

Westerly Senior Citizens
Center Menu

JUNE

FOR RESERVATIONS
CALL (401) 596-7216

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1	2	3	4	5
Navy bean soup Shepards pie Mashed potatoes Mixed vegetables Chocolate cookies Chicken salad sandwich	Vegetable lentil soup Chicken fajita peppers/onions Spanish rice/Sour cream Tortilla Fresh fruit Tuna salad plate	Vegetable barley soup Sloppy Joe Potato wedges Green beans Cookies Greek salad w/chicken	Tomato soup Roasted turkey w/gravy Bread stuffing Mixed vegetables Chocolate cake Italian chopped salad	Chicken soup Baked fish Cole slaw Parsley potatoes Peaches Roast beef on roll
8	9	10	11	12
Escarole & bean soup Chicken marsala Rice pilaf Roasted root vegetables Tropical fruit Ham & cheese on wheat	Chicken & rice soup Pub burger w/ cheese Sliced potatoes Cole slaw Oatmeal raisin cookie Chef salad	Tuscan lentil soup Greek chicken thighs Sliced carrots Lemon roasted potatoes Mixed fruit Turkey/bacon on wheat	Carrot soup Pork roast w/ gravy Mixed vegetables Sweet potatoes Cake Chicken salad on rye	Tuscan white bean soup Meatball/pepper sandwich 3 bean salad Pasta salad Sliced apples Egg salad plate
15	16	17	18	19
Vegetable soup French onion chicken Sweet mashed potatoes Roasted zucchini/tomatoes Sliced peaches Corned beef on rye	Chicken escarole soup Swedish meatballs Italian vegetables Mashed potatoes Chocolate cake Greek salad w/chicken	Creamy vegetable soup Sausage/pepper sandwich Pasta salad Green beans Tropical fruit Egg salad on rye	Lentil vegetable soup Roast beef w/mushroom gravy Carrots w/broccoli Baked potato Cup cakes Chicken salad on wheat	CENTER CLOSED Juneteenth
22	23	24	25	26
Mushroom barley soup Lasagna roll up/meat sauce California blend vegetables Garlic bread Fruit cocktail Ham & cheese on rye	Tomato soup Roasted pork loin Dirty rice Peas & carrots Sliced peaches Chicken salad on wheat	Creamy cauliflower soup Lemon chicken Potatoes O'Brien Mixed vegetables Sliced pears Italian grinder	Chicken & rice soup Meatloaf w/ gravy Mashed potatoes Buttered corn Cake Tuna salad plate	Lentil vegetable soup BBQ chicken sandwich 3 bean salad Mixed fruit Cobb salad
29	30			
Meatball soup Chicken cacciatore Roasted potato Italian green beans Fresh fruit Ham salad on rye	Tuscan vegetable soup Baked pasta w/sausage & meatballs Greek cucumber salad Tropical fruit Tossed salad w/ chicken			