



90% of Canadians over the age of 45 say they would prefer in-home care over moving to a long-term care facility.

(Vast Majority of Canadians Would Make Financial Sacrifices to Afford Essential Home Care as They Age, Ipsos, 2023)

Senior population projected to **increase by 23%** by 2029. Long term ongoing community support will keep them living independently in their homes.

(Province of Ontario, Ontario population projections).



3,332,117 meals delivered in Ontario to **61,018** individuals in 2022-2023. Meal programs offer connection, dietary health and overall wellbeing.

(Meals on Wheels Ontario)

68% of unpaid caregivers report that respite and/or relief from other caregiving responsibilities would be beneficial

(Table 5 Proportion of unpaid caregivers reporting areas where more support would have been most beneficial, by gender, age group and provincial region, 2024)



Community Support Services Are Ready for Ontario's Rapidly Aging Population

Community Support Services provide everyday care that helps seniors live safely at home, supports caregivers, and reduces pressure on hospitals and long-term care.

How Community Support Services Support Ontarians:

- Adult Day Program & Respite
- Assisted Living Services
- Care Coordination & Navigation
- Caregiver Support
- Condition Specific Supports
- Food & Meal Programs
- Foot Care Services
- Home Help & Home Maintenance
- Health Promotion & Education
- Palliative Care
- Recreation, Fitness & Social
- Safety & Security Programs
- Support and Care at Home
- Transportation

Please continue to invest in Community Support Services — because care at home works.

FROM:

Full Name: _____

Address: _____

City: _____ **Prov:** _____

Postal Code: _____



TO:

Full Name: _____

Address: _____

City: _____ **Prov:** _____

Postal Code: _____