

2026 LifeSpring Foundation of Indiana 8th Grade Essay Contest

To be considered for the 8th grade prize, applicants must be in LifeSpring Health System's service area of Clark, Crawford, Dubois, Floyd, Harrison, Jefferson, Orange, Perry, Scott, Spencer, and Washington counties in Indiana. One \$100 award will be awarded to one 8th grader per county. The referring teacher of each winner will receive a \$25 Amazon gift card that can be used towards room supplies.

Please fill out the required information below and submit your short essay on the topic mentioned.

Additional Information:

Discussing chronic health or mental health issues may result in negative or unpleasant feelings, and sometimes worsening mental health. If you need support, please speak with your parent/guardian or a trusted adult. You can also contact mental health support 24/7/365 by calling or texting 9-8-8.

***Please note:** LifeSpring staff are mandatory reporters of suspected abuse and neglect. Disclosures involving the neglect or abuse of children will be reported to appropriate authorities.*

If you would prefer to submit the application by mail, visit <http://www.lifespringhealthsystems.org/lifespring-foundation-of-indiana-scholarship/> for a printable application and instructions.

**This form will close on March 23rd, 2026 and all mailed is responses must be received by April 1, 2026.

Please contact Dawn Bennett at dawn.bennett@lifespringhealthsystems.org or at 812-206-1209 with any questions.

Good luck to all essay participants!

* Indicates required question

1. Email *

2. Full Name (First and last name) *

3. Street Address *

4. City *

5. State *

6. Zip Code *

7. Select the county your school is located in. *

 Dropdown

Mark only one oval.

- Clark
- Crawford
- Dubois
- Floyd
- Harrison
- Jefferson
- Orange
- Perry
- Scott
- Spencer
- Washington

8. Home Phone (best phone to reach you at) *

9. School Name *

10. School Phone Number *

11. Referring Teacher Name *

12. Referring Teacher Email *

13. Referring Teacher Phone (Best phone to reach you at) *

14. Parent/Guardian Full Name (First and last name) *

15. Parent/Guardian Phone (Best phone to reach you at) *

16. Parent/Guardian Signature (Typing your name counts as the signature) *

Essay Guidelines

LifeSpring Health Systems serves all individuals who need assistance with healthcare needs. We provide primary care services (check ups, vaccines, etc.), behavioral therapy, homeless prevention programs, assistance for those struggling with substance abuse, and more. LifeSpring is committed to helping our communities stay healthy and remains diligent in providing comprehensive healthcare to all individuals.

To that end, write a minimum of 250 and a maximum of 500 words about this topic:

How have you prioritized your health?

17. Please copy and paste essay below. *

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