

hello!

## Hello from Hope Against Cancer and welcome to our summer 2025 newsletter

**We have been amazed by the support of the community in 2025. It is a difficult time but our supporters have continually stepped up to help us fund vital local cancer research and we are immensely thankful.**

We have had dancers, runners, marmalade makers, friends who love tea, coffee and cake events, community groups, walkers, and businesses all taking the time to raise funds and awareness for HOPE.

Our Business Club is growing and evolving and we have spoken to many people preparing to do all sorts of fantastic things on our behalf later in 2025, and on into 2026.

Rick Moore, the Chair of Hope Against Cancer's Trustee Board recently stepped down from the position and became our President and James Greenlees was voted in as our new Chair.

James said, "It is a great honour to be taking up the role of Chair of HOPE following Rick Moore's retirement. I have been involved with HOPE since 'day one' following its creation by my Aunt, Allison Wilson, and I have seen some incredible changes in the charity's reputation and ability to make an impact on Cancer Services locally.

"I have some exciting plans for the coming years and will do my best to keep this great charity growing. It is a huge honour to be part of such an incredible team of dedicated staff and volunteers, and we will continue to push the agenda for improved Cancer Services and Research for the benefit of our local community.

"Thank you to everyone who supports what we do; we are only here because of you."



James Greenlees

As James takes up the torch as the new Chair, Rob Marsh, Senior Account Manager at Brown and Brown Insurance, has been voted in as our Vice-Chair of Trustees.



Rob Marsh

Rob has been an enthusiastic and committed supporter of our work since 2014 and a serving Trustee since 2019. Amongst other things, his original company, Marsh & Co. Independent Insurance Brokers have sponsored many of HOPE's lunch events that are such an integral part of the Hope Business Club.

Upon his appointment to the Vice-Chair's role, Rob said, "it's an absolute privilege to be taking up the role of Vice Chair. My over 10-year involvement with the Charity has always been to try and make a difference in the local community.

"I look forward to working with the new Chair and the great HOPE team, with an exciting future ahead."



## An interview with Rick Moore

**On 22nd April, Rick Moore, Chair of the HOPE Trustee Board for the last ten years stepped down from the position and became the President of the Charity.**

We recently sat down with Rick to discuss his life and his time as Chair at Hope Against Cancer.

Born just a few weeks after V.E. Day, Rick grew up in the Spinney Hills area of Leicester. His father had been an air-raid warden during the war and his mother worked in the local cutting factory.

His background, and experiences since, have left someone who is passionate about equality in education, of the provision of housing, a lifelong student of human nature and a dedicated member of

civic society, as well as having a successful business career in the property industry.

His support for our local area and institutions is long and varied.

He was a local magistrate for thirty-five years, becoming Chairman of the Bench and he spent twelve years as Chair of Governors at Fullhurst Community College where he continues to chair the Trust.

He spent six years as the Chair of HealthWatch, 12 years as Chairman of Building Schools For the Future which rebuilt every secondary and special needs school in Leicester, and he was a member of the board of visitors at Gartree Prison for four years where he met many colourful characters.

He has also been the Chair of two other charities: the Princes Trust in Leicester and The Community Foundation, where he remains Vice President.

He stood as an independent to be the Mayor of Leicester in 2012 where he came in third with an impressive tally approaching 10,000 votes. He called it a crazy-busy but great eight weeks giving him a different insight and adding to his local knowledge of Leicester.

As we spoke, he quietly reflected that he supposed he had done 'one or two things in his life!' He also often referenced how lucky and blessed he felt about his experiences.

Rick has made a difference in everything he has been involved in, helping so many fulfil their potential. Yet, when asked, Rick said, *"I only played a small part helping with strategy and getting the right people into the right position to flourish."*

As the conversation moved to his time at HOPE, Rick started by saying, *"the UK was once described as a nation of volunteers."* School Governance is made up of volunteers, local magistrates are volunteers, Charity Trustees are volunteers, to name just a few. Rick is a huge advocate for volunteering stating that *"it is remarkable the degree to which volunteers play a role in the whole fabric of the nation."*

Rick first became involved with the charity at the request of HOPE's Coordinator Wendi Stevens who approached him with the view that his insights could help the organisation grow.

Rick knew Wendi through his position as Chair of The Community Foundation and part of his analysis was to recommend a new full-time Chief Executive role in the organisation. This was agreed and Rick was asked to oversee the interview process.

At the same time, he joined the Trustee Board and a little while later became Chair following the retirement of Michael Turnbull.

One of Rick's favourite sayings about HOPE is that we 'punch above our weight' considering the size of the team and the substantial impact of the charity.

When asked about any highlights, two stood out. The Hope For Life appeal which raised £1.3 million for the expansion of the Hope Cancer Trials Centre and the 2022 fundraiser The Wild Atlantic Challenge, which took cyclists around the coast of southern Ireland.

Rick didn't join the cyclists themselves but, with his wife Jo, did take HOPE patron Martin Johnson over to Ireland where Rick watched everyone in that rugby loving country try to talk to him.

With a smile on his face Rick said, *"the riders rode 110 miles a day and every night I fell into bed absolutely shattered but all I had done was follow along in an automatic car!"*

His feelings for HOPE are very warm but he said that when you hear the stories of those with cancer it still *"makes you feel totally inadequate."*

While Rick would never say, we can say it for him. His leadership has been fantastic. His dedication to our governance has allowed the office team to thrive and we are incredibly thankful for his time as Chair.

We are privileged that Rick is continuing as President and staying involved with this special charity.



*Thank You!*



The Amy Billington Dance Academy at Leicester Riders

**Thank you so much to those who have taken part in our Right Here, Right Now awareness campaign which aims to emphasise that the work HOPE supports is happening locally, every day.**

It began with the staff from the Hope Cancer Trials Centre and the Radiology department and we have seen some fantastic interpretations from the wonderful people at Cosby Golf Club, Carey Gardens Residential Care Home and The Amy Billington Dance Academy at Leicester Riders.

We would be delighted if anyone else would like to join us. You can find the original and subsequent films on our social media feeds.

**If you need any help or advice to set up your own version, please contact Martin: [martin@hopeagainstcancer.org.uk](mailto:martin@hopeagainstcancer.org.uk), Tracey: [tracey@hopeagainstcancer.org.uk](mailto:tracey@hopeagainstcancer.org.uk) or call 0116 270 0101**



Cosby Golf Club

**We would like to extend a huge thank you to Rosemary and the Congregation of St Mary in Charnwood Nanpanton for their brilliant recent donation of £100.**

Pictured is Rosemary and some of the amazing marmalade she made and sold on our behalf.



**Following a donation from the head office, staff at Boden's Leicester distribution centre were asked to choose which charities it went to. Hope Against Cancer was fortunate enough to be one of the beneficiaries.**

Thank you very much to Boden for this wonderful donation.



**Staff at West Gate School recently held an Easter raffle which raised a fantastic £265 for Hope Against Cancer.**

Our thanks go out to long-term supporter and volunteer Julie, and everyone at West Gate School – your efforts to support vital local cancer research and care are greatly appreciated.



## The Fix It Group 23

The Fix It Group 23 is a non-profit organisation that offers free community events at the MMC Venue and Bradgate Arms, focused on repairing things!

Alongside this incredible work for the community, they raise funds through donations at the events. After covering the operational costs required to sustain their own charitable work, the remaining proceeds are donated to three deserving charities chosen by their members.

This year, Hope Against Cancer is proud to have been chosen for support alongside Loughborough Area Foodbank and Leicester Children's Holidays.

You can learn more about The Fix It Group 23 on their website: [thefixitgroup23.com](http://thefixitgroup23.com)



**Thanks to a range of events including raffles and luncheons, the Lodge of the Flaming Torch 4874 has raised a wonderful £4000.06 for HOPE and the continuity of cutting-edge cancer research here in Leicestershire and Rutland.**

Thank you so much Nick and Sharren, and everyone involved for all your kindness.



**McGoo, a 6-piece Irish Folk band, once described as "the most enthusiastic folk band in Greetham", held a fundraising event at Don Paddy's in Uppingham to celebrate St Patrick's Day.**

It was a foot tapping, lively evening which raised £340.

Thank you to McGoo, Don Paddy's and everyone involved.



**Thank you so much to Danaher & Walsh Civil Engineering for a wonderful donation to Hope Against Cancer.**

The funding was raised through a series of charitable employee initiatives, including sweepstakes, bake-offs, Christmas donations, auctions, raffles, guessing games and more!

Hope Against Cancer was delighted to be voted as Danaher & Walsh Civil Engineering's Charity of the Year last year and we are thrilled to receive this donation.



**Fisher German is celebrating their 25th anniversary. To commemorate this special occasion, they have launched the Big 25 Challenge. This is an event designed to bring together all colleagues from across their offices in a collaborative and celebratory effort and to raise money for 25 charities across the country.**

Each of Fisher German's offices have chosen a charity and we are incredibly grateful to the Market Harborough office for choosing Hope Against Cancer.

**Stella, from Market Harborough Golf Club, has kindly chosen Hope Against Cancer as her Ladies Captain choice for Charity of the Year.**

Fundraising has already begun with a very popular bridge drive!



**On one of the coldest days of the year, Simon and a group of friends walked 13 miles in circuits around Bradgate Park and raised a fantastic £2768 for Hope Against Cancer.**

Thank you so much to Simon and everyone involved – your efforts to overcome the wind and the snow are hugely appreciated.



Thank you so much Stella and Market Harborough Golf Club, we are excited to see all your amazing plans come together and are extremely grateful for your support.

**Following a request for nominations on Facebook, Roberts Holidays & Day Trips chose to raise money for Hope Against Cancer during their Roberts Reunion Tour in Cardigan Bay!**

The company said, "We are delighted to support Hope Against Cancer and contribute vital funds to help with the incredible work you do in our community."

Thank you so much to Roberts Travel Group, to all who voted for HOPE in the poll and to everyone that took part in the tour.



**Hamilton's Honour is a boutique health and fitness studio located in Oadby and they are supporting HOPE as one of their chosen charities this year.**

They are selling some high-quality socks on their website and recently held an event in partnership with Jason's Sourdough and Porsche Leicester.

Jason's Sourdough donated some of their amazing sourdough and all they asked in return was that customers donated whatever they could. Alternatively, they were giving away a free loaf when you bought a pair of socks.

Thank you very much Hamilton's Honour, Jason's Sourdough and Porsche Leicester.

 HAMILTON'S HONOUR

[hamiltonshonour.co.uk](http://hamiltonshonour.co.uk)

## Intrepid Fundraising

### Walking from Land's End to John o' Groats

On 4th April 2026, Cathy and Andrew Brown will leave Land's End on the first leg of a 1,103 mile walk to John o' Groats.

While hiking from coast to coast in 2023, they fell in love with long-distance walking and found that they didn't want to stop!



To support Cathy and Andrew on JustGiving, please scan the QR code.

Cathy will be taking a sabbatical from running her own business to walk the full distance over 96 days. Andrew will join her on the first and final quarter of the route and be a crucial member of the support team, alongside family and friends.

Cathy and Andrew will be funding everything at their own cost and have decided to use the challenge to raise money for a charity that has personal meaning.

Cancer has impacted their lives, both personally and with family members and friends and Hope Against Cancer felt like a natural choice.

We are extremely thankful to both Cathy and Andrew for choosing HOPE and wish you the best of luck in your training.



### Tom Russell and Lille walk in memory

On 21st June, Tom Russell and his dog Lille set off on an incredible challenge in memory of his mother, and in support of Hope Against Cancer.

They are walking the UK Coast, starting from Ingoldmells and then heading south along the King Charles III coastal path.

Tom said, "This journey is more than just a physical challenge; it's a commitment to the fight against cancer. Every step I take is in support of the individuals, families, and communities impacted by cancer."

Thank you so much Tom and Lille, we hope you have a rewarding journey.



To support Tom on JustGiving, please scan the QR code.



### Ellistown Live

Ellistown Live 2024 was an incredible success, raising an amazing £4000 for Hope Against Cancer!

Mixing live entertainment with a host of games and activities it was a treat for everyone involved. Ellistown Live is happening again on 6th September 2025!

You can discover more, including how to purchase tickets, on our website event's page: [hopeagainstcancer.org.uk/hope-events](https://hopeagainstcancer.org.uk/hope-events)



We would like to sincerely thank the following businesses who have also chosen to support HOPE in partnership or as their Charity of the Year. We are excited to work with you all.

**Leonardo Hotel Hinckley Island, Smith Partnership, Barratt Smith Brown, Anthony James Golf Society and First Bus.**

## Why your support is so vital: An interview with the Hope Nurses

**When you enter the Hope Cancer Trials Centre it is a peaceful, almost serene site. Staff are not generally running from one place to another, alarms are tended to calmly and competently and the whole environment radiates quiet and highly professional care.**

Hope Against Cancer is proud to support nurses at the Centre and we have been doing so since 2013. The title 'Hope Nurse' rotates each year among the staff and is chosen internally at the Centre.

In 2022 we began to support two nurses, and this year we are supporting three incredible Hope Nurses: Lydianne, Pam and Azmina.

Two of the three nurses chosen this year have been at the Hope Centre since it opened in 2012. They even helped to carry in boxes during the initial set-up!

Over the years they have seen a lot of change, from young staff becoming today's registrars and consultants to drugs going all the way from 'lab to license' and becoming standard care. In a slight understatement they added, which is 'really nice to see'!

They have also seen the unit grow from six chairs and a single (emergency) bed to 13 chairs and four beds for overnight treatment.

When asked about a typical day they said 'unpredictable' almost in unison! While there is a plan for the day with patients scheduled and treatment prepared, they always need to be ready for the unexpected. Some days they can be caring for one patient who may take the whole day due to the intensity of the treatment and,

whilst other staff may have shorter visits with more patients, these can involve unforeseen complications.

The patients are what drew them to clinical trials nursing, and it is the patients that keep them there. The best patient care is at the heart of everything they do.

The nurses get to know their patients and their families extremely well during their trials which can last years.

When asked about how they deal with patient anxiety over the possible risks of a clinical trial they said that they simply sit patiently and take the time to discuss everything in a clear and understandable way. They emphasised just how important it is that the patient is in a position to make their own decisions, whatever is right for them.

The care that the clinical nurses at the Hope Cancer Trials Centre provide goes far beyond bedside care, they are involved in every stage of planning trial treatment, organising investigations, processing samples, liaising with the trial sponsors, and always attentive to the masses of paperwork that a trial entails.

Without such tireless attention to detail no trial would come to fruition. Nurses at the Hope Cancer Trials Centre need to keep extremely accurate records not just for the best interests of their patients but also for the integrity, accuracy and accountability of the trial as a whole.

Such detail reflects further. The Hope Cancer Trials Centre is internationally recognised for its excellence and this would not be the case but for the meticulous skills of everyone involved.

While the nurses are doing all this, they are also required to keep up-to-date with their competency training – in chemotherapy, in research, in good clinical practice and ethics.

They are required to not only help to administer treatments, but also to support patient's emotional needs if treatment is no longer working.

What came across to us was not only the incredible skills of the nurses but their constant reference to how much they loved the job, how much they loved working with patients and their families, and the pride they take in not only helping the individual but the critical role they play in bringing new drugs to the front-line in the national and international efforts to overcome cancer.



## Run for HOPE

**Running is an excellent way to support Hope Against Cancer – it is a great way to raise money and to exercise.**

We were privileged to recently have two runners take part in the London Marathon on our behalf. Rebecca and Kristina both completed the course, despite the hot conditions on the day, and raised almost £6000 between them!

It is an incredible achievement for which we are immensely grateful.



**On the 3rd June, eight runners from Sherwin Hall Kitchens, a highly valued member of the Hope Business Club, took part in the Mattioli Woods LOROS Rothley 10K. Thank you so much to everyone involved.**



**If you are interested in running for HOPE we have a couple of fantastic options for you.**

**Here in Leicester on 26th October there is Run Leicester. Take part in a 10K or Half Marathon and, beforehand, you are more than welcome to join Martin and other HOPE runners on the regular HOPE practice runs on Victoria Park.**

To learn more, you can contact Hope Partnership's Manager, Martin Robinson at [martin@hopeagainstcancer.org.uk](mailto:martin@hopeagainstcancer.org.uk),

call 0116 270 0101 or visit the running page on our website. Scan the QR code.



**If you would like to take your running further afield, we have partnered with Real Buzz who provide charity fundraising spaces at incredible marathons and half marathons all over the world.**

Discover more on HOPE's dedicated Running for HOPE webpage:

<https://www.hopeagainstcancer.org.uk/run-for-hope> or by scanning the QR code.

## A huge thank you for donations

**A huge thank you for donations in lieu of flowers sent in memory of the following Hope supporters.**

Iris Birkin  
Kerry Burton  
James Dean  
Jean Mawby

Robert Graham  
Peter Glover  
Janet Lawler  
Frances Sturgess





## If Alice Can, Anyone Can! Cycling Against Cancer

**We are sure that you have heard about the upcoming 'If Alice Can, Anyone Can' cycle ride from Leicestershire to Norfolk on 23rd August.**

Last year's event, while "wet, windy and wild", was absolutely amazing, raising over £96,000 for Hope Against Cancer.

Alice Greaves is determined to go again this year and aims to break the £100,000 mark!

It has been a whirlwind few months for Alice as she prepares for the challenge.

She has been out on training rides, she was invited to meet King Charles III, she has been on BBC radio and BBC East Midlands Today and nominated for a Make A Difference Award, she has been speaking to everyone, everywhere... All while undergoing treatment for her cancer, including a recently diagnosed 5cm brain tumour.

The title of the cycle ride, 'If Alice Can, Anyone Can' is not just a slogan. It is an affirmation, a call to action and a statement on the perseverance and strength that Alice embodies.

She would love you to join her on this inspiring 125-mile ride, but places are running out fast.

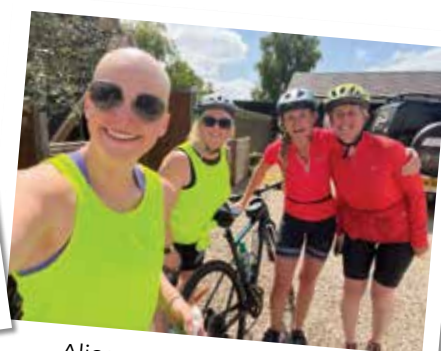
You can sign up on the events page on the HOPE website, go to **[www.hopeagainstcancer.org.uk/hope-events](http://www.hopeagainstcancer.org.uk/hope-events)** or scan the QR code below.

There are also other ways you can get involved – become a sponsor or donate via Just Giving – links to all the details are included on the events page.

In the last two years, Alice has raised over £250,000 for a range of local charities – can you help her raise this total and support the vital cancer research and care that is happening on your doorstep?



Alice and friends, 2024



Alice and friends practice for the 2025 ride



**SCAN HERE TO  
VISIT THE  
HOPE WEBSITE  
EVENTS PAGE**



## Supporter spotlight:

**Hope Against Cancer has become almost synonymous with cycle challenges and we couldn't do it without the support of Simon Holyoak and FMB Cycles.**

At every Hope Against Cancer cycle challenge since 2015 there has been a bright red van quietly following at the back of the group, there to keep the bikes running safely and all the riders riding.

Without Simon and FMB Cycles none of the rides could have happened in the same safe and smooth way they did.

Simon's first HOPE ride was the Geneva to Milan tour. He arrived two days ahead of the riders to meet the bikes which had been separately shipped to Switzerland. Once there, they unpacked and checked over all the bikes ensuring that each one was in the best condition for the ride to come.

Over four days the HOPE riders cycled 360 miles, covering 90 miles per day on a gruelling route which took them through the Swiss and Italian Alps. The FMB van followed them all the way fixing any issues that cropped up, and then stayed on to ensure all the bikes were properly re-packed for the journey home.

Two years later FMB were back in action on the ride named 'Hope to Hope'.

Fifty cyclists set out on a 320-mile round trip through the gruelling hills of the Peak District, stopping at the key town of Hope in Derbyshire.

Once again FMB were there to fix punctures, broken chains, tire alignment – or indeed any other bike maintenance concern that raised its head.

They did the same in 2019 on the '2,500 Furlongs Cycle Challenge' which toured British racecourses and again in 2022 on the 'Wild Atlantic Challenge' in County Kerry.

Their constant presence has brought reassurance to every HOPE rider who has joined a HOPE ride over the last decade – and they continue to do so, most recently at the incredible 2024 'If Alice Can, Anyone Can' cycle ride from Leicestershire to Norfolk.

This ride is happening again on 23rd August 2025 and so anyone with concerns about the 'what-ifs' of bike maintenance on the long ride can rest easy in the knowledge that such a skilled crew is on-hand to support everyone.

Yet, technical support is not all FMB do in aid of HOPE. At the shop on Saffron Lane people often pop in for little things like pumping up their tires. The team is happy to accommodate and each time the customer is told it costs a £1 donation to HOPE.

They also part exchange bikes, or are the recipients of donated old bikes, and the value of this part exchange is donated to HOPE.



Over the years FMB Cycles have raised over £1,500 alongside the incalculable amount of free technical support they have provided. Who can really put a price on a cyclist's peace of mind as they tackle the Alps thousands of miles away from home?

Our endless thanks go out to Simon and FMB Cycles, Hope Against Cancer is privileged to have such a team supporting us.



## Get Involved: Upcoming Events

Please scan the  
QR code for  
quick access  
to our website  
events page



[hopeagainstcancer.org.uk/hope-events](http://hopeagainstcancer.org.uk/hope-events)

### 23rd August 2025:

**If Alice Can, Anyone Can... Cycling Against Cancer**

### 13th August 2025:

#### Five-a-side football

Business Fives run corporate sports events that offer professionals a chance to leave the office, focus on well-being and make some new connections, all while raising money for their own charity causes.

Business Fives are running a five-a-side football tournament at Goals, Leicester on Wednesday 13th August and we would love it if you would like to join in and raise money for HOPE.

If you would like to discover more, please visit [businessfives.com/](http://businessfives.com/)

### 20th September 2025:

#### Skydive for HOPE

Have you ever dreamed of jumping out of a perfectly good aircraft?!

If so, this is your opportunity! Learn more on our website events page.

### 26th October 2025: Run Leicester

### 4th December 2025:

#### An Evening of Opera

Hope Against Cancer cordially invites you to a prestigious and beautiful evening of Opera at Lumbers Jewellers on 4th December.

Tickets are priced at £95 per head or £950 for a table of 10 and we have some incredible sponsorship opportunities. (Sponsorship PDF available on our website events page)

### June 2026:

#### Challenge the Wild

Take on the adventure of a lifetime with Challenge the Wild in the breath-taking Lake District, all while raising vital funds for Hope Against Cancer.

Whether you are trekking through dramatic mountain landscapes or conquering exhilarating routes, this challenge offers the perfect blend of adventure and purpose, and there is something for everyone and is suitable for all abilities.

If you're interested in this incredible adventure, please contact Tracey at [tracey@hopeagainstcancer.org.uk](mailto:tracey@hopeagainstcancer.org.uk)

### Become a Volunteer Ambassador

We are currently seeking community volunteers to support us by fundraising and promoting HOPE in your local area as a Volunteer Ambassador.

If you can make a difference by sharing HOPE's vision and message in your area, we would love to hear from you!

#### Contact our Partnerships Managers to learn more!

Tracey: [tracey@hopeagainstcancer.org.uk](mailto:tracey@hopeagainstcancer.org.uk)

Martin: [martin@hopeagainstcancer.org.uk](mailto:martin@hopeagainstcancer.org.uk)

Thank you to everyone for all your support, everything we do is thanks to your generosity and kindness.

To save on our mail costs, if you no longer wish to receive this newsletter, please call 0116 270 0101 or email [enquiries@hopeagainstcancer.org.uk](mailto:enquiries@hopeagainstcancer.org.uk)