

Adult Day Program Association | MINUTES

Meeting date | 27 March 2026 Time | 9:30 - 11:00 am

Meeting location | Teams Platform online.

AGENCY REPRESENTED	PRESENT	REGRETS
Penny Bodnoff, The Good Companions – <i>Chair</i>	X	
Allan Cormier, Ottawa West Community Support – <i>Vice Chair</i>	X	
Sylvia Nicol, Carleton Lodge Day Program (City of Ottawa) – <i>Treasurer</i>	X	
Arnprior Regional Hospital – The Grove – Michaela McClymont		X
Abbotsford House at the Glebe Centre – David O’Neill		X
Beth Donovan Hospice – Sue Walker		X
Bonnechere Manor ADP – Erin Wilson		X
Bruyère - Résidence Saint-Louis – Kathy Bickerton	X	
Carefor Health and Community Services – Eastern Counties – Natacha Brisson		X
Perley Health – KerryAnne Muir	X	
Carefor (Carling) – Cheryl Conway		X
Centre d’accueil Champlain (City of Ottawa) – Manon Geoffroy	X	
Eastern Ottawa Resource Centre – Nadine Bourgeois	X	
Harmer House – Jenna Redman		X
Hospice Care Ottawa – Kayla Savoie		X
Jewish Family Services - Seniors Support Services - George Sladowski		X
J. W. MacIntosh Community Support Services – Sarah Speer	X	
Marianhill – Christine Wassing	X	
Montfort Renaissance – Guillaume Gervais	X	
The Olde Forge Community Resource Centre – Jacinthe Gosselin		X
Vista Centre Brain Injury Services (VCBIS) – Denis Boileau		X
Western Ottawa Community Resource Centre– Natalie Harrison	X	
Rural Ottawa Support Services South (ROSSS) – Ashley Bouwman		X
Royal Ottawa Geriatric Day Hospital – Greg Stenman	X	
PARTNERING AGENCY	PRESENT	REGRETS
CSS Shared Resources, Ontario East – Chris Cobus	X	
Dementia Society of Ottawa and Renfrew County – Kara Bedell	X	
Ontario Health at Home – Isabelle Meunier	X	
Para Transpo – Laura Anderson & Simon Harris	X	

AGENDA ITEMS

1. Welcome and Introduction
Penny Bodnoff, ADPA Chair, opened the meeting and welcomed members.
2. a) Approval of agenda
The 23 January 2026 agenda was approved. Motioned by Allan Cormier and seconded by Natalie Harrison. CARRIED
b) Approval of minutes
23 Jan 2026 ADPA Meeting Minutes were approved with the following correction: under Round Table Discussion: Further Discussion; bullet 5 should read: Information and Referral, for those patients wanting ADP referrals only (not requiring other in-home services from Ontario Health atHome), they cannot put the contact in the

patient's file under contacts due to new provincial policies. Instead, contact is added in the ADP Consultation Summary.

Motioned by Sylvia Nicol and seconded by Manon Geoffroy. CARRIED

3. Para Transpo News & updates with Laura Anderson & Simon Harris

It was noted that efforts continue to reduce the number of clients using 'taxi cars' because these vehicles cannot hold 3 people if each have a walker.

ADP Providers expressed gratitude for Para Transpo's Web Care Product that allows Agencies to list the clients involved with their programs in individual accounts, as this simplifies tracking of vehicles and any last-minute changes to transportation arrangements.

Action: Simon to forward information about this Web Product to Penny for circulation to ADPA members, with contact information on how to connect with Para Transpo to establish an agency account.

Kudos were also extended re: new Para employees who have demonstrated patience and compassion in their service to ADP clients.

4. Ontario Health At Home Update – Isabelle Meunier

Isabelle shared the **Adult DP Consultation form** currently being completed by the Information & Referral Staff Team at Ontario Health atHome, to refer clients who do not require any additional OH@H services beyond ADP directly to their ADP waitlist for referral. This form is to accompany any referrals to ADP along with either a Contact Assessment (CA) or Inter RAI HC Assessment as appropriate. The detailed Inter RAI HC assessment would only accompany the referral to ADP if the client requires services from OH@H beyond ADP, and therefore, a more detailed assessment would be available for sharing. It is hoped that this process will improve access for clients who are only seeking ADP services.

Some ADP Providers indicated that referrals from OH@H seem to be coming into their programs with more regularity. Nadine Bourgeois, EORC indicated that they seem to be receiving a substantial number of referrals from OH@H for French speaking clients, even though their ADP Program is English only. Confusion may be that EORC is well known as a bilingual organization. Nadine encouraged to update the ADP Status Chart and ensure that any promotional materials e.g., website, acknowledges that their ADP program is English only.

5. CSS Shared Resources, Ontario East Update – Chris Cobus

Friendly Reminder: Next region-wide OHE ADP Providers meeting being held on Tuesday, 7 April 2026 at 10 am online. If you are an ADP Provider wishing to attend and have not received an invitation, please email Chris Cobus to get on the mailing list: ccobus@accesscss.ca ADP Data Results from across the full region related to the Apples to Apples Project will be presented to the group as well as a Draft Work Plan based on these results and topics of interest raised by ADP Providers at previous regionwide meetings. Follow-up on training re: Implementation of Frailty Assessments and feedback from those trialing the ADP Self-Assessment Checklist (which compliments the OHE ADP Best Practice Standards) will also be discussed.

Chris acknowledged that this may be her last ADPA meeting, as she is retiring in May 2026. She expressed appreciation for having the privilege to work in the CSS sector for over 35 years and praised the ADP Providers for the passion and commitment they have demonstrated in their efforts to serve clients well, particularly when faced with limited resources available. Penny extended thanks for her support of this group over the years.

The Daisy Café program is currently 'on hold' as work is underway to make some changes to the program's operations to clarify eligibility and enhance flow through to ADP Program and other services, allowing more new clients to access this support. Once the Daisy Café gets up and running again, Providers are welcome to encourage Clients/Caregivers to contact DSORC about access by calling 613-523-4004 ex 2 to speak with a Dementia Care Coach. There will be 2 Daisy Cafes available at the Aline-Chretien Health Hub 2225 Mer-Bleue Rd in Orleans (one French and one English).

DSORC recently purchased an OBIE Mobile gaming system for use in their support groups and are making this gaming system available to Clients and Caregivers through individual bookings (45 minute sessions). Please note, this is not 'respite' for the Caregiver, but rather, an opportunity for interactive play with the person they care for. **Action:** Kara to send Penny a link to more information about this new resource for circulation among ADP Providers.

Penny acknowledged she too has a similar gaming system. Anyone interested in seeing the system and how it works is welcome to contact Kara (or Penny at The Good Companions) for a visit.

7 Business Arising

7.1 Sylvia Nicol, ADPA Treasurer, indicated the **current bank account** stands at \$5663.74, slightly less than last reported, as deposit was paid to Caterer to reserve services for the fall Conference. All but one agency have paid their membership fees for this year. Sylvia will be reaching out with a friendly reminder.

7.2 The **2026 ADPA Conference Committee** continues to make plans for another successful event! Natalie Harrison, who joined Penny, Sylvia, and Allan on the Conference Planning Committee, provided a power point on the results of last year's satisfaction survey thanking the group for their feedback which will be considered as plans for this year move forward. Chris asked if any of the Conference will be made available online for those who may not be able to afford the time or travel to attend. The City of Ottawa supported online access last year, but this option was only requested by two agencies and only one accessed it. An expensive endeavor for one participant. I suggested perhaps rather than making the full day available online, perhaps a portion of the day, e.g., the Keynote, could be considered? **2026 Conference: 18 September 2026 at the Ron Kolbus Lakeside Centre in Ottawa.**

7.3 **ADPA Terms of Reference** – in progress. CSS Shared Resources, Ontario East may help with translation.

7.4 **ADPA Vice Chair** – **Natalie Harrison was supported unanimously to take on the role of Vice Chair.**

Allan Cormier was thanked for his many years in the position. He plans to continue to participate in ADPA and on the Conference Planning Committee.

8 Round Table Discussion

OWCS – Allan Cormier

- Waitlist 70 + people.
- More demand for the Dementia Day than the 'mixed' program; yet many in the mixed program living with dementia.
- Virtual programming continues.

WOCRC –Natalie Harrison

- Moving Nepean program to new location (has been over a year in progress); open spaces on Wednesdays
- full at McNeil Street; waitlist of approx.. 20 people (6 month wait)
- dementia specific programming full; waitlist of 2/3 people

J.W. MacIntosh – Sarah Speer

- expanding to offer a 4th day of programming on Thursdays
- beginning next week, programming to be offered: Mon/Wed/Thursday/Friday

Perley Health – KerryAnne Muir

- Reduced waitlist from 100+ to 30 + people
- Programming 5 days a week starting April 1st
- Asking others for feedback on their actual 'staff ratios'?

Centre D'accueil Champlain – Manon Geoffroy

- Currently have a waitlist
- Pleased with the result of recent renovations

Bruyère – Kathy Bickerton

- 8th day on the job
- Working on filling vacancies in program

E.O.R.C. – Nadine Bourgeois

- Just under 70 people on waitlist
- Proceeding with intakes as space allows
- finding quite a few cancellations
- mixed program staff ratio: 1 per 5; 1 per 3 plus PSW in dementia program
- looking to visit other day programs and have others visit EORC Hub for learning exchange.

Carleton Lodge – Sylvia Nicol

- Programming Mon – Sat (2 evenings)
- Full
- 3 on waitlist

Marianhill – Christine Wassing

- Some turnover, but mostly full
- Fee increase and charge for absences
- Updating Policies (using OHE ADP Best Practice Guidelines)

Montfort Renaissance – Guillaume Gervais

- Programming 4 days a week
- Space available
- Ratio of 1 to 4/5

The Good Companions – Penny Bodnoff

- Working through waitlist
- Seeking referrals
- People on waitlist often refusing offer due to being overwhelmed, involvement in other activities, or managing health issues that would cause excessive absences.
- Empty staff position filled with more PSW hours to manage heavier care
- Volunteer recruitment is challenging

9. Adjournment

Meeting adjourned 10:53 am.

Next Meeting: Friday, 22 May 2026 at 9:30 am via *Teams*.

Penny reminded the group to make it a habit to update their program status monthly on Teams. Any questions about access to the ADP Status Chart, contact Chris Cobus ccobus@accesscss.ca