

# Adult Day Program Association | MINUTES

Meeting date | 26 September 2025 Time | 9:30 - 11:00 am

Meeting location | Teams Platform online.

AGENCY REPRESENTED	PRESENT	REGRETS
Penny Bodnoff, The Good Companions – <i>Chair</i>	X	
Allan Cormier, Ottawa West Community Support – <i>Vice Chair</i>	X	
Sylvia Nicol, Carleton Lodge Day Program (City of Ottawa) – <i>Treasurer</i>	X	
Arnprior Regional Hospital – The Grove – Michaela McClymont		X
Abbotsford House at the Glebe Centre – Cassandra Ford		X
Beth Donovan Hospice – Sue Walker		X
Bruyère - Résidence Saint-Louis – Amanda Roebuck		X
Carefor Health and Community Services – Eastern Counties – Natacha Brisson		X
Carefor Ottawa (Perley Site) – Erica Miskiman Beaton		X
Carefor (Carling) – Cheryl Conway	X	
Centre d'accueil Champlain (City of Ottawa) – Manon Geoffroy	X	
Eastern Ottawa Resource Centre – Julia Fatuma	X	
Good Companions – Penny Bodnoff	X	
Harmer House – Jenna Redman		X
Hospice Care Ottawa – Kayla Savoie		X
Jewish Family Services - Seniors Support Services - George Sladowski		X
J. W. MacIntosh Community Support Services – Sarah Speer	X	
Marianhill – Christine Wassing		X
Montfort Renaissance – Monique Thibodeau-Laflamme		X
The Olde Forge Community Resource Centre – Jacinthe Gosselin	X	
Vista Centre Brain Injury Services (VCBIS) – Denis Boileau		X
Western Ottawa Community Resource Centre– Natalie Harrison & Emily Moses	X	
Rural Ottawa Support Services South (ROSSS) – Ashley Bouwman	X	
Royal Ottawa Geriatric Day Hospital – Amy Leroy	X	
The Good Companions -Matthew Ottaviani	X	
The Good Companions – Justin Sauvé		X
PARTNERING AGENCY	PRESENT	REGRETS
CSS Shared Resources, Ontario East – Chris Cobus		X
Dementia Society of Ottawa and Renfrew County – Misia McCallum		X
Ontario Health at Home – Isabelle Meunier	X	
Para Transpo – Laura Anderson & Simon Harris	X	

## AGENDA ITEMS

<b>1. Welcome and Introduction</b>
Penny Bodnoff, ADPA Chair, opened the meeting and welcomed members.
<b>2. a) Approval of agenda</b>
The 26 September 2025 agenda was approved. Motioned by Allan Cormier and seconded by Cheryl Conway.
<b>b) Approval of minutes</b>

23 May 2025 ADPA Meeting Minutes were approved. Motioned by Sylvia Nicol and seconded by Natalie Harrison.

### 3. Para Transpo News & updates with Laura Anderson & Simon Harris

Update 1: There are 20 new buses on the road.

Update 2: Fair capping: Now seniors or people with a discount do not need to purchase a monthly pass. It is encouraged to add money on the Presto Pass. Once the amount spent reaches the discount, the following trips will be at no extra cost. This will also allow seniors to benefit from “the free seniors days” which they don’t with the monthly pass.

For ADP, Para Transpo has a “My Para” version. Some ADP’s are already using this application, if you are interested, send an email to Laura at [Laura.Anderson1@ottawa.ca](mailto:Laura.Anderson1@ottawa.ca)

### 4. Ontario Health At Home Update – Isabelle Meunier

No updates regarding ADP specifically. At O H aH, we are in full preparedness mode with robust care plans from the case coordinators and our clients. We are looking at helping the hospitals with discharges and return to home services.

They are preparing for Flu season, offering vaccination clinics for influenza and RSV vaccines in many different locations. People who are home bound and clients of O H aH can receive the vaccine from home. If you are interested in having a vaccination clinic at your location, please send an email.

As O H aH moves to a provincial entity, Service models are aligning with the provincial model.

A question re: referrals for clients who are living in retirement homes, who attend other ADP or requesting a second day, where does O H aH stand? The referrals coming in are lower functioning and increase care partner needs. The ADP will discuss this during the round table. Isabelle looking forward to reading the result of the discussion and the meeting minutes. Isabelle stated we have to look at what was signed in terms of agreement, what is agreed with the funders. Isabelle reminded that not all retirement homes offer the same level of activity.

### 5. CSS Shared Resources, Ontario East – Chris Cobus

No updates available. Chris sends her regrets.

### 6. Dementia Society Update – Zoe Kirschner

No updates available. Misia sends her regrets

### 7. Business Arising

7.1 Sylvia Nicol, ADPA Treasurer, indicated the **current bank account** stands at \$6647.98. At the APDA Conference held last Friday, 17 participants were registered who did not come. This caused extra charges. It is important to let the committee know if your staff cannot attend. Moving forward, if participants are registered and do not attend, the agency will be charged for catering fees.

7.2 The ADPA Conference survey is available till today. 65 participants have completed. There is still time. The committee will meet to review the results. The Committee is looking for new members, Natalie Harrison has joined.

7.3 **ADPA Terms of Reference** – in progress.

7.4 ADPA Executive Nomination – Vice Chair position remains open. Allan is assisting but would like to step down.

**Action:** Send Penny an email if interested in putting forth a nomination.

## 10. Round Table Discussison

Before the round table starts, a few questions were asked. Have there been clients using edible cannabis during program hours? Do you accept referrals from retirement homes, people who attend other day programs and what if a client requests a second day?

### **The Royal, Day Hospital – Amy Leroy**

- No cannabis as it is an alcohol and drug free environment.
- Service animals: case by case
- Referrals: from retirement home is not applicable nor multiple days
- Long waitlist
- Collaboration with the War Museum on Wednesday mornings, every week is a different theme.

### **OWCS – Allan Cormier**

- 4 in-person programs
- Virtual program continuing
- Large waitlist to draw from, some waiting over 1 year
- No cannabis use so far. Had a client attend with their therapy / service dog
- Only 1 person attending a second day due to the care partner circumstance.
- We accept referrals with people living in RH
- People attending other ADP are not a priority.

### **Carleton Lodge – Sylvia Nicol**

- Full with 5 on waitlist
- We accept referrals with people living in RH
- Second day: only when no one on the waitlist
- Accepting clients who attend other ADP: yes, often not known before hand
- Cannabis use: There was 1 client using before and after ADP hours, not during
- Animals are accepted if vaccinated

### **Hospice Care Ottawa – Kayla Savoie**

- No updates

### **EORC – Julia**

- Waitlist
- Do not offer butterfly days anymore
- Do not offer a second day, except for 2 client who is declining
- Accept clients who live in RH
- Use of cannabis: Not happened yet, will discuss
- 4 days per week, groups have 18 clients, Wednesdays has 12 clients. Ratio 1 staff : 4 clients

### **The Olde Forge – Jacinthe (Jazz) Gosselin**

- We accept referrals with people living in RH
- Client cannot do multiple days, have programs 2 days per week
- Waitlist is good, have a few spots to fill
- Use of cannabis: None. It is part of eligibility and studied case by case
- Accepting clients who attend other ADP: yes not a problem

### **Centre d'accueil (City of Ottawa)– Manon Geoffroy**

- No waitlist, 3 open spots
- Cannabis use is case by case, should be before and after program hours
- Animals accepted if vaccinated.

### **Montfort Renaissance – Monique Thibodeau-Laflamme**

- Centre de Service Guigues - 4 days per week
- PSW 4 days per week
- 2<sup>nd</sup> is offered if there is room
- Cannabis use: Not during program hours, consider case by case if prescribed for anxiety.
- Accepting clients that attend other ADP: yes

### **Marianhill: Christine Wassing**

- Long waitlist
- Accept clients who live in a RH
- No space to offer a second day to clients
- Animals: strict policy, animal must be vaccinated
- Cannabis: has not happened. Open to considering if for medical reasons, not sure for social reasons

### **J.W. MacIntosh – Sarah Speer**

- Not many referrals from people living in RH
- Cannabis use has not happened
- Offer a second day if no waitlist
- Programs are full with waitlist

### **The Good Companions – Penny Bodnoff**

- LGBTQ: no Saturdays. 10 spaces across the week days
- Waitlist and spaces to fill
- Not many referrals from people who live in RH. Lately, the referrals are coming in with heavier care
- Second day offered in extreme cases only, not possible at present time
- Cannabis and animals have not happened yet.

### **Carefor – Cheryl Conway**

- Carling site is moving, no location yet.
- Cannabis use is studied case by case if it were to happen
- Dementia program does not accept new clients living in RH
- Let's get together group will accept clients living in RH
- Going live with Alaya Care on Wednesday, October 1, 2025
- Perley ADP is now entirely managed by Perley Health. The Perley ADP is now located in the respite home.

### **ROSSS – Ashley Bouwman**

- Waitlist is long. Care partners often decline due to transportation issues
- 3 spots at the Kenmore location
- Clients requesting a second day: priority to clients who do not attend
- Many clients do attend a second day
- Cannabis has not happened. If for medical reason, discussion will happen
- Do not accept clients who live in RH

### Abbotsford – Cassandra Ford

- accepting clients who live in retirement residences
- accepting clients who attend other day programs
- allow clients to attend our program more than once a week. However, we limit how many 2<sup>nd</sup> day clients we have due to our lengthy waitlist and are transparent that it could be a long wait

Penny asked if it happened that forms are missing in HPG when receiving new referral and what is done?

Monique stated that in LTC, there is an option of “Need more information”. This option is not available in ADP referrals

Allan and others will call the Case Coordinator or Maria for the documents.

### 10. Adjournment

Meeting adjourned: 10:45 am

**Next Meeting: Friday, November 21<sup>st</sup>, 2025 at 9:30 am via Teams.**

Penny reminded the group to make it a habit to update their program status monthly on Teams. Any questions about access to the ADP Status Chart, contact Chris Cobus [ccobus@accesscss.ca](mailto:ccobus@accesscss.ca)