

Adult Day Program Association | MINUTES

Meeting date | 22 March 2024 Time | 9:30 – 11:00 am

Meeting location Teams Platform online.

AGENCY REPRESENTED	PRESENT	REGRETS
Penny Bodnoff, The Good Companions – Chair	x	
Allan Cormier, Ottawa West Community Support – Vice Chair	x	
Sylvia Nicol, Carleton Lodge Day Program (City of Ottawa) – Treasurer	x	
Arnprior Regional Hospital – The Grove – Michaela McClymont	x	
Abbotsford House at the Glebe Centre – Cassandra Ford	x	
Beth Donovan Hospice – Sue Walker		x
Bruyère - Résidence Saint-Louis – Anisha Mehreja	x	
Carefor Health and Community Services – Eastern Counties – Natacha Brisson	x	
Carefor Ottawa (Perley Site) – Erica Miskiman Beaton, Tammy Doxtator	x	
Carefor (Carling) – Cheryl Conway		x
Centre d'accueil Champlain (City of Ottawa) – Manon Geoffroy	x	
Eastern Ottawa Resource Centre – Pono Traore	x	
Good Companions – Sonia Movrin		x
Harmer House – Jenna Redman		x
Hospice Care Ottawa – Spring Kozak	x	
Jewish Family Services - Seniors Support Services - George Sladowski	x	
J. W. MacIntosh Community Support Services – Sarah Speer	x	
Marianhill – Joanna Chisnell		x
Montfort Renaissance – Guillaume Gervais	x	
The Olde Forge Community Resource Centre – Scott Roscoe	x	
Vista Centre Brain Injury Services (VCBIS) – Mandy Lemire	x	
Western Ottawa Community Resource Centre - Emily Moses & Marlaine Turenne	x	
Rural Ottawa Support Services South (ROSSS) – Lyn Rorke	x	
Royal Ottawa Geriatric Day Hospital – Greg Stenman	x	
PARTNERING AGENCY	PRESENT	REGRETS
Champlain Community Support Network (CCSN) – Chris Cobus		x
Dementia Society of Ottawa and Renfrew County – Mlsia McCallum	x	
Home and Community Care Support Services – Isabelle Meunier	x	
Para Transpo – Laura Anderson	x	

1. Welcome and Introduction

Penny Bodnoff, ADPA Chair, opened the meeting and welcomed members.

2. a) Approval of agenda

The 22 March 2024 agenda was approved. Motioned by Natacha Brisson, seconded by Allan Cormier.

AGENDA ITEMS

b) Approval of minutes

The 26 January 2024 ADPA Meeting Minutes were approved as circulated. Motioned by Allan Cormier, seconded by Erica Miskiman.

3. Para Transpo WebCare Presentation – Laura Anderson

Laura explained that My Paratranspo App can be used to book trips, make cancellations, provide pick up information or clients, ADP organizations can book trips for their clients. The service will provide agencies the ability to see when the client will be picked up. Laura mentioned that their new 14 day advance booking system is to start on April 29th, 2024. Laura Anderson can be reached at laura.anderson1@ottawa.ca for a presentation for more information on this service.

4. Update from Champlain Community Support Network (CCSN) – Penny Bodnoff

Please subscribe to newsletter for regular updates.
There are some scholarships remaining for the tiered exercise class. Reach out to Chris Cobus if you are interested. A reminder to update the Teams ADP chart before the end of the month. If you don't have access, please contact Chris Cobus.

5. Update from Dementia Society – Misia McCallum

A new CEO of the Dementia Society has been hired – Monique Dolittle-Romas.
There are some new education and support sessions this spring. Programs are currently full with a waitlist for support. There is an early stage group who meets at Milano's every other month. Volunteer Programs for friendly visiting has new registrants on hold at this time, there are not as many volunteers available as in the past.

6. Business Arising

- 6.1 - Sylvia Nicol, ADPA Treasurer, indicated the current bank account stands at \$10,773.93.
6.2 – Penny Bodnoff, Chair, noted planning continues re: 10 May 2024 ADPA Conference at the Ron Kolbus Lakeside Centre in Ottawa. Save the date! Conference planning committee members: Penny, Anisha, Sylvia, Cassandra, Allan. Please remember the deadline to register for the conference is April 19. Currently 86 people have registered. Please send Anisha pictures of your day program approx. 10 – 20 pictures from each program – email to Anisha: amehreja@bruyere.org. Penny asked agencies to bring their entertainment lists to share with other agencies to the conference.
6.3 – ADPA Terms of Reference – Penny sharing with Regional ADP and involve ADPA Executive in updating.

7. Round table discussion: News/ new updates from your program

Carefor Perley – Erica Miskiman:

- New trail initiative to not accept people living in retirement homes to reduce waitlist times
- 4 days a week at Perley
- One day of functional fitness
- 16-18 participants per day • Working on reviewing waitlist.

Montfort Renaissance – Guillaume Gervais: •

French Program

- Capacity to accept referrals.
- 4 days per week (Mon, Tues, Thurs, and Fri) – 12 spots per day
- Referrals are slow coming in
- Many clients who are contacted – not ready to start program.

WOCRC – Emily Moses:

- 2 sites: Algonquin and Kanata
- Programs Monday to Friday with a couple of evening sessions.
- Evening programs (Tues & Wed. 3 pm – 8 pm)
- Virtual program: exercise and games
- Waitlist increasing
- Caregiver Support Group operating on Wednesdays.
- Questions about accommodating smokers in program- OWCS accepts smokers, Perley, requires written consent, Olde Forge, staff or volunteer take smoker out.

EORC – Julia Fatuma:

- Aline Vlasceaneau is the CSS Coordinator
- 5 days per week
- Some capacity in Orleans
- Hiring a Coordinator

Bruyère – Anisha Mehreja

- 5 days per week
- Mon & Fri, 6-7 people per day, capacity for referrals (French programming)
- Monday participants require advanced dementia care.
- Tues, English programming, at full capacity (11-12 people per day)
- Wed & Thurs, French programming, at full capacity (11-12 people per day)
- Friday's mens day, Monday's ladies day
- 0 waitlist

JFS – George Sladowski:**Royal Ottawa Geriatric Day Hospital- Laura Willsher:**

- Thursday Day Hospital will change.
- Have 12 ppl to place
- Length of stay will be shortened.

ABI System Navigator -Connie Coburn:

- Spoke about PTSD training
- Mentioned Brain Injury Awareness Day June 12

Arnprior – Michaela McClymont:

- 9 people on waiting list

Centre d'accueil Champlain (City of Ottawa) – Manon Geoffroy:

- 5 days per week in Vanier
- Mon, Wed, Fri bilingual (dementia programming)
- Some capacity.
- Tues & Thurs French (Frail Elderly)
- 6-7 people waiting
- Caregiver Support Group operating.
- 0 Waitlist

Carleton Lodge – Sylvia Nicol:

- 9 clients per day (Mon to Fri) Carleton Club
- Dementia Program (17 people) including Tuesday & Thursday evenings, every Saturday - full
- 33 people on waitlist

Abbotsford – Cassandra Ford:

- 3 days per week
- 12 participants per day (one half day with 8 participants)
- 59 people on waitlist.

Olde Forge – Scott Roscoe:

- Mon (dementia programming)
- Tues (mixed programming)
- 12 people per day
- 100 on waitlist
- Virtual programming, numbers decreasing.

J.W. MacIntosh – Sarah Speer:

- 3 days per week (restarted the third day in November)
- Seeking a volunteer to assist.
- Transportation remains a challenge.
- M&W full, Friday 2 spots remaining

ROSSS – Lyn Rorke:

- Thursdays changed location to Kenmore, a rural location.
- Clients waiting due to transportation challenges.
- Tuesday in Manotick, joint programming with Caregivers.
- NROC (Nepean, Rideau, Osgoode Community Centre) providing Mental Health supports.
- Receiving many referrals without sufficient information regarding client

Hospice Care – Kayla Savoie:

- Undergoing staffing changes
- Capacity for referrals
- French Program seeking a new location. Program on hold while waiting for new building to open
- Caregivers Group in Kanata.

HCCSS – Isabelle Meunier:

- Changing name by the Fall to Ontario Health at Home
- Standardizing to align with the Provincial changes
- Asked about multiple day attendance and waiting list when clients go on vacation
- Discussion was held

Harmer House - Jenna Redman:

- Register 15- 17 people per day
- 5 days a week.
- Waitlist decreasing
- Transportation is still a challenge .

The Good Companions – Penny Bodnoff:

- Staff at full complement, including a student.
- 5 days per week
- Often reach capacity, but then someone moves on, creating more space.
- Space on Fridays
- LGBTQ2+ programming; space available on Saturdays.
- Referrals welcome

7 Adjournment

Meeting adjourned at: 11 am **Next Meeting:** 24 May, 2024 at 9:30 am via *Teams*.

Penny reminded the group to make it a habit to update their program status monthly on Teams. Any questions about access to the ADP Status Chart, contact Chris Cobus ccobus@ccsn-rscc.org

