

NOVEMBER – Family Caregivers: Respite & Support Services

Novembre – Aidants familiaux : services de répit et de soutien

| Key Themes | Tagline & Hashtags | CSS Programs to highlight | Notes |
|--|--|--|--|
| <ul style="list-style-type: none"> • National Family Caregivers Month • celebrating caregivers • education on caregiver burnout and support | <p><i>You Don't Have to Do This Alone</i></p> <p><i>Vous n'avez pas à faire cela tout seul.</i></p> <p><i>#SupportCaregivers</i></p> <p><i>#SoutenezLesAidants</i></p> | <p>Dementia navigation, respite services, support groups, education webinars</p> | <p>Refer to the importance of caregiver support and respite services for seniors and caregivers.</p> <p>Refer to caregiver resources such as workshops on caregiver education, stress and burnout awareness.</p> |

***DON'T FORGET: Follow the monthly theme and hashtags.**

- The rest of the monthly campaign can be tailored to your organization's specific identity and services provided.
- Find additional resources and materials in the supporting repository.