

Apples to Apples Project:

Summarizing key findings for providers across Ontario Health East



Service Participation & Delivery Model

30

Participating Agencies

Champlain



15

Central East



6

South East



9



Staff



Volunteer

Staff-Coordinated & Volunteer-Supported

Programs are led by staff and heavily rely on volunteers for meal facilitation.



High Sector Alignment

Providers show consistent reporting for attendance days and unique individuals served.

Eligibility & Assessment Standards



Serving Older Adults & Persons with Disabilities

Focuses on health, wellness, and social interaction for adults aged 55+.



Low Barrier to Entry

24 of 30 agencies do not require formal assessments for participation.



Defined Ineligibility Criteria

Exclusions apply for safety concerns or care needs beyond group facilitation capacity.