

Adult Day Program Association | MINUTES

Meeting date | 29 Sept 2023 Time | 9:30 - 11:00am

Meeting location | Zoom Teleconference

AGENCY REPRESENTED	PRESENT	REGRETS
Penny Bodnoff, The Good Companions – <i>Chair</i>	X	
Allan Cormier, Ottawa West Community Support – <i>Vice Chair</i>	X	
Sylvia Nicol, Carleton Lodge Day Program (City of Ottawa) – <i>Treasurer</i>	X	
Arnprior Regional Hospital – The Grove – Michaela McClymount	X	
Abbotsford House at the Glebe Centre – Cassandra Ford	X	
Beth Donovan Hospice – Sue Walker		X
Bruyère - Résidence Saint-Louis – Anisha Mehreja	X	
Carefor Health and Community Services – Eastern Counties – Natacha Brisson, Michelle Morgan	X	
Carefor Ottawa (Perley Site) – Erica Miskiman Beaton, Tammy Doxtator	X	
Carefor (Carling) – Cheryl Conway	X	
Centre d'accueil Champlain (City of Ottawa) – Manon Geoffroy		X
Eastern Ottawa Resource Centre – Chantal Jolicouer	X	
Good Companions – Sonia Movrin		X
Harmer House – Jenna Redman	X	
Hospice Care Ottawa - Kayla Savoie	X	
Jewish Family Services - Seniors Support Services - George Sladowski	X	
J. W. MacIntosh Community Support Services – Sarah Speer	X	
Marianhill – Joanna Chisnell		X
Montfort Renaissance – Monique Thibodeau Laflamme	X	
The Olde Forge Community Resource Centre – Scott Roscoe	X	
Vista Centre Brain Injury Services (VCBIS) – Tammy Kuchynski		X
Western Ottawa Community Resource Centre - Marlaine Turenne	X	
Rural Ottawa Support Services South (ROSSS) – Lyn Rorke	X	
Royal Ottawa Geriatric Day Hospital – Greg Stenman	X	
PARTNERING AGENCY	PRESENT	REGRETS
Champlain Community Support Network (CCSN) – Chris Cobus	X	
Dementia Society of Ottawa and Renfrew County – Carole Green	X	
Home and Community Care Support Services Champlain – Isabelle Meunier /Connie Coburn (ABI System Navigator)	X	
Para Transpo – Laura Anderson, Simon Harris	X	
Ontario Caregiver Organization (OCO) – Roxanne Dion-Boudreau		X
Elizabeth Bruyere, Day Hospital – Chantale Sauvé		X

AGENDA ITEMS

1. Welcome and Introduction

Penny Bodnoff, ADPA Chair, opened the meeting and welcomed members.

2. a) Approval of agenda

The agenda was approved as circulated. Motioned by Monique Thibodeau Laflamme, seconded by Natacha Brisson.

b) Approval of minutes

The May 26, 2023, ADPA Meeting Minutes were approved as circulated.
Motioned by Allan Cormier, seconded by Erica Miskiman-Beaton .

3. Update from Home and Community Care Support Services (HCCSS) – Isabelle Meunier

Internal efforts at HCCSS have been underway to align information available on ADP programs (e.g., their names) on the CCSN Teams Status Chart and the Champlain Health line.

Isabelle acknowledged that work is underway with Robin Meyers and Chris Cobus to update a document that will provide new ADP staff with information (all in one place) about how to ensure they have information and necessary connections to: Caredove, IAR, HPG, and the ADP Status Chart on Teams to keep referrals and ongoing coordinated access procedures moving smoothly. Was discussed at the recent Regional ADP Service Network meeting. Follow-up will also be done with agencies to improve the accuracy of waitlist numbers and average times on the HCCSS Indicator Report (which is generated from HPG data).

Questions raised:

1. Is it possible for HCCSS to keep ADP client file open (when client is accepted to ADP program), so that ADP providers can see if other ADP's are involved and potentially contribute notes to the HCCSS file as client circumstances change? **Action:** Isabelle to explore this possibility, as two-way communication would be helpful.
2. Is it possible to put a live referral link to HCCSS on Caredove? Currently, the live referral link is on the Health Care at Home website. **Action:** Isabelle to ask about this.

Friendly reminder extended to ADP Providers re: updating their ADP information monthly on the CCSN Teams ADP Status form.

4. Update from Champlain Community Support Network (CCSN) – Chris Cobus

CCSN are hosting an in-person event to bring together CSS leaders across Champlain on November 15, 2023. It is to provide an opportunity for CCSN members across the region to validate what we heard from members throughout consultations that occurred during the past year and provide CCSN with direction to move forward. We want to ensure that the network is pursuing initiatives that are most important to its members and extending the support needed to enable CSS providers to leverage collaborative opportunities and find strength through their connections with one another.

5. Update from Para-Transpo – Presto Card Program (Simon Harris, Laura Anderson)

Simon noted a current “call out” to Paratransit Customers through the ***Para Talk Project***. Paratransit is reaching out to customers by phone to inform them of various options of use, e.g., fair options, scheduling, etc., to make usage easier. He encouraged the group to email him at simon.harris@ottawa.ca to refer any specific clients they may be aware of, needing some one-on-one time to better understand current paratransit options.

Paratransit staff are also available to speak with groups, should a provider agency want to make such an arrangement for a group of clients.

6. Update from the Dementia Society of Ottawa and Renfrew County (DSORC) – Carole Green

Carole Green provided an update, as DSORC's Director of Client Experience and Engagement. She reported the need for dementia services is growing dramatically, as they currently have 380 people awaiting intake. They are pleased to have several students currently helping connect with clients initially. They are involved with a project in collaboration with Ottawa University to train Community Dementia Companions. Carole encouraged providers to call DSORC's support line if they become aware of someone waiting for service who is extremely distressed, to flag them as an urgent referral.

The Daisy Café has been running since July and is very successful in engaging clients and training volunteers who are working with persons living with dementia (PLWD). Carole encouraged providers to consider referring their Volunteers for participation in the Daisy Café, as it is an excellent training grounds. Dementia Care Coaches spend time with Volunteers involved both at the start and end of each session to discuss care situations before and after activities. DSORC hopes to support other CSS programs throughout the region, by sharing this educational opportunity for volunteers working with PLWD.

Our Sphere, a collaborative site to share programming among ADP providers www.oursphere.ca is currently featuring through **Radical Connections** one-on-one opportunities for clients/caregivers to meet local artists/musicians, and many local artists/musicians are also being featured at the Daisy Café.

7. Business Arising (Chair & Treasurer – Penny Bodnoff & Sylvia Nicol)

7.1 Account balance: approximately \$5, 500.00.

7.2 ADPA Conference/Education Day – planning underway for an in-person day-long event to take place on May 10, 2024 at the Ron Kolbus Lakeside Centre in Ottawa. Save the date! **Action:** Allan, Penny, Sylvia, and Anisha to meet in November to plan further. Others interested are welcome to join. CCSN to assist with costs.

7.3 ADPA Terms of reference – **Action:** Penny to update.

8 Round table discussion: News/ new updates from your program

Ottawa West:

- 4 days/ week
- Numbers and referrals have increased.
- approx. 125 - 150 people on waitlist.

Carefor Health and Community Services Eastern Counties:

- men's program now full, with 3 waiting.
- *Let's Get Together* has 7 openings.
- Virtual exercise classes Monday and Friday
- Caregiver support and in house activation.

Perley:

- 4 days/week
- Substantial Waitlist
- Onboarding is slower with clients and transportation remains a challenge.
- Orleans – functional fitness - Wednesdays

Carleton Lodge:

- Mon to Fri
- Approx. 32 people waiting.
- Weekend respite not available yet, perhaps by year end.

Bruyère – Joie de Vivre (name change)

- Day Program re-opened in May 2023.
- Woman's group on Mondays
- Men's group on Fridays
- Small waitlist

Carefor Carling:

- Constantly filling spots as clients come and go.
- people reducing time spent in program.
- mobility concerns increasing among clients.
- mental health group at capacity
- Transportation still a challenge
- Mask friendly, but most clients do not wear masks.

WOCRC:

- 5 days, 2 evenings
- Long waitlist (approx. 40)
- Half day program for clients with higher needs.
- Virtual program in French started on Wednesdays at 10:30 am
- Frail seniors, not dementia specific.

The Olde Forge Community Resource Centre:

- 2 days per week (Mon & Tues)
- Virtual programs (Wed. and Fri)
- Carleton University Student helping.
- Waitlist 100.

Harmer House:

- Number of people per day increasing (16)
- Transportation is still a challenge; van is full.
- Asking both staff and clients to resume masking.

The Good Companions:

- 5 days per week
- Referrals low/inappropriate
- Staff turnover a challenge
- GPCSO Training underway with coaching to help manage behavioral issues.
- Masking optional for both staff and clients.

Abbotsford:

- 3 days per week (one shorter day)
- Virtual programming ceased in August
- Staff to mask, clients encouraged to do so.

Hospice Care:

- Kanata 2 days per week (Tues & Wed)
- Maycourt - 3 days (Tues, Wed, Thurs)
- French Program in the East end of Ottawa full.
- All are masking.
- Space in groups.

J.W. MacIntosh:

- 2 days per week (Mon & Wed) almost full.
- New group on Fridays when demand increases.

ROSSS:

- 2 days a week (one is a 'new' day)
- Caregivers and clients are still hesitant.
- Not masking.

JFS:

- George noted he has been absent from ADPA meetings recently due to working part-time in ADP (one day per week) and part-time in LTC (2 days per week in spiritual care)
- Looking at expanding afternoon respite to a full day
- Some capacity to accept referrals.

Arnprior Regional ADP:

- Moved to a new site while LTC home undergoes renovations.
- Awaiting CHA training.
- Some staff are masking, clients encouraged.

Note: the group was asked to comment on their involvement in supporting clients with blood sugar monitoring, i.e., do they offer this assistance or not. In general, programs do not offer this, however, some assist clients in special circumstances on a one-to-one basis.

9 Adjournment

Meeting adjourned at: 10:54 am Next Meeting: 24 November 2023 at 9:30 am on Zoom.