

PROMEX : Project Management Skills for Construction Excellence

Lead the Build. Master the Project.



Designed specifically for the construction industry, PROMEX equips participants with essential project management skills.

The program is open to **ECAO/CLRAO and MCAO** member contractors. While there are no formal prerequisites, applicants must be recommended by their supervisor or employer and should have prior construction industry experience.

Recognizing that the program takes place during work hours, employers will receive a reimbursement of \$2,500 for each employee who successfully completes the program.

PROMEX has been developed in partnership with **Schulich ExecEd, Schulich School of Business, York University.** You will earn a **Masters Certificate in Project Management (MCPM)**

PROGRAM HIGHLIGHTS

Live virtual sessions held every Tuesday and Thursday* from 9 AM – 4:00 PM:

- **Weeks 1–5:** Project Management Training by Schulich ExecEd
- **Week 6:** Industry led Workshops and Training by industry experts
- **Weeks 7–8:** Technology-focused module to explore the use of Digital Collaboration Tools, delivered by iKites
- Earn eligible contact hours to write either the PMP/ CAPM (Certified Associate Project Manager)/PMI-CP exam with the Project Management Institute (PMI).
- Post-program certification support/ resources
- Exam fees covered

REGISTRATION DETAILS

Click [HERE](#) to submit the Expression of Interest (EOI) form to get started, or email cfrederickson@ecao.org to register.

PROGRAM COHORT & SCHEDULE

Cohort I of this program is scheduled from **Sep 15, 2026 – Nov 11, 2026**. Additional schedule details will be confirmed and shared soon.

MODULES

Project Planning and Control

Develop a Project Charter, create a scope statement, and build work breakdown structures (WBS) to keep crews aligned and projects on track.

Effective Project Cost Management

Manage jobsite budgets by tracking labour, materials and change orders. Foundations of cost planning, estimating, budgeting. Monitoring costs and Project performance and procurement planning –essential for ICI and other construction projects..

Assessing and Managing Project Risk

Develop a risk register identifying site-level risks and a resource allocation strategy to manage delays caused by permits, inspections, or weather. Focus on contingency planning, claims management and HSE risks

Communication & Stakeholder Leadership

Focus on interpersonal and organizational communication skills, tools and knowledge – essential to manage communication in a construction environment, minimizing miscommunication and rework. Gain practical tools to lead more effectively, resolve disputes, and represent your team and stakeholders in coordination meetings.

Leadership & Team Coordination

Leadership self-assessment and action plan. Gain practical tools to delegate effectively, resolve disputes, and represent your team in coordination meetings.

Digital CollaborationTools



Live demonstrations and hands-on workshops to explore digital collaboration platforms- MS Project, Primavera and Generative and Agentic AI . This session helps contractors confidently integrate technology into their daily project workflows.

Case Studies & Customization

Case studies, examples, and practical exercises are tailored to reflect the realities of the construction industry. Participants will apply project management tools to challenges commonly encountered across ICI, residential, and infrastructure projects.