

Adult Day Program Association | MINUTES

Meeting date | 21 November 2025 Time | 9:30 - 11:00 am

Meeting location | Teams Platform online.

AGENCY REPRESENTED	PRESENT	REGRETS
Penny Bodnoff, The Good Companions – <i>Chair</i>	X	
Allan Cormier, Ottawa West Community Support – <i>Vice Chair</i>	X	
Sylvia Nicol, Carleton Lodge Day Program (City of Ottawa) – <i>Treasurer</i>	X	
Arnprior Regional Hospital – The Grove – Michaela McClymont	X	
Abbotsford House at the Glebe Centre – David O’Neill	X	
Beth Donovan Hospice – Sue Walker		X
Bruyère - Résidence Saint-Louis – Amanda Roebuck		X
Carefor Health and Community Services – Eastern Counties – Natacha Brisson		X
Carefor Ottawa (Perley Site) – Erica Miskiman Beaton		X
Carefor (Carling) – Cheryl Conway	X	
Centre d’accueil Champlain (City of Ottawa) – Manon Geoffroy	X	
Eastern Ottawa Resource Centre – Julia Fatuma	X	
Harmer House – Jenna Redman		X
Hospice Care Ottawa – Kayla Savoie		X
Jewish Family Services - Seniors Support Services - George Sladowski		X
J. W. MacIntosh Community Support Services – Sarah Speer	X	
Marianhill – Christine Wassing	X	
Montfort Renaissance – Guillaume Gervais	X	
The Olde Forge Community Resource Centre – Jacinthe Gosselin		X
Vista Centre Brain Injury Services (VCBIS) – Denis Boileau		X
Western Ottawa Community Resource Centre– Lori Lee	X	
Rural Ottawa Support Services South (ROSSS) – Ashley Bouwman		X
Royal Ottawa Geriatric Day Hospital – Amy Leroy		X
PARTNERING AGENCY	PRESENT	REGRETS
CSS Shared Resources, Ontario East – Chris Cobus	X	
Dementia Society of Ottawa and Renfrew County – Carolyn Puderer	X	
Ontario Health at Home – Isabelle Meunier		X
Para Transpo – Laura Anderson & Tiago de Medeiros Chagos	X	

AGENDA ITEMS

1. Welcome and Introduction

Penny Bodnoff, ADPA Chair, opened the meeting and welcomed members.

2. a) Approval of agenda

The 21 November 2025 agenda was approved. Motioned by Allan Cormier and seconded by David O’Neill.

b) Approval of minutes

26 September 2025 ADPA Meeting Minutes were approved with two corrections: Abbotsford’s Update added and Penny Bodnoff ‘present’ on attendance list. Motioned, with the inclusion of these corrections, by Sylvia Nicol and seconded by Manon Geoffroy.

3. Para Transpo News & updates with Laura Anderson & Tiago de Medieros Chagos

Laura acknowledged her colleague, Tiago de Medieros Chagos, whom many ADP Providers would know in his accessibility role with Para Transpo. She noted that there has been a growth in agencies now using their Web Care Product (60), and as a result, online bookings have greatly increased. If you are interested in more details on this, send an email to Laura at Laura.Anderson1@ottawa.ca

4. Ontario Health At Home Update – Isabelle Meunier

No updates – Isabelle sent regrets to this meeting.

5. CSS Shared Resources, Ontario East – Chris Cobus

Chris acknowledged that she is just back to work after a 3-month absence due to a fractured ankle.

Upcoming ADP meetings:

- **Champlain ADP Providers meeting next week on Tuesday, 25 November 2025 at 10 am:** group to discuss ideas for the remaining funds available to support ADP programs in Champlain; 2 ideas surfaced: training for ADP staff on use of musical instruments and fitness instruction specific to ADP. Chris encouraged people to bring their thoughts to next week's meeting and/or send her an email before then.
- **ADP Providers Service Network** – planning underway for a meeting in January 2026 of ADP Providers across the full OHE region; date/time yet to be announced, however, agenda topics to include: Terms of Reference for this group; Apples to Apples Project Update; the Frailty Scale; ADP Program Self-Evaluation Tool; and Workplan.

6. Dementia Society Update – Carolyn Puderer

With Health Canada's recent approval of a new drug to treat dementia, they have been receiving a lot of inquiries. Workshop addressing this topic being planned for the new year with physicians from Bruyere. Visit the website: www.dementiahelp.ca for details on services and upcoming educational activities. Support Line 613-523-4004. If interested in meditation sessions visit: <https://dementiahelp.ca/activities/in-the-trees/> to register.

7. Business Arising

7.1 Sylvia Nicol, ADPA Treasurer, indicated the **current bank account** stands at \$6926.08. Some agencies have yet to pay their membership fees. Sylvia will be reaching out with a friendly reminder.

7.2 The ADPA Conference surveys have been received. Lots of positive remarks and feedback to guide future planning. The group was asked if they want to continue having this ADP Conference annually, and several participants acknowledged it was beneficial for their ADP staff. The conference committee to meet (following this meeting) to review the results. New members are always welcome. Natalie Harrison has agreed to join.

7.3 **ADPA Terms of Reference** – in progress.

7.4 ADPA Executive Nomination – Vice Chair position remains open. Allan is still assisting but would like to step down.
Action: Send Penny an email if interested in putting forth a nomination.

10. Round Table Discussison

Prior to offering their respective agency updates, members were asked to comment on 4 topics of interest:

- Have you been experiencing more difficulty keeping people in the program?
- Do you have PSW assistance on staff?
- Do you admit individuals with bladder or bowel incontinence?
- Have you heard anything about OH requiring reports on capacity in the new year?

Montfort Renaissance – Guillaume Gervais

- 4 days/week (Monday, Tuesday, Thursday, Friday)
- PSW every day since September
- 1 day is full; 3 other days have 1-3 open spots
- Christmas schedule: Dec 23 – Christmas Party with Caregivers; combining clients from the 4 groups into two groups, one on Dec 29 and the other Dec 30. Closed for stats and Dec 22, Jan 2.

Carleton Lodge – Sylvia Nicol

- full (Mon to Sat – 2 evenings)
- referrals have slowed
- have a part time PSW
- accept people with incontinence
- no concerns sustaining clients in the program
- no news on Capacity Reporting.

WOCRC – Lori Lee

- full, especially at McNeil Street and Hollyer House
- evening programs (2 nights a week – 3-8 pm)
- client retention is fine
- No PSW's
- Curious to hear how others deal with incontinence; is of concern with no PSW's to assist.
- Nepean program moving in the new year, details yet to be determined.

Abbotsford – David O'Neill

- Full; 4 days per week
- Dealing with a lot of departures in November, and filling spaces from the waitlist.
- No PSW's, yet care needs are higher
- Online programming 5 days per week
- No word on Capacity Reporting.

OWCS – Allan Cormier

- Extensive waitlist (approx. 100 people, wait is sometimes up to a year)
- Fill spaces as fast as they become available, so full most times.
- Online programming 5 days per week (offer to participate made to those on waitlist)
- PSW assistance every day
- Reminder: run a 'mindfulness class' for those interested.

J.W. MacIntosh – Sarah Speer

- Full; 3 days per week.
- Retention is pretty good
- Often have a lot of people leave at once when departures occur

- 1 PSW
- Accept clients with incontinence, if manageable.

Centre d'accueil (City of Ottawa)– Manon Geoffroy

- 2 open spots
- PSW 28 hrs. per week
- Renovations coming soon
- Closed from Dec 25-Jan 2
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Carefor Carling – Cheryl Conway

- 2 programs (dementia & Let's Get Together)
- More turnover and heavier care in the dementia group
- Caregivers have been very supportive in helping with retention if client is anxious at first.
- Accept clients with bladder incontinence (not bowel incontinence if beyond occasional accident).
- Hiring RPN to provide clinical support to ADP's (including ADP in Finch); will do assessments (CHA's).
- Have an Intake Coordinator.
- Alyacare has been 'live' for about 8 weeks.

Marianhill – Christine Wassing

- We have 5 days/week with a total of 13 ADPs. Only three programs have availability.
- Staffing remains to be an issue.
- We generally have a steady flow of referrals.
- All our staff provide personal care for bladder and bowel incontinence.
- No PSWs, but I have staffed a PSW previously to support the ADP Aide.
- We have increased our daily rate from \$9 to \$20.
- We do not provide transportation.
- Christmas closure: Dec 25, 26, 27, 28 & Jan 1.

The Good Companions – Penny Bodnoff

- Not full; spaces come and go.
- Fridays are difficult to fill.
- 5 days a week.
- PSW's everyday to assist with bathroom care.
- Client retention is a challenge, especially if clients have spent a lot of time at home with only family.
- referrals are coming in requiring heavier care or needing more assistance than ADP can provide.
- receiving more referrals of clients living with an ABI.

The Olde Forge – Jacinthe Gosselin (submitted by email)

- just trying to fill a few spots in each day program

10. Adjournment

Meeting adjourned: 10:35 am

Next Meeting: Friday, 23 January 2026 at 9:30 am via Teams.

Penny reminded the group to make it a habit to update their program status monthly on Teams. Any questions about access to the ADP Status Chart, contact Chris Cobus ccobus@accesscss.ca