

ADP Providers – OHE Service Network Meeting Notes

24 April 2025 9:30am to 11 am

Attendees: ADP Providers from across the Ontario Health East region were invited to attend.

Ontario Health East – ADP Collaborative:

Colleen Taylor, Champlain ADP Regional Service Network Table/The Olde Forge
Rhonda Schwartz & Sabeen Ehsan, Central East ADP Table/ Seniors Care Network
Lancia Simmonds-Abiola, South-East ADP Providers/VON
Nathalie Lafreniere & Chris Cobus, CSS Shared Resources, Ontario East

1. Welcome – Nathalie Lafreniere, CSS Shared Resources, Ontario East

Nathalie welcomed everyone acknowledging the broad scope of ADP Providers participating from throughout the OHE region.

2. York University Research Team – Dr. Matthias Hoben, Associate Professor in Dementia Care School of Health Policy and Management

Matthias presented on his team's research project underway exploring experiences related ADP services and the impact of ADP services on both Caregivers and clients involved. Research began in November 2023 and is anticipated to continue until March 2028 (or beyond). Research efforts currently involve ADP services in the provinces of Manitoba, Alberta, BC, and Ontario, and will soon include Saskatchewan. There will be opportunity for those participating in the effort to receive results at various stages along the way, and to drill down to results in various regions/sub-regions, e.g., OHE region and sub-regions of Champlain, Central East & South-East. An invitation was extended to the group to participate in this research effort in one/several ways:

- by completing a survey on their respective ADP Program
- helping to connect the Research Team with ADP staff, clients and caregivers who may be interested in participating in focus groups and/or one-on-one interviews on phone or online.
- helping the Research Team to connect with Caregivers willing to complete a survey of their own.

The tools are available in several languages, e.g., Chinese, Mandarin, Cantonese, Russian. Not currently in French, however, the Research Team expressed confidence they can find the resources to enable translation to French also.

Next Steps: ADP Programs interested in participating in this research effort are to contact Stella (member of the research team) at: stellam2@yorku.ca or by phoning: 1-647-786-8993.

3. Best Practice Guidelines – Colleen Taylor, Champlain ADP Regional Service Network.

In June 2024 the Ontario Health East- ADP Collaborative formed to work in conjunction with ADP Providers across OHE to create an ADP Best Practice Guidelines document built on previous work done in each of the three sub-regions (Champlain, Central East & South-East). The final draft was recently brought to all three sub-regions for approval and today, the document (fully illustrated and in both French and English) is being made available to all ADP Providers in OHE and will be accessible to all interested on the www.accesscss.ca website. Thanks was extended to all ADP Providers for contributing to this effort, to produce a document that will support the

consistency of ADP services across the region. It provides a foundational document for use in training new staff and a resource document for all, as efforts continue to advocate for these invaluable community support services.

Attention was focused on the Human Resource Management Page, as it outlines various training and orientation requirements. Action: As ADP Providers familiarize themselves more with the document's contents, if you identify any particular areas of service you would appreciate receiving more training in, please bring this to the attention of the Ontario Health East – Collaborative (working group) so that the sub-regions can work together with the CSS Shared Resources to address common needs across the region.

Colleen recognized that while some ADP programs do not have the current resources to achieve all of the guidelines outlined, these guidelines will be an inspiration to work towards and enable ADP providers to support one another in doing so.

4. Frailty Pathways – Rhonda Schwartz and Sabeen Eshan, Central East ADP Table/ Seniors Care Network

Sabeen introduced the topic, acknowledging that she and Rhonda have been working with ADP Providers in Central East for about 7/8 years now. About 2 years ago, they began exploring 'frailty pathways' as part of the work they are doing in support of OHT's population health.

While various frailty scales exist, they leaned into those that address wholistically all four domains of frailty: Physical, Cognitive, Social and Mental domains. Its use across the various sectors of health could establish a 'common language' making comparisons across the continuum of care feasible. They shared with the group a "Screening and Management in Community Framework" that demonstrated how use of the frailty tool across sectors would enable enhanced communication among providers and support warm hand-offs to resources aligned to support clients and caregivers at each stage of frailty.

Not wanting to add to the administrative burden of ADP staff, the scale being recommended is pictorial in nature, therefore able to be used across languages and administered by either Caregivers or ADP staff when used. It could be considered for use at intake, re-assessment, and/or discharge to inform each program of the complexity of clients served.

Feedback from the group:

- should **not** be too time consuming.
- helpful in providing data at times of transitions in care.
- Care Partners may find it helpful also.
- beneficial in helping to make decisions re: discharge/transfer.
- when can we start?

Some ADP Providers indicated a readiness to begin using the frailty scale. Rhonda and Sabeen are happy to coordinate some online training with those interested. They have some cheat sheets and tips/tools to share from work already underway in Central East. Interest was expressed in having the tool in electronic format.

Next steps: Ontario Health East – ADP Collaborative will move forward with planning training when they next meet, for those interested.

5. **Future Topics – Lancia Simmonds-Abiola, South-East ADP Providers/VON**

Lancia asked the group what topics they would like the Ontario Health East – ADP Collaborative to explore on behalf of the group. The following topics were raised:

- Frailty Scale training
- Policy development, as needs are identified
- Organizing ‘break out’ rooms to enable ADP providers operating similar types/size of programs to connect with one another on their general operations.
- Terms of reference for OHE-ADP regional group
- Responding to challenging behaviors within ADP programs, perhaps exploring Alzheimer’s Society or Dementia Society resources available.
- how to enhance communication and understanding of roles between ADP Providers and staff at OH@H. Note: Jennifer McDonnell has resources to share from CE; e.g., one pager describing ADP services and Map.
- Meeting the needs of persons dealing with early Onset Dementia.
- How to encourage referrals ‘earlier’ in a clients trajectory of care, to enable ADP programming to be more effective for all involved.
- Responding to dual diagnoses.
- Exploring what discharge looks like and brainstorming on how to enhance warm hand-offs/conversations.
- The relationship; between concussion and dementia.

6. **Next Meeting of ADP Providers across OHE– 24 June from 9:30 – 11 am.**

Purpose: To review a draft workplan from the Ontario Health East – ADP Collaborative based on the feedback received at this meeting.