



Services to support older adults, seniors and adults living with disabilities in Eastern Ontario

To learn more

www.accesscss.ca



Services



Adult Day Programs and Respite



Care Coordination and Navigation



Caregiver Support



Condition Specific Supports



Food and Meal Programs



Foot Care Services



Home Help and Home Maintenance



Health Promotion and Education



Palliative Care



Recreation, Fitness and Social Activities



Safety and Security Programs



Support and Care at Home



Transportation

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