



castlemeadow  
CARE

Welcome to  
**LINCOLN HOUSE**

Residential and  
Nursing Care







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## Welcome to **LINCOLN HOUSE**

Lincoln House is situated in the heart of the beautiful Norfolk countryside in the picturesque village of Swanton Morley just a few miles from the market town of Dereham, the home provides high quality care for people requiring residential or nursing care perfectly nestled beside our retirement village and opposite the doctor's surgery.

Within the home, all our bedrooms are tastefully decorated and furnished to a high standard each with en suite facilities. We also always offer our residents the opportunity to add small pieces of furniture, pictures and treasured possessions to create a more home from home feel.

For us, residents are more than just patients. They are people, each with their own life to live and as a result we offer much more than just clinical care. We believe everyone deserves choice, dignity and peace of mind in later life. We listen and help our residents to live the way they want, with as much independence as possible. When our residents arrive we find out what they like, what they are interested in and who is important to them. We reach out to their family and friends, making sure they get the support they need.















# Care at Lincoln House

Lincoln House offers a range of short-term respite, convalescent and permanent care packages. It could also be to cover a holiday or to arrange on a regular basis.

At the heart of our home is our high standard of quality residential and nursing care. We care for our residents with expertise, sympathy and respect for their dignity. Our team includes qualified and experienced Registered General Nurses supported by our dedicated enhanced senior carers delivering a high standard of quality care. The home specialises in person centred palliative and end of life care having achieved the accreditation of "Six Steps" which is an end of life programme for care homes. The local GP, whose surgery is situated in the grounds of Lincoln House visits the home weekly or as required.

We also enlist the services from external professionals which include dietitians, community nurses and occupational therapists to ensure the best possible package of care is available to every resident.

## Life at Lincoln House

All our rooms are en suite and furnished to a high standard many with views of the gardens and the Norfolk countryside which are all on a ground floor level. There are various lounges, all tastefully decorated and thoughtfully furnished in their own style.

The home offers a self-service cafe area which is ideal for socialising and catching up with family and friends and a fully fitted hair salon where residents can make an appointment with our regular hairdresser.

Lincoln House is nestled in landscaped gardens with a peaceful courtyard featuring sunshades, benches, an elegant water fountain and raised flowerbeds.

# Activities

There is always something happening at Lincoln House. The home has a full time activities coordinator who aims that life is as rich, fun and as fulfilling as possible for all our residents. The home has its own minibus for trips and outings to Dereham, garden centres and the sea side. We are always open to new suggestions and preferences from our residents for any new activities that they would like to participate in. Our programme includes arts and crafts, various workshops, musical entertainment and seated exercise. The home plays host to annual Summer and Christmas fetes which always prove popular with the local community. In addition the home has a regular hairdresser that attends every week.

# Home cooked Dining

Our Head Chef uses freshly locally sourced produce wherever possible to ensure that daily menus are as seasonal as possible whilst meeting individual nutritional dietary needs. In addition there is always fresh fruit, cakes and refreshments available 24 hours a day. Special events and menus are regularly organised that are centred around the food being offered. We are also happy to cater for special diets, including cultural requirements.









# What to do next

This brochure outlines briefly the services and care that we offer at Lincoln House however nothing substitutes coming and having a look round. You are welcome to call into Lincoln House at any time for an informal chat and to see the home for yourself.

Alternatively you may wish to speak to the Home General Manager to discuss your own individual needs or situation. Although we do not ask you to make an appointment, it is recommended that you telephone the home in advance to be sure that the General Manager is available.



## LINCOLN HOUSE

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