



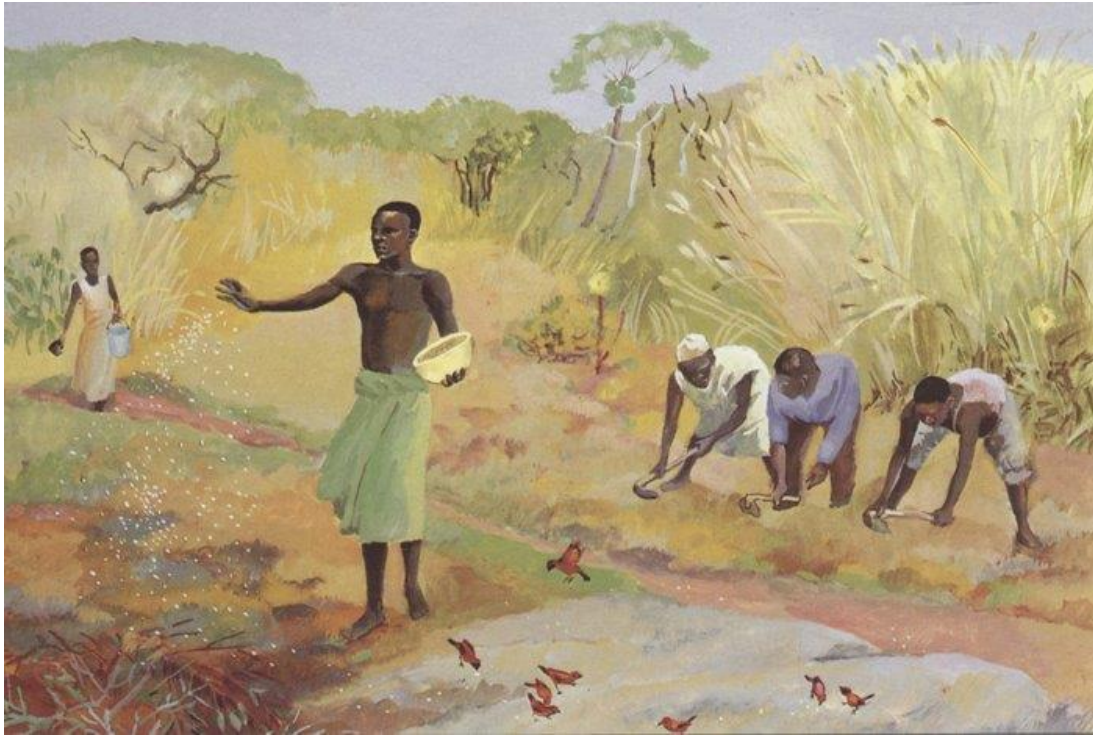
The Episcopal Church of the Good Shepherd

goodshepherdfw.org

The Seventh Sunday after Pentecost

(Proper 10A)

July 12, 2026 – 8:00 & 10:30 a.m. – Good Shepherd
1:00 p.m. – Emmanuel All Nations



JESUS MAFA. The parable of the sower, from *Art in the Christian Tradition*, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=48309> [retrieved July 7, 2026]. Original source: <http://www.librairie-emmanuel.fr> (contact page: <https://www.librairie-emmanuel.fr/contact>).

Church of the Good Shepherd

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253-839-6100

goodshepherdfw.org • facebook.com/goodshepherdfw • instagram.com/goodshepherdfw • tinyurl.com/gsfwyoutube

*The Church of the Good Shepherd practices inclusion, inspires healing,
and promotes justice as we journey with Christ in love.*

Join our email list: <https://tinyurl.com/goodshepemails>

Welcome, Guests and Newcomers!

This is Christ's House. Come, you who feel weak and unworthy. Come, you who come often and you who have stayed away. Come, you who love Jesus, and you who wish you could. Come, sinners and saints, women, men, and gender non-conforming, gay and straight, young and old. Come, you who are lonely and long for friendship. Come, you who are homeless and you who have a place to rest your heads. Come, you who are citizens of this land and you who are not. Here you are citizens of the kingdom of God. Come join God's people at the feast prepared for you from the beginning of the world.

In addition to our weekly Sunday morning worship, we consistently offer a variety of other opportunities to connect—for people of all ages.

- Our website: goodshepherdfw.org.
- Our YouTube page: tinyurl.com/gsfwyoutube.
- Sign up for *The Shepherd's Crook*, our weekly newsletter, at tinyurl.com/goodshepemails.
- To go even deeper, join *Realm*, our online community of worshippers: onrealm.org/goodshepfw.
- Shortcut to Realm Resources for parishioners (password-protected): tinyurl.com/gsfwresources.
- Make a financial pledge to Good Shepherd for 2026: tinyurl.com/pledgegoodshep2026.

Recording and Streaming in Use

Recording and streaming in use: Please note that video cameras and microphones are capturing our 10:30 worship service, and that the resulting content is being transmitted online. Likewise, from time to time still photography of our worship services may be taken and used for church communications, websites, and other uses. By your presence within the worship space or on Zoom, you are indicating your consent to the possibility that your likeness may be captured and used in any of these ways. While video capture of congregants in the pews is relatively minimal, if you wish to guarantee you will not ever be depicted on video, the area toward the back of the pew seating area is unable to be picked up on camera.

Land Acknowledgment

We acknowledge that the Church of the Good Shepherd sits on a seasonal campground of the [Puyallup \(puyallup-tribe.com\)](https://puyallup-tribe.com) and [Coast Salish People](https://coast.salishpeople.com), who have lived on and stewarded these lands for thousands of years and continue to do so today. We recognize that this land acknowledgement is one small step toward true allyship, and we commit to uplifting the voices, experiences, and histories of the Indigenous people of this land and beyond.

How can you make this Land Acknowledgment more than a performative gesture? Go to the tribe's news website (<https://news.puyalluptribe-nsn.gov/>) and sign up for their newsletter. Notice what issues are important to the Puyallup people and decide how you can begin to forge a learning relationship.

HOLY EUCHARIST: Rite Two

The Liturgy of the Word

At the 8:00 service, we skip all musical portions or, where indicated, read the text of them.

Processional Hymn: Joyful, Joyful, We Adore Thee (*The Hymnal 1982 #376*)

1 Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;
 2 All thy works with joy sur-round thee, earth and heaven re - flect thy rays,
 3 Thou art giv - ing and for - giv - ing, ev - er bless - ing, ev - er blest,

hearts un - fold like flowers be - fore thee, prais - ing thee, their sun a - bove.
 stars and an - gels sing a - round thee, cen - ter of un - bro - ken praise.
 well - spring of the joy of liv - ing, o - cean - depth of hap - py rest!

Melt the clouds of sin and sad - ness; drive the dark of doubt a - way;
 Field and for - est, vale and moun - tain, bloom - ing mea - dow, flash - ing sea,
 Thou our Fa - ther, Christ our Bro - ther: all who live in love are thine;

giv - er of im - mor - tal glad - ness, fill us with the light of day.
 chant - ing bird and flow - ing foun - tain, call us to re - joice in thee.
 teach — us how to love each o - ther, lift us to the joy di - vine.

Words: Henry Van Dyke (1852-1933). Music: *Hymn to Joy*, Ludwig van Beethoven (1770-1827); adapt. Edward Hodges (1796-1867), alt.

The Opening Acclamation

Presider: Blessed be the one, holy, and living God.

People: **Glory to God forever and ever.**

The Collect for Purity

Presider: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria (Mass of St. Cedd)

At the 8:00 service, we speak the text instead of singing it.

$\text{♩} = 100$ *f*

Glo - ry to God in the high - est, and
peace to his peo - ple on earth. Lord God, heaven - ly King, al -
migh - ty God, and Fa - ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry.
mp
Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God,
Lamb of God, you take a - way the sin of the world: have mer - cy on
us; you are seat - ed at the right hand of the
mf
Fa - ther: re - ceive our prayer, re - ceive our prayer. For

you a - lone are the Ho - ly One, - you a - lone are the
 Lord, you a - lone are the Most High, - Je - sus Christ, with the
 Ho - ly Spi - rit, in the glo - ry of
 God the Fa - ther. A - men, A - - men.

The Collect of the Day

Presider: The Lord be with you.

People: **And also with you.**

Presider: Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

Our readings from the Bible each week include one from the Old Testament or Hebrew Scriptures; a Psalm; one from the New Testament or Christian Scriptures; and a reading from one of the four Gospels, the accounts of the life of Jesus.

First Lesson (Isaiah 55:10–13)

Lector: A reading from the book of the prophet Isaiah.

As the rain and the snow come down from heaven,
 and do not return there until they have watered the earth,
 making it bring forth and sprout,
 giving seed to the sower and bread to the eater,
 so shall my word be that goes out from my mouth;
 it shall not return to me empty,
 but it shall accomplish that which I purpose,
 and succeed in the thing for which I sent it.

For you shall go out in joy,
 and be led back in peace;
 the mountains and the hills before you
 shall burst into song,
 and all the trees of the field shall clap their hands.
 Instead of the thorn shall come up the cypress;
 instead of the brier shall come up the myrtle;
 and it shall be to the LORD for a memorial,
 for an everlasting sign that shall not be cut off.

... Hear what the Spirit is saying to the Churches.

People: **Thanks be to God.**

Psalm 145:8–15

At 8:00, the first lector invites us to read the text as follows:

Let us pray the psalm responsively by verse.

At 10:30, the congregation is invited to sing along with the cantor; a lector alternates with the congregation to read the verses.

ANTIPHON:

God of mer-cy, God of kind-ness, God of rain and grain and joy,
 — O pro-tect us, O de-fend us from the ones who would des-troy.
 (Are we the ones who would des - troy?)—

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- 1 You are to be praised, O God, in Zion; *
 to you shall vows be performed in Jerusalem.
- 2 **To you that hear prayer shall all flesh come, ***
because of their transgressions.

3 Our sins are stronger than we are, *
but you will blot them out.

**4 Happy are they whom you choose
and draw to your courts to dwell there! *
they will be satisfied by the beauty of your house,
by the holiness of your temple. ANTIPHON**

5 Awesome things will you show us in your righteousness,
O God of our salvation, *
O Hope of all the ends of the earth
and of the seas that are far away.

**6 You make fast the mountains by your power; *
they are girded about with might.**

7 You still the roaring of the seas, *
the roaring of their waves,
and the clamor of the peoples.

**8 Those who dwell at the ends of the earth will tremble at your marvelous signs; *
you make the dawn and the dusk to sing for joy. ANTIPHON**

Second Lesson (Romans 8:1–11)

Lector: A reading from the Letter of Paul to the Romans.

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

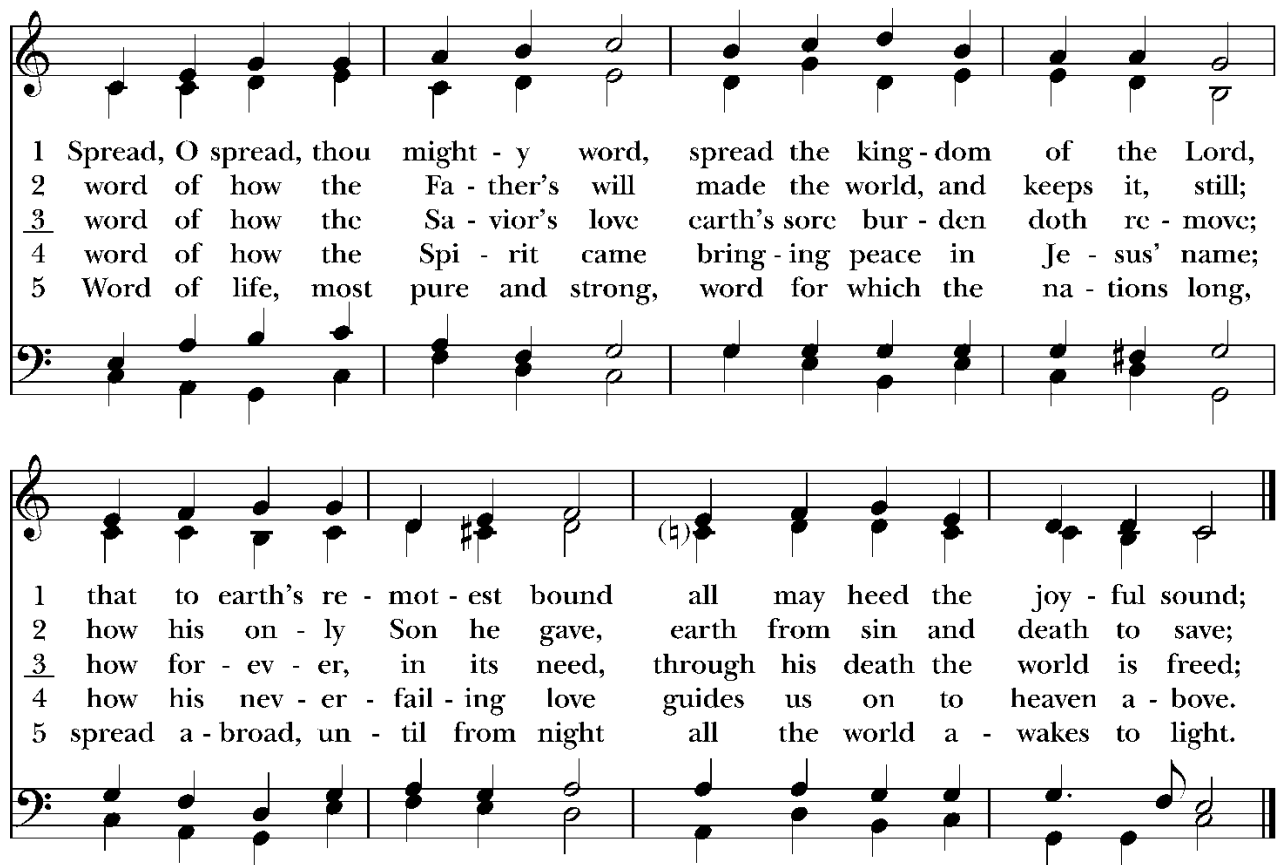
But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

... Hear what the Spirit is saying to the Churches.

People: **Thanks be to God.**

The congregation stands as able.

Gradual Hymn: Spread, O Spread Thou Mighty Word (*The Hymnal 1982* #530)



The image shows a musical score for a hymn. It consists of two systems of music. Each system has a treble clef staff on top and a bass clef staff on the bottom. The lyrics are written in the center, with five numbered lines of text. The first system covers the first five lines of lyrics, and the second system covers the next five lines. The music is written in a simple, hymn-like style with block chords and a steady rhythm.

1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,
2 word of how the Fa - ther's will made the world, and keeps it, still;
3 word of how the Sa - vior's love earth's sore bur - den doth re - move;
4 word of how the Spi - rit came bring - ing peace in Je - sus' name;
5 Word of life, most pure and strong, word for which the na - tions long,
1 that to earth's re - mot - est bound all may heed the joy - ful sound;
2 how his on - ly Son he gave, earth from sin and death to save;
3 how for - ev - er, in its need, through his death the world is freed;
4 how his nev - er - fail - ing love guides us on to heaven a - bove.
5 spread a - broad, un - til from night all the world a - wakes to light.

Words: Jonathan Friedrich Bahnmaier (1774-1841); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944), alt. St. 4, F. Bland Tucker (1895-1984). Copyright © The Church Pension Fund. Music: *Gott sei Dank*, melody from *Geistreiches Gesangbuch*, 1704; adapt. and harm. William Henry Havergel (1793-1870).

The Gospel (Matthew 13:1–9, 18–23)

Deacon: The Holy Gospel of our Savior Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: “Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!”

“Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was

sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.”

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

The Sermon (*The Rev. Carola von Wrangel*)

Sermon audio is recorded and made available on our website.

The Nicene Creed

The congregation stands as able. This statement of belief dates from the 4th century. Here we use it as a prayer. In our post-Enlightenment times, it is helpful to think of the word “believe” not as meaning merely “I intellectually assent,” but rather, “I place my trust.”

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

*Every week we pray, using a variety of liturgies, for the world, the church, and those in need. We offer prayers of thanks, and we remember those who have died. We maintain two channels of organized petitionary prayer, the **Prayer List** and the **Prayer Chain**.*

Prayer List: *To have a name read aloud for prayer during our Sunday services on a temporary or ongoing basis, contact the Rev. Josh Hosler at rector@goodshepherdfw.org. This list is published in Realm Resources for you to use in your private devotions; the link appears in the Shepherd's Crook email.*

Prayer Chain: *To have a name and a concern emailed to a small group of designated parishioners for one-time, immediate prayer, contact Alisa Johnson at alisajohnson@hotmail.com.*

Deacon: Let us pray for the church and for the world.

Intercessor: O God our Creator, we pray for your holy Catholic Church;

People: **That we all may be one.**

Intercessor: In this week's cycles of prayer, we pray for the Good Shepherd Tech Team; for Christ Church, Puyallup; Christ Church, Tacoma; and St. Andrew's, Tacoma; and for the Province of the Episcopal Church of South Sudan ... Grant that every member of the Church may truly and humbly serve you;

People: **That your Name may be glorified by all people.**

Intercessor: We pray for all bishops, priests, and deacons;

People: **That they may be faithful ministers of your Word and Sacraments.**

Intercessor: We pray for all who govern and hold authority in the nations of the world;

People: **That there may be justice and peace on the earth.**

Intercessor: Give us grace to do your will in all that we undertake;

People: **That our works may find favor in your sight.**

Intercessor: Have compassion on those who suffer from any grief or trouble;

People: **That they may be delivered from their distress.**

Intercessor: Give to the departed eternal rest;
People: **Let light perpetual shine upon them.**

Intercessor: We praise you for your saints who have entered into joy;
People: **May we also come to share in your heavenly kingdom.**

Intercessor: Let us pray for our own needs and those of others.

The deacon reads the names of those on our prayer list. The congregation then adds its own prayers, silently or aloud.

Presider: Lord Jesus Christ, you said to your apostles, “Peace I give to you; my own peace I leave with you.” Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

The Confession and Absolution

Deacon: Let us confess our sins against God and our neighbor.

You may kneel if able. It is customary each week to acknowledge our human faults and failures knowing that God forgives us and desires growth and abundant joy for all of us.

Silence

All:
**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider: The peace of the Lord be always with you.

People: **And also with you.**

We greet one another in the name of the Lord.

A Prayer for Birthdays and Anniversaries

O God, our times are in your hand: Look with favor, we pray, on your servant(s) *N.* as *they* begin[s] another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their lives*; through Jesus Christ our Lord. Amen.

Announcements

The Offertory

Presider: Reconciled to one another, let us bring our gifts to God. Let us offer our whole selves on this altar, for it has become a table richly laid for the entire world. Come share joyfully in Christ's eternal feast.

The congregation may remain seated until the final verse of the offertory hymn or until motioned to stand.



To make a gift today (not a pledge for 2026) using your mobile device, scan the QR code on the left ... or drop a check in the offering plate ... or mail a check to the Church of the Good Shepherd, P.O. Box 3108, Federal Way, WA 98063.

On the third Sunday of each month, offerings not otherwise designated are contributed to the Rector's and Deacon's Discretionary Funds, which are used to help people in immediate need (parishioners or otherwise) or to assist new, as-yet-unbudgeted ministry opportunities.

We give not to "pay for the show," but as a spiritual practice of participation for the good of the world and of our souls. The Church of the Good Shepherd is able to operate because of the pledges of its members. We strongly encourage all members to make an annual pledge, no matter how large or small. **To make a pledge today for 2026,** use the pledge card found in your pew or go to <https://tinyurl.com/pledgegoodshep2026>.

Offertory Hymn: How Great Thou Art (*Gather* 3rd ed. #578)

1 O Lord my God, when I in awe-some won - der con - sid - er
 2 When through the woods and for - est glades I wan - der and hear the
 3 And when I think that God, his Son not spar - ing, sent him to
 4 When Christ shall come with shout of ac - cla - ma - tion and take me

all the worlds thy hands have made, I see the stars, I hear the roll - ing
 birds sing sweet - ly in the trees, when I look down from loft - y moun - tain
 die, I scarce can take it in, that on the cross, my bur - den glad - ly
 home, what joy shall fill my heart! Then I shall bow in hum - ble ad - o -

thun - der, thy power through - out the u - ni - verse dis - played.
 gran - deur, and hear the brook and feel the gen - tle breeze.
 bear - ing, he bled and died to take a - way my sin.
 ra - tion, and there pro - claim, "My God, how great thou art."

Refrain

Then sings my soul, my Sav - ior God, to thee: how great thou

art, how great thou art! Then sings my soul, my Sav-ior God, to
 thee: how great thou art, how great thou art!

THE LITURGY OF THE TABLE

The Great Thanksgiving

Eucharistic Prayer 2 *(Enriching Our Worship)*

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Presider: We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with saints and angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus (Mass of St. Cedd)

$\text{♩} = 100$

The musical score is written on a single staff in G major (one sharp) and 4/4 time. It begins with a tempo marking of quarter note = 100. The first line of music is marked *f* and contains the lyrics: "Ho - ly, ho - ly, ho - ly Lord, God of power and might,". The second line continues with "heaven and earth are full of your glo - ry. Ho - san - na in the". The third line is marked *mf* and contains "high - est. Bless - ed is he who comes, who comes in the name of the". The fourth line is marked *f* and contains "Lord. Ho - san - na, ho - san - na in the high - est." The score ends with a double bar line.

Ho - ly, ho - ly, ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho - san - na in the
high - est. Bless - ed is he who comes, who comes in the name of the
Lord. Ho - san - na, ho - san - na in the high - est.

Presider: Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

As our Savior Christ has taught us, we now pray:

The Lord's Prayer

At 8:00:

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

At 10:30:

Our Fath-er in Heav-en, Ho-ly is your name. Your king - dom
come, your will be done on earth as it is in Heav - en.
Give us this day our dai - ly bread and for-give us our sins. For-give us our sins as
we for-give those who have sinned a-against us. And save us from the time of trial.
For yours is the king-dom. Yours is the glo-ry for - ev-er and ev-er. A-
men. Yours is the king-dom. Yours is the glo-ry for - ev - er and
ev-er. A - men, for - ev-er and ev-er. A - men.

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The Breaking of the Bread

Silence is kept.

Presider: Alleluia! Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast. Alleluia!**

At 10:30:

Fraction Anthem (Mass of St. Cedd)

$\text{♩} = 72$

p

Lamb of God, you take a - way the

sin of the world, have mer - cy on us, have mer - cy on us.

mp

Lamb of God, you take a - way the sin of the world,

pp rit.

grant us peace, grant us peace.

Presider: The gifts of God for the people of God.

Holy Communion is Christians' weekly participation in the death and resurrection of Christ, so it properly flows from the vows made at our baptism. Even so, all are invited to the table: the baptized of any Christian denomination who have committed to follow Jesus Christ, and any guests at Jesus' table. If you are not baptized and would like to begin to explore the possibility, please reach out to Pastor Josh.

If you require gluten-free bread, tell the priest when he comes to you and it will be provided. To abstain from Holy Communion, cross your arms over your chest to indicate that you would prefer that the priest bless you. In addition, it has always been our understanding that those who receive communion in only one kind (bread or wine) have received communion in the fullest sense.

Sending Out Eucharistic Visitors

If Eucharistic Visitors are to be sent to some who could not attend in person today, this prayer follows at the end of Holy Communion. Please stand as able.

Presider: In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

People: **We who are many are one body, because we share one bread, one cup.**

Post-Communion Prayer

The congregation stands as able.

Presider: Let us pray.

All: **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

The Blessing

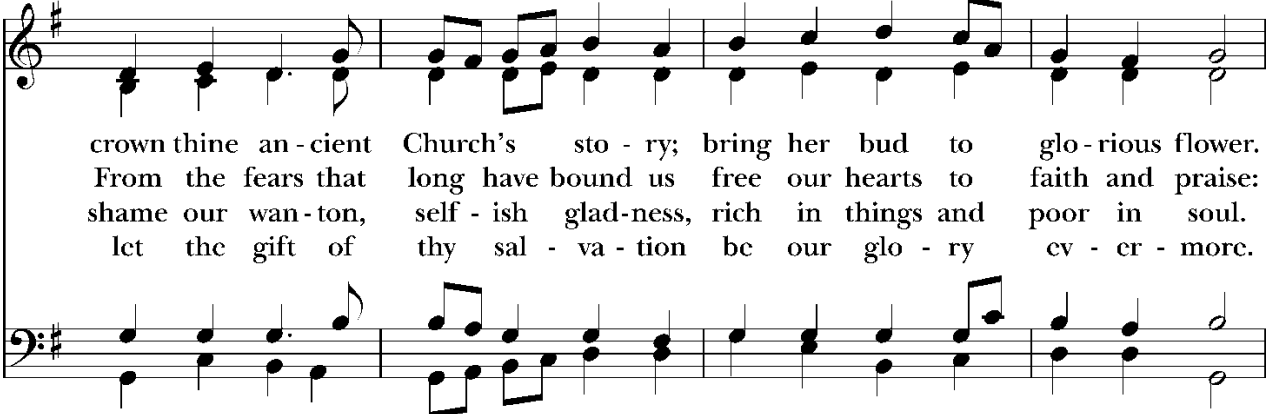
Presider: May God bless you with a mind of sensitivity, with a heart of tenderness, and with a courage of truth, in the name of God the Creator, Jesus Christ the Savior, and the Holy Spirit, the life-giver. **Amen.**

– Adapt. from Per Harling, Sweden

Sending Hymn: God of Grace and God of Glory (*The Hymnal 1982* #594)



1 God of grace and God of glo - ry, on thy peo - ple pour thy power;
 2 Lo! the hosts of e - vil round us scorn thy Christ, as - sail his ways!
 3 Cure thy chil - dren's war - ring mad - ness, bend our pride to thy con - trol;
 4 Save us from weak res - ig - na - tion to the e - vils we de - plore;



crown thine an - cient Church's sto - ry; bring her bud to glo - rious flower.
 From the fears that long have bound us free our hearts to faith and praise:
 shame our wan - ton, self - ish glad - ness, rich in things and poor in soul.
 let the gift of thy sal - va - tion be our glo - ry ev - er - more.



Grant us wis - dom, grant us cour - age, for the fac - ing of this
 grant us wis - dom, grant us cour - age, for the liv - ing of these
 Grant us wis - dom, grant us cour - age, lest we miss thy king - dom's
 Grant us wis - dom, grant us cour - age, serv - ing thee whom we a -



hour, for the fac - ing of this hour.
 days, for the liv - ing of these days.
 goal, lest we miss thy king - dom's goal.
 dore, serv - ing thee whom we a - dore.

Words: Harry Emerson Fosdick (1878-1969), alt. By permission of the author. Music: *Cwm Rhondda*, John Hughes (1873-1932).

The Dismissal

Deacon: Let us go forth in the name of Christ!

People: **Thanks be to God!**

At this point our livestream ends. Coffee, snacks, and ongoing conversation are available after each service.

What's Happening at Good Shepherd?

Because our service leaflet is posted on the Web for all to see, we don't print here parishioners' personal contact information. Members of Good Shepherd are given a printed parish directory. If you'd like to participate in something but don't know how to contact the appropriate person, please contact the church office at office@goodshepherdfw.org.

Join Us for Summer Events

One of Good Shepherd's goals this year is to make us more visible to our Federal Way Community. We plan to show our banner at two summer events where we can meet people and answer questions about our church: **Kiwanis Salmon Bake at Steel Lake Park** - July 24, 4:00 – 8:00 p.m.; **Federal Way Pride** - August 1, 12:00–5:00 p.m.; and **Federal Way Community Festival** – August 8, 12:00–4:00 p.m. Please join us: come for a short time or stay and enjoy these events to the close. Questions? Contact **Nancy Krueger**.



Funeral Service and Reception for the Rev. Dr. Roy McLuen

Saturday, July 18, 3:00 p.m.

Father Roy served at Good Shepherd for many years, include a stint as Priest-in-Charge just before Pastor Josh's arrival. We will celebrate Father Roy's life with a service of Holy Eucharist and a reception afterward in Seaman Hall. All are welcome.



Special Guest Preacher: Candice Baughman of Underground Ministries

The One Parish, One Prisoner project

Sunday, July 26

Did you know that there are approximately as many Christian congregations in Washington State as there are prisoners? That's the statistic behind an effort by Underground Ministries to connect a congregation with each person exiting prison in our state, to help them reintegrate into society. We'll hear all about it from guest preacher **Candice Baughman**, a formerly incarcerated mother of two, wife, and passionate advocate for redemption and restoration. Many thanks to our Outreach Committee under the leadership of **Aimee Drake** for setting this up.



A Holy Waste of Time: Annual Young Adult Retreat

August 14-16 at Sacred Waters Retreat Center

Adults in their 20s & 30s from around the Diocese of Olympia are invited to our annual weekend of fun, friendship, faith, and blessed time-wasting at the Sacred Waters Center for Restoration Retreat, formerly St. Andrew's House

– a comfortable, rustic lodge situated on the Hood Canal with the Olympic Mountains just beyond. Cost is \$150 per person; register at <https://hwot2026.eventbrite.com/>.

Be Kind, Do Good: A Walk from Shoreline to Olympia

Saturday, August 15, around 4:00 p.m.

You can be kind without doing good things. You can do good things without being kind. So why not both? Now more than ever, many of us are feeling pulled to do something—anything—to make our values and voices heard. **Jim Hall** and his friend Bob will walk from Shoreline all the way to the state capitol building in Olympia over the course of nine days. On their way, they'll stop at Good Shepherd, where we can receive them with food and drink and hear their story. Would you like to join them on some of their walk? Check out www.bekinddogoodwalk.com, where you can learn more about them and sign up to help.

Annual Church Picnic

Sunday, August 30 after the 10:30 a.m. service

Mark your calendars for the Good Shepherd Church Annual Picnic! We will be gathering in the courtyard next to Seaman Hall for burgers, brats, and all the fixings. Bring your favorite BBQ side dish or a dessert to share, and a big appetite. We look forward to a great time of fellowship together and enjoy the blessings of the summer season. See you there! Questions? Contact Rick Kincade.

Midweek Bible Study on Summer Break

Thursdays, 10:30-11:45 a.m. in the Gathering Room, resuming in September

Beginning again in September, this group will pick a book of the Bible to read straight through and discuss. We just finished the Book of Job. What should we read next? Which book, were we to read it, would make you want to join us? Tell **Pastor Josh!**

Save the Date: Annual Women's Retreat

Friday, September 25 – Sunday, September 27

This annual Women's Retreat is just around the corner. Watch this space for further details about this year's theme and details on how to register. It will take place, as usual, at Sacred Waters Center (formerly St. Andrew's House), located on Lake Union.

Good Shepherd Clergy, Staff, and Lay Leadership

The Rt. Rev. Phil LaBelle, *Bishop* (bishop@ecww.org)
 The Rev. Josh Hosler, *Rector* (josh@goodshepherdfw.org)
 The Rev. Anna Lynn, *Deacon* (anna@goodshepherdfw.org)
 Alan Lynch, *Director of Music* (alan@goodshepherdfw.org)
 Evan Hershman, *Parish Administrator* (evan@goodshepherdfw.org)
 Tetiana Chyshynska, *Sexton*
 Hilary Mayhan, *Bookkeeper* (hilary@goodshepherdfw.org)
 Judith Perkins, *Senior Warden*
 Betsy Grabinski, *Junior Warden*
 Karen White, *Treasurer* (karen@goodshepherdfw.org)
 Beth Shoemaker, *Assistant Treasurer* (beth@goodshepherdfw.org)
 Mary McClellan Aronen, *Ministry Coordinator*

Today's Service Ministers

Presider/Preacher: The Rev. Carola von Wrangel
Deacon: The Rev. Anna Lynn
Organist: Alan Lynch

July 12	8:00 a.m.	10:30 a.m.
Tech Team		Dina Johnson, Konrad Thomas
Ushers		Jess Isenberg, Lee Hitzeman
Altar Guild		Carole Loudenback
Flowers		Tracie Manolides
Worship Assistant	Shannon Molina	
First Lector	Nancy Krueger	Janelle Coy
Second Lector/Intercessor	Shannon Molina	Jane Ely
Eucharistic Ministers	Levy Molina	Anna Lynn, Maggie Monaghan
Coffee Hour	Laura and Tom Jowett	Janelle Coy, Judith Perkins
Counters		Susan Ennarro, Jane Ely

We sing hymns at the 10:30 service only. All music used during this service, unless otherwise noted, is licensed for online streaming through onelicense.net #609900. Art files, unless otherwise noted, are licensed under the Creative Commons Attribution Noncommercial ShareAlike 3.0 License.