

MOW Regional Service Network Meeting Summary
20 June 2024 at 2:00 pm

Attendees: Bau St Cyr (MOW Ottawa), Meredith Woods (MOW Ottawa), Cathy Beckwith (Rural Ottawa South Support Services), Annabelle Luck (North Renfrew Long Term Care, community Services), Makyla Gendron & Laurie Hazen (Eganville Seniors), Antonia Reynolds (Seniors Community Services, Kemptville), Kristine McGahey (Eastern Ottawa Resource Center), Lancia Simmonds-Abiola (VON, SE), Sheri Birney (Community Care Northumberland), Sue McKowen, Terri Scheckel & Terri Wentworth (Community Care Kawartha Lakes), Brenda Twaddell (Community Care Peterborough), Sarah Shannon (Service Communautaire Prescott-Russell), Crystal Sled (CPH Care), Laura Huffman (North Frontenac Community Services), Brown Weeks (South Frontenac Community Services), Brad Hammond (Western Ottawa Community Resource Centre), Michaela Cairns (Community Care for Seniors Prince Edward County), Amanda Rowden (Haliburton Highlands Health Services), Cindy Weese (VON- Napanee), Reem Haddad (CCSN).

Regrets: Chris Cobus

1. Welcome and Introductions:

Bau St Cyr welcomed participants and there was a round of introductions for all.

2. Acceptance /modification of agenda and last meeting notes (25 Apr 2024).

Accepted as circulated.

3. Co-Chairs for MOW Provider Service Network:

Bau introduced himself as the chair for today's MOW Regional Service Network meeting. Meredith Woods from MOW (Ottawa) in Champlain has expressed interest in being one of two Co-Chairs. Bau encouraged participants, especially from CE & SE, to take a role as Co-Chair for future meetings. **Action:** Anyone with interested in the role of Co-Chair for future meetings is encouraged to contact Chris Cobus ccobus@ccsn-rscc.org

4. Terms of Reference:

This topic to be deferred to the fall.

5. MOW Data Update:

Participants have indicated that volunteer recruitment, rising food costs are the biggest challenge to providers. Other common difficulties (volunteer are not willing to drive a long distance to deliver meals for rural areas, one organization shared the needs for a full time cook).

Bau has asked participants to share what is the cost for meals which fall of in between almost \$7 to \$12.

A question was asked if these providers/participants use any way to subsidize meals? MOW Ottawa shared that their subsidy is based on the client income less than \$20.000 for almost \$2. Especially for clients who are on ODSP. Few Participants/ providers have

indicated that they used the Notice of Assessment to check client's income & if it is under \$26,000, they would provide subsidized meals.

Some other providers indicated that the meals subsidy would be partially or completely based on the income as well. Others, check the clients' expenses and if they have left with \$100 for a month, then the client would be eligible for subsidy. Others have a donated frozen meals that they used to give to client who are in needs.

Bau has asked where the subsidy's money is coming from? Participants indicated that this based on donations (money & donated frozen meals).

Reem has shared her screen to show the excel sheet where Chris has shared that live document with MOW providers to update their information accordingly highlighting what they have updated.

Bau explained the purpose of this updated data which would be useful at any funding opportunities. Bau encouraged all to participate in this data so the result would help in an advocacy endeavor. **Action:** Chris Cobus to circulate the live document in an email to all for completion before the next meeting.

6. 2019 Meal Delivery Standards and Guidelines:

Defer discussion on the standards and guidelines until the fall.

7. Client /Staff Satisfaction Surveys:

Discussion deferred to the fall. **Action:** Anyone wishing to share their client satisfaction surveys please forward to Chris Cobus: ccobus@ccsn-rscc.org

8. Agency Updates:

Participants shared what is the cost for meals which fall of in between \$7 to \$12.

Next meeting: 19th Sept 2024 at 1:30 pm.