Each year from November 1st to 8th, on any or each day, the Church encourages us to help souls in purgatory by offering them a plenary indulgence, a special grace that removes the effects of sin and helps them reach Heaven.

A plenary indulgence <u>completely</u> heals and cleanses the soul and permits it to enter Heaven while a partial indulgence heals and purifies part of it.

To obtain a plenary indulgence for a holy soul in purgatory, complete the following:

- 1. Visit a cemetery and pray for the departed.
- 2.Go to Confession (20 days before or after the indulgence act).
- 3. Receive Holy Communion on the day of the indulgence act.
- 4. Pray for the intentions of the Holy Father (e.g. one Our Father and one Hail Mary).
- 5. Be free from attachment to sin, even venial sin.

If all conditions aren't fully met, the indulgence becomes partial, which still greatly helps the souls.



ON **NOVEMBER 2ND**, **ALL SOULS DAY**, A PLENARY INDULGENCE FOR THOSE IN PURGATORY IS GRANTED TO THE FAITHFUL WHO DEVOUTLY VISIT A CHURCH AND RECITE AN OUR FATHER AND THE CREED AND COMPLETE NO. 2-5 ABOVE.