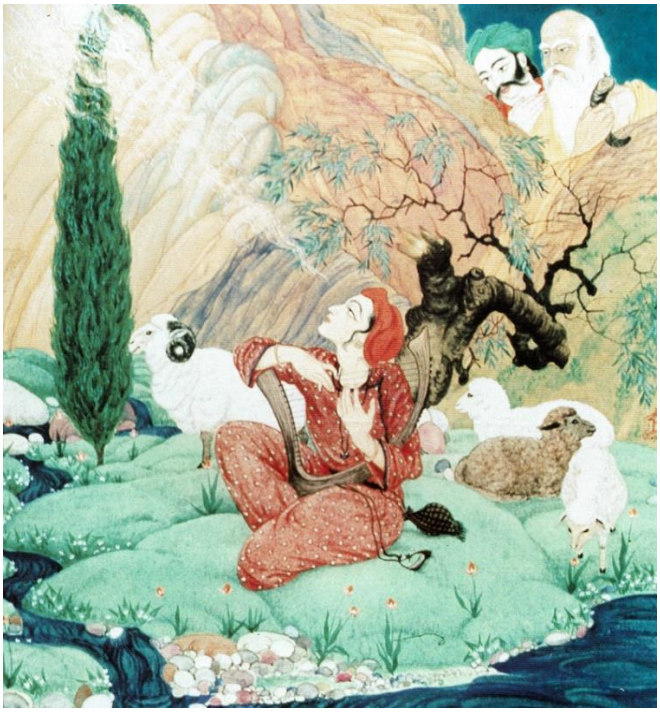
The Episcopal Church of the Good Shepherd

goodshepherdfw.org

The Fourth Sunday in Lent (Year A)

March 15, 2026 – 8:00 & 10:30 a.m. – Good Shepherd
1:00 p.m. – Emmanuel All Nations



Wesley, Frank, 1923-2002. Twenty-Third Psalm, from **Art in the Christian Tradition**, a project of the Vanderbilt Divinity Library, Nashville, TN. https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=59161 [retrieved March 10, 2026]. Original source: Estate of Frank Wesley, http://www.frankwesleyart.com/main_page.htm.

Mail to: P.O. Box 3108, Federal Way, WA 98063
253-839-6100

goodshepherdfw.org • facebook.com/goodshepherdfw • instagram.com/goodshepherdfw • tinyurl.com/gsfwyoutube

The Church of the Good Shepherd practices inclusion, inspires healing, and promotes justice as we journey with Christ in love.

Join our email list: **https://tinyurl.com/goodshepemails**

Welcome, Guests and Newcomers!

This is Christ's House. Come, you who feel weak and unworthy. Come, you who come often and you who have stayed away. Come, you who love Jesus, and you who wish you could. Come, sinners and saints, women, men, and gender non-conforming, gay and straight, young and old. Come, you who are lonely and long for friendship. Come, you who are homeless and you who have a place to rest your heads. Come, you who are citizens of this land and you who are not. Here you are citizens of the kingdom of God. Come join God's people at the feast prepared for you from the beginning of the world.

In addition to our weekly Sunday morning worship, we have been offering a variety of other online opportunities to connect—for people of all ages.

- Our website: **goodshepherdfw.org.**
- Our YouTube page: **tinyurl.com/gsfwyoutube.**
- Sign up for *The Shepherd's Crook,* our weekly newsletter, at **tinyurl.com/goodshepemails.**
- To go even deeper, join *Realm,* our online community of worshipers: **onrealm.org/goodshepfw.**
- Shortcut to Realm Resources for parishioners (password-protected): **tinyurl.com/gsfwresources.**
- Make a financial pledge to Good Shepherd for 2026: **tinyurl.com/pledgegoodshep2026.**

Recording and Streaming in Use

Recording and streaming in use: Please note that video cameras and microphones are capturing our 10:30 worship service, and that the resulting content is being transmitted online. Likewise, from time to time still photography of our worship services may be taken and used for church communications, websites, and other uses. By your presence within the worship space or on Zoom, you are indicating your consent to the possibility that your likeness may be captured and used in any of these ways. While video capture of congregants in the pews is relatively minimal, if you wish to guarantee you will not ever be depicted on video, the area toward the back of the pew seating area is unable to be picked up on camera.

Land Acknowledgment

We acknowledge that the Church of the Good Shepherd sits on a seasonal campground of the Puyallup (puyallup-tribe.com) and Coast Salish People, who have lived on and stewarded these lands for thousands of years and continue to do so today. We recognize that this land acknowledgement is one small step toward true allyship, and we commit to uplifting the voices, experiences, and histories of the Indigenous people of this land and beyond.

How can you make this Land Acknowledgment more than a performative gesture? Go to the tribe's news website (https://news.puyalluptribe-nsn.gov/) and sign up for their newsletter. Notice what issues are important to the Puyallup people and decide how you can begin to forge a learning relationship.

Good Shepherd Clergy, Staff, and Lay Leadership

The Rt. Rev. Phil LaBelle, *Bishop* (bishop@ecww.org)
The Rev. Josh Hosler, *Rector* (josh@goodshepherdfw.org)
The Rev. Anna Lynn, *Deacon* (anna@goodshepherdfw.org)
The Rev. Dr. Roy McLuen, *Priest Associate (Retired)*
Alan Lynch, *Director of Music* (alan@goodshepherdfw.org)
Evan Hershman, Parish Administrator (evan@goodshepherdfw.org)
Tetiana Chyshynska, *Sexton*
Hilary Mayhan, *Bookkeeper* (hilary@goodshepherdfw.org)
Judith Perkins, *Senior Warden*
Betsy Grabinski, *Junior Warden*
Karen White, *Treasurer* (karen@goodshepherdfw.org)
Beth Shoemaker, *Assistant Treasurer* (beth@goodshepherdfw.org)
Mary McClellan Aronen, *Ministry Coordinator*

Today's Service Ministers

Presider/Preacher: The Rev. Josh Hosler
Organist: Don Ramage
Cantor: Alana O'Donnell

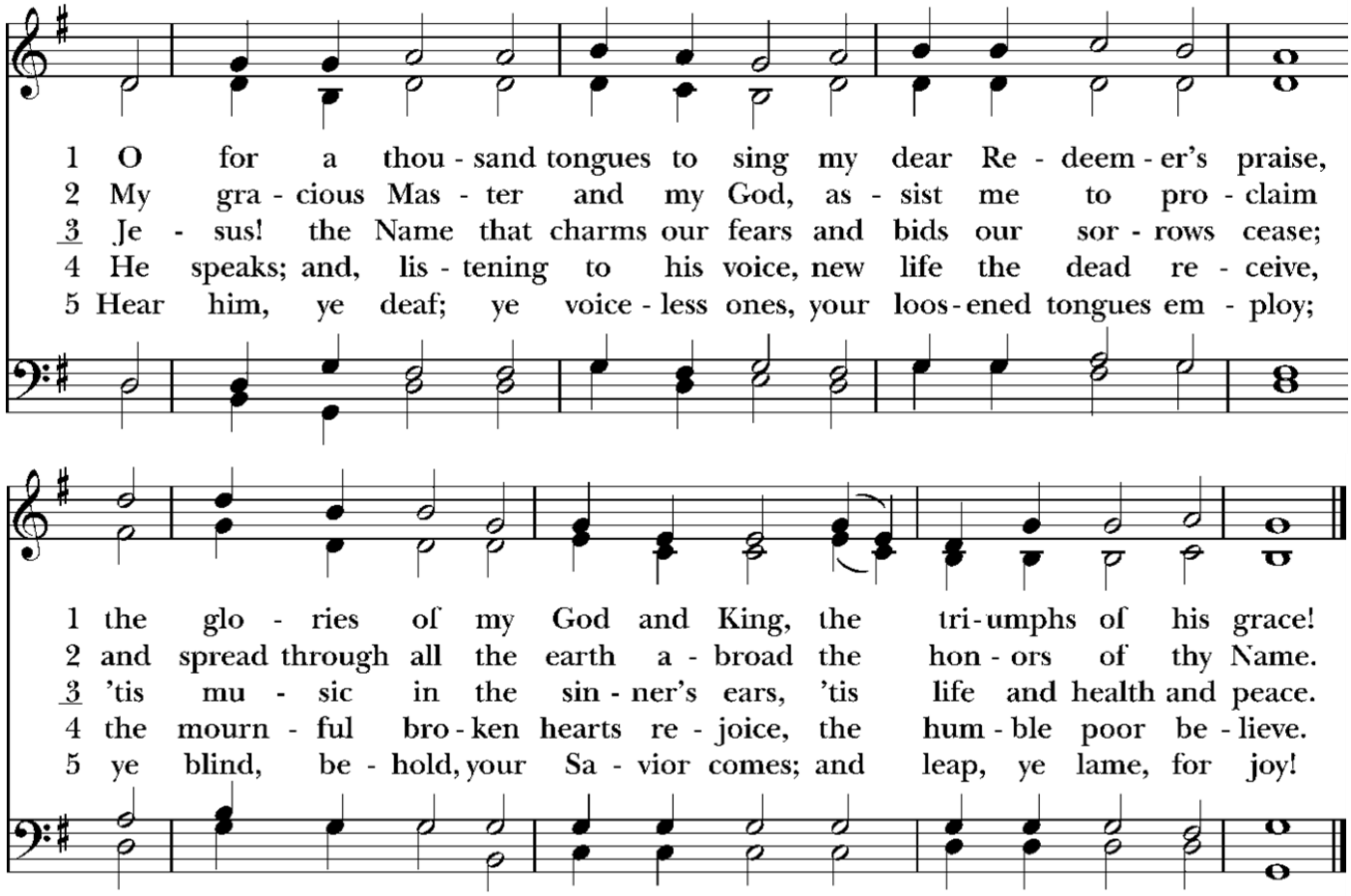
March 15	8:00 a.m.	10:30 a.m.
Tech Team		Dina Johnson, Bob Neal
Ushers		Linda Butcher, Jess Isenberg
Altar Guild		Sherri Jarvey
Flowers		Lenten Branches
Worship Assistant	Beth Shoemaker	
First Lector	Annarose Jowenson	Dilcia Brent
Second Lector/Intercessor	Beth Shoemaker	Ania Malkowska-Leek
Eucharistic Ministers		Judith Perkins, Maggie Monaghan
EM Trainee		Burkley Myles
Coffee Hour	Meg and Christopher Stone	Rani Rose, Lee Hitzeman
Counters		Mary Aronen, Karen Dobbs, Judith Perkins

We sing hymns at the 10:30 service only. All music used during this service, unless otherwise noted, is licensed for online streaming through onelicense.net #609900. Art files, unless otherwise noted, are licensed under the Creative Commons Attribution Noncommercial ShareAlike 3.0 License.

HOLY EUCHARIST: Rite Two
The Liturgy of the Word

At the 8:00 service, we skip all musical portions or, where indicated, read the text of them.

Processional Hymn: O for a Thousand Tongues to Sing (*The Hymnal 1982* #493)



6 Glory to God and praise and love
be now and ever given
by saints below and saints above,
the Church in earth and heaven.

Words: Charles Wesley (1707-1788), alt. Music: *Azmon*, Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872).

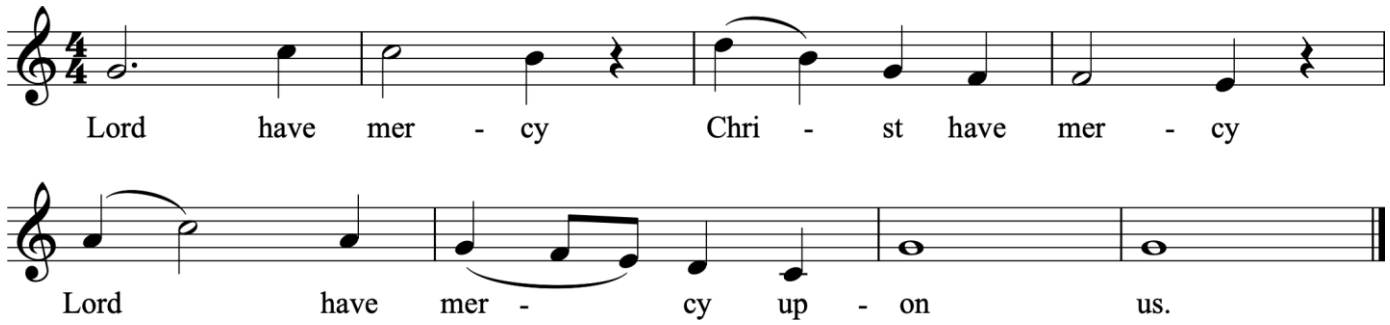
The Opening Acclamation

Presider: Blessed be God: Father, Son, and Holy Spirit.
People: **And blessed be God's kingdom, now and forever. Amen.**

The Collect for Purity

Presider: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Kyrie *(Alan Lynch)*



The Collect of the Day

Presider: The Lord be with you.
People: **And also with you.**
Presider: Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The congregation is seated.

The Lessons

Our readings from the Bible each week usually include one from the Old Testament or Hebrew Scriptures; a Psalm; one from the New Testament or Christian Scriptures; and a reading from one of the four Gospels, the accounts of the life of Jesus.

First Lesson (1 Samuel 16:1–13)

Lector: A reading from the first book of Samuel.

The LORD said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the LORD said, "Take a heifer with you, and say, 'I have come to sacrifice to the LORD.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what

the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the LORD." But the LORD said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the LORD chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the LORD chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The LORD has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

… Hear what the Spirit is saying to the Churches.
People: **Thanks be to God.**

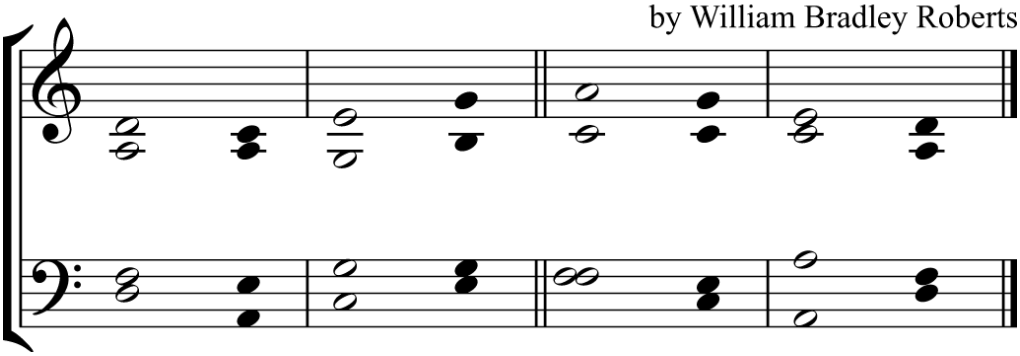
Psalm 23

At 8:00, the first lector invites us to read the text as follows:

Let us pray the psalm responsively by verse.

At 10:30, the congregation is invited to sing along with the cantor or choir.

Adapted from *Wondrous Love*
by William Bradley Roberts



1 The Lord is my **shepherd**; *
I shall not be in **want.**
2 He makes me lie down in green **pastures** *
and leads me beside still **waters**.

3 He revives my **soul** *
and guides me along right pathways for his Name's **sake**.
4 Though I walk through the valley of the shadow of death,
I shall fear no **evil**; *
for you are with me;
your rod and your staff, they **comfort me**.

5 You spread a table before me in the presence of those who **trouble me**; *
you have anointed my head with oil,
and my cup is running **over**.
6 Surely your goodness and mercy shall follow me all the days of my **life**, *
and I will dwell in the house of the Lord for **ever**.

Second Lesson (Ephesians 5:8–14)

Lector: A reading from the Letter of Paul to the Ephesians.

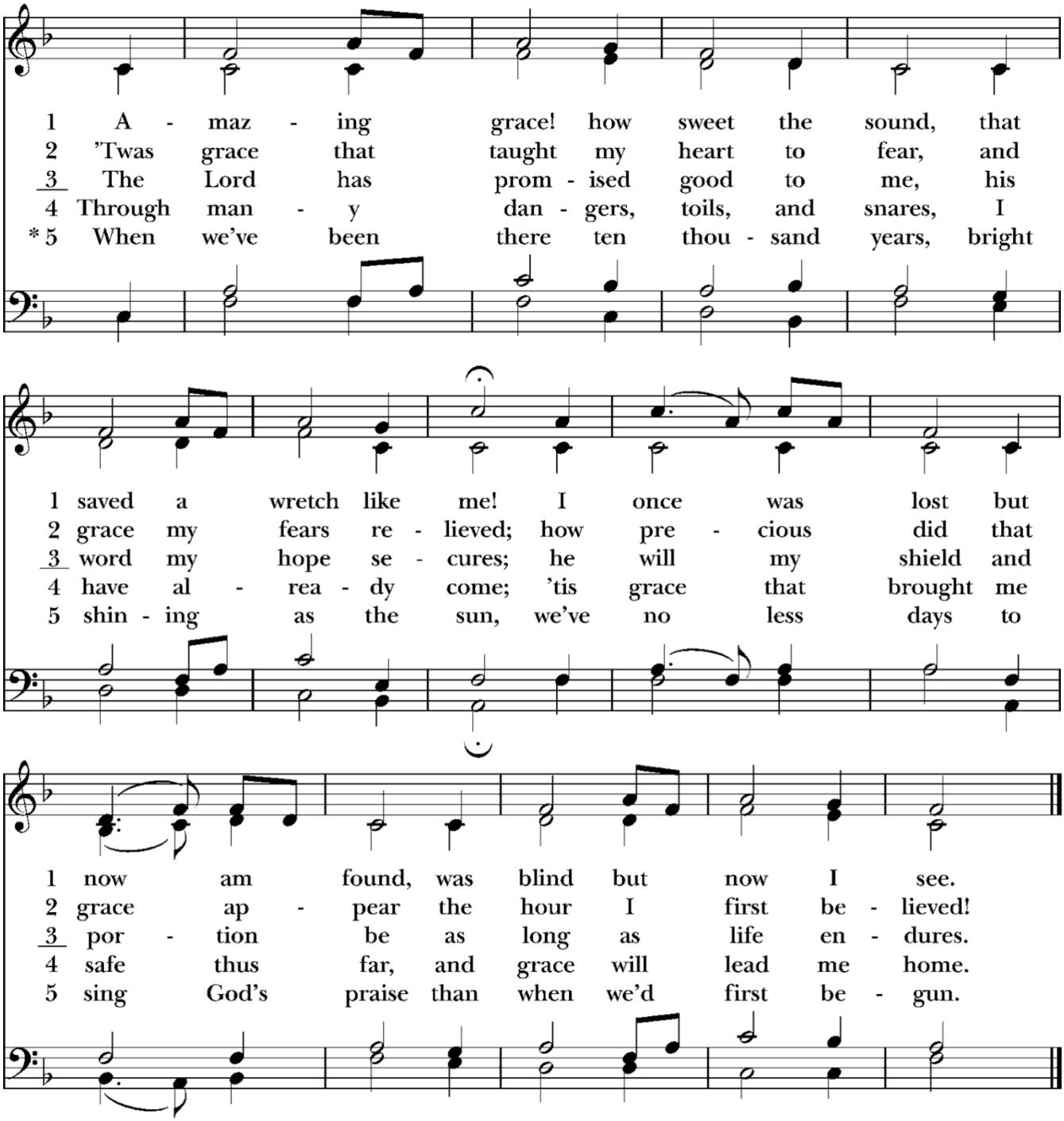
Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

"Sleeper, awake!
Rise from the dead,
and Christ will shine on you."

… Hear what the Spirit is saying to the Churches.
People: **Thanks be to God.**

The congregation stands as able.

Gradual Hymn: Amazing Grace (*The Hymnal 1982* #671)



The melody may be sung in canon at distances of either two or three beats.

Words: John Newton (1725-1807), alt.; st. 5, from *A Collection of Sacred Ballads*, 1790; compiled by Richard Broaddus and Andrew Broaddus. Music: *New Britain*, from *Virginia Harmony* 1831; adapt. att. Edwin Othello Excell (1851-1921); harm. Austin Cole Lovelace (b. 1919). Harmonization Copyright © 1974 by Abingdon Press.

The Gospel (John 9:1–41)

Deacon: The Holy Gospel of our Savior Jesus Christ according to John.
People: **Glory to you, Lord Christ.**

As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know."

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet."

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him."

So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and

obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

Deacon: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

The Sermon *(The Rev. Josh Hosler)*

Sermon audio is recorded and made available on our website.

The Nicene Creed

The congregation stands as able. This statement of belief dates from the 4th century. Here we use it as a prayer. In our post-Enlightenment times, it is helpful to think of the word "believe" not as meaning merely "I intellectually assent," but rather, "I place my trust."

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People (Healing Prayers)

Every week we pray, using a variety of liturgies, for the world, the church, and those in need. We offer prayers of thanks, and we remember those who have died. We maintain two channels of organized petitionary prayer, the ***Prayer List*** *and the* ***Prayer Chain.***

Prayer List: *To have a name read aloud for prayer during our Sunday services on a temporary or ongoing basis, contact the Rev. Josh Hosler at rector@goodshepherdfw.org. A link to this list can be found in the Shepherd's Crook email.*

Prayer Chain: *To have a name and a concern emailed to a small group of designated parishioners for one-time, immediate prayer, contact Alisa Johnson at alisajohnson@hotmail.com.*

Deacon: The Lord is near. Do not worry about anything; but in everything, by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God that surpasses all understanding will preserve your hearts and minds in the knowledge and love of Christ Jesus.

Intercessor: Before God, let us name aloud or silently in our hearts those for whom we offer our prayers for healing.

The deacon reads the names of those on our prayer list who seek healing and pauses for additional spoken and silent prayers from the congregation.

Intercessor: We pray for those who have died, including those whom we name aloud or silently in our hearts.

The deacon reads the names of those on our prayer list who have died and pauses for additional spoken and silent prayers from the congregation.

Intercessor: God the Father, your will for all people is health and salvation;
People: **We praise you and thank you, O God.**

Intercessor: God the Son, you came that we might have life, and might have it more abundantly;
People: **We praise you and thank you, O God.**

Intercessor: God the Holy Spirit, you make our bodies the temple of your presence;
People: **We praise you and thank you, O God.**

Intercessor: Holy Trinity, one God, in you we live and move and have our being;
People: **We praise you and thank you, O God.**

Intercessor: Jesus, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;
People: **Hear us, O Lord of life.**

Intercessor: Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;
People: **Hear us, O Lord of life.**

Intercessor: Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;
People: **Hear us, O Lord of life.**

Intercessor: Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;
People: **Hear us, O Lord of life.**

Intercessor: Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;
People: **Hear us, O Lord of life.**

Intercessor: Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;
People: **Hear us, O Lord of life.**

Intercessor: You are the God who does wonders.
People: **You have declared your power among the peoples.**

Intercessor: With you, O Christ, is the well of life.
People: **And in your light we see light.**

Intercessor: Hear us, O Lord of life:
People: **Heal us, and make us whole.**

A period of silence follows.

Presider: O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Presider: Savior of the world, by your cross and precious blood you have redeemed us;
People: **Save us, and help us, we humbly beseech you, O Lord.**

The Confession of Sin

Deacon: Let us confess our sins to God.

Silence. The people may kneel or stand.

All: **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

Presider: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Anyone desiring prayer and anointing for healing is invited to come forward. Those presenting themselves are privately prayed with by clergy and assistants and anointed with holy oil.

The Peace

Presider: The peace of the Lord be always with you.
People: **And also with you.**

We greet one another in the name of the Lord.

Announcements

A Prayer for Birthdays and Anniversaries

O God, our times are in your hand: Look with favor, we pray, on your servant(s) *N.* as *they* begin*[s]* another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their lives*; through Jesus Christ our Lord. Amen.

The Offertory

Presider: Reconciled to one another, let us bring our gifts to God. Let us offer our whole selves on this altar, for it has become a table richly laid for the entire world. Come share joyfully in Christ's eternal feast.

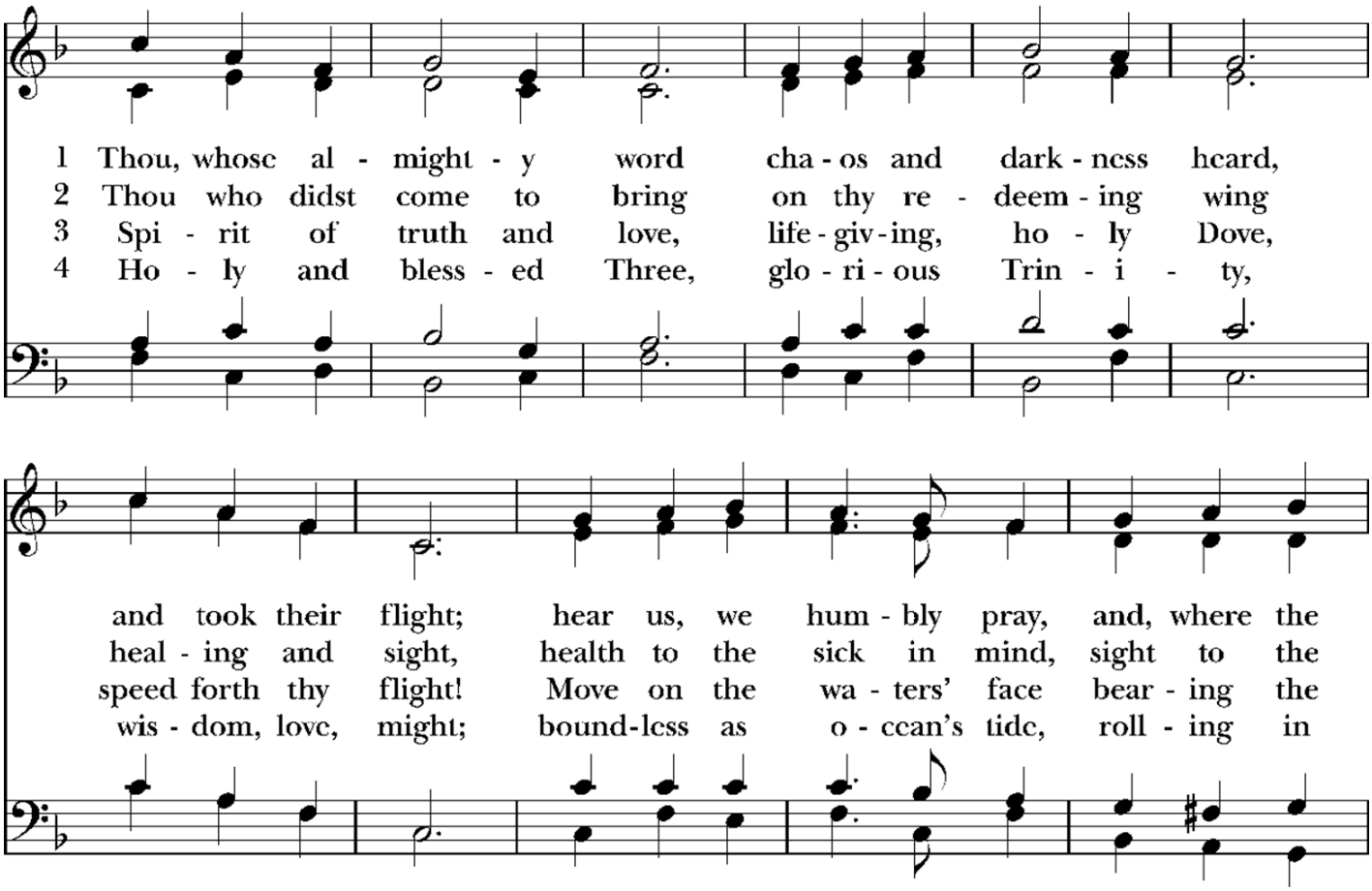
The congregation may remain seated until the final verse of the offertory hymn or until motioned to stand.

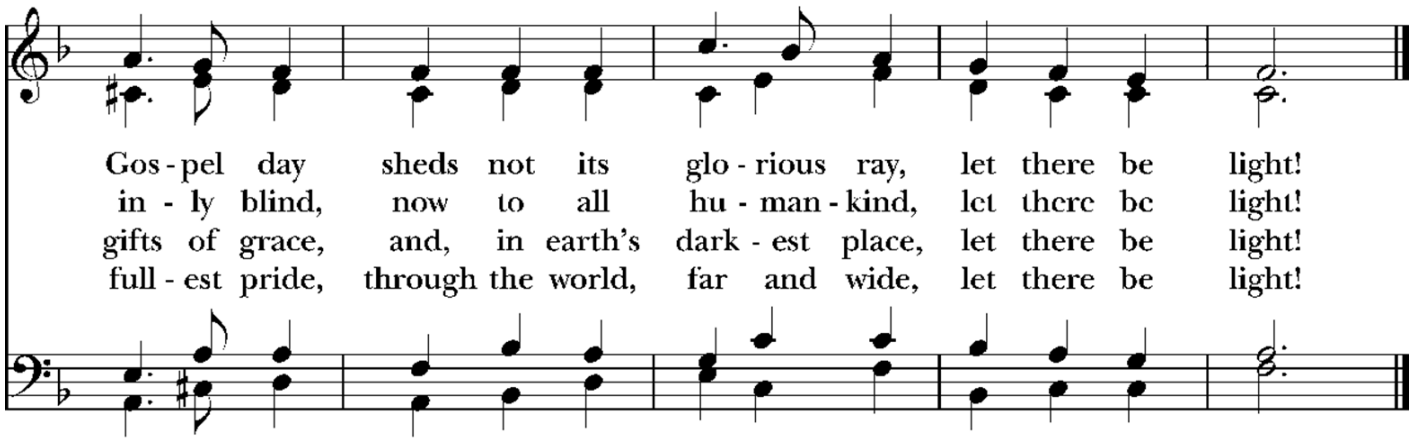
To make a gift today *(not a pledge for 2026) using your mobile device, scan the QR code on the left … or drop a check in the offering plate … or mail a check to the Church of the Good Shepherd, P.O. Box 3108, Federal Way, WA 98063.*

On the third Sunday of each month, offerings not otherwise designated are contributed to the Rector's and Deacon's Discretionary Funds, which are used to help people in immediate need (parishioners or otherwise) or to assist new, as-yet-unbudgeted ministry opportunities.

We give not to "pay for the show," but as a spiritual practice of participation for the good of the world and of our souls. The Church of the Good Shepherd is able to operate because of the pledges of its members. We strongly encourage all members to make an annual pledge, no matter how large or small. ***To make a pledge today for 2026,*** use the pledge card found in your pew or go to https://tinyurl.com/pledgegoodshep2026.

Offertory Hymn: Thou, Whose Almighty Word (*The Hymnal 1982* #371)



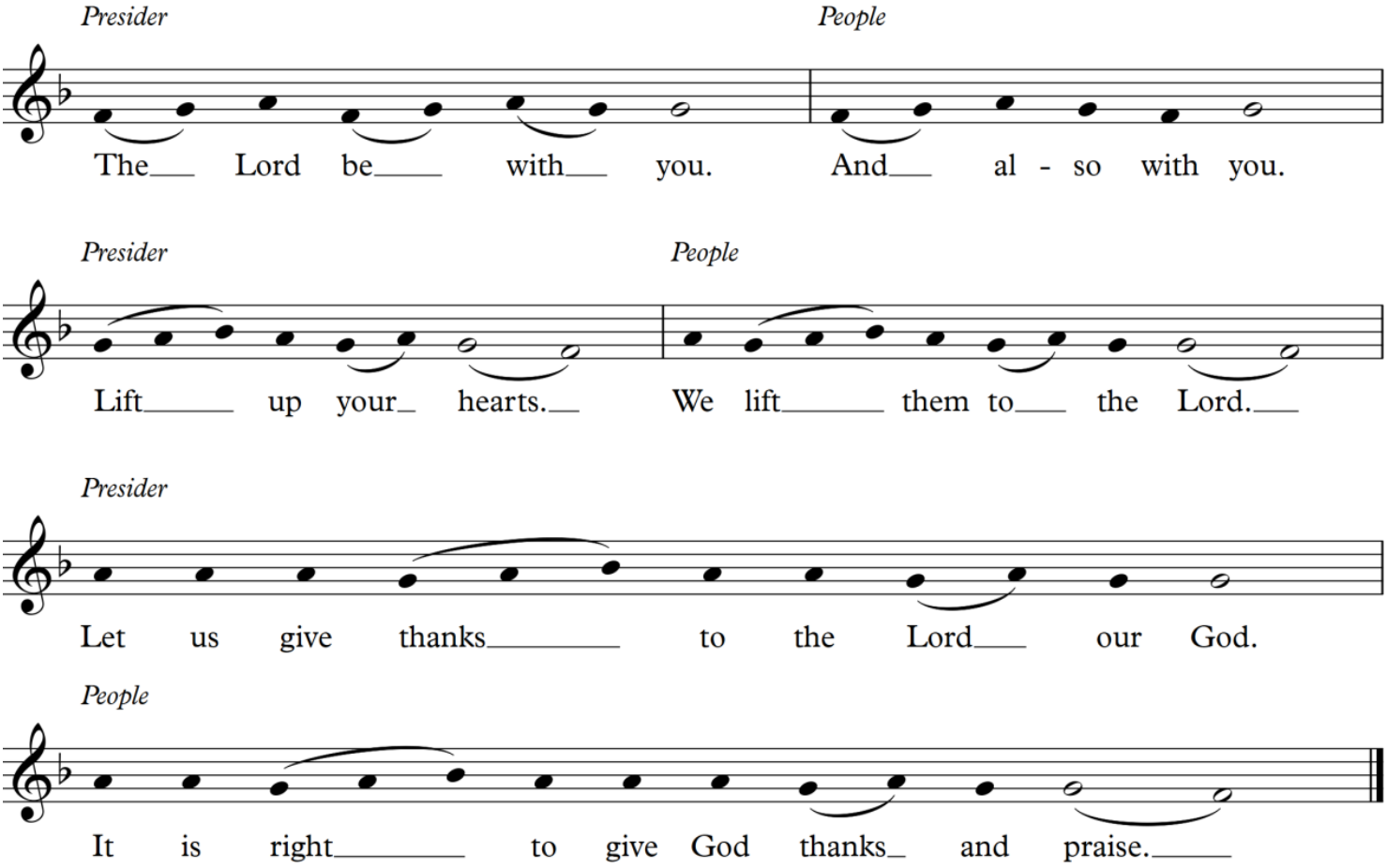


Words: John Marriott (1780-1825), alt. Music: *Moscow*, Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916, based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1872).

THE LITURGY OF THE TABLE

The Great Thanksgiving

Eucharistic Prayer A *(inclusive language)*

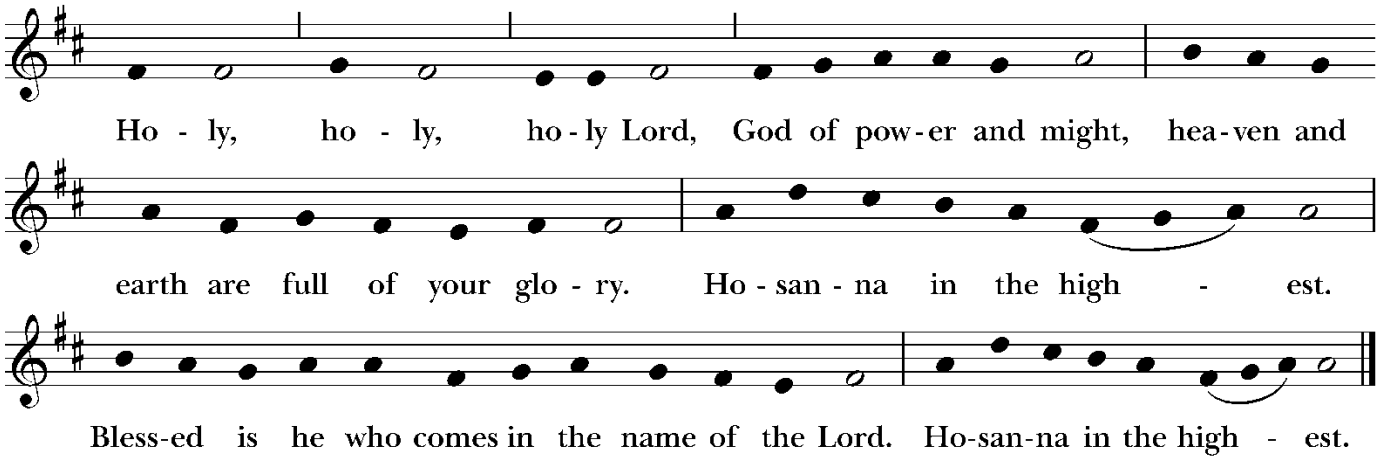


Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Creator of heaven and earth, through Jesus Christ our Lord. You bid your faithful people cleanse their hearts and prepare with joy for the Paschal feast; that, fervent in prayer and in works of

mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus (*The Hymnal 1982* #S-124)



Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The people kneel (or continue standing).

Presider: O God, you are holy and gracious: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, our Rock and our Foundation. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Presider and People:
Christ has died.
Christ is risen.
Christ will come again.

Presider: We celebrate the memorial of our redemption, Most Holy God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal Reign.

All this we ask through your Son Jesus Christ: By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory are yours, Most Blessed One, now and forever.
AMEN.

As our Savior Christ has taught us, we now pray:

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

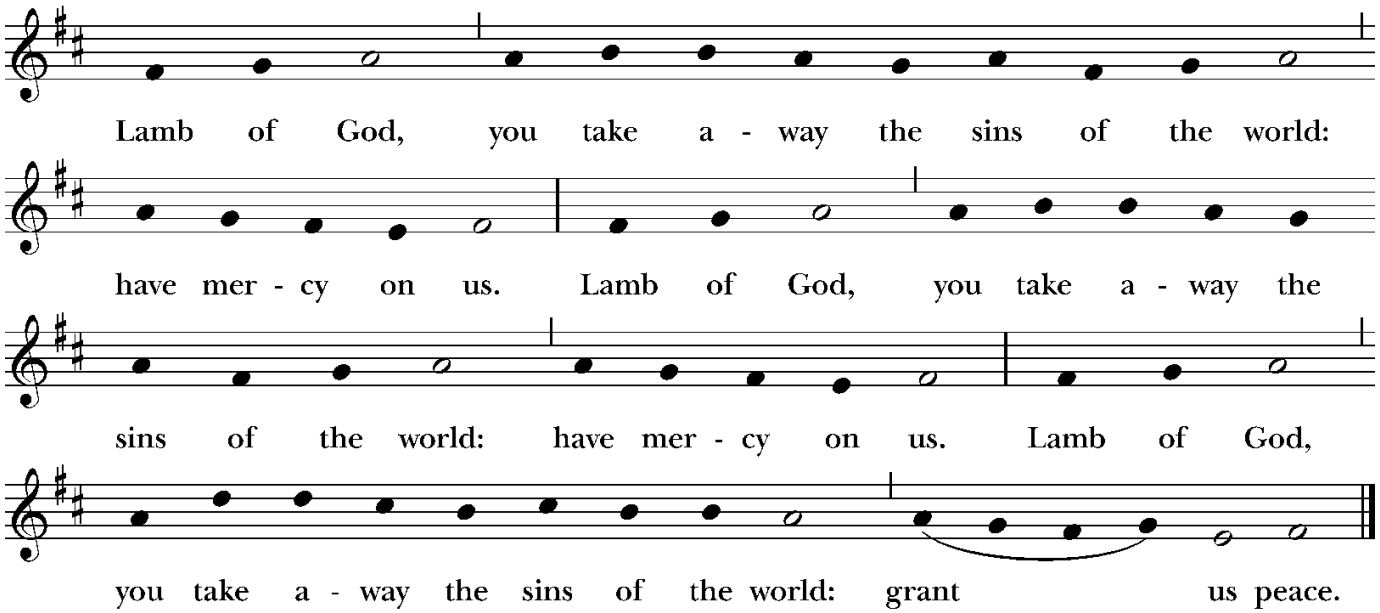
The Breaking of the Bread

Silence is kept.

Presider: Christ our Passover is sacrificed for us.
People: **Therefore let us keep the feast.**

At 10:30:

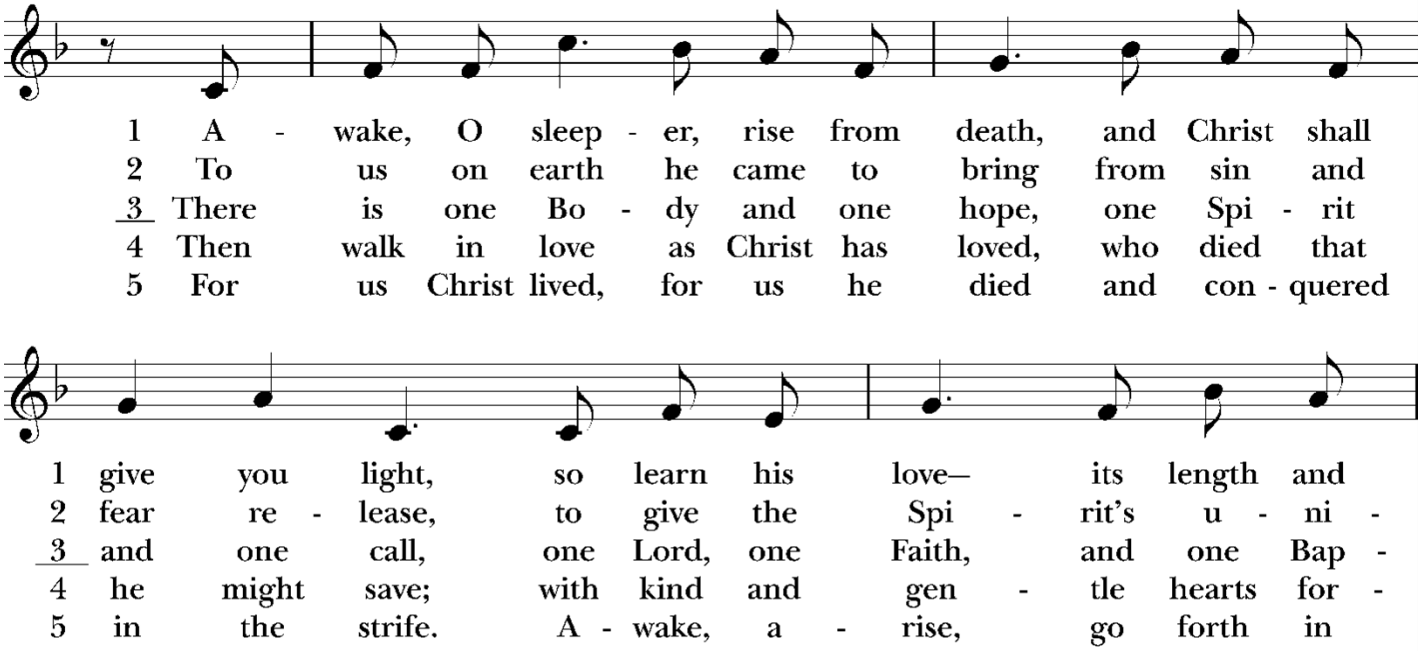
Fraction Anthem (*The Hymnal 1982* #S-161)

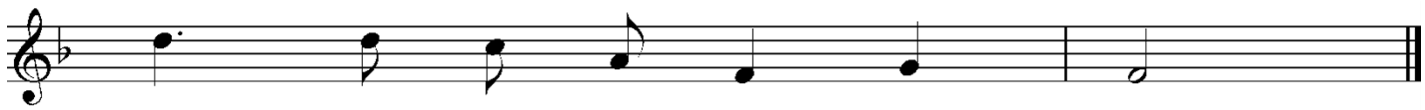


Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Presider: The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Music: Awake, O Sleeper, Rise from Death (*The Hymnal 1982* #547)





1	breadth,	its	full	- ness,	depth,	and		height.
2	ty,	the	ve	- ry	bond	of		peace.
3	tism,	one	Fa	- ther	of	us		all.
4	give	as	God	in	Christ	for	-	gave.
5	faith,	and	Christ	shall	give	you		life.

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A Prayer for Spiritual Communion

Those who cannot be with us on-site to receive Holy Communion may wish to add this private prayer:

In union, O Lord, with the faithful at every altar of your Church, where the Holy Eucharist is now being celebrated, I offer you praise and thanksgiving. I present to you my soul and body with the earnest wish that I may always be united with you and with the Body of Christ. And since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I unite myself to you and to your Church, and I embrace you with all the affections of my soul. Let nothing ever separate you from me; may I live and die in your love. Amen.

Sending Out Eucharistic Visitors

If Eucharistic Visitors are to be sent to some who could not attend in person today, this prayer follows at the end of Holy Communion. Please stand as able.

Presider: In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.
People: **We who are many are one body, because we share one bread, one cup.**

Post-Communion Prayer

The congregation stands as able.

Presider: Let us pray.

All: **Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.**

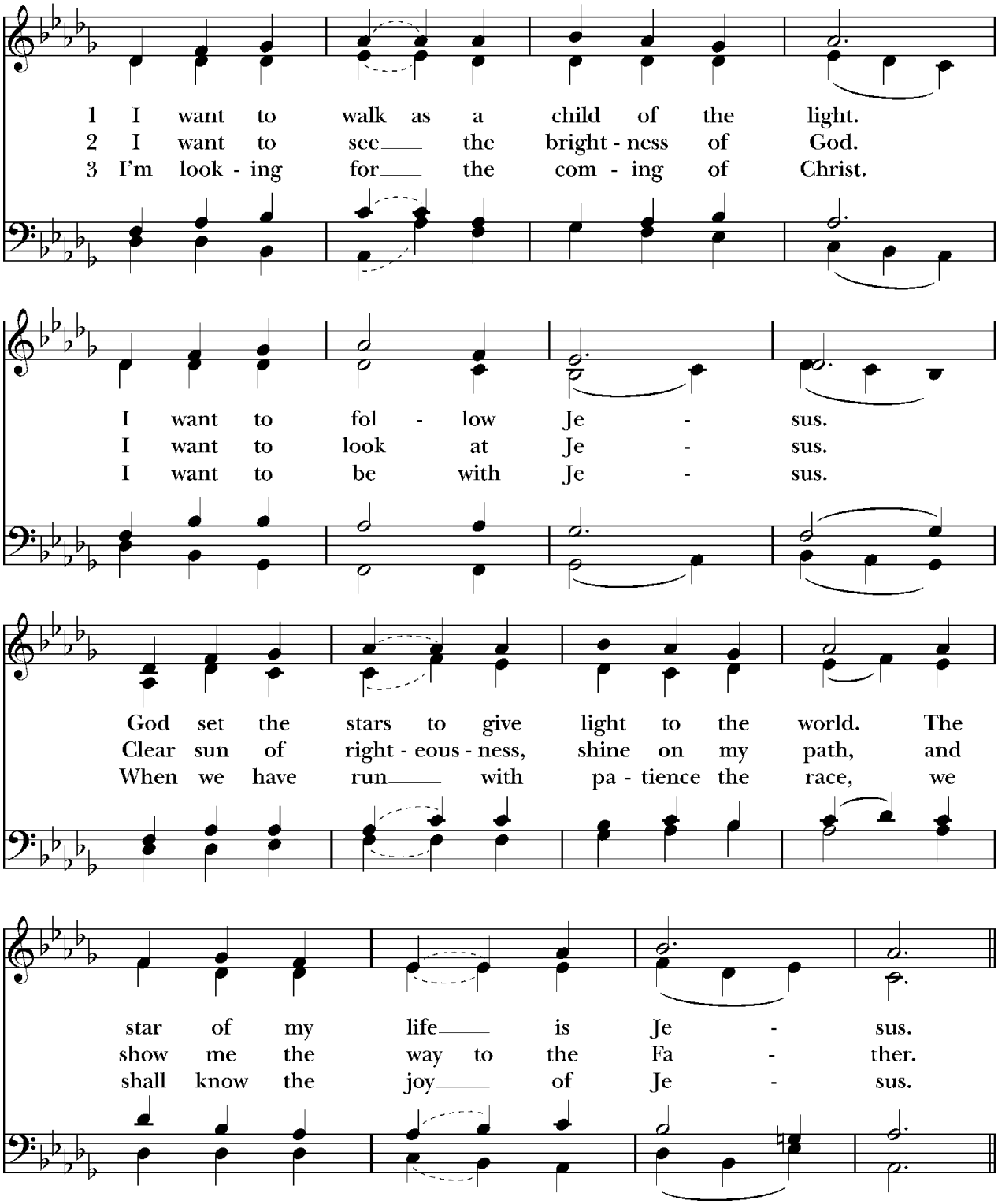
Solemn Prayer over the People

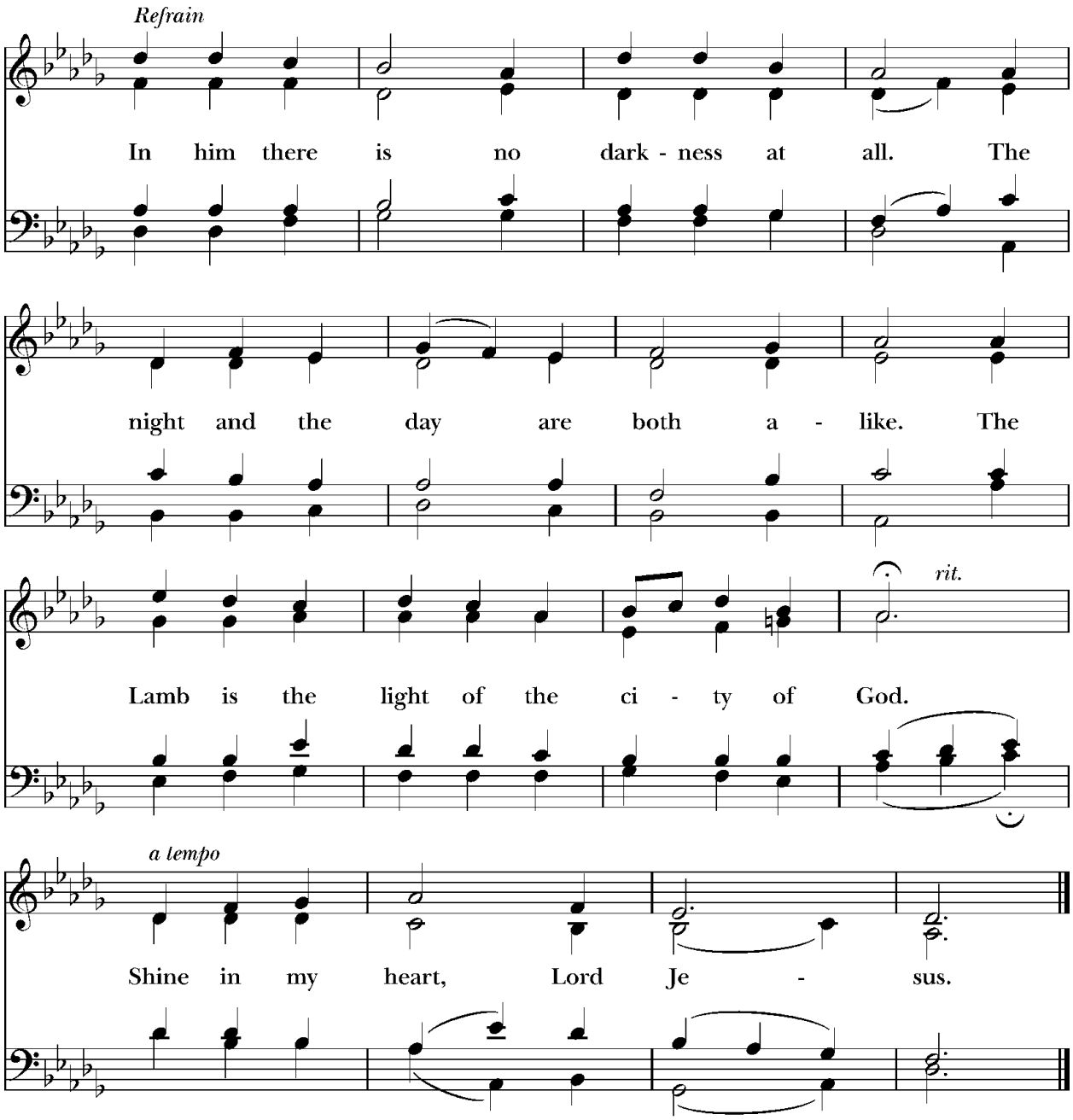
Deacon: Bow down before the Lord.

The people kneel as able or bow deeply.

Presider: Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. *Amen.*

Sending Hymn: I Want to Walk as a Child of the Light (*The Hymnal 1982* #490)





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The Dismissal

Presider: Let us bless the Lord.
People: **Thanks be to God.**

At this point our livestream ends. Coffee, snacks, and ongoing conversation are available after each service.

MARK YOUR CALENDAR!
HOLY WEEK and EASTER at Good Shepherd

We are Christians. This is our story. Help us tell the story!

PALM SUNDAY, March 29

On Palm Sunday we remember the day Jesus rode into Jerusalem ... on a donkey. Perhaps no other liturgy in the entire year contains as violent shift in mood as this one. At the end of the service, we participate in the great unraveling that propels us into Holy Week. Regular worship schedule. For 10:30 Eucharist: Please join us downstairs in Seaman Hall at the beginning for the palm procession into the church.

Palm Sunday Potluck

Sunday, March 29 after the 10:30 service

Join us for this time of celebration, rejoicing in the prophetic and triumphal entry of Jesus into Jerusalem on His path to bring salvation to the world. The Fellowship Committee will provide ham, beverages, and a few side dishes, but we ask you to bring your favorite side dishes, rolls, salads, or pies. Let's share in God's many blessings! Questions? Contact **Rick Kincade**.

THE TRIDUUM: "Three Days"

Our annual participation in the death and resurrection of Christ is actually one liturgy, taking place over three consecutive evenings.

Part 1: MAUNDY THURSDAY, April 2

7:00 p.m. Maundy Thursday Eucharist with Footwashing and the Stripping of the Altar. *On the night of his arrest, Jesus gave us parting instructions. Tonight, we join the apostles to hear and carry out those instructions again.*

Part 2: GOOD FRIDAY, April 3

12:00 noon or 7:00 p.m. The Good Friday Liturgy with the Veneration of the Cross. *Our annual remembrance of the death of Jesus focuses on the Cross as an icon of redemptive suffering, tempered by our faith that even death is no obstacle to God. Our offering from this service will benefit the work of Anglican Churches in the Holy Land.*

Part 3: THE GREAT VIGIL OF EASTER, April 4

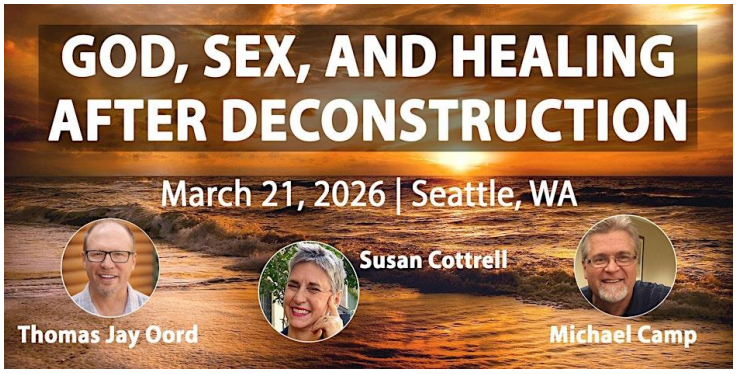
8:00 p.m. Gather outside the church. (Bring a bell, drum, or noisemaker to use at the time of the proclamation of Easter.) *This is the night. We light the new Paschal flame. By candlelight, we hear the ancient tales of God's works of salvation. We come to the water to renew the vows of our baptism. We proclaim Easter! And then all are invited to the table, old and young, sinners and saints, to share in the eternal meal of the Risen Christ. Bring the whole family. Bring kids and little ones in pajamas. Bring parents. Bring friends. Bring anyone and everyone who is in need of Good News!*

What's Happening at Good Shepherd?

Because our service leaflet is posted on the Web for all to see, we don't print here parishioners' personal contact information. Members of Good Shepherd are given a printed parish directory. If you'd like to participate in something but don't know how to contact the appropriate person, please contact the church office at office@goodshepherdfw.org.

God, Sex, and Healing After Deconstruction

Saturday, March 21
3:00-6:00 p.m.
Worship Space



Struggling with toxic religion? Learn how to break free from harmful beliefs and find freedom and healing within an affirming spirituality. Be encouraged to address harmful beliefs in evangelicalism or some other high-control religion. Speakers and topics include:

- **8 Reasons and Responses to Faith Deconstruction - Tom Oord**
- **The Joy of Sex After Deconstruction - Susan Cottrell**
- **Heal from Toxic Religion and Flourish Spiritually - Michael Camp**

Space is limited, so registration is required at Eventbrite: https://tinyurl.com/godsexhealing. Questions? Talk to **Pastor Josh.**

Vestry Meeting

Tuesday, March 17, 7:00–9:00 p.m. in the Gathering Room

Curious parishioners are always welcome to attend these monthly meetings of our governing board. The vestry is the governing board of the parish, with responsibility for temporal affairs such as budgets, buildings, legal matters, etc., and aids and support the Rector in all efforts for the spiritual welfare and growth of the parish. Questions? Contact **Pastor Josh.**

All-Parish Meeting on Property Redevelopment

Sunday, March 22, 9:00–9:45 a.m.

At its February meeting, the vestry made two very important decisions: to seek a partnership with Habitat for Humanity regarding the sale of some of our property, and to continue to work with Wenzlau Architects to finalize plans for an elevator and new restrooms. Come learn more from the Property Redevelopment Task Force about where we stand and what our next steps are, and bring your questions and concerns. Questions? Contact **Pastor Josh**.

Palm Cross Party

Friday, March 27, 5:30 p.m. in Seaman Hall

We will gather in Seaman Hall to make this year's palm crosses. If you're interested in learning how crosses are made, please join us for fellowship, pizza, and palm cross making. For more information, contact **Karen White**.

No Kings Day

March 28, 12:00 – 2:00 p.m.

Join our Faith in Action Team for the next No Kings Day event in support of our democracy. Locations are as follows: South 320th & Pacific Hwy. South – Federal Way (Carpool from Good Shepherd at 11:30AM); Big Catch Plaza – 21640 Marine View Dr. South – Des Moines (Rally with Seniors for the Constitution). Questions? Contact **Mary Aronen** or **Anna Lynn**.

Living the Beatitudes

(class at St. Matthew's, Browns Point)

Tuesdays: April 7, 14, 21, 28

5:30-7:30 p.m.

St. Matthew's Parish Hall *(6800 East Side Dr. NE, Tacoma, WA 98422)*

The congregation of St. Matthew's, Browns Point invites any and all from Good Shepherd to this four-part evening study group on the Beatitudes (Matthew 5: 3-10). The purpose is to reflect on how each of these eight Beatitudes ("blesseds") are relevant to our lives today. Given the current turmoil in our society and our world, the Beatitudes can offer us spiritual instruction to lead our lives in ways that bring us closer to Jesus' teachings. A light dinner will be provided. All parishioners, friends, and neighbors in the community are welcome to sign up. **Our hosts request that we register by March 22.**

I Will, with God's Help: Promises of Baptism

Sundays: April 12, 19, 26

9:15-10:00 a.m. in the Gathering Room

Episcopalians view baptism not as an individual practice, but as a communal one. We all gather around the one to be baptized so that we are prepared to help him walk the way with Christ. Join us on Sunday mornings early in Easter season to help prepare **Thomas Jowenson** for baptism on the Day of Pentecost. How can you help raise Thomas in the Christian faith and life, and what might his baptism mean for your own baptismal journey?