

**Westerly Senior Citizens
Center Menu**

December

**FOR RESERVATIONS
CALL (401) 596-7216**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1	2	3	4	5
Tuscan white bean soup Shepards pie Mashed potato Oatmeal raisin cookie Ham & cheese on wheat	Mushroom barley soup Creamy Dijon chicken Green beans Sweet potatoes Sliced melon Tuna salad plate	Lentil vegetable soup Meatball sandwich 3-bean salad Roasted potato Fresh fruit Tossed salad w/chicken	Tomato soup Meatloaf w/ gravy Sweet potatoes Cauliflower/Broccoli mix Fruit cocktail Chef salad	Chicken soup Pub burger w/ cheese Cole slaw Corn ribs Cake Chicken salad on wheat
8	9	10	11	12
Escarole & bean soup Baked chicken topped w/ Eggplant Bolognese Roasted vegetable Chocolate chip cookie Egg salad on rye	Minestrone soup Baked Ziti w/ Meatball, spinach & cheese Roasted carrots Sliced pears Seafood salad plate	Vegetable soup Pork roast w/ gravy Mixed vegetables Spanish rice Sliced peaches Turkey on wheat	Chicken soup Salisbury steak w/gravy Kale Mashed potatoes Cake Ham & cheese on wheat	Broccoli & cheese soup Chicken cacciatore Rice pilaf Peas & carrots Sliced apples Chef salad
15	16	17	18	19
Kale & chickpea soup Greek style chicken thigh Golden rice pilaf Mixed vegetables Tropical fruit Tossed salad w/ chicken	Irish vegetable soup Meatball sandwich Broccoli florets Sliced peaches Egg salad on rye	Meatball soup Sloppy joe sandwich Roasted potatoes Green beans Yellow cake Tuna salad plate	Italian wedding soup Chicken cordon bleu Brussel sprouts Mashed potatoes Holiday desserts	Navy bean soup Lasagna roll up w/ meat sauce Roasted zucchini mix Garlic bread Peaches Chicken salad sandwich
22	23	24	25	26
Vegetable soup Oven roasted chicken Spanish rice Tomato corn salsa Chocolate chip cookie Turkey/cheese on wheat	Chicken soup Swedish meatballs Mashed potatoes Capri vegetables Sliced pears Chef salad	CENTER CLOSED NO BINGO		CENTER CLOSED
29	30	31		
Vegetable barley soup Sausage/pepper sandwich 3-bean salad Greek salad Lorna Doone cookie Chicken salad on wheat	Chicken & rice soup Chicken marsala Rice pilaf Baby carrots Sliced fruit Tossed salad w/ chicken	Orange juice Scrambled eggs Potatoes O'Brien Sliced ham Muffins Bagel sandwich		