



THE CATHOLIC DIOCESE OF ROCKVILLE CENTRE

Office of Human Resources

P.O. Box 9023, Rockville Centre, N.Y. 11571-9023
Tel: 516-678-5800 • Fax: 516-678-9566 • www.drvc.org/hr

To: All Employees of the Diocese of Rockville Centre Who Maintain Health Coverage Through the Diocese

From: Allison Cannon, Chief Human Resources Officer

Date: January 2, 2026

Re: Mount Sinai Doctors No Longer In-Network Under Our Anthem Health Plan

I am writing to inform you of an important change affecting health care coverage under the Diocese of Rockville Centre's health plan through Anthem.

Anthem and Mount Sinai were unable to reach an agreement following ongoing contract negotiations and as a result, Mount Sinai doctors are no longer participating as in-network providers under our Anthem health plan effective January 1, 2026. Please note that negotiations are still ongoing. Please go to the following website for more information:

<https://www.anthem.com/update-mountsinai>

What does this mean for you:

- Services provided by Mount Sinai Doctors will now be considered out-of-network.
- Visits may result in significantly higher out-of-pocket costs or may not be covered.
- Services provided by Mount Sinai hospitals and facilities will be out of network starting March 1, 2026.

What you should do:

- Please do not schedule new appointments with Mount Sinai Doctors unless you are prepared to pay for potential out-of-network costs. Anthem will work with you to find providers that are in network in the tri-state area.
- If you have scheduled new appointments set up already, Anthem has requires that you fill out the attached form to determine if coverage will be at in-network rates. These reviews will only be for appointments through March 31, 2026. If you have appointments set up after that date, you will need to find a new provider to get in-network rates.
- If you are currently receiving ongoing treatment with a doctor at Mount Sinai, please fill out the attached form and send to Anthem who will determine if continuing coverage at in-network rates will go through March 31, 2026.



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Please call Anthem Member Services at 1-844-241-7083 if you need further guidance on continuity of care services or any other questions you might have.

Please note that the Diocese does not control insurer provider contract negotiations. We understand that this change may be disruptive, and we want to ensure employees are aware as soon as possible so informed healthcare decisions can be made.

I will keep you updated if an agreement is reached in the coming days or weeks.