My Examination of Conscience

- ❑ I was disrespectful to God.
- ❑ I didn't listen to my parent, or teacher, or someone else in charge.
- ❑ I didn't follow my parents' rules or my school's rules.
- ❑ I used mean words.
- ❑ I did not tell the truth.
- ❑ I took what was not mine.
- ❑ I purposely hurt someone.
- ❑ I looked at books, movies, TV shows, or websites that were not good for me.
- ❑ I was rude.
- ❑ I teased or bullied someone.
- ❑ I did not clean up my mess.
- ❑ I was selfish or did not share.
- ❑ I was hard to get along with.
- ❑ I ignored someone in need of help
- ❑ I did not respect my body by eating well, getting good sleep, etc..
- ❑ I fought with my brother or sister.
- ❑ I complained, whined, or begged.
- ❑ I had mean thoughts about someone.
- ❑ I would not forgive someone who was sorry.
- ❑ I did not apologize when I did something wrong.
- ❑ I did not do my homework or chores.
- ❑ I was wasteful.
- ❑ I did not pray every day.
- ❑ I was not prayerful in church.
- ❑ I was lazy and didn't do my chores.
- ❑ I cheat in sports or at school.
- ❑ I used bad language.

Other things I want to bring to Jesus for healing:

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Adapted from Teaching Catholic Kids.com