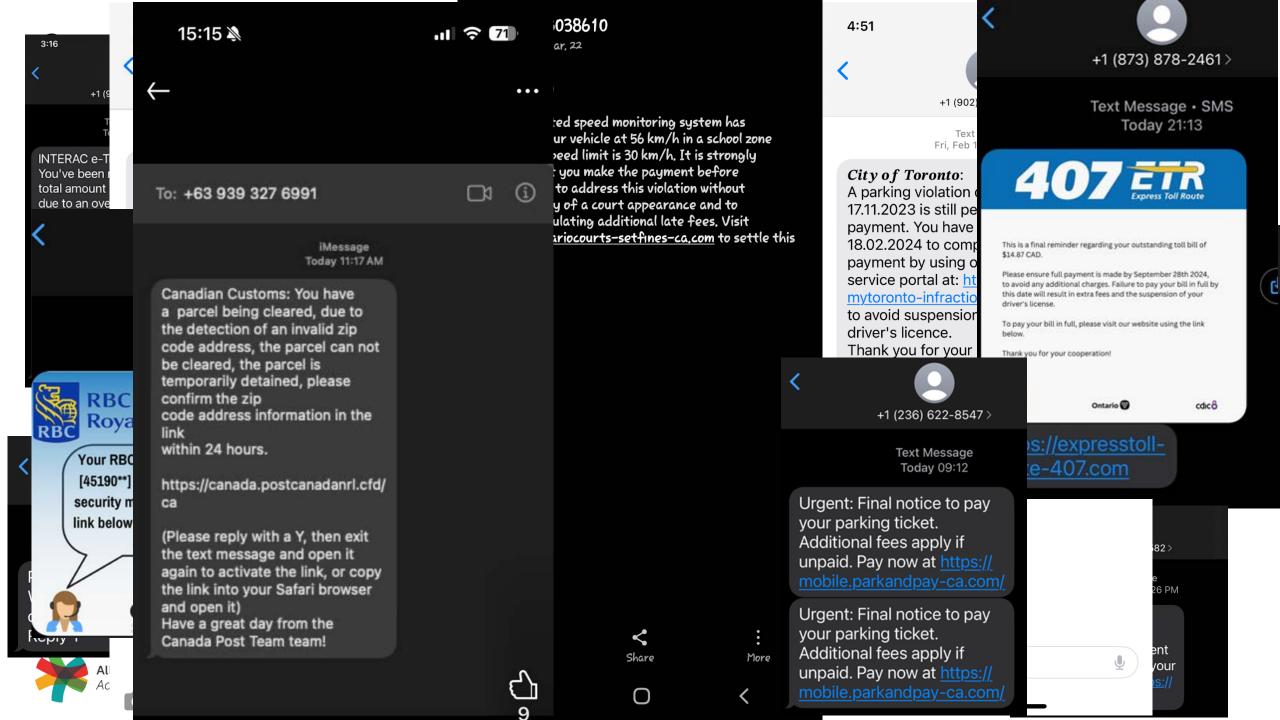




> Hardware: 12 x RTX 4090 | Password hash: bcrypt

Technology Labeling





Workstation Security

 Clean desk policy - it is becoming increasingly important for privacy and confidentiality reasons.







Removable Storage Devices Security

Watch Out for "Baiting attacks" (an example of social engineering)

 the potential attacker leaves a malware-infected USB drive or SD card in a location sure to be found (bathroom, elevator, sidewalk, parking lot), gives it a legitimate looking and curiosity-piquing label, and simply waits for the victim to use the device.





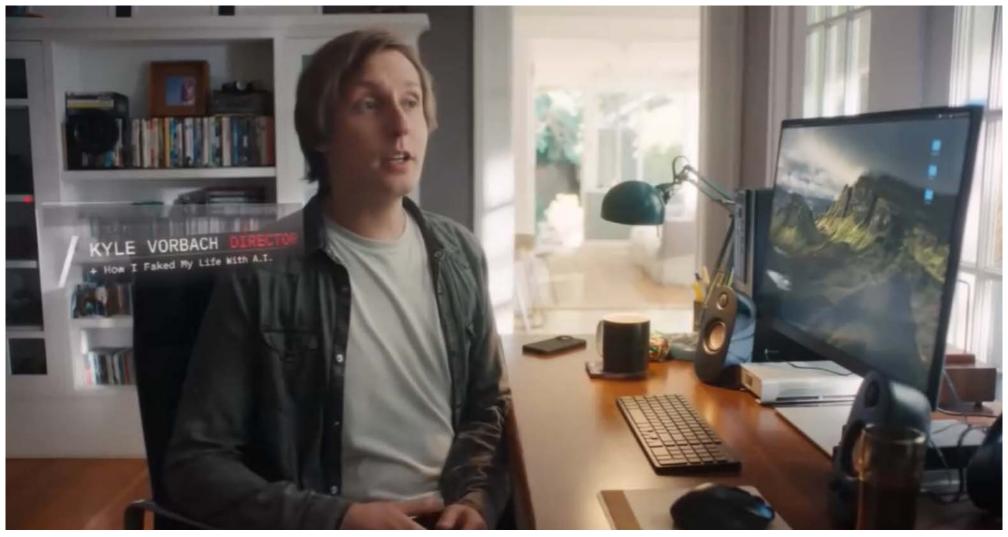
Smartphone Security

- Use a screenlock every smartphone and tablet has one. Use it!
- Don't allow anyone to borrow your smartphone (especially your work smartphone);
- Don't respond to text messages from strangers;
- Don't answer calls from strange phone numbers Let voicemail handle those;
- Back up everything often.





Deepfake on Steroids





Identity Theft - Steps to Take

- Report to the police
- Tell financial institutions + CRA
- Report the identity theft to the Canadian Anti-Fraud Centre
- Check with Canada Post if the address they have for you is indeed yours
- Cancel any missing or stolen identification documents
- Contact Equifax and TransUnion
- May need legal help for some situations



Reporting



If an IT security incident has occurred, or you suspect one, notify your IT as soon as possible!



If something happens ...



What to do in the event of a possible cyber incident?

You clicked on a suspicious link or opened an attachment. What's next?



Disconnect from the internet right away

 Wireless - using key combination of FN + F8, to disconnect from any wireless network



- Wired pull the cable and make sure your wireless is disabled as well
- If you cannot disconnect, turn off your computer as a last resort!



Name	Email	Cell phone number	
71	7	005 550 4736	_



KEY POINTS

- Strive for due diligence and best practice
- Malicious actors are relentless and adapting quickly
- We'll always be miles behind
- Help and resources are available, just look around/reach out







Thank you Merci Miigwetch

privacy@allianceon.org

^{*} Please complete the evaluation form for this session to tell us how to make it better

Training Feedback

Your feedback is highly appreciated

Please take a minute to complete the survey.

https://forms.office.com/r/7MyvYU6Fwt





Thank you

info@accesscss.ca accesscss.ca