



# First Reconciliation and First Eucharist Sacramental Preparation 2026

Congratulations! Preparation for First Reconciliation and First Eucharist is a joyful and exciting time for children and their families. Our program is designed to help parents properly form and prepare their children for First Reconciliation and First Eucharist by assisting them in understanding God's great love for them, as shown in these two sacraments. To help you experience this with them, we ask you and your child to participate in the following:

## Attend Saturday/Sunday Eucharist (Mass) Weekly

This is the most important way to help prepare your child for First Reconciliation and First Eucharist.



## Parent/Child Preparation in the Home

We will begin Sacramental Preparation with First Reconciliation. Preparation will start in the home with you helping your child prepare by completing the "Blessed" First Reconciliation workbook together as a family.

"Blessed" is a Dynamic Catholic experience designed to prepare young Catholics for the Sacraments of Reconciliation and First Eucharist.

At the heart of the program are 42 short animated films, ranging from 1 to 15 minutes. "Blessed" can be experienced online for FREE at <https://www.dynamiccatholic.com/blessed/blessed-program-view.html>. After watching the videos, complete the "Show What You Know" pages at the end of all six sessions in your child's book. All six "Show What You Know" pages must be completed and returned at your child's First Reconciliation Retreat on November 9 or 11.

Parents can sign up at <https://dynamiccatholic.com/blessed/parent-program> for the email program for parents. It's designed to fit your busy schedule. Every Monday for six weeks, you'll receive an email with a link to the short animated films for that week. Then, as you and your child go through the Focus, Act, and Prayer for each session, you'll be surprised by how much you get out of the program.

Follow the above instructions to complete the "Blessed" First Communion workbook together as a family before your child's First Eucharist Retreat in April/May.

## Practice Prayers

Practice making the Sign of the Cross, reciting the Our Father, Hail Mary, Act of Contrition, and Apostles' Creed. A copy of a prayer booklet can be found on our website at [bit.ly/olohrprayers](http://bit.ly/olohrprayers).

# Retreats and Celebrating First Reconciliation and First Eucharist:



Both parents are invited; at least one must accompany their child to the First Reconciliation and First Eucharist retreats and practices. There will be TWO retreat dates for each sacrament; however, you and your child only need to attend one. You may choose the date and time most convenient for your family. Space is limited at each retreat.

Catholic School students: Scan the QR code to sign up for the Reconciliation Retreat. Students who participate in in person Faith Formation classes at Holy Rosary will attend the retreat at their regular class time. Students who do not attend weekly in-person classes will scan the QR code to sign up for their Reconciliation Retreat date.

## FIRST RECONCILIATION RETREAT

Monday, November 9, 5:30 – 7:00pm  
or  
Wednesday, November 11, 4:30 – 6:00pm

## CELEBRATION OF FIRST RECONCILIATION

Tuesday, November 17, 6:30 pm

## RETREAT / PRACTICE AND CELEBRATION OF FIRST EUCCHARIST

### Retreat / Practice

Saturday, April 25, 10 am–12 pm  
**Celebration:** Sunday, April 26, 2 pm  
or

### Retreat / Practice

Saturday, May 2, 10 am–12 pm  
**Celebration:** Sunday, May 3, 2 pm

We are praying for you and your family to joyfully experience God's grace as you are welcomed at the table of our Lord in the Holy Eucharist.

Rev. Matthew Lorrain

Pastor

Jessica Clouatre

Director of Religious Education

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<https://www.olohr.com/second-grade-parent-info-page>

## DRESS CODE FOR FIRST EUCCHARIST:

Girls – white or pastel-colored dresses (short or long sleeve). They may wear a hat, veil, or any other accessories, but it is not necessary to do so.

Boys – dress pants and a white dress shirt. They may wear ties, but it is not necessary to do so.

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