



Signed contract agreement must be returned
in order to receive your uniform

Athlete Contract Agreement

As a student-athlete, I understand that I represent my team, my school, and my community. I agree to the following expectations so that I can contribute positively to my program and get the most out of my athletic experience.

Commitment & Attendance

- I will give full effort and attend all practices, games, meetings, and team events.
- If I need to miss or be dismissed early, I will communicate directly with the coaching staff and provide valid documentation when required.
- I will arrive on time, prepared, and ready to participate.

Conduct & Sportsmanship

- I will treat teammates, coaches, opponents, officials, and myself with respect.
- I will not participate in bullying, hazing, gossip, or disrespectful speech.
- I will maintain a positive attitude and help create a supportive environment, including on the bench.
- I will support all levels of the program — Varsity, JV, and Freshman — and help foster a unified soccer community.
- I will represent my school well on and off the field, including on social media.

Team Responsibilities

- I will take care of my uniform, bag, pinnie, and all equipment, returning everything washed and in good condition.
- I will support all levels of the program and contribute to a unified team culture.
- I will follow team rules, school rules, and athletic department policies.

Coachability & Communication

- I will follow the chain of communication: player → captains → coach → athletic department.
- I will accept coaching decisions regarding playing time, positions, and strategy.
- I will ask questions respectfully and take feedback with maturity.

Health, Safety & Performance

- I will follow guidance on conditioning, recovery, hydration, and nutrition.
- I will report injuries honestly and seek help from the athletic trainer when needed.
- I will avoid substances prohibited by school policy.

Academic Expectations

- I will maintain strong effort in all classes and stay academically eligible.
- I will communicate proactively about academic conflicts or concerns.

Consequences

I understand that failure to meet these expectations may result in reduced playing time, suspension from practices or games, or removal from the team depending on the severity of the issue. Team rules are in accordance with the MIAA and MHS Athletic Handbook.

Player Name: _____ Date: _____

Player Signature: _____