



The Episcopal Church of the Good Shepherd

goodshepherdfw.org

The Tenth Sunday after Pentecost (Proper 13A)

August 2, 2026 – 8:00 & 10:30 a.m. – Good Shepherd
1:00 p.m. – Emmanuel All Nations



Hochhalter, Cara B.. Feeding the Multitudes, from Art in the Christian Tradition, a project of the Vanderbilt University Divinity Library, Nashville, TN. <https://act.library.vanderbilt.edu/artworks/59291> [retrieved July 29, 2026]. Original source: Cara B. Hochhalter.

Church of the Good Shepherd
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*The Church of the Good Shepherd practices inclusion, inspires healing,
and promotes justice as we journey with Christ in love.*

Join our email list: <https://tinyurl.com/goodshepemails>

Good Shepherd Clergy, Staff, and Lay Leadership

The Rt. Rev. Phil LaBelle, *Bishop* (bishop@ecww.org)
 The Rev. Josh Hosler, *Rector* (josh@goodshepherdffw.org)
 The Rev. Anna Lynn, *Deacon* (anna@goodshepherdffw.org)
 Alan Lynch, *Director of Music* (alan@goodshepherdffw.org)
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 Tetiana Chyshynska, *Sexton*
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 Judith Perkins, *Senior Warden*
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 Karen White, *Treasurer* (karen@goodshepherdffw.org)
 Beth Shoemaker, *Assistant Treasurer* (beth@goodshepherdffw.org)
 Mary McClellan Aronen, *Ministry Coordinator*

Today's Service Ministers

Presider/Preacher: The Rev. Josh Hosler
Deacon: The Rev. Anna Lynn
Organist: Don Ramage
Cantor: Alana O'Donnell

August 2	8:00 a.m.	10:30 a.m.
Tech Team		Dina Johnson, Deb Smith
Ushers		Sir Stephen and Lady Bridget Akparanta
Altar Guild		Karen White
Flowers		Linda Butcher
Worship Assistant	Beth Shoemaker	
First Lector	Annarose Jowenson	Ania Malkowska-Leek
Second Lector/Intercessor	Andy Jowenson	Dilcia Brent
Eucharistic Ministers		Anna Lynn, Judith Perkins
Coffee Hour	Jan Barber	Alisa Johnson, Carole Loudonback, Karen Dobbs
Counters		Dina Johnson, Mary Aronen

We sing hymns at the 10:30 service only. All music used during this service, unless otherwise noted, is licensed for online streaming through onelicense.net #609900. Art files, unless otherwise noted, are licensed under the Creative Commons Attribution Noncommercial ShareAlike 3.0 License.

Welcome, Guests and Newcomers!

This is Christ's House. Come, you who feel weak and unworthy. Come, you who come often and you who have stayed away. Come, you who love Jesus, and you who wish you could. Come, sinners and saints, women, men, and gender non-conforming, gay and straight, young and old. Come, you who are lonely and long for friendship. Come, you who are homeless and you who have a place to rest your heads. Come, you who are citizens of this land and you who are not. Here you are citizens of the kingdom of God. Come join God's people at the feast prepared for you from the beginning of the world.

In addition to our weekly Sunday morning worship, we consistently offer a variety of other opportunities to connect—for people of all ages.

- Our website: goodshepherd.org.
- Our YouTube page: tinyurl.com/gsfwyoutube.
- Sign up for *The Shepherd's Crook*, our weekly newsletter, at tinyurl.com/goodshepemails.
- To go even deeper, join *Realm*, our online community of worshipers: onrealm.org/goodshepfw.
- Shortcut to Realm Resources for parishioners (password-protected): tinyurl.com/gsfwresources.
- Make a financial pledge to Good Shepherd for 2026: tinyurl.com/pledgegoodshep2026.

Recording and Streaming in Use

Recording and streaming in use: Please note that video cameras and microphones are capturing our 10:30 worship service, and that the resulting content is being transmitted online. Likewise, from time to time still photography of our worship services may be taken and used for church communications, websites, and other uses. By your presence within the worship space or on Zoom, you are indicating your consent to the possibility that your likeness may be captured and used in any of these ways. While video capture of congregants in the pews is relatively minimal, if you wish to guarantee you will not ever be depicted on video, the area toward the back of the pew seating area is unable to be picked up on camera.

Land Acknowledgment

We acknowledge that the Church of the Good Shepherd sits on a seasonal campground of the [Puyallup \(puyallup-tribe.com\)](https://puyallup-tribe.com) and [Coast Salish People](https://coast.salishpeople.com), who have lived on and stewarded these lands for thousands of years and continue to do so today. We recognize that this land acknowledgement is one small step toward true allyship, and we commit to uplifting the voices, experiences, and histories of the Indigenous people of this land and beyond.

How can you make this Land Acknowledgment more than a performative gesture? Go to the tribe's news website (<https://news.puyalluptribe-nsn.gov/>) and sign up for their newsletter. Notice what issues are important to the Puyallup people and decide how you can begin to forge a learning relationship.

HOLY EUCHARIST: Rite Two

The Liturgy of the Word

At the 8:00 service, we skip all musical portions or, where indicated, read the text of them.

Processional Hymn: Glorious Things of Thee Are Spoken (*The Hymnal 1982* #522)

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty
2 See! the streams of liv - ing wa - ters, spring - ing from e -
3 Round each ha - bi - ta - tion hov - ering, see the cloud and
4 Blest in - hab - it - ants of Zi - on, washed in the Re -

of our God; he whose word can - not be
ter - nal love, well sup - ply thy sons and
fire ap - pear for a glo - ry and a
deem - er's blood! Je - sus, whom their souls re -

bro - ken formed thee for his own a - bode;
daugh - ters and all fear of want re - move.
cov - ering, show - ing that the Lord is near.
ly on, makes them kings and priests to God.

on the Rock of A - ges found - ed, what can shake thy
 Who can faint, when such a riv - er ev - er will their
 Thus de - riv - ing from their ban - ner, light by night, and
 'Tis his love his peo - ple rais - es o - ver self to

sure re - pose? With sal - va - tion's walls sur -
 thirst as - suage? Grace which, like the Lord, the
 shade by day, safe they feed up - on the
 reign as kings: and as priests, his sol - emn

round - ed, thou may'st smile at all thy foes.
 giv - er nev - er fails from age to age.
 man - na which he gives them when they pray.
 prais - es each for a thank - of - fering brings.

Words: John Newton (1725-1807), alt. Music: *Austria*, Franz Joseph Haydn (1732-1807); desc. Michael Y. Young, (b. 1939).
 Descant Copyright © 1979, G.I.A. Publications, Inc.

The Opening Acclamation

Presider: Blessed be the one, holy, and living God.

People: **Glory to God forever and ever.**

The Collect for Purity

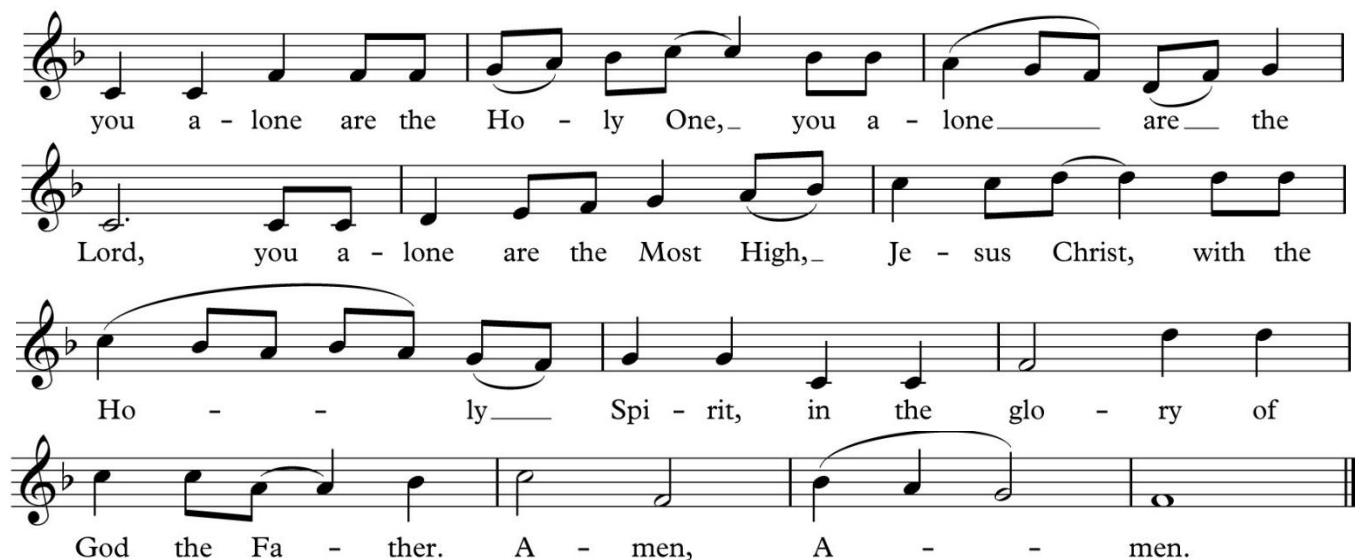
Presider: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria (Mass of St. Cedd)

At the 8:00 service, we speak the text instead of singing it.

$\text{♩} = 100$ *f*

Glo - ry to God in the high - est, and
peace to his peo - ple on earth. Lord God, heaven - ly King, al -
migh - ty God, and Fa - ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry.
mp
Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God,
Lamb of God, you take a - way the sin of the world: have mer - cy on
us; you are seat - ed at the right hand of the
mf
Fa - ther: re - ceive our prayer, re - ceive our prayer. For



The Collect of the Day

Presider: The Lord be with you.

People: **And also with you.**

Presider: Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

Our readings from the Bible each week include one from the Old Testament or Hebrew Scriptures; a Psalm; one from the New Testament or Christian Scriptures; and a reading from one of the four Gospels, the accounts of the life of Jesus.

First Lesson (Isaiah 55:1–5)

Lector: A reading from the book of the Prophet Isaiah.

Thus says the Lord:

"Ho, everyone who thirsts,

come to the waters;

and you that have no money,

come, buy and eat!

Come, buy wine and milk

without money and without price.

Why do you spend your money for that which is not bread,

and your labor for that which does not satisfy?

Listen carefully to me, and eat what is good,
and delight yourselves in rich food.
Incline your ear, and come to me;
listen, so that you may live.
I will make with you an everlasting covenant,
my steadfast, sure love for David.
See, I made him a witness to the peoples,
a leader and commander for the peoples.
See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the LORD your God, the Holy One of Israel,
for he has glorified you."

... Hear what the Spirit is saying to the Churches.

People: **Thanks be to God.**

Psalm 145: 8-9, 15-22

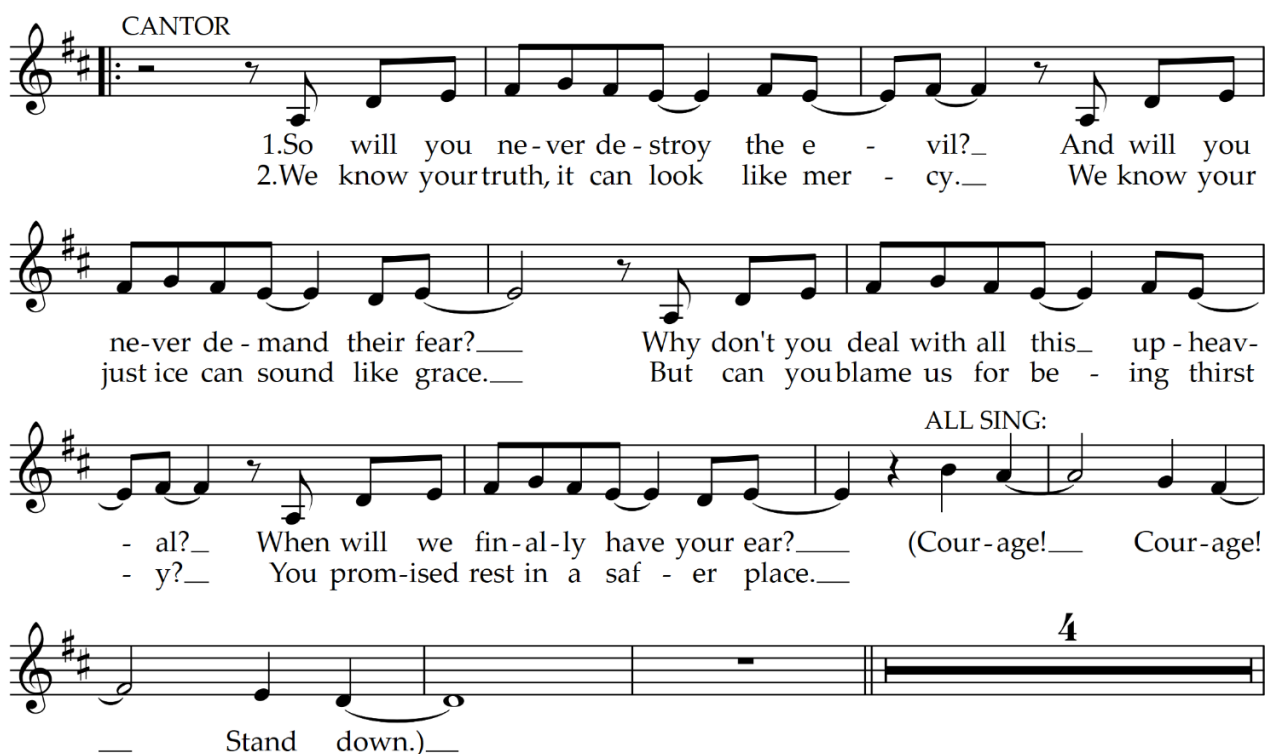
At 8:00, the first lector invites us to read the text as follows:

Let us pray the psalm responsively by verse.

At 10:30, the congregation is invited to sing along with the cantor; a lector reads the verses.

ANTIPHON (first verse)

CANTOR



1. So will you ne-ver de-stroy the e - vil?_ And will you
2. We know your truth, it can look like mer - cy._ We know your

ne-ver de-mand their fear?_ Why don't you deal with all this_ up-heav-
just ice can sound like grace._ But can you blame us for be - ing thirst

ALL SING:

- al?_ When will we fin-al-ly have your ear?_ (Cour-age!_ Cour-age!
- y?_ You prom-ised rest in a saf - er place._

Stand down.)_

4

8 The Lord is gracious and full of compassion, *
slow to anger and of great kindness.

9 The Lord is loving to everyone *
and his compassion is over all his works.

15 The Lord upholds all those who fall; *
he lifts up those who are bowed down.

16 The eyes of all wait upon you, O Lord, *
and you give them their food in due season.

17 You open wide your hand *
and satisfy the needs of every living creature.

ANTIPHON (second verse)

18 The Lord is righteous in all his ways *
and loving in all his works.

19 The Lord is near to those who call upon him, *
to all who call upon him faithfully.

20 He fulfills the desire of those who fear him; *
he hears their cry and helps them.

21 The Lord preserves all those who love him, *
but he destroys all the wicked.

22 My mouth shall speak the praise of the Lord; *
let all flesh bless his holy Name for ever and ever.

ALL SING:

(Cour - age!____ Cour - age!____ Stand down.)____

(Cour - age!____ Cour - age!____ Stand down.)____

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Second Lesson (Romans 9:1–5)

Lector: A reading from the Letter of Paul to the Romans.

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

... Hear what the Spirit is saying to the Churches.

People: **Thanks be to God.**

The congregation stands as able.

Gradual Hymn: Father, We Thank Thee (*The Hymnal 1982* #302)

The musical score is for a hymn in G major, 4/4 time. It consists of two systems of music, each with a treble and bass staff. The lyrics are written between the staves. The first system contains the first two lines of the hymn, and the second system contains the next two lines. The melody is simple and hymn-like, with a focus on the lyrics.

1 Fa - ther, we thank thee who hast plant - ed thy ho - ly Name with -
2 Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,
in our hearts. Know - ledge and faith and life im - mor - tal Je - sus thy
guard it still, per - fect it in thy love, u - nite it, cleansed and con -

Son to us im-parts. Thou, Lord, didst make all for thy plea - sure,
formed un-to thy will. As grain, once scat - tered on the hill - sides,

didst give us food for all our days, giv - ing in Christ the
was in this bro - ken bread made one, so from all lands thy

Bread e - ter - nal; thine is the power, be thine the praise.
Church be gath - ered in - to thy king - dom by thy Son.

Words: Greek, ca. 110; tr. F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. Music: *Rendez à Dieu*, melody and harm. att. Louis Bourgeois (1510?-1561?).

The Gospel (Matthew 14:13–21)

Deacon: The Holy Gospel of our Savior Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the

grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

The Sermon (*The Rev. Josh Hosler*)

Sermon audio is recorded and made available on our website.

The Nicene Creed

The congregation stands as able. This statement of belief dates from the 4th century. Here we use it as a prayer. In our post-Enlightenment times, it is helpful to think of the word “believe” not as meaning merely “I intellectually assent,” but rather, “I place my trust.”

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

*Every week we pray, using a variety of liturgies, for the world, the church, and those in need. We offer prayers of thanks, and we remember those who have died. We maintain two channels of organized petitionary prayer, the **Prayer List** and the **Prayer Chain**.*

Prayer List: *To have a name read aloud for prayer during our Sunday services on a temporary or ongoing basis, contact the Rev. Josh Hosler at rector@goodshepherdfw.org. This list is published in Realm Resources for you to use in your private devotions; the link appears in the Shepherd's Crook email.*

Prayer Chain: *To have a name and a concern emailed to a small group of designated parishioners for one-time, immediate prayer, contact Alisa Johnson at alisaajohnson@hotmail.com.*

Deacon: Let us pray for the church and for the world.

Intercessor: O God our Creator, we pray for your holy Catholic Church;

People: **That we all may be one.**

Intercessor: In this week's cycles of prayer, we pray for the Good Shepherd Endowment Trustees; for St. Aidan's Church, Camano Island and Church of the Transfiguration, Darrington; and the Church of the Province of Uganda... Grant that every member of the Church may truly and humbly serve you;

People: **That your Name may be glorified by all people.**

Intercessor: We pray for all bishops, priests, and deacons;

People: **That they may be faithful ministers of your Word and Sacraments.**

Intercessor: We pray for all who govern and hold authority in the nations of the world;

People: **That there may be justice and peace on the earth.**

Intercessor: Give us grace to do your will in all that we undertake;

People: **That our works may find favor in your sight.**

Intercessor: Have compassion on those who suffer from any grief or trouble;

People: **That they may be delivered from their distress.**

Intercessor: Give to the departed eternal rest;

People: **Let light perpetual shine upon them.**

Intercessor: We praise you for your saints who have entered into joy;

People: **May we also come to share in your heavenly kingdom.**

Intercessor: Let us pray for our own needs and those of others.

The deacon reads the names of those on our prayer list. The congregation then adds its own prayers, silently or aloud.

Presider: Lord Jesus Christ, you said to your apostles, “Peace I give to you; my own peace I leave with you.” Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

The Confession and Absolution

Deacon: Let us confess our sins against God and our neighbor.

You may kneel if able. It is customary each week to acknowledge our human faults and failures knowing that God forgives us and desires growth and abundant joy for all of us.

Silence

All:

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: **And also with you.**

We greet one another in the name of the Lord.

Announcements

A Prayer for Birthdays and Anniversaries

O God, our times are in your hand: Look with favor, we pray, on your servant(s) *N.* as *they* begin[s] another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their lives*; through Jesus Christ our Lord. Amen.

The Offertory

Presider: Reconciled to one another, let us bring our gifts to God. Let us offer our whole selves on this altar, for it has become a table richly laid for the entire world. Come share joyfully in Christ's eternal feast.

The congregation may remain seated until the final verse of the offertory hymn or until motioned to stand.



To make a gift today (not a pledge for 2026) using your mobile device, scan the QR code on the left ... or drop a check in the offering plate ... or mail a check to the Church of the Good Shepherd, P.O. Box 3108, Federal Way, WA 98063.

On the third Sunday of each month, offerings not otherwise designated are contributed to the Rector's and Deacon's Discretionary Funds, which are used to help people in immediate need (parishioners or otherwise) or to assist new, as-yet-unbudgeted ministry opportunities.

*We give not to "pay for the show," but as a spiritual practice of participation for the good of the world and of our souls. The Church of the Good Shepherd is able to operate because of the pledges of its members. We strongly encourage all members to make an annual pledge, no matter how large or small. **To make a pledge today for 2026,** use the pledge card found in your pew or go to <https://tinyurl.com/pledgegoodshep2026>.*

Offertory Hymn: For the Fruits of This Creation (*Worship* 4th ed. #857)



1. For the fruits of all cre - a - tion, Thanks be to
 2. In the just re - ward of la - bor, God's will is
 3. For the har - vests of the Spir - it, Thanks be to



God. For the gifts to ev - 'ry na - tion,
 done. In the help we give our neigh - bor,
 God. For the good we all in - her - it,



Thanks be to God. For the plow - ing, sow - ing, reap - ing,
 God's will is done. In our world - wide task of car - ing
 Thanks be to God. For the won - ders that a - stound us,



Si - lent growth while we are sleep - ing, Fu - ture needs in
 For the hun - gry and de - spair - ing, In the har - vests
 For the truths that still con - found us, Most of all, that



earth's safe keep - ing, Thanks be to God.
 we are shar - ing, God's will is done.
 love has found us, Thanks be to God.

Text: Fred Pratt Green, 1903–2000, © 1970, Hope Publishing Company
 Tune: AR HYD Y NOS, 8 4 8 4 888 4; Welsh melody

The Great Thanksgiving

Eucharistic Prayer 2 *(Enriching Our Worship)*

Presider: We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

17

Sanctus (Mass of St. Cedd)

$\text{♩} = 100$

The musical score is written on four staves in G major (one sharp). The tempo is marked as quarter note = 100. The first staff begins with a forte (f) dynamic. The lyrics are: 'Ho - ly, ho - ly, ho - ly Lord, God of power and might, heaven and earth are full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who comes, who comes in the name of the Lord. Ho - san - na, ho - san - na in the high - est.' The second staff has a mezzo-forte (mf) dynamic. The third staff returns to forte (f). The piece ends with a double bar line.

Ho - ly, ho - ly, ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho - san - na in the
high - est. Bless - ed is he who comes, who comes in the name of the
Lord. Ho - san - na, ho - san - na in the high - est.

Presider: Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

As our Savior Christ has taught us, we now pray:

The Lord's Prayer

At 8:00:

Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.

At 10:30:

Our Fath-er in Heav-en, Ho-ly is your name. Your king-dom
come, your will be done on earth as it is in Heav-en.
Give us this day our dai-ly bread and for-give us our sins. For-give us our sins as
we for-give those who have sinned a-against us. And save us from the time of trial.
For yours is the king-dom. Yours is the glo-ry for-ev-er and ev-er. A-
men. Yours is the king-dom. Yours is the glo-ry for-ev-er and
ev-er. A-men. for-ev-er and ev-er. A-men.

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The Breaking of the Bread

Silence is kept.

Presider: Alleluia! Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia!**

At 10:30:

Fraction Anthem (*Mass of St. Cedd*)

$\text{♩} = 72$

p

Lamb of God, you take a - way the

sin of the world, have mer - cy on us, have mer - cy on us.

mp

Lamb of God, you take a - way the sin of the world,

pp *rit.*

grant us peace, grant us peace.

Presider: The gifts of God for the people of God.

Holy Communion is Christians' weekly participation in the death and resurrection of Christ, so it properly flows from the vows made at our baptism. Even so, all are invited to the table: the baptized of any Christian denomination who have committed to follow Jesus Christ, and any guests at Jesus' table. If you are not baptized and would like to begin to explore the possibility, please reach out to Pastor Josh.

If you require gluten-free bread, tell the priest when he comes to you and it will be provided. To abstain from Holy Communion, cross your arms over your chest to indicate that you would prefer that the priest bless you. In addition, it has always been our understanding that those who receive communion in only one kind (bread or wine) have received communion in the fullest sense.

Sending Out Eucharistic Visitors

If Eucharistic Visitors are to be sent to some who could not attend in person today, this prayer follows at the end of Holy Communion. Please stand as able.

Presider: In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

People: **We who are many are one body, because we share one bread, one cup.**

Post-Communion Prayer

The congregation stands as able.

Presider: Let us pray.

All: **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

The Blessing

Presider: Sit, and let your fear speak. Sit longer, and let your heart take courage. And the blessing of the God, Father, Son, and Holy Spirit, Eternal Trinity, be among you now and remain with you forever. **Amen.**

– Adapt. from a blessing by Kate Bowler

Sending Hymn: Guide Me, O Thou Great Jehovah (*The Hymnal 1982* #690)

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to



Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: *Cwm Rhondda*, John Hughes (1873-1932).

The Dismissal

Deacon: Let us go forth in the name of Christ!

People: **Thanks be to God!**

At this point our livestream ends. Coffee, snacks, and ongoing conversation are available after each service.

What's Happening at Good Shepherd?

Because our service leaflet is posted on the Web for all to see, we don't print here parishioners' personal contact information. Members of Good Shepherd are given a printed parish directory. If you'd like to participate in something but don't know how to contact the appropriate person, please contact the church office at office@goodshepherdw.org.

Join Us for Summer Events

One of Good Shepherd's goals this year is to make us more visible to our Federal Way Community. We plan to show our banner at two summer events where we can meet people and answer questions about our church: **Federal Way Pride** - August 1, 12:00–5:00 p.m.; and **Federal Way Community Festival** – August 8, 12:00–4:00 p.m. Please join us: come for a short time or stay and enjoy these events to the close. Questions? Contact **Nancy Krueger**.

Godly Playdates

Sundays, August 9 and 23, 9:15 a.m.

Godly Play resumes for children in September

Godly Play is a Montessori-based method of Christian formation for ages 3-11. As we prepare to relaunch it, adults are invited to gather and experience Godly Play for themselves. What makes Godly Play different from a traditional "Sunday school" curriculum? Come play with us and find out! Questions? Talk to **Pastor Josh**.

Be Kind, Do Good: A Walk from Shoreline to Olympia

Saturday, August 15, around 4:00 p.m.

You can be kind without doing good things. You can do good things without being kind. So why not both? Now more than ever, many of us are feeling pulled to do something—anything—to make our values and voices heard. **Jim Hall** and his friend Bob will walk from Shoreline all the way to the state capitol building in Olympia over the course of nine days. On their way, they'll stop at Good Shepherd, where we can receive them with food and drink and hear their story. Would you like to join them on some of their walk? Check out www.bekinddogoodwalk.com, where you can learn more about them and sign up to help.

Annual Church Picnic

Sunday, August 30 after the 10:30 a.m. service

Mark your calendars for the Good Shepherd Church Annual Picnic! We will gather in the courtyard next to Seaman Hall for burgers, brats, and all the fixings. Bring your favorite BBQ side dish or a dessert to share, and a big appetite. We look forward to a great time of fellowship together and enjoy the blessings of the summer season. See you there! Questions? Contact Rick Kincade.

Midweek Bible Study on Summer Break

Thursdays, 10:30-11:45 a.m. in the Gathering Room, resuming September 10

Beginning again in September, this group will pick a book of the Bible to read straight through and discuss. We just finished the Book of Job. What should we read next? Which book, were we to read it, would make you want to join us? Tell **Pastor Josh!**

Annual Women's Retreat

Friday, September 25 – Sunday, September 27

The Women's Retreat is coming! Mark your calendars and register your attendance for the 2026 Women's Retreat, September 25 – 27, at Sacred Waters Retreat Center. We'll be picking up from last year's topic and talking about personal courage. Register online in Realm using the QR code here, fill out a paper form in the narthex, or email the church office at office@goodshepherdfw.org.

