



Sanitized for Your Arrival

Rouge Pro G4 · Red Light Therapy Guide · Wellness Suite

BEFORE YOU BEGIN

- Ensure the device is positioned securely and unobstructed.
- Remove skincare products that may increase light sensitivity.
- Place protective eyewear on before powering the unit.
- Stand or sit approximately 6–18 inches from the panel.

USING THE REMOTE CONTROL

- **Power** — turn the unit on or off.
- **Time + / -** — adjust session duration.
- **Intensity + / -** — adjust brightness level.
- Point the remote directly at the panel receiver and confirm the timer display before beginning.

STARTING YOUR SESSION

1. Power on the unit (panel or remote).
2. Set desired session time — 5–10 minutes recommended for first use.
3. Relax and remain still during exposure.
4. The device will power down automatically when time expires.

RECOMMENDED FREQUENCY

- 3–5 sessions per week for general wellness support.
- 5–15 minutes per treatment area. Allow 24 hours between sessions on the same area.
- Consistency over intensity is recommended.

SAFETY REMINDERS

- **Eye Protection Required** — Protective eyewear must be worn at all times.
- Do not use if pregnant or using photosensitizing medications.
- Avoid use with active skin lesions or during active chemotherapy or radiation treatment.
- Discontinue immediately if redness, irritation, dizziness, or discomfort occurs.

HYGIENE & COURTESY

- Wipe down surfaces after use. Ensure the unit is powered off.
- Return protective eyewear and remote to their designated locations.

IMPORTANT NOTE

Red Light Therapy is provided as a non-medical wellness amenity. It is not intended to diagnose, treat, cure, or prevent any disease. No medical supervision is provided.