

# Adult Day Program Association | MINUTES

Meeting date | 23 May 2025 Time | 9:30 - 11:00 am

Meeting location | Teams Platform online.

AGENCY REPRESENTED	PRESENT	REGRETS
Penny Bodnoff, The Good Companions – <i>Chair</i>	X	
Allan Cormier, Ottawa West Community Support – <i>Vice Chair</i>	X	
Sylvia Nicol, Carleton Lodge Day Program (City of Ottawa) – <i>Treasurer</i>	X	
Arnprior Regional Hospital – The Grove – Michaela McClymont	X	
Abbotsford House at the Glebe Centre – Cassandra Ford		X
Beth Donovan Hospice – Sue Walker		X
Bruyère - Résidence Saint-Louis – Anisha Mehreja		X
Carefor Health and Community Services – Eastern Counties – Natacha Brisson		X
Carefor Ottawa (Perley Site) – Erica Miskiman Beaton		X
Carefor (Carling) – Cheryl Conway		X
Centre d'accueil Champlain (City of Ottawa) – Manon Geoffroy	X	
Eastern Ottawa Resource Centre – Nadine Bourgeois	X	
Good Companions – Justin Sauvé	X	
Harmer House – Jenna Redman	X	X
Hospice Care Ottawa – Kayla Savoie	X	
Jewish Family Services - Seniors Support Services - George Sladowski		X
J. W. MacIntosh Community Support Services – Sarah Speer	X	
Marianhill – Joanna Chisnell		X
Montfort Renaissance – Guillaume Gervais	X	
The Olde Forge Community Resource Centre – Jacinthe (Jazz) Gosselin	X	
Vista Centre Brain Injury Services (VCBIS) – Denis Boileau	X	
Western Ottawa Community Resource Centre– Natalie Harrison		X
Rural Ottawa Support Services South (ROSSS) – Ashley Bouwman	X	
Royal Ottawa Geriatric Day Hospital – Greg Stenman	X	
PARTNERING AGENCY	PRESENT	REGRETS
CSS Shared Resources, Ontario East – Chris Cobus	X	
Dementia Society of Ottawa and Renfrew County – Zoe Kirschner	X	
Ontario Health at Home – Isabelle Meunier	X	
Para Transpo – Laura Anderson & Simon Harris		X

## AGENDA ITEMS

### 1. Welcome and Introduction

Penny Bodnoff, ADPA Chair, opened the meeting and welcomed members.

### 2. a) Approval of agenda

The 23 May 2025 agenda was approved. Motioned by Denis Boileau and seconded by Allan Cormier.

### b) Approval of minutes

28 March 2025 ADPA Meeting Minutes were approved. Motioned by Manon Geoffroy and seconded by Sylvia Nicol.

### 3. York University – ADP Research – Stella Medvedyuk

Stella Medvedyuk presented on ADP Research underway by a York University Research Team led by Dr. Matthias Hoben, Associate Professor in Dementia Care School of Health Policy and Management

The research project underway is exploring experiences related ADP services and the impact of ADP services on both Caregivers and clients involved. This research is the result of a private donation from a community member who utilized ADP services previously and has since passed away. It is involving ADP programs across several provinces such as Manitoba, Alberta, BC, and Ontario.

An invitation was extended to the group to participate in this research effort by connecting with Stella to discuss the project and next steps involved: [stellam2@yorku.ca](mailto:stellam2@yorku.ca)

### 4. Ontario Health At Home Update – Isabelle Meunier

Isabelle reminded ADP Providers about the recently **updated ADP Consultation Form** circulated to help clarify further data regarding clients referred, based on feedback from this group. She also noted that she has been passing on reminders to OHaH staff of ADP programs expressing capacity to encourage a greater flow of referrals.

*Friendly Reminder* – please keep ADP Status Chart updated on Teams, so Care Coordinators know your current capacity. Data on this chart is transferred monthly by OHaH to their Champlain Healthline, which is the source used by OHaH Care coordinators to make ADP referrals.

New ADP contact at OHaH: Lisa Morrison has replaced the former ADP contact (Maria) and is reachable at the same extension.

A question re: how many ADP programs accept service animals arose. At this time, there is no existing data on this, as ADP Programs have been rarely asked to consider this. One ADP acknowledged that, when the issue arose, they assessed the situation by consulting with other ADP participants re: fears/allergies, to determine if a service animal could be accommodated. It is anticipated that this situation may arise more frequently in future.

### 5. CSS Shared Resources, Ontario East – Chris Cobus

Highlights from the CSS Shared Services Champlain ADP Provider Service Network table:

- The first meeting of ADP Providers across the full OHE region (Champlain, Central East, and South-East) was held on April 24, 2025. **The ADP Best Practice Guidelines document (ENG & FR)** was launched and now resides on the [www.accesscss.ca](http://www.accesscss.ca) website for **providers** to reference as needed under the **Knowledge Hub**.
- Also discussed at the OHE ADP meeting was the current ADP research underway at York University presented earlier at this meeting, encouraging ADP Providers throughout the region to consider participating in the project.
- ADP Providers across the full region expressed interest in continuing to meet on topics of common interest and provided a list of future topics for consideration. **Action:** A proposed workplan will be brought back to ADP Providers across OHE at their **next meeting planned for 24 June 2025**.
- Discussion will continue next Tuesday, at the **Champlain** ADP Provider Service Network meeting related to how a small amount of funds available annually (\$17,000) will be spent to support ADP efforts across programs. While some of this will be contributed to support the ADPA Conference this fall, there will be some remaining to support targeted training needs within the sector. Some ideas discussed include:
  - Training to help ADP Programs achieve Best Practice goals.
  - Develop online training modules for ADP (similar to the current online Driver Training modules).
  - Purchase more DementiAbility Training from GPCSO.
  - Obtain/develop resources to support clients living with young onset dementia.

**Action:** ADP Providers encouraged to email Penny to contribute to this funding discussion on Tuesday, 27 May 2025.

## 6. Dementia Society Update – Zoe Kirschner

Zoe acknowledged the Daisy Café continues to be offered in Ottawa, Orleans (FR) and Arnprior (a half day of programming offered to persons in the early stages of Dementia). For more details click on the following link: <https://dementiahelp.ca/activities/the-daisy-cafe/>

Another program, the Card Crew, offers more open eligibility (2 hours of social engagement): <https://dementiahelp.ca/activities/card-crew/>

Training: DSORC offers EntourAGE Dementia Companion Certificate (focused on intergenerational relationship building between volunteers & individuals living with dementia): <https://champlain-dementia-network-school.thinkific.com/courses/IntergenerationalDementiaCompanions>

If you have any questions about these various programs you can connect with Zoe by email: [zkirschner@dsorc.org](mailto:zkirschner@dsorc.org)

## 8. Business Arising

8.1 Sylvia Nicol, ADPA Treasurer, indicated the **current bank account** stands at \$13, 187.89, thanks to a generous contribution from CSS Shared Resources towards expenses related to the 2025 ADPA Fall Conference.

8.2 **ADPA Conference Planning** – Penny encouraged everyone to “Save the Date”: Friday, 12 September 2025 to attend the ADPA Fall Conference in Ottawa (to be held at the Ron Kolbus Centre – same spot as last year). Registration will soon be circulated. There is no fee to attend the ADPA Fall Conference, but registration is required.

Virtual sessions will not be able to be offered this year in real time however, plans are underway to record some of the sessions for ADP providers to view afterwards

8.3 **ADPA Terms of Reference** – in progress.

9. ADPA Executive Nomination – Vice Chair position remains open. Allan is assisting but would like to step down.

**Action:** Send Penny an email if interested in putting forth a nomination.

## 10. Round Table Discussison

### The Royal, Day Hospital – Greg Stenman

- Referrals flow to CSS ADP's.
- Seeking suggestions from ADP Providers re: Presenters, to share topics of interest with participants of the Day Hospital e.g., Chair Yoga Instructor, Nutritionist, etc..

### OWCS – Allan Cormier

- 4 in-person programs
- Virtual program continuing
- High turnover recently in dementia program (several admissions to LTC)
- Large waitlist to draw from

#### **Carleton Lodge – Sylvia Nicol**

- High turnover recently (several admissions to LTC)
- 8 spaces to fill
- Client needs increasing in complexity.

#### **Hospice Care Ottawa – Kayla Savoie**

- Maycourt Wed. program closed; fitting people into the other programs still available.
- Opening French program in Orleans.

#### **EORC – Nadine Bourgeois**

- Getting people to stay in program has been a challenge lately; they say they want to attend, then cancel, or come for a week and decide it's not for them so do not return.
- Long waitlist to draw from to fill spaces.

#### **The Olde Forge – Jacinthe (Jazz) Gosselin**

- Working on reducing long waitlist.
- Also challenged by no shows.
- Keeping up to capacity.

#### **Centre d'accueil Champlain (City of Ottawa)– Manon Geoffroy**

- challenged at present by staff turnover.

#### **Montfort Renaissance – Guillaume Gervais & Monique Thibodeau-Laflamme**

- Centre de Service Guiges - 4 days per week
- Transportation resources full; clients access Para Transpo or the help of family.
- Looking forward to an excursion to a nearby sugar bush.

#### **VISTA (ABI) - Denis Boileau**

- Recent management meeting with Connie Coburn (ABI Specialist) and the City of Ottawa re: managing waitlist.
- *Annual Brain Injury Awareness Day taking place on June 11<sup>th</sup>*; no fee for Caregivers/Clients, small fee for providers; *Theme this year: Prevention: Avoiding Fraud on devices & Abuse Prevention.*
- It appears that the Ministry have very little 'data' on ABI; VISTA currently working with a student at Ottawa University to demonstrate how SDOH (Social Determinants of Health) impact care.

#### **Montfort Renaissance – Guillaume Gervais**

- **Programming 4 days per week**
- **2 days operating at full capacity, 2 remaining days have space available**
- **Seeing a small increase in referrals**
- **Outing to the sugar bush earlier in the spring went well**

#### **J.W. MacIntosh – Sarah Speer**

- Groups are full
- Waitlist
- Seeking accessible spots to visit during summer months
- Volunteers drive clients/use accessible van

**The Good Companions – Justin Sauvé**

- Experiencing several discharges recently; 15 spaces to fill
- Drawing new clients from waitlist
- Transportation remains a barrier at times
- Serve 56 clients over 5 days per week.

**ROSSS – Ashley Bouwman**

- Third ADP program initiated in Manotick; some spaces yet to fill
- Drawing clients from waitlist

**10. Adjournment**

Meeting adjourned: 10:45 am      **Next Meeting: 26 September 2025 at 9:30 am via Teams.**

Penny reminded the group to make it a habit to update their program status monthly on Teams. Any questions about access to the ADP Status Chart, contact Chris Cobus [ccobus@accesscss.ca](mailto:ccobus@accesscss.ca)