

**SERMON OUTLINE**  
**“What’s On Your Mind?”**

*God’s Guide to Right Thinking* - Philippians 4:8

February 7 & 8, 2026

Pastor Mark Rein

I. Truth- the knowledge of \_\_\_\_\_

John 8:31a-32

If you abide in my word, you are truly my disciples, and you will know the truth, and the truth will set you free.

II. Noble or Honorable- the \_\_\_\_\_

Isaiah: 32:5

III. Right or Just- \_\_\_\_\_ all things according to their \_\_\_\_\_

Proverbs 21:3

IV. Pure- purity in \_\_\_\_\_ and \_\_\_\_\_

Psalms 119:9

How can a young person stay on the path of purity? By living according to your word.

V. Lovely-that which \_\_\_\_\_ you \_\_\_\_\_ love

John 13:34-35

A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.

VI. Admirable- highly \_\_\_\_\_

Psalms 19:14

VII. Excellent or virtuous- \_\_\_\_\_ or \_\_\_\_\_

I Peter 1:3

VIII. Praiseworthy- focusing on the \_\_\_\_\_ worthy of praise

Psalms 145:3

Great is the Lord and most worthy of praise; his greatness no one can fathom.

Next Steps:

1. Turn your thoughts constantly to Jesus, who is the fulfillment of these 8 virtues.
2. Remember without love (I Corinthians 13) we are just making noise.
3. Spend time this Lent thinking about your thought-life and guarding the things you allow in your mind.