

MOW Providers Service Network
Meeting Agenda/Minutes
12 Feb 2026

CHAIR/S:	Meredith Woods Kerri Daley Chris Cobus chaired this meeting.	NOTE TAKER:	Reem Haddad
ATTENDEES:	<p>Brenda Twaddell (Community Care Peterborough). Brad Hammond (Western Ottawa CRC) Shell-Lee Wert (Community Care for South Hastings) Lisa Caldwell (Seniors' Community Services, Kemptville) Tessa Breen and Lisa Campbell (Community Care for Central Hastings) Nathalie Bazinet (Eastern Ottawa Resource Centre). Laura Huff (Rural Frontenac Community Services) Sheri Birney (Community Care Northumberland) Tina Castonguay, Janna Wood (Carefor) Tracey Bunnnett (Mohawks Bay of Quinte-Home Support) Kate Tysick (Community Home Support, Lanark Leeds, Grenville) Laurie Hazen (Eganville Senior Needs) Jennifer Kauffeldt (CARE North Hastings) Della Hart (Rural Ottawa South Support Services) Diane Coulas (Barry's Bay & Area Seniors) Heather Rogers (Southern Frontenac Community Services) Pono Traore, Standerlie Saint- Hilaire (EORC) Helen Esilman (North Renfrew Long Term Care) Madison Tyson (Haliburton Highlands Health Services) Guillaume Gervais (Montfort Renaissance) Kerri Daley, (Kawartha Lakes) Angela Robinson, (VON)</p>	REGRETS:	Meredith Woods

	Sylvie Lefebvre, (Services Communautaire de Prescott-Russell) Phyllis Burtenshaw-Lalonde (Maxville Manor) Julee Cardle (Community Care Durham) Karim Khan (CSS Shared Resources)		
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ITEM#	ITEM DESCRIPTION	ITEM NOTES / ACTION / OUTCOME
1.0	WELCOME –	
1.1	Review of Agenda	Accepted as circulated.
1.2	Review of last meeting Notes: 4 th Dec, 2025.	Accepted as circulated.
2.0	REVIEW ACTIONS FROM LAST MEETING	
2.1	Appetito	<p>MOW Brochure 2025.pdf SOP Recall program .pdf</p> <ul style="list-style-type: none"> • Appetito provided their latest menu and recall policy (attached). • Ingredient/allergy “reverse lookup” is not available yet but may be added as part of their 2026 IT plans. • Appetito heard the request to align price increases with our fiscal year and will review this for 2026. • Appetito is open to occassionally coming in future to this meeting to provide updates or enable Q&A with Providers. <p>Action: Chris to invite Apetito to be on Agenda for the next meeting.</p>

2.2	Follow-up with Sunita, “Ageless Eats Kitchen”, Toronto.	<p>Follow-up: Sunita (Frozen Meals Option)</p> <ul style="list-style-type: none"> • There were concerns about delivery distance and logistics for using Sunita’s frozen meals in this region. • Sunita confirmed that shipping is possible and workable. • She is open to investing in refrigerated/freezer trucks if volume requires this. • Her main challenge is order preparation (packing meal orders per client). • To keep food costs low, her team cannot package individual client orders. • If an agency is interested, the agency would need to package meals for each client themselves. • Agencies interested in exploring this option can contact Sunita directly healthykids@rogers.com
2.3	Self-assessment tool	<p>Update the branding, so we will have a draft to present in Apr.</p> <ul style="list-style-type: none"> • The last action item was to develop a self-assessment tool to complement the Ontario Health East Meals Program Guidelines (launched last fall). • Chris has connected with Heather Rogers and Leslie Mamosso for assistance; and will proceed with work on the draft prior to the next meeting. • CSS Shared Resources to help with the branding. <p>Action: Draft to be brought back to the group in April.</p>
3.0 NEW BUISINESS		
3.1	Apples to Apples- Data Presentation.	<p><u>Presentation- Slides-</u></p> <p>Apples-to-Apples Project – see slides attached for data details.</p> <p>Purpose of Presentation: identify consistent practices and differences and inform future collaborative work.</p>

			<p>Action: Sub-committee formed to use discussion points from today, and topics generated by the group at previous meetings, to work on a draft work plan. Draft to be brought back to the next meeting, for the larger group to decide on priorities and how they wish to tackle actions moving forward. Sub-Committee: Kate Tysick, Heather Rogers and Chris Cobus.</p>
	3.2	Agency highlights/ questions for the group.	<p>Community Care Peterborough, Brenda Twaddle was invited to share information on their “Meals to Go” initiative.</p> <ul style="list-style-type: none"> • “Meals to Go” is a successful fundraiser delivering hot meals (pre-ordered) to local businesses on a dedicated day, during “March for Meals” month. • It’s been running for 12 years now! • Recent events delivered 400+ meals in one day; goal is up to 600 meals next round. • Benefits: <ul style="list-style-type: none"> ○ Builds community awareness about CSS Meals ○ Raises funds for Meal program ○ Brings in donations to subsidize meals ○ Has helped recruit new volunteers • Promotional materials and “how-to” info can be shared with interested agencies who may want to explore a similar initiative in their area. <p>If you are looking for additional information, please reach out to Brenda Twaddell btwaddell@commcareptbo.org</p> <p>People were encouraged to bring program highlights to share with others at these meetings and celebrate successes!</p>
	3.3	Other?	None.
4.0	NEXT MEETINGS:		Apr 16 th @ 1:30p.m.